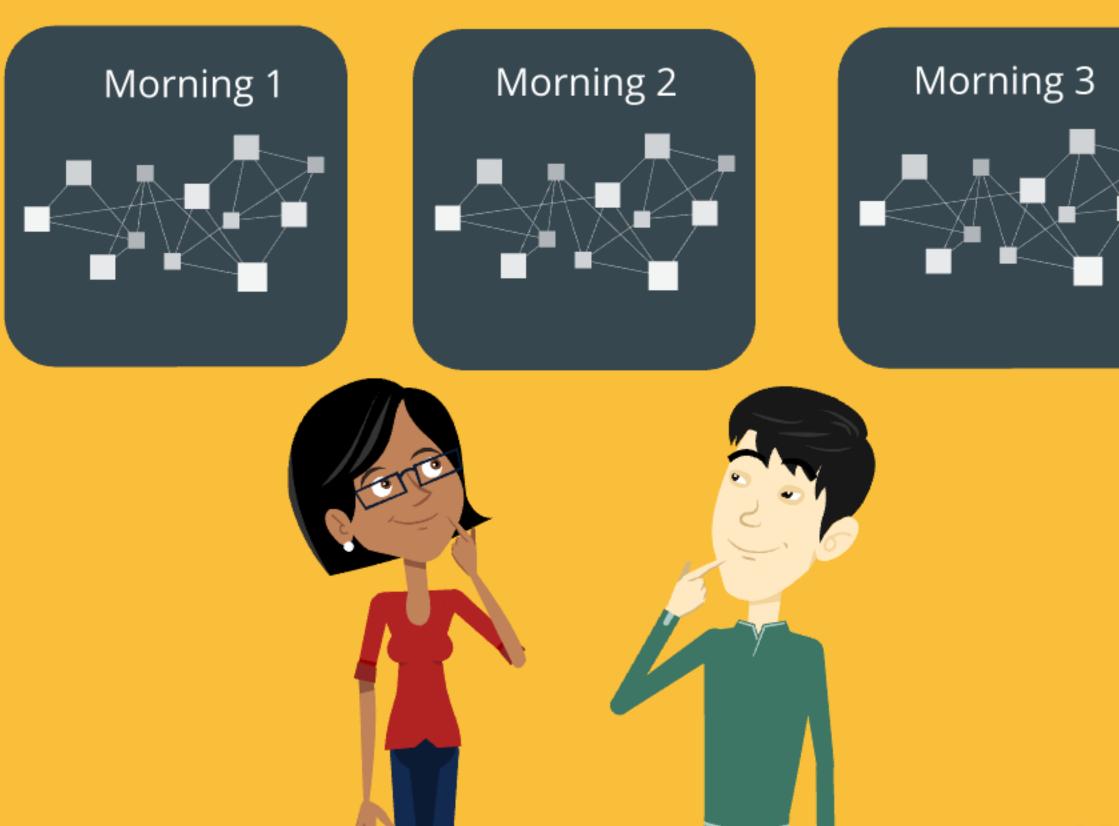
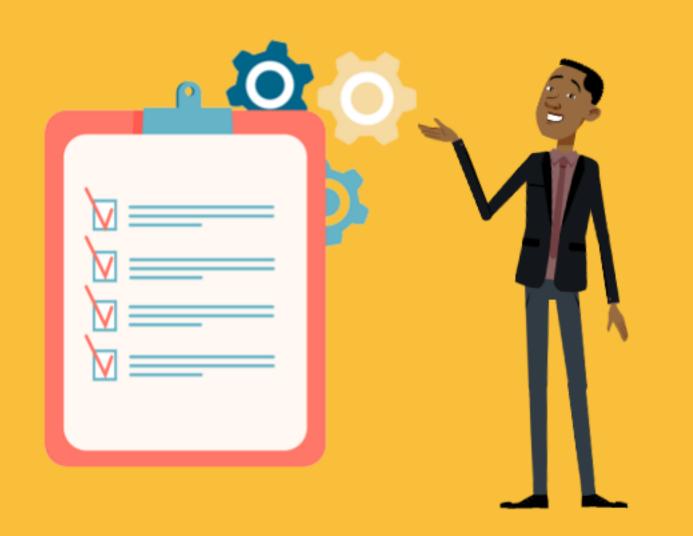
Tip 9 - Start Waking up Earlier in the Day









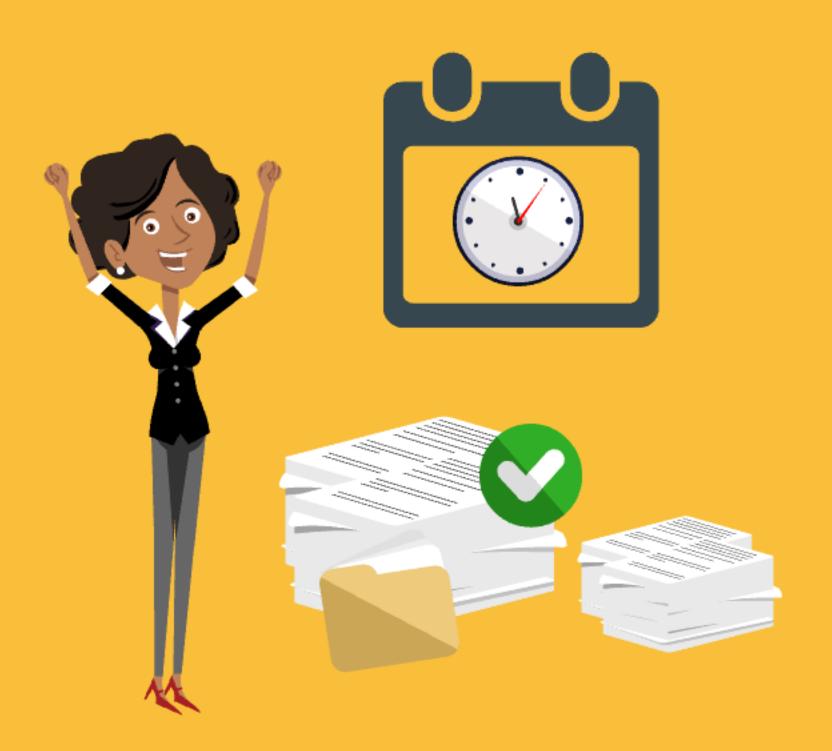
 Successful people begin their days early in the morning, getting through task after task

Setting the Right Momentum for Time Management



 Each successive task will be easier to complete

Making the Days Seem Longer



 You will realize that you have already completed half of your work for the day

Making the Days Seem Longer



 More free time to pursue extra work activities, or leisure time

Utilizing the Most Quiet Part of the Day



- Quiet time is conducive to focus
- Missing morning time of day is a grave mistake

In Summary



Tip 9 – Start Waking up Earlier in the Day

- 1. Setting the Right Momentum for Time Management
- 2. Making the Days Seem Longer
- 3. Utilizing the Most Quiet Part of the Day