

# Tip 9 – Start Waking up Earlier in the Day



Morning 1



Morning 2



Morning 3





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- **Successful people begin their days early in the morning, getting through task after task**



# Setting the Right Momentum for Time Management



Task 1



Task 2



Task 3



Task 4



- **Each successive task will be easier to complete**

# Making the Days Seem Longer



- You will realize that you have already completed half of your work for the day

# Making the Days Seem Longer



- **More free time to pursue extra work activities, or leisure time**

# Utilizing the Most Quiet Part of the Day



- Quiet time is conducive to focus
- Missing morning time of day is a grave mistake



# In Summary

## ● Tip 9 – Start Waking up Earlier in the Day

1. Setting the Right Momentum for Time Management
2. Making the Days Seem Longer
3. Utilizing the Most Quiet Part of the Day