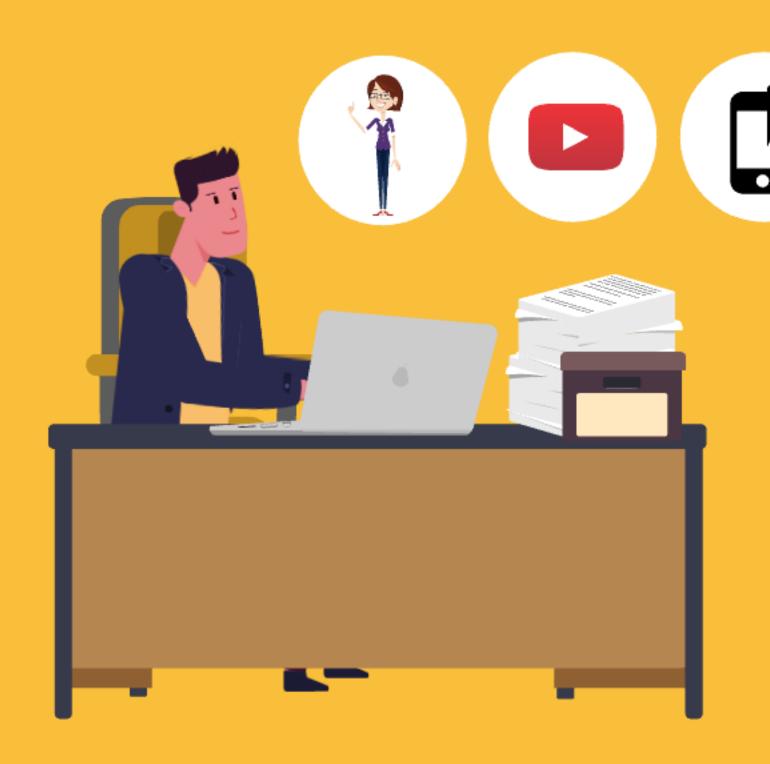
Tip 16 – Get Rid of Distractions





You should be ruthless about getting rid of distractions



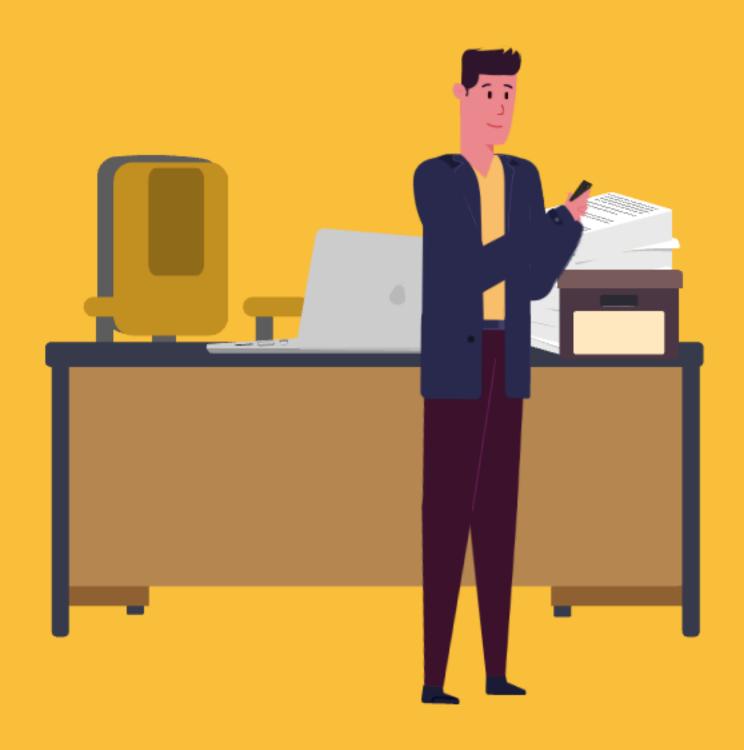
- You can utilize useful apps that help you manage your time
- Use them to get into the swing of effectively freeing yourself from distractions





 "Get Concentrating" app will help you by blocking social media sites

Keeping your Head in the Game



What is the point of driving to work and then getting distracted when you get there?



 Free yourself from distractions and keep your head in the game

Getting New Ideas Constantly



 When you aren't surrounded by distractions, you are more aware of the ideas that cross your mind

Leading by Example



 Others will be inspired by you and learn from you





Rising to the Top



 Having a one-track mind free from distraction enables you to rise to the top of anything you choose

In Summary



Tip 16 – Get Rid of Distractions

- 1. Keeping your Head in the Game
- 2. Getting New Ideas Constantly
- 3. Leading by Example
- 4. Rising to the Top

© PashunConsulting.co.uk