



Fit is not a destination, it is a way of life.

ABOUT US

Regardless of where you're at on your fitness journey, **welcome to BeFit!** We are here to help you live a **fit and healthy lifestyle**. Our gym is designed to provide our customers with the best workout experience. From us you can expect personal training advice that takes into account your fitness level, a wide range of high quality equipment, spacious changing rooms and fun group classes. Our awesome stuff is always ready to help, so ***please reach us to discuss your needs.***

GYM OFFERS

The gym

The gym is split into multiple zones that let you focus on carving out your goals. You'll have equipment engineered to enhance your cardio, core, flexibility and strength. Additionally our gym offers clean changing rooms with lockers and spacious showers.

Group classes

Exercising together creates positive, dynamic energy and helps you push your limits. Join our fun group classes! **Full body fusion, Zumba, Latin fitness, Power yoga, Pilates, and much more** is available at BeFit. Find the ones that will inspire you and ***book them right away.*** Check out our timetable of the group classes.

[Timetable >>](#)

Personal training

Personal Training at BeFit means that our skilled personal trainers are always on hand to make sure you achieve your **individual training goals**, set new ones and keep the entire workout process enjoyable. You will be offered a tailored training program to get the most out of your gym visits. Still not convinced? ***Try out one training for free!***

MEMBERSHIP OPTIONS

There are a number of different membership options to choose:

OFF-PEAK

€15 per month

✓ **Access to the gym restricted to off-peak hours**

Attend the gym at a lower price if you visit at quieter times, 6:30-9:30 and 16:00-19:00

✓ **Booking group classes 7 days in advance**

Participate in any group classes during off-peak hours

STANDARD

€30 per month

✓ **Unlimited access**

Workout any time you want during our open hours

✓ **Booking group classes 7 days in advance**

Enjoy a variety of group classes from latin fitness to kickboxing

PREMIUM

€50 per month

✓ **Unlimited access**

Workout any time you want during our open hours

✓ **Booking group classes 14 days in advance**

Be the first to schedule your favourite group class!

✓ **Four personal training sessions included**

Work together with your personal trainer to reach your individual goals.
**Any additional personal training costs 30 euro per session*

SIGN UP

Please fill in this form to sign up for one of the gym offers.

First Name

Last Name

Enter your first name

Enter your last name

Email

name@example.com

Options

Select an option...

Message

Type your message here...

Submit