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GYM TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:00 - 09:00	Power Yoga	Classical Pilates	Power Yoga	Classical Pilates	Power Yoga	Classical Pilates	Power Yoga
09:00 - 10:00	Full Body Fusion	Latin Fitness	Full Body Fusion	Latin Fitness	Full Body Fusion	Latin Fitness	Full Body Fusion
10:00 - 11:00	Zumba	Power Pilates	Zumba	Power Pilates	Zumba	Power Pilates	Zumba
11:00 - 12:00	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing
16:00 - 17:00		Classical Pilates		Classical Pilates			
17:00 - 18:00	Zumba	Latin Fitness	Zumba	Latin Fitness	Zumba		
18:00 - 19:00	Power Yoga	Power Pilates	Power Yoga	Power Pilates	Power Yoga		
19:00 - 20:00	Full Body Fusion	Classical Pilates	Full Body Fusion	Classical Pilates	Full Body Fusion		
20:00 - 21:00	Kickboxing	Kickboxing	Kickboxing	Kickboxing	Kickboxing		

OPEN HOURS

Mon 08:00 - 22:00
 Tue 08:00 - 22:00
 Wed 08:00 - 22:00
 Thu 08:00 - 22:00
 Fri 08:00 - 21:00
 Sat 09:00 - 16:00
 Sun 09:00 - 16:00

OFF-PEAK HOURS

08:00-10:00 and 16:00-19:00

CONTACT

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SOCIAL

