

The subjective scale of the Phenomenological Control Scale can be administered online using a questionnaire platform, for example Qualtrics (<https://www.qualtrics.com/uk/>)

There are four audio files:

1. PC1.wav (17m 28s). A recording of the PCS script up to the presentation of the negative visual suggestion (item 8).
2. PC2.wav (1m 34s). A recording of the PCS script from the end of the negative visual suggestion (item 8) to the first amnesia response (item 9).
3. PC3.wav (19s). A recording of the PCS script between the first and second amnesia responses ("now you can remember everything").
4. PC4.wav (1m34s). Instructions for reporting experience.

A simple approach is to present Recording 1 as a video containing a black screen up until the presentation of the slide for item 8 (PCS negative visual hallucination slide.pptx) (e.g., [https://www.youtube.com/watch?v=RSEgMkHn\\_mk](https://www.youtube.com/watch?v=RSEgMkHn_mk)).

Following recordings 1, 2 and 3 text boxes are presented for participant report.

Following recording 4, the response booklet is presented as a questionnaire.