



History of Present Illness:

1. EVALUATION

PT PRESENTS TODAY WITH SYMTOMS OF INCREASED COUGH, HEAD/SINUS CONGESTION AND SINUS DRAINAGE. SHE GIVES A HX CONSISTENT WITH CHRONIC RHINOSINUSITIS AND STATES CURRENT SYMTOMS ARE AN EXACERBATION OF SAME. HE PRESENTS NOW REQUESTING MEDICAL EVALUATION.

Problem List: Problem List reviewed.

Problem Description	Onset Date	Chronic	Notes
COPD (chronic obstructive pulmonary disease)	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.
Hypothyroidism	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013. TSH (2/2013) 0.65 ; FT4 0.80.
Chronic pain	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.
Arthritis	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.
Heart murmur	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.
Hiatal hernia	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.
Depression with anxiety	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.
Vitamin d deficiency	04/03/2013	Y	Onset date 04/03/2013. Last addressed on 04/03/2013.

Past Medical/Surgical History (Detailed)

Disease/disorder	Onset Date	Management	Date	Comments
		Hysterectomy	2001	
		Breast biopsy	1984	
		Tubal	1984	

right leg surgery (injury)

BRM 01/19/2017 -

Hypothyroidism

COPD

GYNECOLOGIC HISTORY:

Patient is postmenopausal.

Family History: (Detailed)

Relationship	Condition	Deceased	Age at Death	Onset Age	COD
		N			N
Close relative	Kidney Disease	N			N
cousins	arthritis	N			N

Grandfather/s HTN ister	N	N
Grandfathers/ Coronary artery disease Sister	N	N
Grandmother Cancer s/Aunts	N	N

Social History: (Detailed)

Tobacco use reviewed.

Preferred language is English.

MARITAL STATUS/FAMILY/SOCIAL SUPPORT

Currently divorced.

Tobacco use status: Heavy cigarette smoker (20-39 cigs/day).

Smoking status: Heavy tobacco smoker.

ALCOHOL

There is no history of alcohol use.

CAFFEINE

The patient uses caffeine.

Medication Reconciliation

Medications reconciled today.

Allergies (Reviewed, no changes.)

Ingredient	Reaction	Medication Name	Comment
CYCLOBENZAPRINE HCL		Flexeril	
IODINE			
SULFA (SULFONAMIDE ANTIBIOTICS)			

Review of Systems

System	Neg/Pos	Details
Constitutional	Negative	Chills, fatigue and fever.
ENMT	Positive	Nasal congestion, Nasal drainage, Otagia, Rhinitis, Rhinorrhea, Sinus pressure, Sinusitis.
ENMT	Negative	Sore throat.
Respiratory	Positive	Cough.
Respiratory	Negative	Dyspnea and wheezing.
Cardio	Negative	Chest pain, claudication, edema and irregular heartbeat/palpitations.
GI	Negative	Abdominal pain and change in stool pattern.
GU	Negative	Dysuria and hematuria.
Neuro	Negative	Dizziness, gait disturbance and headache.
Psych	Negative	Anxiety and depression.
Integumentary	Negative	Rash.
MS	Negative	Back pain.
Reproductive	Positive	The patient is post-menopausal.

Vital Signs:

Time	BP mm/Hg	Pulse /min	Resp /min	Temp F	Ht ft	Ht in	Ht cm	Wt lb	BMI kg/m2	O2 Sat%	Amb %	Pain
9:57 AM	128/84	88	16	98.20	5.0	4.00		112.80	19.36	91		

Physical Exam

Exam	Findings	Details
Constitutional	Normal	Well developed.
Eyes	Normal	Pupil - Right: Normal, Left: Normal.
Neck Exam	Normal	Inspection - Normal. Thyroid gland - Normal.
Respiratory	Normal	Inspection - Normal. Auscultation - Normal.
Cardiovascular	Normal	Inspection - JVD: Absent. Heart rate - Regular rate. Rhythm - Regular. Heart sounds - Normal S1, Normal S2. Murmurs - None. Extremities - No edema.
Abdomen	Normal	Inspection - Normal. Auscultation - Normal. No abdominal tenderness. No hepatic enlargement. No spleen enlargement.
Musculoskeletal	Normal	Visual overview of all four extremities is normal.
Extremity	Normal	No edema.
Psychiatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate mood and affect.

Completed Orders (this encounter)

Order	Reason	Side	Region	Interpretation	Result
Triamcinolone Acetonide (Kenalog) Per 10 Mg, IM		right	buttock		

Assessment/Plan

#	Detail Type	Description
1.	Assessment	Acute rhinosinusitis (J01.90).
	Patient Plan	WILL TREAT EMPIRICALLY WITH KENALOG INJECTION AND OTC SYMTOMATIC MEDS. Avoid exposure to tobacco smoke and/or polluted air.. Consider nasal/sinus rinses with saline and otc medications. The patient verbalized an understanding of all instructions. Signs and symptoms of infection were discussed with the patient. The risks, benefits and side effects of treatment were discussed with the patient.
	Plan Orders	The patient had the following test(s) completed today Triamcinolone Acetonide (Kenalog) Per 10 Mg, IM.

Office Services:

Completed	Order	DX	Preformed by	Dose	Units	Route	Side	Site
10/03/2017	Triamcinolone Acetonide (Kenalog) Per 10 Mg, IM	J01.90			mg	IM	right	buttock

Medications *(Added, Continued or Stopped this visit)*

Started	Medication	Directions	Instruction
05/25/2017	albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization	inhale 3 milliliter by nebulization route 4 times every day	
	Allegra calcium		
05/11/2017	cyclobenzaprine 10 mg tablet	take 1 tablet by oral route 3 times every day	
05/25/2017	estradiol 2 mg tablet	take 1 tablet by oral route every day	
05/25/2017	Lexapro 20 mg tablet	take 1 tablet (20MG) by oral route every day	
05/25/2017	Protonix 40 mg tablet, delayed release	take 1 tablet by oral route every day	

05/25/2017	Spiriva with HandiHaler 18 mcg and inhalation capsules Vitamin D3 5,000 unit tablet	inhale 1 capsule (18MCG) by inhalation route every day take 1 Tablet by Oral route every day for 3 months
05/25/2017	Zantac 150 mg tablet	take 1 tablet (150MG) by oral route AT BEDTIME

Follow Up:

Status	Ordered	Order	Timeframe	Comments
ordered	10/03/2017	follow-up visit with PCP Office Visit prn	prn	