

**Descriptive Essay (Insert Chosen Topic)**

Describe the way you imagine the world will look like in 20 years.

**Outline Generated by AI****INTRODUCTION**

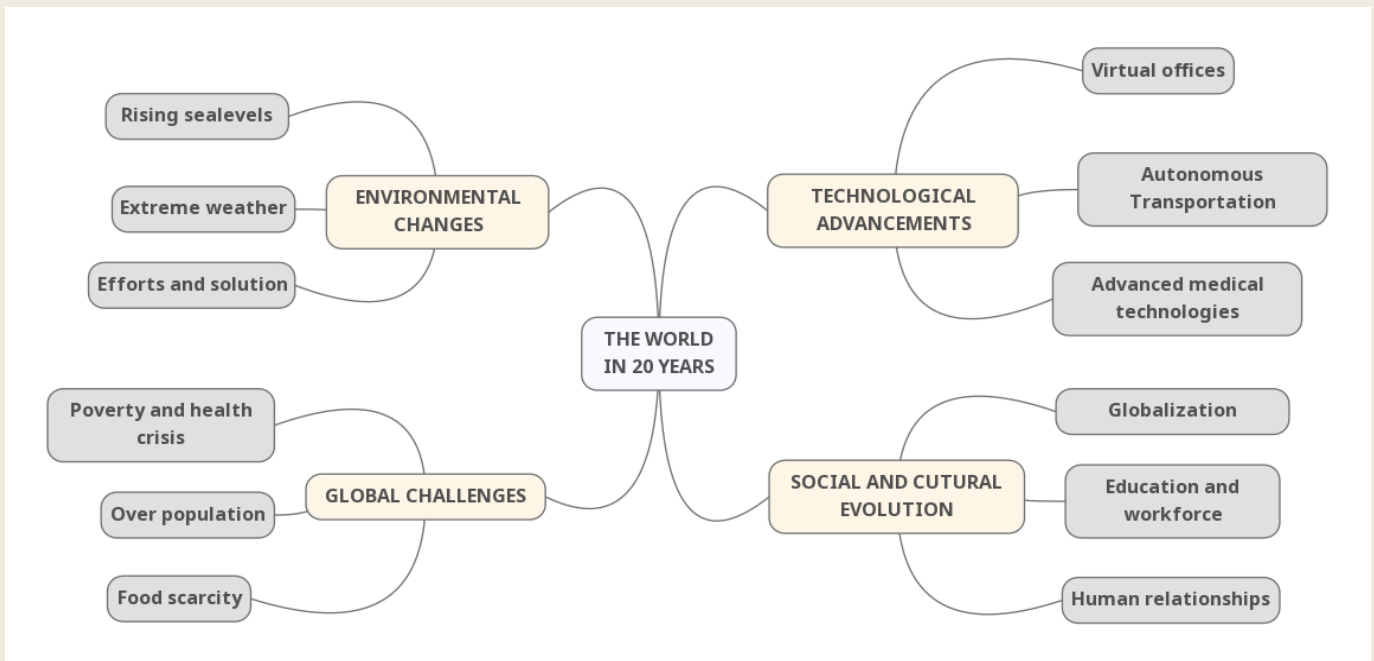
- Begin with an engaging statement or question.
- Introduce the main aspects of the future world such as technological advancements, environmental challenges, and social shifts.

**BODY PARAGRAPHS:**

- Advanced technology will change daily life, with smart homes, self-driving cars, and better healthcare.
- Climate change impacts will increase, but green energy and eco-friendly solutions will help protect the planet.
- Society will grow more interconnected, with online education, remote work, and digital relationships becoming common.
- Overpopulation and resource scarcity will drive international cooperation on issues like poverty and climate change.

**Conclusion**

- Recap the main transformations in technology, environment, and society, emphasising our role in shaping a positive future.

**Mind-map Generated by Mind Mup using Outline****ESSAY:****THE WORLD IN 20 YEARS**

In What will our world look like 20 years from now? Will new technology make our lives easier, or will the environment be so damaged that life becomes harder? As we look ahead, we see a world shaped by rapid changes in technology, serious environmental challenges, and evolving societies. In this essay, I imagine a future where advanced technology, climate changes, and social shifts transform our everyday lives.

In the future, technology will likely be a bigger part of our lives. Homes may be “smart” with devices that help with everything, from cooking to cleaning. We might see self-driving cars that take us to work or school without needing a driver. Workplaces could become virtual, allowing people to work together from different parts of the world through screens and advanced software. Healthcare will also improve, helping people live healthier and longer lives.

However, the environment might look very different in 20 years. Climate change could cause problems like rising sea levels and stronger storms, which could damage cities and farms. Efforts to protect nature will likely increase, with more focus on using green energy sources

like wind and solar power. Cities may add more parks, trees, and eco-friendly buildings to combat pollution and improve air quality.

Society will also change as the world becomes more connected. People will interact with others from different countries and cultures more easily, thanks to the internet and virtual communities. This could lead to greater understanding and appreciation for diverse backgrounds. Education and work may mostly happen online, with students learning from home and employees working remotely. Relationships and family life might also change, with people spending more time communicating through digital means rather than face-to-face. This new way of interacting could make people more adaptable, but it might also change how close they feel to others.

The future will also bring new challenges, like overpopulation and limited resources. Food and water might be harder to get, which could make it necessary to find new ways to grow crops or purify water. Countries may need to work together more closely to solve these problems, sharing knowledge and resources. Global cooperation could help with big challenges, like poverty and climate change.

In conclusion, the world 20 years from now will likely be very different. Technology will shape how we live and work, the environment will require greater care, and society will evolve as we become more interconnected. While these changes bring both challenges and opportunities, they also remind us that we have a role in creating the future we want.

## Expository Essay (Insert Chosen Topic)

How can one truly be happy?

### Outline Generated by AI

#### INTRODUCTION:

- Start with a thought-provoking question or quote about happiness.
- Introduce key factors that contribute to true happiness, such as self-acceptance, positive relationships, purpose, and gratitude.

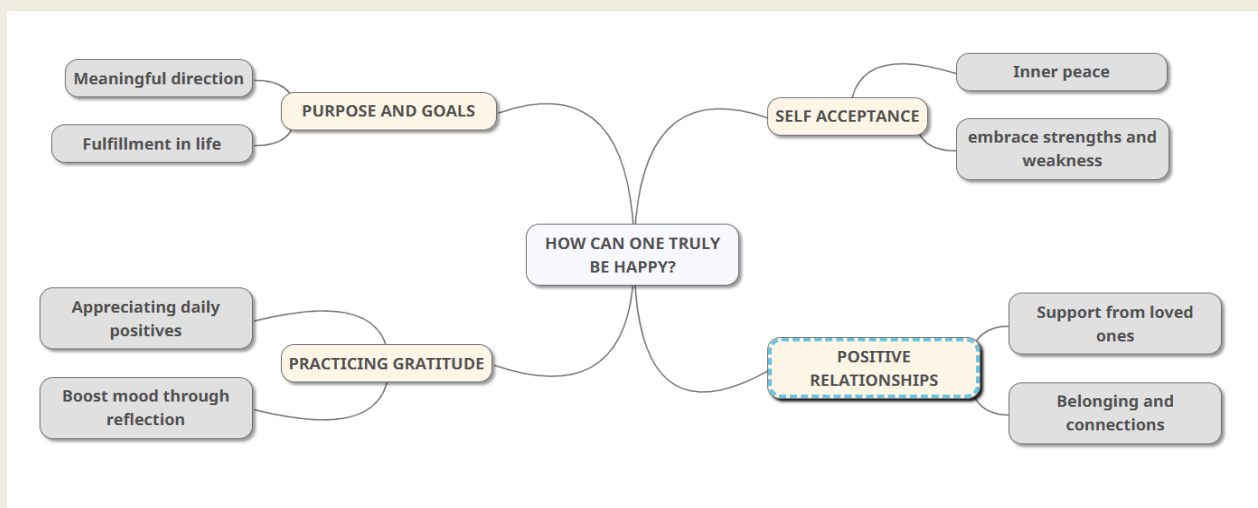
#### BODY PARAGRAPHS:

- Emphasize the importance of being comfortable with oneself. Describe how understanding strengths and weaknesses fosters inner peace.
- Show how meaningful connections provide a sense of belonging and emotional support.
- Describe the satisfaction that comes from working toward personal or professional goals.
- Describe simple ways to practice gratitude daily, such as journaling or reflection.

#### CONCLUSION:

Recap the main points on self acceptance, relationships, purpose, and gratitude and emphasize that happiness comes from within.

### Mind-map Generated by Mind Mup using Outline



**ESSAY:****How can one truly be happy?**

Happiness is something everyone wants, but not everyone knows how to find. Some think money or success will make them happy, but true happiness comes from within. To feel truly happy, one can focus on accepting themselves, building good relationships, having a sense of purpose, and practicing gratitude.

True happiness starts with self-acceptance. When we accept ourselves, we stop trying to be perfect and are kinder to ourselves. This means understanding our strengths and weaknesses and being okay with who we are. By being at peace with ourselves, we can feel happier every day.

Good relationships are very important for happiness. Family, friends, and community give us support, joy, and comfort. When we have people to share life's ups and downs with, we feel less alone and more cared for. These connections help us feel we belong and make life brighter.

Additionally, having a sense of purpose also brings happiness. When we work toward meaningful goals, we feel satisfied and motivated. This could be anything we find meaningful, like a career goal, learning a new skill, or helping others. Purpose gives us direction and a reason to look forward to each day.

Gratitude is a simple but powerful way to feel happy. When we take time to notice the good things in life, big or small, it boosts our mood. A simple way to practice gratitude is by writing down things we're thankful for or just taking a moment each day to reflect on positive moments. This habit helps us focus on what we have rather than what we lack.

In conclusion, true happiness comes from within and can be built with simple steps. Accepting ourselves, building strong relationships, having a purpose, and practicing gratitude can all lead to a more joyful life. Happiness is a journey, and with effort, anyone can create a life full of true, lasting happiness.

**Argumentative Essay (Insert Chosen Topic)**

People overestimate mental health due to social media. Do you agree or disagree?

**Outline Generated by AI****INTRODUCTION:**

- Present a striking statistics about mental health and social media usage.
- State your position (agree/disagree) on whether people overestimate mental health due to social media and outline the main argument supporting your stance.

**BODY PARAGRAPHS:**

- Discuss how people share curated, idealized versions of their lives and explain how this can create unrealistic expectations for mental well-being.
- Explore how users may feel obligated to display a positive image and discuss the impact of likes and comments on mental health perceptions.

**Counter argument:**

- Acknowledge that social media can provide support and community for those struggling.
- Present evidence of mental health campaigns and resources available online

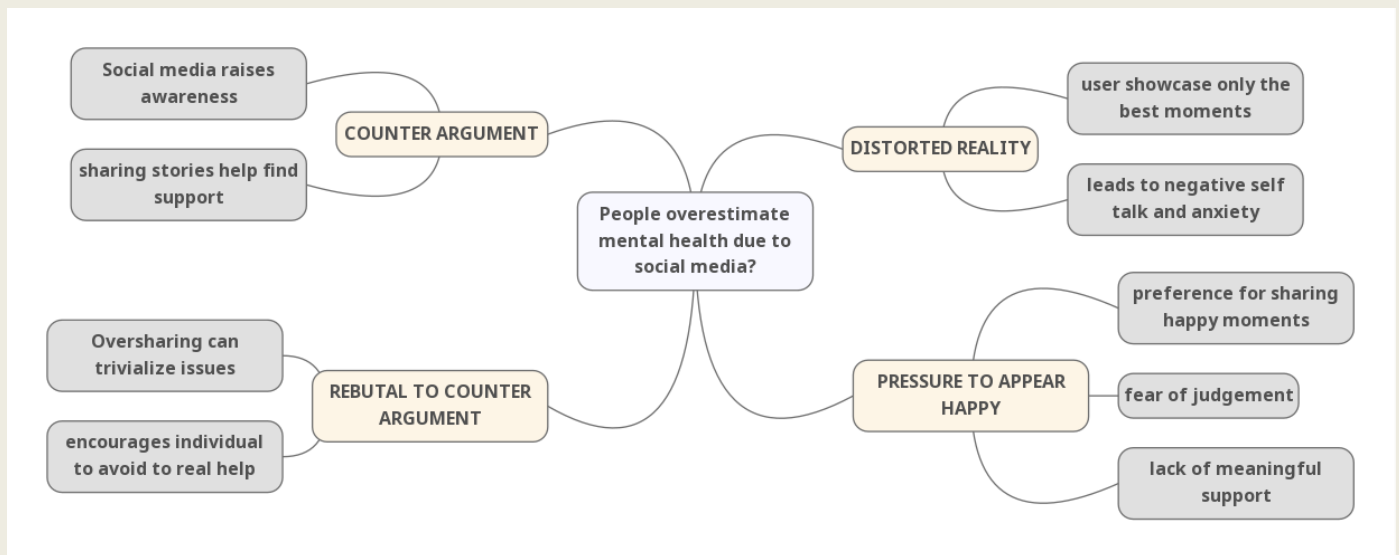
**Rebuttal to counter argument:**

- Discuss how oversharing can trivialize mental health issues.

**CONCLUSIONS:**

Recap the main points on how social media distorts mental health perceptions.

Emphasize the need for a balanced view of mental health that encourages authenticity and openness while recognizing the impact of social media on public perception.

**Mind-map Generated by Mind Mup using Outline****ESSAY:**

Social media is everywhere today. Many people use it to connect with others, share their lives, and find support. However, there is a growing belief that social media makes people think too highly of mental health. I agree with this idea because social media often shows a distorted view of life, creates pressure to appear happy, and can lead to misunderstandings about mental health.

One of the biggest problems with social media is that it often shows a false picture of reality. People usually share only the best parts of their lives. They post pictures of happy moments, vacations, or achievements, but they rarely share their struggles or bad days. This can make others think that everyone else is always happy and mentally healthy. When people see these perfect lives, they might feel bad about their own struggles and believe that they should also be happy all the time.

Another issue is the pressure to look happy on social media. Many users feel they must show a perfect life to gain likes and positive comments. This can lead to people pretending to be happy when they are not. They might hide their true feelings because they fear judgment. This pressure can create a false image of mental health, making others think that everyone is doing well, which is not always true.

Some people believe that social media raises awareness about mental health. They argue that platforms like Instagram and Twitter allow individuals to share their stories and find support from others who are going through similar experiences. While this is true, there are also downsides to this form of awareness.

While social media can help raise awareness, it can also create misunderstandings about mental health. When people overshare their problems, it can make it seem like everyone has these struggles. This can lead others to think they should handle their issues alone instead of seeking real help. It is important to remember that sharing online is not a substitute for professional support.

In conclusion, I believe that social media can lead people to overestimate mental health. It shows a false picture of happiness, creates pressure to seem perfect, and can lead to misunderstandings about what mental health really means. It is important to use social media wisely and remember that everyone has struggles, even if they are not always visible online. By being honest about our feelings and supporting each other, we can create a healthier view of mental health.