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NHANES HYPERTENSION RISK ANALYSIS

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===== PHASE 1 =====

Loading NHANES datasets...

Demographics: 9254 participants

Blood pressure: 8704 participants

Body measures: 8704 participants

Merged dataset: 8704 participants

Cleaning and preparing data...

Removed 700 participants with missing data

Final analysis sample: 4833 participants

Performing exploratory data analysis...

=== DESCRIPTIVE STATISTICS ===

	age	bmi	sbp	dbp
count	4833.000000	4833.000000	4833.000000	4.833000e+03
mean	49.457687	29.588537	125.793503	7.164287e+01
std	18.602931	7.296148	19.463786	1.348849e+01
min	18.000000	14.800000	72.000000	5.397605e-79
25%	33.000000	24.500000	112.000000	6.400000e+01
50%	51.000000	28.400000	124.000000	7.200000e+01
75%	64.000000	33.400000	136.000000	8.000000e+01
max	80.000000	84.400000	224.000000	1.240000e+02

=== HYPERTENSION PREVALENCE ===

Overall prevalence: 45.7%

By age group:

18-39: 23.7%

40-59: 51.8%

60+: 64.6%

By sex:

Female: 40.8%

Male: 50.7%

By race/ethnicity:

Mexican American: 41.8%

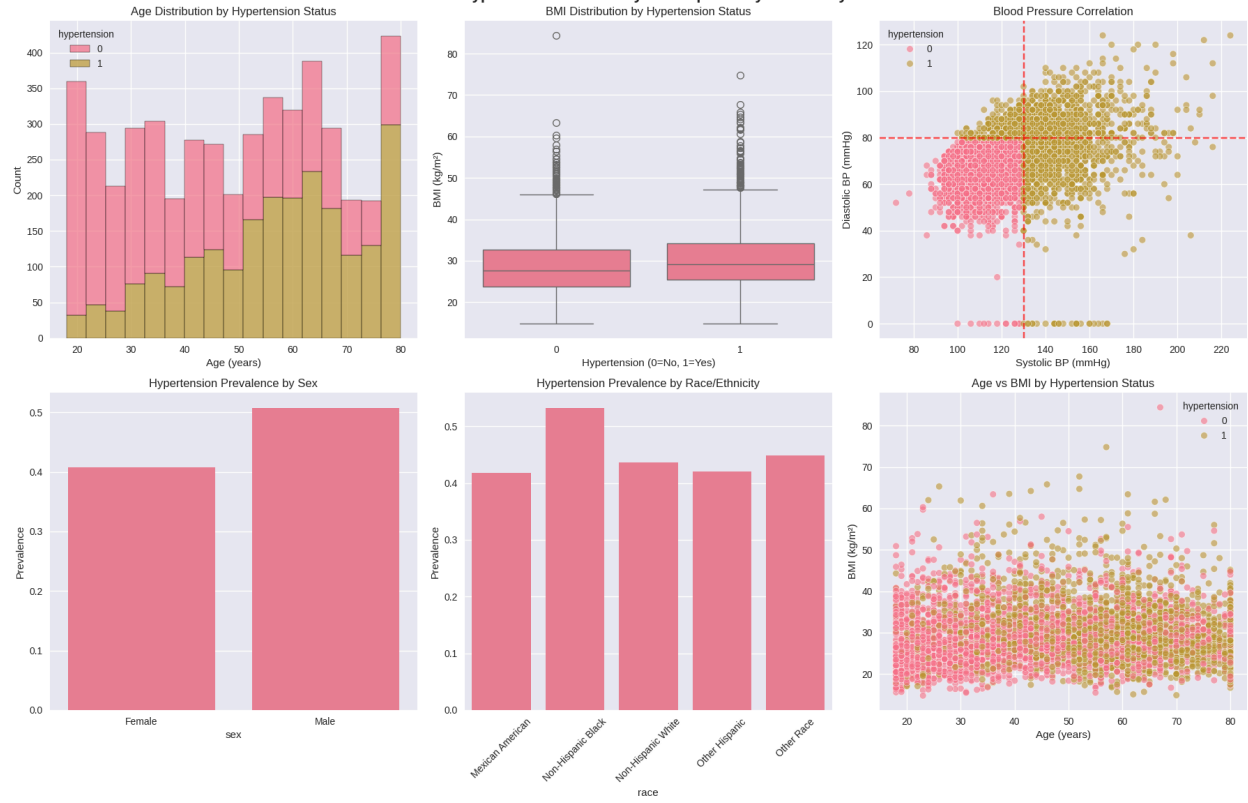
Non-Hispanic Black: 53.2%

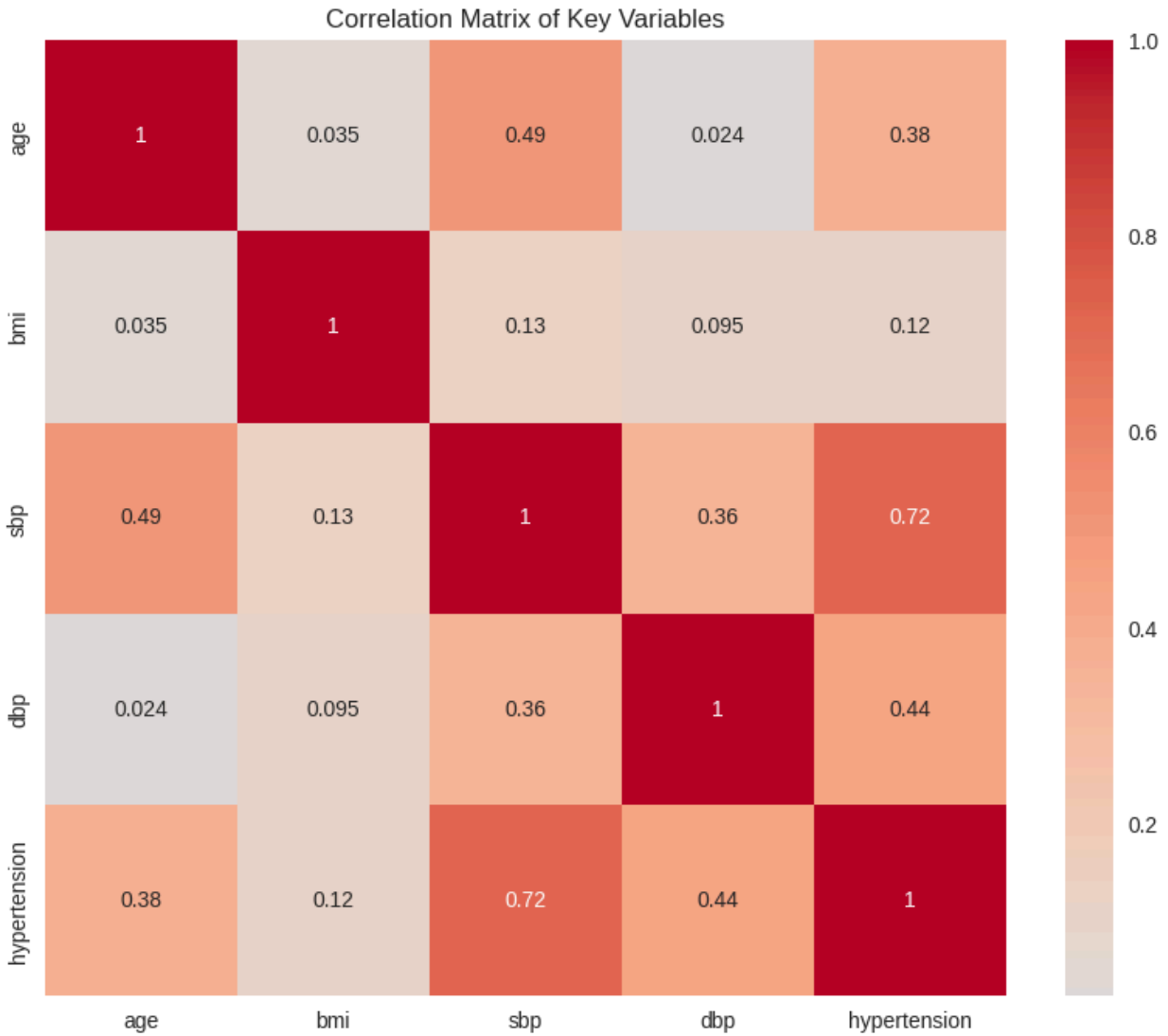
Non-Hispanic White: 43.7%

Other Hispanic: 42.0%

Other Race: 44.9%

NHANES Hypertension Risk Analysis - Exploratory Data Analysis





===== PHASE 2 =====

Fitting logistic regression models...

Fitting MODEL_A...

Sample size: 4833

Features: ['age', 'bmi']

Hypertension prevalence: 0.457

AUC: 0.754

Accuracy: 0.696

CV AUC: 0.727 ± 0.021

Fitting MODEL_B...

Sample size: 4833

Features: ['age', 'bmi', 'sex_Male', 'race_Non-Hispanic Black', 'race_Non-Hispanic White', 'race_Other Hispanic', 'race_Other Race']

Hypertension prevalence: 0.457

AUC: 0.771

Accuracy: 0.694

CV AUC: 0.739 ± 0.016

Fitting MODEL_C...

Skipping MODEL_C - No data after filtering.

=== MODEL EVALUATION RESULTS ===

Model	AUC	Accuracy	CV AUC	Features
MODEL_A	0.754	0.696	0.727 ± 0.021	2
MODEL_B	0.771	0.694	0.739 ± 0.016	7

=== MODEL DIAGNOSTICS ===

MODEL_A Diagnostics:

Variance Inflation Factors:

Feature	VIF
age	5.898102
bmi	5.898102

Model Summary:

Log-Likelihood: -2362.846

AIC: 4731.692

BIC: 4750.471

MODEL_B Diagnostics:

Variance Inflation Factors:

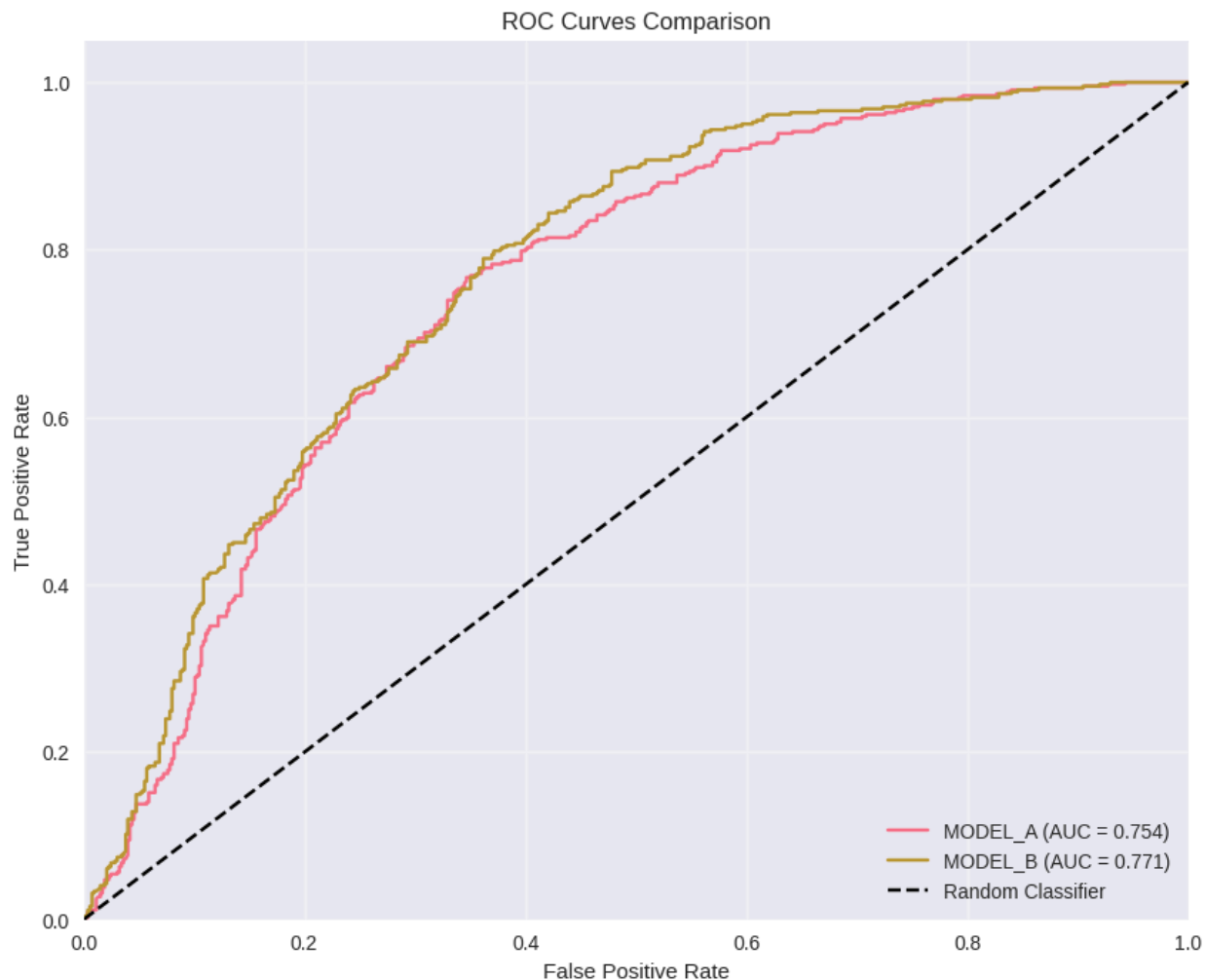
Feature	VIF
age	6.834831
bmi	8.018980
sex_Male	1.892862
race_Non-Hispanic Black	2.399830
race_Non-Hispanic White	3.092646
race_Other Hispanic	1.508864
race_Other Race	1.957358

Model Summary:

Log-Likelihood: -2322.746

AIC: 4661.493

BIC: 4711.573



=== STATISTICAL TESTS ===

Best performing model: MODEL_B

Best AUC: 0.771

=== MODEL_B INTERPRETATION ===

Coefficients and Odds Ratios:

Variable	Coefficient	OR	CI_Lower	CI_Upper	p_value
age	0.046	1.047	1.043	1.051	0.000
bmi	0.037	1.038	1.028	1.048	0.000
sex_Male	0.446	1.562	1.359	1.795	0.000
race_Non-Hispanic Black	0.325	1.384	1.092	1.753	0.007
race_Non-Hispanic White	-0.230	0.794	0.635	0.994	0.044
race_Other Hispanic	-0.089	0.914	0.680	1.230	0.554
race_Other Race	0.231	1.259	0.984	1.612	0.067

Clinical Interpretation:

- Age: Each additional year increases odds of hypertension by 4.7%

- BMI: Each unit increase in BMI increases odds by 3.8%
- Sex: Males have 56.2% higher odds compared to females

=== DECISION MATRIX ===

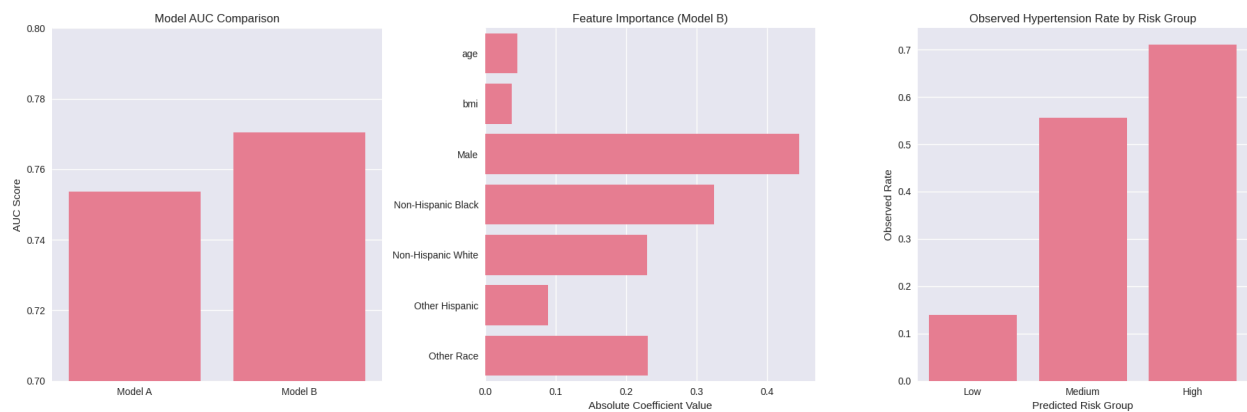
	AUC	Variable_Significance	Multicollinearity	Interpretability \
model_a	3	5	5	5
model_b	4	4	4	4
model_c	4	3	3	3

	Clinical_Use	Total_Score
model_a	4	22
model_b	5	21
model_c	3	16

Recommended model: MODEL_A
 Total score: 22

===== PHASE 3 =====

Example Prediction:
 45-year-old Non-Hispanic White male with BMI 28:
 Predicted hypertension probability: 0.373



Results exported to nhanes_hypertension_results.xlsx

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ANALYSIS COMPLETE

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