

Index → str, list, tuple
→ Starts with 0
↓
first item

(1, 2, 3)
↑ ↑ ↑
0 1 2...

"Python"
↑ ↑ ↑ ↑ ↑
0 1 2 3 4 5
→

list_of_fruits = ["Kiwi", "mango", "apple"]
 ↑ ↑ ↑
 0 1 2