

7.0 SAFETY IN THE USE OF LIFTING APPLIANCES & GEARS

7.1. CONSTRUCTION AND MAINTENANCE OF LIFTING APPLIANCES:

All lifting appliances, including their parts and working gear, whether fixed or movable, and any plant or gear used in anchoring or fixing of such appliances -

- a. Shall be of sound construction, sound material, and of adequate strength to serve the purpose for which these are to be used and all such appliances shall be free from patent defects, and
- b. Maintained in good repair and working condition;
- c. Every drum or pulley around which the rope of any lifting appliance is carried, shall be of adequate diameter and sound construction in relation to such rope;
 - i. Any rope that terminates at the winding drum of lifting appliance shall be securely attached to such drum and at least three dead turns of such rope remain on such drum in every operating position of such lifting appliance;
 - ii. The flange of a drum projects twice the rope diameter beyond the last layer of such rope and if such rope and if such projection is not available, other measures like anti-slackness guards shall be provided to prevent such rope from coming off such drum;
- d. Every lifting appliance shall be provided with adequate and efficient brakes which shall be:
 - i) Capable of preventing fall of suspended load (including any test load),
 - ii) Effectively controlling such load while it is being lowered, acting without shock and shall be attached with shoes that can be easily removed for running and which shall be simple and have easily accessible means of adjustment;
- e. Provided that nothing contained above shall apply to **steam-winch** that can be operated as safely as with brakes.

7.2. CONTROLS OF EVERY LIFTING APPLIANCE SHALL BE SO;

- a. Situated that the driver of such appliance at his stand or seat has ample room for operating and has an unrestricted view of building or other construction work, as far as practicable, and that he remains clear of the load and the ropes, and that no load passes over him;
- b. Positioned with due regard to ergonomic considerations for proper operation of such appliance;
- c. Located that the driver of such appliance remains above the appliance and shall have upon them or adjacent to them clear markings to indicate their purpose and mode of operations;
- d. Provided, where necessary, with a suitable locking device to prevent accidental movement or displacement and shall move, as far as practicable, in the direction of the resultant load movement;
- e. Wherever automatic brakes are provided, they shall automatically come to the neutral position in case of power failure.

7.3. TEST AND PERIODICAL EXAMINATION

7.3.1 Test: all lifting appliances including all parts and gears thereof, whether fixed or movable, shall be tested and examined by a competent person before being taken into use for the first time or after it

has undergone any alteration or repairs liable to affect its strength or stability or after erection on a site and also once at least in every five years, in the manner as specified;

7.3.2. Examination: all lifting appliances shall be thoroughly examined by a competent person at least in every twelve months and where the competent person making such examination forms the opinion that the lifting appliance cannot continue to function safely, he shall forthwith give notice in writing of his opinion to the contractor.

7.4. AUTOMATIC LOAD INDICATOR

- a. Cut-out shall be provided which automatically arrests the movement of the lifting parts of every crane if the load exceeds the safe working load, wherever possible;
- b. Wherever the above provisions cannot be applied and if it is not possible to install an automatic safe load indicator, in that case, provision of a table showing the safe working loads at the corresponding inclinations or radii of the jib on the crane shall be considered sufficient.

7.5. INSTALLATION:

Fixed lifting appliances shall be installed by a competent person in a manner that

- a. Such appliances cannot be displaced by the load, vibration or other influences;
- b. The operator of such appliance is not exposed to danger from loads, ropes or drums;
- c. The operator can either see over the zone of operation or communicate with all loading and unloading points by signal, or other communication system;
- d. Adequate clearance is provided between parts or loads of lifting appliances and between the fixed objects such as walls and posts, or electrical conductors;
- e. The lifting appliances; when exposed to wind loading, are given sufficient additional strength, stability and rigidity to withstand such loading safely;
- f. No structural alterations or repairs are made on any part of the lifting appliances that affect the safety of such appliances without obtaining the opinion of the competent person to this effect.

7.6. WINCHES

- a. Winches shall not be used if their control levers operate with excessive friction or play;
- b. Double gear winches shall not be used unless a positive means of locking the gearshift is provided;
- c. There shall be no load other than the fall and the hook assembly on the winch while changing gears on a two-gear winch;
- d. Adequate protection shall be provided to the winch operator against abnormal weather;

- e. Temporary seats or shelters for winch operators that may pose hazard to the winch operator or any other building workers shall not be allowed to be used;
- f. Control levers shall be secured in the neutral position and, whenever possible, the power shall shut off if the winch is left unattended.

7.7. IN USE OF EVERY STEAM-WINCH

- a. Measures shall be taken to prevent escaping steam from obscuring any part of the construction site or other workplace or from otherwise hindering or injuring any building worker;
- b. Extension control levers which tend to fall off their own weight shall be counter-balanced;
- c. Winch operators shall not be permitted to use the which control extension levers except for short handles on wheel type controls and that such levers shall be of adequate strength, secure and fastened with metal connections at the fulcrum and at the permanent control lever;
- d. In use of every electric winch, no building worker shall be permitted to transfer, alter or adjust electric control circuits in case of any defect in such winch;

7.8. ELECTRIC WINCHES SHALL NOT BE USED FOR BUILDING WORK WHERE

- a. The electromagnetic brake is unable to hold the load; or
- b. One or more control points either hoisting or lowering are not operating properly.

7.9. BUCKETS:

It shall be ensured that tip-up buckets are equipped with a device that effectively prevents accidental tipping.

7.10. IDENTIFICATION AND MARKING OF SAFE WORKING LOAD:

- a. Every lifting appliance and loose gear shall be clearly marked for its safe working load and identification by stamping or other suitable means;
- b. Every derrick (**other than derrick crane**) shall be clearly marked for its safe working load when such derrick is used either in single purchase with lower block or in union purchases in all possible block positions;
- c. The lowest angle to the horizontal, to which the derrick may be used, shall be legibly marked;
- d. Every lifting appliance having more than one working load shall be fitted with effective means to enable the operator to determine safe working load at each point under all conditions of use;
- e. Means to ascertain the safe working load for lifting gears under such conditions in which such gears may be used shall be provided to enable a worker using such gears and such means safely, which shall comprise:
 - i) Marking of the safe working load in plain figures or letters upon the sling or upon a tablet or ring of durable material attached securely thereto in case of chain slings; and

- ii) The means specified or notices so exhibited as can be easily read by any concerned building worker stating the safe working load for the various sizes of the wire rope slings used.

7.11 LOADING OF LIFTING APPLIANCES AND LIFTING GEARS

- a. No lifting appliance, lifting gear or wire rope shall be used in an unsafe way and in such a manner as to involve risk to life of building workers and they are not loaded beyond their safe working load except for testing purposes under the direction of a **competent person** in the manner as specified in schedule;
- b. No lifting appliance and lifting gear, or any other material-handling appliance shall be used if the Inspector having jurisdiction under the Building and Other construction (regulation of employment and conditions of service) Act/Rules is not satisfied with reference to a certificate of test or examination or to an authenticated record maintained as provided under the Rules or if in his view the lifting appliance, lifting gear or any other material handling appliance is not safe for use in building or other construction work;
- c. No pulley block shall be used unless the safe working load and its identification are clearly marked on such block.

7.12. OPERATOR'S CAB OR CABIN SHALL

- a. Be made of fire resistant material;
- b. Have a suitable seat, a foot rest and protection from vibration;
- c. Afford the operator an adequate view of the area of operation;
- d. Afford the necessary access to working parts in the cab;
- e. Afford the operator adequate protection against the weather;
- f. Be adequately ventilated; and
- g. Be provided with a suitable fire extinguisher.

7.13. OPERATION OF LIFTING APPLIANCES:

Operator of every crane or lifting appliance shall possess adequate skill and training in the operation of the particular lifting appliances, provided further that

- a. No person under eighteen years of age shall be in control of any lifting machine, scaffold winch, or give signals to the operator;
- b. Precaution shall be taken by the trained operator to prevent lifting appliance from being set in motion inadvertently;
- c. The operation of lifting appliances shall be governed by signals in conformity with the approved standards;
- d. The operator's attention shall not be distracted while he is working;
- e. No crane, hoist, winch or other lifting appliance or any part of such crane, hoist, winch or other lifting appliance shall, except for testing purposes, be loaded beyond the safe working load;
- f. During the hoisting operation, effective precaution shall be taken to prevent any person from standing or passing under the load in such operation;

- g. Operator shall not leave lifting appliance unattended while power is on or the load is suspended to such appliance;
- h. No person shall ride on a suspended load of any lifting appliance;
- i. Every part of a load in course of being hoisted or lowered shall be adequately suspended and supported to prevent danger;
- j. Every receptacle used for hoisting bricks, tiles, slates or other material shall be suitably enclosed as to prevent the fall of any such material;
- k. The hoisting platform shall be enclosed when loose material or loaded wheel barrows are placed directly on such platform or lowering such materials or wheel barrows;
- l. No material shall be raised, lowered or slewed with any lifting appliance in such a way as to cause sudden jerks to such appliance;
- m. In hoisting a barrow, any wheel of such barrow shall not be used as a means of support unless adequate steps have been taken to prevent the axle of such wheel from slipping out of its bearing;
- n. Long objects like planks or girders shall be provided with tag line to prevent any possibility of danger while raising or lowering such objects;
- o. During the process of landing or material, a building worker shall not be permitted to lean out into empty space for finding out the loading and unloading of such material;
- p. When hoisting of load is done in an enclosed space, neither the lifting material nor the boom shall project outside the enclosed space;
- q. Adequate steps shall be taken to prevent a load, in the course of being hoisted or lowered from coming into contact with any object to avoid any displacement of such load and appropriate appliances provided and used for guiding heavy loads when raising or lowering heavy loads to avoid crushing of hands of building workers during such raising or lowering of loads.

7.14. HOISTS

- a. Hoist towers shall be designed according to the relevant national standards;
- b. Hoist shafts shall be provided with rigid panels or other adequate fencing at the ground level on all sides of such shafts and at all other levels on all sides of the access to such shafts while the walls of hoist shafts, except at approaches, extend at least two meters above the floor or platform of access to such shafts;
- c. Approaches to hoist shall be adequately lit and provided with gates that shall be guarded to maintain visibility at least of two meters height; and equipped with a device, which requires such gate to be closed before the platform of such hoist can leave the landing, and prevents the gate from being opened unless such platform is at the landing;
- d. The guides of hoist platforms shall offer sufficient resistance to bending and to buckling in the case of jamming, by providing a safety catch;
- e. Overhead beams and their supports are capable of holding the total maximum live and dead loads that such beams and supports will be required to carry, with a safety factor of at least five;

- f. A clear space shall be provided –
- i. Above the highest stopping place of a cage or platform to allow sufficient unobstructed travel of such cage or platform in case of over-winding and
 - ii. Below the lowest stopping place of such cage or platform;
- g. Adequate covering shall be provided above the top of hoist shafts to prevent materials from falling into such shafts;
- h. Outdoor hoist towers shall be erected on adequately firm foundations and securely braced, guyed and anchored;
- i. A ladder way shall extend from the bottom to the top of every outdoor hoist tower in case no other ladder way exists within easy reach and such ladder way shall comply with the relevant national standards;
- j. The rated capacity of a hoisting engine shall at least be one and a half times the maximum load that such engine will be required to move;
- k. All gearing on a hoisting engine shall be securely enclosed;
- l. Steam piping of hoisting engine shall be adequately protected against accidental contact of such piping with a building worker;
- m. Electrical equipment of a hoisting engine shall be effectively earthed;
- n. A hoist shall be provided with suitable devices to stop a hoisting engine as soon as the platform of such hoist reaches its highest stopping place;
- o. A hoisting engine shall be protected by suitable cover against weather and falling objects;
- p. A hoisting engine set up in a public thoroughfare shall be completely enclosed;
- q. All exhaust steam pipes shall discharge steam in such a manner that the steam so discharged does not scald any person or obstruct the operator's view;
- r. The motion of a hoist shall not be reversed without first bringing it to rest to avoid any harm from such reverse motion;
- s. A hoist not designed for the conveyance of persons shall not be set in motion from the platform of such hoist;
- t. Pawls and ratchet wheels of a hoist, requiring disengagement of such pawls from such ratchet wheels, before the platform of such hoist is lowered, shall not be used;
- u. A platform of a hoist shall be capable of supporting such maximum load that such platform may carry with a safety factor of at least three;
- v. A platform of a hoist shall be equipped with suitable safety gear which can hold such platform with its maximum load in case its hoisting rope breaks;
- w. On platform of a hoist, the wheel barrows or truck shall be efficiently blocked in safe positions;

- x. A cage of a hoist or platform where the building workers are required to enter into such cage or to go on such platform at landing levels, shall be provided with a locking arrangement to prevent such cage or platform from moving during the time a worker enters or leaves such cage or platform;
- y. The sides of platform of a hoist which are not used for loading or unloading, shall be provided with toe-board and enclosures of a wire mesh or any other suitable means to prevent the fall of any part of a load from such platform, further provided that
 - i. The platform of a hoist, which has any probability of falling of any part of a load from it, shall be provided with an adequate covering to prevent such fall;
 - ii. The counter weights of a hoist consisting of an assemblage of several parts shall be so constructed that such parts shall be rigidly connected together;
 - iii. The counter weights of a hoist shall run between guides;
 - iv. At every level of work the building workers shall be provided with adequate platforms for performing such work;
 - v. A legible notice in Hindi as well as in a local language shall be displayed in a conspicuous place of the platform of a hoist and that such notice shall state the maximum carrying capacity of such hoist in kilograms on the hoisting engine;
 - vi. On a hoist authorized and certified for the conveyance of the persons on the platform or in the cage and such notice shall state the maximum number of persons to be carried on such hoist at one time;
 - vii. On a hoist carrying goods and other materials such notice shall state that such hoist is not meant for carriage of persons.

7.15. FENCING AND MEANS OF ACCESS TO LIFTING APPLIANCES

- a. Safe means of access shall be provided to every part of lifting appliances;
- b. The operator's platform on every crane or tip driven by mechanical power shall be securely fenced and provided with safe means of access and where access to such platform is by a ladder, the sides of such ladder shall extend to a height reasonable beyond such platform or some other suitable handhold shall be provided in the platform;
- c. The handling place on such platform shall be maintained free from obstruction and slipping; and
- d. In case the height of such ladder exceeds six meters, the resting platforms shall be provided on such ladder at every six meters of its height and where the distance between last platform so provided and the top end of such ladder is more than two meters then on such top end.

7.16. RIGGING OF DERRICKS:

Every derrick shall have current and relevant rigging plans and any other information necessary for the safe rigging of such derrick and its gear.

7.17. SECURING OF DERRICK FOOT:

Appropriate measures shall be taken to prevent the foot of a derrick from being lifted out of its socket or supports.

7.18. CONSTRUCTION AND MAINTENANCE OF LIFTING GEAR

- a. Every lifting gear shall be –
 - i. of good design and construction, sound material and adequate strength to perform the work for which it is used;
 - ii. free from patent defects; and
 - iii. properly maintained in good repair and working order;
- b. Components of the loose gear, at the time of its use, shall be renewed if one of its dimensions at any point has decreased by ten per cent or more;
- c. A chain shall be withdrawn from use when it is stretched and increased in length which exceeds five per cent of its length or when a link of such chain is deformed or is otherwise damaged or defects in the welds have appeared on it;
- d. Rings, hooks, swivels and end links attached to a chain shall be of the same materials as that of such chain;
- e. The voltage of electric supply to any magnetic lifting device shall not fluctuate by more than **plus** or **minus** 10%.

7.19. TEST AND PERIODICAL EXAMINATION OF LIFTING GEARS

- a. A lifting gear shall be initially tested for the manufacturer by a competent person in a manner specified as per schedule annexed before taking into use or after undergoing any substantive alterations which renders its any part liable to affect its safety and such gear after such test shall subsequently be retested for the use of its owner at least once in every five years;
- b. A lifting gear in use shall thoroughly examined once at least in every twelve months by a competent person;
- c. A chain in use shall be thoroughly examined at least once every month by a responsible person for its use;
- d. Certificates of initial and periodical test and examinations of loose gears shall be obtained in the form annexed.

7.20. ROPES

- a. No rope shall be used for building or other construction work unless -
 - i) It is of good quality and free from patent defects; and
 - ii) In the case of wire rope, it shall be tested and examined by a competent person in the manner annexed;
 - iii) Every wire rope of lifting appliance or lifting gear used for building or other construction work shall be inspected by a responsible person for such use, once at least in every three month;

- b. Provided that after if any such wire is broken in such rope, the responsible person shall thereafter inspect it once at least in every month and ensure that;
- c. No wire rope shall be used for building or other constructing work if in any length of eight diameters of such wires, the total number of visible broken wires exceed ten per cent of the total number of wires in such rope, or such rope shows signs of excessive wear, corrosion or other defects which in the opinion of the person who inspects it, is unfit for use;
- d. Eye splices and loops of ropes for the attachment of hooks, rings and other such parts to wire rope shall be made with suitable thimble;
- e. A thimble or loop splice made in any wire rope sling shall conform to the following standards, namely:
 - i) Wire rope sling shall have at least three tucks with full strand of rope and two tucks with one-half of the wires cut out of each of such strand in all cases, such strands shall be tucked against the lay of the rope;
 - ii) Protruding ends of such strands in any splice of wire rope slings shall be covered or treated so as to leave no sharp points;
 - iii) A fiber rope or a rope sling shall have at least four tucks, tail of such tuck being whipped in a suitable manner; and
 - iv) A synthetic fiber rope or rope sling shall have at least four tucks with full strands followed by further tuck with one-half filaments cut out of each of such strand and final tuck with one-half of the remaining filaments cut out from such strands. Any portion of the splices containing such tucks, with reduced number of filaments, shall be securely covered with suitable tape or other materials;
 - v) Provided further that nothing contained above shall apply where any other form of splice, which may be shown to be as efficient as the splice with above standards, shall be used.

7.21. HEAT TREATMENT OF LIFTING GEARS

- a. All chains other than bridle chains attached to derricks and all rings, hooks, shackles and swivels used in hoisting or lowering of such derricks shall be effectively annealed under supervision of a competent person and at the following intervals, namely:
 - i) Such chains, rings, hoods, shackles and swivels which are not more than twelve and a half millimeter of length annealed at least once in every six months; and
 - ii) All other such chains rings hooks shackles and swivels shall be so annealed at least once in every twelve months;
- b. Provided that the clause (a) above shall not apply to -
 - i) Pitched chains, working on sprocket or sprocket wheels;
 - ii) Rings, hooks and swivels permanently attached to pitched chains, pulley blocks or weighing machines, and
 - iii) Hooks and swivels having ball bearings or other case hardened parts;

- c. A chain or a loose gear made of high tensile steel or alloy steel shall be plainly marked with a mark indicating that it is so made;
- d. No chain or loose gear made of high tensile steel or alloy steel shall be subjected to any form of heat treatment except where such treatment is necessary for the purpose of repair of such chain or loose gear and that such repair shall be made under the direction of the competent person;
- e. That the wrought iron gear, the past history of which is not traceable, shall be suspected of being heat treated at incorrect temperature shall be normalized before using it on any building or other construction work.

7.22. CERTIFICATE TO BE ISSUED AFTER ACTUAL TESTING AND EXAMINATION ETC:

A competent person shall issue a certificate after actual testing or examination of the apparatus specified and record of such test or examination shall be maintained for inspection.

7.23. REGISTER OF PERIODICAL TEST, EXAMINATION AND CERTIFICATION THEREOF

- a. A register in the form annexed shall be maintained and particulars of such test and examination of lifting appliances, lifting gears and heat treatment as required shall be entered in such register;
- b. Certificate in respect of each of the following shall be obtained from a competent person:
 - i) In cases of initial and periodical test and examination of the lifting appliances such as Winches, Derricks and their accessory gears, Cranes or Hoists and their accessory gears;
 - (ii) In case of test, examination and re-examination of loose gears;
 - (iii) In case of test and examination of wire ropes;
 - (iv) In case of heat treatment and examination of loose gears;
 - (v) In case of annual thorough examination of the loose gears, except where required particulars of such exemption have been enclosed in the register referred to in Form annexed and such certificates are attached to the register referred to as above and certificates kept at such construction site in case such register and certificate relate to lifting appliances, loose gear and wire ropes and
- c. Produced on demand and retained for at least five years after the date of the last entry made in such register;
- d. No lifting appliance or lifting gear in respect of which an entry is required to be made in register referred to above and certificate of test and examination are required to be attached in such register in the manner as specified, shall be used for building or other construction work unless the required entries have been made in such register and certificates.

7.24. VACUUM AND MAGNETIC LIFTING GEAR

- a. No vacuum lifting gear, magnetic lifting gear or any other lifting gear where the load on it is held by adhesive power, shall be used while workers are performing operations beneath such gear;
- b. A magnetic lifting gear used in connection with building or other construction work shall be provided with an alternative supply of power, such as batteries, which may come into operation immediately in the event of failure of the main power supply;

- c. No building worker shall work within the swinging zone of the lifting gear or load or building or other construction material suspended to such lifting gear.

7.25. KNOTTING OF CHAINS AND WIRE ROPES:

No chain or wire rope with a knot in it shall be used in building or other construction work.

7.26. CARRYING OF PERSONS BY MEANS OF LIFTING APPLIANCES ETC.

- a. No building worker shall be raised, lowered or carried by a power driven lifting appliance, except
 - i. On the drive's platform in the cage of a crane; or
 - ii. On as hoist; or
 - iii. On an approved suspended scaffold;
- b. Provided that a building worker may be raised, lowered or carried by a power driven lifting appliance:
 - i. In circumstances where the use of a hoist or of a suspended scaffold shall not reasonably be practicable, or
 - ii. On an aerial cableway or aerial ropeway, provided further that the following requirements are met:
 - iii. That the appliance referred to above can be operated from one position only and that
 - iv. Any winch used in connection with the appliance shall also comply with the requirements as laid down above.
- c. The appliance referred to above shall not carry any person except:
 - i. In a chair or cage,
 - ii. In a skip or other receptacle at least three feet deep which shall be suitable for safe carriage of a person and any such chair, cage, skip or other receptacle shall be made of good construction, sound material, and adequate strength and properly maintained with suitable means to prevent any occupant therein from falling out of it and shall be free from any material or tools which may interfere with the handhold or foothold of such occupant or otherwise endanger him; and
 - iii. Those suitable measures shall be taken to prevent the chair, cage skip or other receptacle from spinning or tipping in a manner dangerous to any occupant therein.

7.27. HOISTS CARRYING PERSONS

- a. No building worker shall be carried with the help of a hoist unless it is provided with a cage which:
 - i) Is so constructed as to prevent, when its gates are shut, any building worker carried by such hoist from falling out of it or from being trapped between any part of such cage and any fixed structure or other moving part of such hoist or from being struck by articles or materials falling down the hoist way on which such hoist is moving; and
 - ii) Is fitted on each of its side from which access is provided to a landing place with a gate which has efficient interlocking or other devices to secure so that such gate cannot be opened except when such cage is at a landing place and that such cage cannot be moved away from any such place until such gate is closed;

- b. Every gate in the hoist way enclosure of such hoist used for carrying persons shall be fitted with efficient interlocking or other devices to secure so that such gate cannot be opened except when the cage of such gate is at the landing place and that such cage cannot be moved away from the landing place until such gate is closed;
- c. In every hoist used for carrying building workers there are provided with suitable and efficient automatic devices to ensure that the cage of such hoist comes to rest at a point above the lowest point to which such cage may travel.

7.28. ATTACHMENT OF LOADS

- a. When a sling is used to hoist long materials, a lifting beam shall be used to space the sling legs for proper balance and when a load is suspended at two or more points with slings, the eyes of the lifting legs of such slings shall be shackled together and such shackled eyes of the shackled slings shall be placed on the hook or the eyes of such lifting legs shall be shackled directly to the hoisting block, ball or balance beam, as the case may be;
- b. Every container or receptacle used for raising or lowering stone, bricks tiles, slates or other similar objects shall be so enclosed with the hoist as to prevent the fall of such objects;
- c. A loaded wheel barrows placed directly on a platform of a hoist for raising or lowering of such wheel barrows shall be so secured that such wheel barrows cannot move and such platform shall be enclosed to prevent the fall of the contents kept in such wheel barrows;
- d. Landings of hoists shall be so designed and arranged that building workers on such hoist be not required to lean out into empty space for loading and unloading on any material from such hoist

7.29. TOWER CRANES

- a. No person other than the operator trained and capable to work at heights shall be employed to operate tower cranes;
- b. The ground on which a tower crane stands shall have adequate bearing capacity;
- c. Bases for tower cranes and trucks for rail mounted tower cranes shall be firm and leveled and such cranes erected at a reasonably safe distance from excavations and operated within gradient limits as specified by the manufacturer of such cranes;
- d. Tower cranes shall be sited where there is a clear space available for erection, operation and dismantling of such cranes;
- e. Tower cranes shall be sited in such a way that the loads on such cranes shall not be handled over any occupied premises, public thoroughfares, railways or near power cables, other than construction works for which such cranes are used;
- f. Where two or more tower cranes are sited and operated, every care shall be taken to ensure positive and proper communication between operators of such cranes to avoid any danger or dangerous occurrences;
- g. Tower cranes shall not be used for loading magnet, or demolition ball service, piling operation or other similar operations which could impose excessive load stresses on the crane structure of such cranes;

- h. The instruction of the manufacturer of a tower crane and standard safe practices regarding such cranes shall be followed while operating or using such cranes.

7.30. QUALIFICATION OF OPERATOR OF LIFTING WINCHES AND OF SIGNALER ETC.

- a. No person shall be employed to drive or operate a lifting appliance whether driven by mechanical power or otherwise or to give signals to driver of operator of such lifting appliance or to work as an operator of a rigger or derricks unless he is
 - i) Sufficiently competent and reliable;
 - ii) Possesses the knowledge of the inherent risks involved in the operation of lifting appliance;
 - iii) Medically examined periodically as specified and
 - iv) Is above eighteen years of age.