# Children's or Teenagers' Course Application Form for Dhamma Workers

or save and email to childrens-courses@mi.us.dhamma.org Please answer all questions fully.

Date of course From:		To:						
Location								
PLEASE PRINT NEATLY.	. All i	information will be kept strict	tly con	fidential.				
First Name			H	ome Phone				
Last Name			Ce	Cell Phone				
Street				mail Address				
City			G	ender	$\square$ M	F		
State/Province			A	ge				
Zip/Postal Code			Date of Birth					
Country			O	ccupation				
Please give details of vo	ur coi	urses with S.N. Goenka or an	v of hi	s assistant tea	chers:			
			,					
		Date		Location		To	eachers	
First course sat								
Last full time course sat								
Total number of 10 day co	ourse	s that you have Sat full time:		Served	full time:			
				_				
Other Courses Sat:								
Other Courses Served:								
Number of Children's Cou	ırses :							
Date!! of many transmit								
Detail of most recent Children's Course served	Date:		Location:					
	Teac	Teacher:		Your Role:				
	J		1					
		meditation techniques (inclu					Yes	No
or therapeutic or healing assistant teachers?	y tech	nniques since your last cours	e with	S.N. Goenka	or one of	his		
assistant teachers.								
If you place give details:								
If yes, please give details:								

Do you teach or practice on others?	Yes	□No
If yes, please give details:		
Have you maintained your practice of Vipassana meditation since your last course?	Yes	No
Have you maintained the five precepts since your last course?	Yes	□No
If no, please explain:		
Have you ever been convicted of a crime involving physical abuse or sexual misconduct?  If yes, please give details:	Yes	□No
Have you ever been the subject of an investigation regarding physical abuse or sexual misconduct?	Yes	□No
If yes, please give details:		
Details of any employment or life experiences you may have had working with children/teenagers:		
Do you have any physical health problems, medical conditions or diseases?  If yes, please give details (dates, symptoms, duration, treatment, present condition).	Yes	□No
Do you have, or have you ever had, any mental health problems such as significant depression or anxiety, panic attacks, manic depression, schizophrenia, etc?	Yes	□No
If yes, please give details (dates, symptoms, duration, hospitalization, treatment, present condition).		

Are you now taking, or have you taken within the last two years, any prescribed medication?	Yes	No
If yes, please give details (dates, types, dosage, present use).		
Are you now taking, or have you taken within the past two years, any alcohol or drugs (such as marijuana, amphetamines, barbiturates, cocaine, heroin, or other intoxicants)?	Yes	□No
If yes, please give details (dates, types, amounts, treatment, present use).		
I acknowledge that I have carefully read and understood the "Code of Conduct for Dham "Children's and Teens' Course Safety Guidelines" and I agree to abide by all the rules and regula the Center.		
I hereby certify that the above information is true to the best of my knowledge.		
Signature Date		
Check here if you are driving to the course and willing to be contacted by others seeking a ride		

## Children's and Teens' Course Safety Guidelines

These "Children's and Teens' Course Safety Guidelines" are set within the context of the "Dhamma Workers Code of Discipline" and should be followed with the same diligence to protect and preserve all participants during a children's or teens' course, as well as to preserve and protect the purity of the course and center atmosphere.

#### THE CODE OF DISCIPLINE

The principles set out in the "Code of Discipline" have been produced to ensure a peaceful, harmonious atmosphere during courses, conducive for all - children, teens and adults-to meditate.

The basis of the code of discipline is the five precepts that anyone of any age at a course or center are asked to follow:

- not to kill
- not to steal
- not to commit sexual misconduct
- not to lie
- not to take intoxicants

The goal of the following guidelines is to further ensure the welfare of children and teens while at children's or teens' course at either a center or non-center site and to insure that any suspicions of abuse or inappropriate conduct are responded to efficiently and effectively.

#### **GUIDANCE FOR SERVERS ON CHILDREN'S AND TEENS' GOURSES**

#### **Contact with Children**

- Any one-to-one work with children should be done in full view of others.
- All responsibilities involving the custodial care of children (e.g., contact in private or semi-private areas such as bedrooms and bathrooms) should be done in full view of others, and/or in pairs of adults.
- If in exceptional circumstances one-to-one contact cannot be avoided in more private areas, others should know about and support your actions (i.e., telling people before and after the event).
- Groups of children (three to six in number) should be attended to by assigned group leaders who are responsible for their care. However, in sleeping arrangements, adult group leaders should stay in a neighboring room whenever possible. If adult group leaders must sleep in the same room as the children, then the adults should only do so in pairs, not singly.
- In this Vipassana tradition, people are asked to refrain from physical contact with any other person while at meditation centers or during courses. However, it may sometimes be inevitable that physical contact between servers and children is required, such as when a child is injured or sick. Servers should ensure that any contact is for the benefit of the child and not the server and is not open to any misunderstanding.

### Confidentiality

Any information about children, such as contact details and other background information, problems and issues on a course, dietary requirements and medical needs should be kept confidential and shared only with others on a need-to-know basis.

#### Harm to Children

Should there be a suspicion or an accusation that any inappropriate conduct or harm (physical, sexual or emotional) has been done to a child while on a children's or teens' course, either as a result of an action by a server or another child then the conducting CCT must be informed as soon as possible, 24 hours at the latest, (and notes made about what happened). The CCT should then take appropriate action which may involve informing the relevant civil authorities, and the Area Teachers responsible for the center.

understand and	will follow the guid	elines outlined ar	nd described in thi	s document.	
Signed				Date	