

UNIVERSAL HUMAN VALUES

UNIT - 03

FAMILY

- basic unit or building block of human organisation.
- base for → appreciating, accepting, understanding and living in harmony.

4 ASPECTS OF RELATIONSHIP

1) Relationship b/w one self and another

- existing relationship - no need to create or build a relationship.
- should understand a relationship in order for us to fulfill it.
- self recognises relationship, not body.
- self gives meaning and relates.

2) There are feelings in a relationship

- feelings are in one's mind, not body.
- To understand relationship
 - one has to understand themselves
 - naturally acceptable feelings towards each other

3) These feelings can be Recognised - they are definite

- | | |
|-------------|-------------|
| • Trust | • Love |
| • Respect | • Reverence |
| • Affection | |
| • Care | |
| • Guidance | |
| • Glory | |
| • Gratitude | |

4) Fulfillment of feelings leads to mutual happiness

- we can understand
- give assurance
- share - leading to mutual fulfillment

APPRAISAL OF CURRENT STATUS

- assume ourselves to body
- we have to understand relationship and fulfill it
- Identify right feelings
- do not make up this gap by physical facility or demand these feelings from others.
- Trust is the foundational value in Relationship

INTENTION AND COMPETENCE

- we evaluate ourselves on the basis of our intention - acceptance
- we evaluate others based on their competence
- one fails to identify competence, they are then evaluated based on their intention
- when one doubts their intention feeling of opposition grows
- Generally, intention and competence are not seen separately
- when one lacks competence:
 - acceptance is missing
 - feeling of opposition
 - get angry
 - irritation
 - improve their competence
 - wrong assumption:
 - strangers cannot be trusted
 - never trust anyone
- when trust is there, one is able to see intention is same for all, to be happy and make others happy. Difference lies only in

level of competence.

- Trust assures acceptance
- Trust on intention is the beginning of mutual development and foundation of relationship.

RESPECT - right evaluation

- when a person is rightly evaluated - we feel respected
- when a person is not rightly evaluated - we feel disrespected.
- 3 ways of Disrespect:
 - Over evaluation - evaluating for more than what it is
 - Under evaluation - evaluating for less than what it is
 - Otherwise evaluation - evaluating for other than what it is.

MINIMUM CONTENT OF RESPECT

- Our purpose is same : intention to live with prosperity and happiness
- Our programme is same : achieve happiness , to understand and live in harmony at all levels of my being.
- Our potential is same : activities of desire , thought and expectation.
- * Others are similar to us , understanding us is the minimum content of respect for humans.

DISRESPECT FROM DISCRIMINATION

- on the basis of body
 - age , race , gender , physical strength
 - misunderstanding : human being = body
 - truth : human = co-existence of self + body

- On the basis of physical facility
 - wealth and post
 - misunderstanding : physical facility = happiness
 - truth : happiness is living in harmony
- On the basis of beliefs
 - socialism, capitalism, religionism
 - pre-conditioned that if the other matches, it is respectable, otherwise it is not.
 - understanding and acceptance is important.

COMPLEMENTORY AT THE LEVEL OF COMPETENCE

- It means how much potential one person has realized
- In terms of self - only competence differs.
- one may have understood more potential and the other would have understood less.
- the content is to see that the other is similar and we are complimentary only in terms of competence
 - eg : if they have more understanding , then are more responsible than I am
 - if self is more understanding , then I am more responsible
- other is similar in terms of program, potential & purpose.

NATURALLY ACCEPTABLE FEELINGS

AFFECTION :

- being related to another
- acceptance
- trust & respect are essential
- lack of affection - opposition or jealousy

CARE :

- responsibility to protect and nurture another
- affection automatically leads to responsibility.
- care at the level of emotion and body.

GUIDANCE :

- responsibility in ensuring of development of right understand & feeling.
- usually arises from care
- be aware of self to guide.

REVERENCE :

- feeling of acceptance of excellence
- excellence - happiness, completeness, harmony
- after achieving excellence, you would naturally make effort for helping others.
- In reality, we not only do not help, rather we hinder the other to reach.

GLORY : acceptance for those who have achieved excellence.

GRATITUDE : feeling of thankfulness for those who have helped you achieve excellence.

LOVE :

- starts from affection.
- it is a feeling of acceptance
- when affection expands it leads to love
- love is called complete value

ROLE OF PHYSICAL FACILITY

- It has a limited role
- To fulfill feeling of care, physical facility is only a symbolic role
- In response, conduct is definite, in reaction conduct is indefinite.

PARTICIPATION IN FAMILY

- To ensure right feelings - trust, respect, affection, care, guidance, glory, gratitude, love.
- Expressing this feeling with others - when one is able to make right evaluation it will lead to their mutual happiness, help each other in self-evaluation and self-development.

JUSTICE

- Evaluation of human-human relationship, leading to mutual happiness
- Recognition - natural acceptance
- Fulfillment - living with responsibility and efforts for mutual development.
- Evaluation - to have the right feeling and verify that the other identifies the same
- Justice begins from family and extends to the world
- Justice ensures comfort, assurance and happiness

HARMONY IN SOCIETY

- It is called a society only if it has families living together in a relationship of mutual fulfillment, or else it is a crowd or a battlefield.

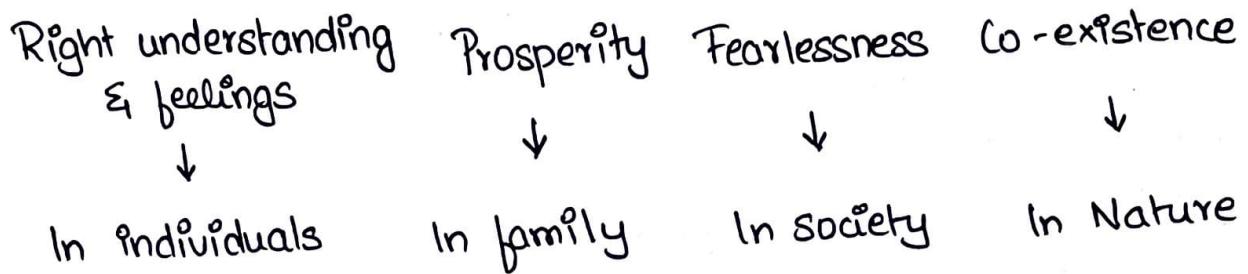
False Assumptions:

- money is everything
- happiness is accumulation of physical facility
- accumulation of more and more things to have an assumption of fulfillment.

Obsessions:

- consumption
- profit
- sensual pleasure

→ fearlessness, domination, exploitation, fear.



DIMENSIONS OF HUMAN ORDER

1. Education - sanskar : Right understanding & feeling.
2. Health - self regulation : prosperity.
3. Production : prosperity.
4. Justice : co-existence, fearlessness
5. Exchange, storage : prosperity & fearlessness

EDUCATION

- basic acceptance of harmony
- right understanding at all levels
- commitment, preparation and practice to live in harmony.
- living is expression of sanskar

HEALTH

- responsibility towards body, for nurturing, protection and right utilization
- body parts are in harmony, body is able to act according to instruction.

PRODUCTION - WORK

- work is effort of human beings and production is the physical facility obtained from work
- produce - cyclic and enriching process - eco friendly.
- justice to be ensured in relationship
- It should be people friendly
- nurture, protect, right utilization.

Resource Depletion

→ using natural resource at a rate which is greater than the rate at which it is produced in nature.

JUSTICE - PRESERVATION

- Recognition, fulfillment, evaluation
- Develop competence to understand justice
 - stop a person from doing further injustice
 - Help them develop competence
- Preservation - recognising human relationship with nature and fulfilling it.
 - enrichment, protection, right utilization

it ensures - prosperity, co-existence, trust, fearlessness.

EXCHANGE - STORAGE

- sharing for mutual fulfillment not for obsession of profit
- everyone can meet their needs
- storage is preserving physical facility after fulfillment so that it is available later when required.
- done with a view not to accumulate or exploit.

Family order \Rightarrow Family cluster \Rightarrow Village \Rightarrow Village cluster
 \Rightarrow Nation \Rightarrow World \Rightarrow Universal

- Goal is to prepare a child to participate and live in the universal order.