

<b>UNIVERSAL HUMAN VALUES</b>	
<b>Course Code: UHV38</b>	<b>Credits: 2:0:0</b>
<b>Pre – requisites: Nil</b>	<b>Contact Hours: 42L</b>
<b>Course Coordinator: Dr. Siddesh G M</b>	

## **Course content**

### **Unit I**

#### **Course Introduction - Need, Basic Guidelines, Content and Process for Value Education**

1. Understanding the need, basic guidelines, content and process for Value Education
  2. Self-Exploration–what is it? - its content and process; ‘Natural Acceptance’ and Experiential Validation- as the mechanism for self-exploration
  3. Continuous Happiness and Prosperity- A look at basic Human Aspirations
  4. Right understanding, Relationship and Physical Facilities- the basic requirements for fulfillment of aspirations of every human being with their correct priority
  5. Understanding Happiness and Prosperity correctly- A critical appraisal of the current scenario
  6. Method to fulfill the above human aspirations: understanding and living in harmony at various levels
- Pedagogy / Course delivery tools: Chalk and talk, Power point presentation, Videos.
  - Lab component / Practical Topics: Survey/polls for self-exploration
  - Links: Holistic Development and Role of Education <https://youtu.be/sGZfTPe-lhQ>

### **Unit II**

#### **Understanding Harmony in the Human Being - Harmony in Myself!**

1. Understanding human being as a co-existence of the sentient ‘I’ and the material ‘Body’
2. Understanding the needs of Self (‘I’) and ‘Body’ - Sukh and Suvidha
3. Understanding the Body as an instrument of ‘I’ (I being the doer, seer and enjoyer)
4. Understanding the characteristics and activities of ‘I’ and harmony in ‘I’
5. Understanding the harmony of I with the Body: Sanyam and Swasthya; correct appraisal of Physical needs, meaning of Prosperity in detail
6. Programs to ensure Sanyam and Swasthya

Practice Exercises and Case Studies will be taken up in Practice Sessions.

- Pedagogy / Course delivery tools: Chalk and talk, Power point presentation, Videos.
- Lab component / Practical Topics: Survey/polls for self-exploration
- Links: Harmony in Human Being- Self and Body <https://youtu.be/0ERSMkRPOBM>
- Links: Harmony in Human Being- Self <https://youtu.be/83oGJ4oDeIg>
- Links: Harmony between Self and Body Prosperity [https://youtu.be/aJ\\_BU2OgpKs](https://youtu.be/aJ_BU2OgpKs)

### Unit III

#### Understanding Harmony in the Family and Society- Harmony in Human-Human Relationship

1. Understanding Harmony in the family – the basic unit of human interaction
2. Understanding values in human-human relationship; meaning of *Nyaya* and program for its fulfillment to ensure *Ubhay-tripti*;
3. Trust (*Vishwas*) and Respect (*Samman*) as the foundational values of relationship
4. Understanding the meaning of *Vishwas*; Difference between intention and competence
5. Understanding the meaning of *Samman*, Difference between respect and differentiation; the other salient values in relationship
6. Understanding the harmony in the society (society being an extension of family):
7. *Samadhan*, *Samridhi*, *Abhay*, *Sah-astitva* as comprehensive Human Goals
8. Visualizing a universal harmonious order in society- Undivided Society (*Akhand Samaj*), Universal Order (*Sarvabhaum Vyawastha*)- from family to world family!

Practice Exercises and Case Studies will be taken up in Practice Sessions.

- Pedagogy / Course delivery tools: Chalk and talk, Power point presentation, Videos.
- Lab component / Practical Topics: Survey/polls for self-exploration
- Links: Harmony in Family- Trust <https://youtu.be/F2KVVW4WNnS8>
- Links: Harmony in family- Respect [https://youtu.be/iLqNRPUv0\\_8](https://youtu.be/iLqNRPUv0_8)
- Links: Harmony in family- Other Feeling Justice <https://youtu.be/TcYJB7reKnM>
- Links: Harmony in the Society <https://youtu.be/BkWgFinnPw>

## **Unit IV**

### **Understanding Harmony in the Nature and Existence - Whole existence as Co-existence**

1. Understanding the harmony in the Nature
2. Interconnectedness and mutual fulfillment among the four orders of nature- recyclability and self-regulation in nature
3. Understanding Existence as Co-existence (*Sah-astitva*) of mutually interacting units in all-pervasive space
4. Holistic perception of harmony at all levels of existence

Practice Exercises and Case Studies will be taken up in Practice Sessions.

- Pedagogy / Course delivery tools: Chalk and talk, Power point presentation, Videos.
- Lab component / Practical Topics: Survey/polls for self-exploration
- Links: Harmony in Nature: [https://youtu.be/K1Jpd\\_ojydw](https://youtu.be/K1Jpd_ojydw)
- Links: Harmony in Existence: [https://youtu.be/mormUeZ\\_RUE](https://youtu.be/mormUeZ_RUE)

## **Unit V**

### **Implications of the above Holistic Understanding of Harmony on Professional Ethics**

1. Natural acceptance of human values
2. Definitiveness of Ethical Human Conduct
3. Basis for Humanistic Education, Humanistic Constitution and Humanistic Universal Order
4. Competence in professional ethics:
  - Ability to utilize the professional competence for augmenting universal human order
  - Ability to identify the scope and characteristics of people-friendly and eco-friendly production systems,
  - Ability to identify and develop appropriate technologies and management patterns for above production systems.
5. Case studies of typical holistic technologies, management models and production systems
6. Strategy for transition from the present state to Universal Human Order:
  - At the level of individual: as socially and ecologically responsible engineers, technologists and managers
  - At the level of society: as mutually enriching institutions and organizations

## Suggested Learning Resources:

- Pedagogy / Course delivery tools: Chalk and talk, Power point presentation, Videos.
- Lab component / Practical Topics: Survey/polls for self-exploration

## Text Books:

1. **R.R Gaur, R Sangal, G P Bagaria**, A foundation course in Human Values and professional Ethics, Excel books, New Delhi, 2010, ISBN 978-8-174-46781-2

## Reference Books:

1. **B L Bajpai**, 2004, *Indian Ethos and Modern Management*, New Royal Book Co., Lucknow. Reprinted 2008.
2. **PL Dhar, RR Gaur**, 1990, *Science and Humanism*, Commonwealth Publishers.
3. **Sussan George**, 1976, *How the Other Half Dies*, Penguin Press. Reprinted 1986, 1991
4. **Ivan Illich**, 1974, *Energy & Equity*, The Trinity Press, Worcester, and HarperCollins, USA
5. **Donella H. Meadows, Dennis L. Meadows, Jorgen Randers**, William W. Behrens III, 1972, *limits to Growth*, Club of Rome's Report, Universe Books.
6. **Subhas Palekar**, 2000, *How to practice Natural Farming*, Pracheen(Vaidik) Krishi Tantra Shodh, Amravati.
7. **A Nagraj**, 1998, *Jeevan Vidya ek Parichay*, Divya Path Sansthan, Amarkantak.
8. **E.F. Schumacher**, 1973, *Small is Beautiful: a study of economics as if people mattered*, Blond & Briggs, Britain.
9. **A.N. Tripathy**, 2003, *Human Values*, New Age International Publishers.

## Web links and Video Lectures (e-Resources):

1. [https://www.youtube.com/channel/UCQxWr5QB\\_eZUnwxSwxXEkQw](https://www.youtube.com/channel/UCQxWr5QB_eZUnwxSwxXEkQw)
2. <https://www.youtube.com/watch?v=P4vjfE-YnVk&list=PLWDeKF97v9SP7wSlapZcQRrT7OH0ZIGC4>
3. **Course handouts:**  
[https://drive.google.com/drive/folders/1zioX\\_4L2fCNX4Agw282PN86pcZZT3Osr?usp=sharing](https://drive.google.com/drive/folders/1zioX_4L2fCNX4Agw282PN86pcZZT3Osr?usp=sharing)
4. **Presentation slides:**  
[https://drive.google.com/drive/folders/1rMUKh1s0HPRBlpp\\_b1mpS-duNRcwS6YH?usp=sharing](https://drive.google.com/drive/folders/1rMUKh1s0HPRBlpp_b1mpS-duNRcwS6YH?usp=sharing)

### Course Outcomes (COs):

At the end of the course, Students will be able to:

1. Apprehend the need of Value Education over Human aspirations (PO-6)
2. Assimilate Harmony over the physical needs and to overcome the self- needs for a prosperous life. (PO-6)
3. Recognize the need of Harmony in the Family and Society for a better World. (PO-6)
4. Explain the need of mutual understanding for Holistic Harmony in all the Levels of Human Existence. (PO-6)
5. Explain the Holistic understanding of Harmony and Professional Ethics at Individual Level and Society. (PO-6, PO-8)

### Course Assessment and Evaluation:

Continuous Internal Evaluation (CIE)		
Assessment Tool	Marks	Course outcomes addressed
Internal test-I	30	CO1, CO2, CO3
Internal test-II	30	CO3, CO4, CO5
Average of the two internal tests will be taken for 30 marks.		
Other components		
<ul style="list-style-type: none"><li>● Assignment</li><li>● Quiz</li><li>● Presentation</li><li>● Model / mini project</li><li>● Any other</li></ul>	20 (10 + 10)	CO1, CO2, CO3, CO4, CO5
Semester End Examination (SEE)	100	CO1, CO2, CO3, CO4, CO5