## Maxillary blocks

Block	Area affected	Needle	Depth	Volume	Landmark and orientation	Image
Supra periosteal injection Local infiltration	-Pulp: 1~2 teeth adjacent to injection site -Soft tissue: buccal side injection area -Bone: buccal side injection area	27 short	5 mm	0.6 mL 1/3 cart	-Target: tooth apex -Insert: height of vestibule over the tooth -Point the needle parallel to long axis of tooth -Needle tip should be at the tooth apex -Aspirate (1% positive)	Pro est
Posterior superior alveolar neve block	-Pulp: 1st, 2nd, 3rd molar. Misses MB part of 1st molar 28% of the time -Soft tissue: buccal side molar area -Bone: buccal side molar area	25 short 27 short	16 mm	0.9 mL ~1.8 mL 1/2~1 cart	-Target: pterygomaxillary space -Insert: height of vestibule over 2 <sup>nd</sup> molar -Point the needle 45° inwards, backwards, upward direction -Bevel towards bone -Aspirate x 2 (3% positive)	La Same
Infraorbital nerve block Anterior superior alveolar nerve block		25 long 27 short e: infraorbita is the same a			-Target: infraorbital foramen -Insert: height of vestibule over 1st premolar (just like infiltration) -Palpate infraorbital foramen (IOF) -Insert needle until bone contacted -Bevel towards bone -Aspirate x 2 (0.7% positive) -Apply finger pressure to force anesthetic into the IOF	Note: extraoral approach is possible too (directly into foramen)
Greater palatine nerve block	-Posterior hard palate -Anterior border: mesial first premolar -Up to the mid line	27 short	Until bone felt	0.45 mL ~0.6 mL SLOWLY	-Target: greater palatine nerve -Insert: anterior to the greater palatine foramen (to find the foramen, press a swab at 1st molar and move posteriorly until a depression is felt) -Blanching pressure anesthesia on the foramen -Bevel towards soft tissue -Aspirate (<1% positive)	N CONTROL OF STREET OF STR
Nasopalatine nerve block	-Anterior hard palate -Posterior border: mesial first premolar -"Canine to canine freezing"	27 short	Until bone felt (<5 mm)	0.45 mL SLOWLY	-Target: incisive foramen -Insert: just lateral to incisive papilla at an angle -Blanching pressure anesthesia on the papilla -Advance until bone is felt then withdraw 1 mm -Aspirate (<1% positive)	CANADA SAN
AMSA *did not go in detail about this block*	-Anterior middle superior alveolar nerve block -Pulp: centrals, canines, premolars -Soft tissue: buccal tissue on these teeth, and palatal tissue up to midline	27 short	Until bone felt	1.8 mL SLOWLY	-Target: imaginary line drawn from 1st/2nd premolar contacts to midline on mid-hard palate -Blanch pressure anesthesia on palate -Will work by diffusing through bone -Aspirate (<1% positive)	
V2 nerve block	-Freezes the entire side of the maxilla before V2 branches into ASA, MSA, PSA High tuberosity approach -High tuberosity approach -High risk of hematoma			Greater palatine canal approach -Can break needle if canal is not straight -Need to insert at least 2/3 of needle -47.6% obstruction, 31.7% passed into orbit, 8.7% passed into the brain		Complications -Proptosis (bulging eye) -Penetration of orbit and nasal cavity -Blindness due to vasoconstriciton of opthalamic artery or spread of infection

## Mandibular blocks

Block	Area affected	Needle*	Depth	Volume	Landmark and orientation	Image
Inferior	-Pulp: mandibular teeth to	25 long	20	1.5 mL	-Target: IA nerve before it enters the mandibular foramen	
alveolar	midline		mm		-Insert: slightly medial to the mandibular ramus	
nerve	-Soft tissue:		~25		-Place a finger on coronoid notch (area of greatest concavity)	
block	-Anterior 2/3 of tongue = lingual n.		mm		-Finger should be parallel to occlusal plane	
	-Floor of mouth = lingual n.				-Height of insertion = mid-height of the finger	
	-Lingual tissue/periosteum = lingual n.		Until		-Between the fingertip and the pterygopalatine raphe, insert	
	-Buccal: from tooth 1 to 5		bone		about mid-way between these points	
	-Bone:		felt		-Insert until bone is contacted, then withdraw 1 mm	
	-Body of mandible = mental n.				-Whole needle goes in = likely in parotid → move anteriorly	
	-Supporting bone				-Bone contacted early = move posteriorly	
1	C-ft ti	25 1	I I - A'I	0.21	-Aspirate x 2 (10~15% positive)	
Long	-Soft tissue and periosteum	25 long	Until	0.3 mL	-Save 1/4 of cartridge from IAN for this block	
buccal nerve	adjacent to the mandibular molar teeth		bone felt		-Target: buccal nerve passing over border of ramus -Insert: mucosa distal and buccal to the last molar. Height of	
block	inolal teeth		Teit		insert. Indeesa distal and buccal to the last molar. Height of insertion is at the height of the occlusal plane	
DIOCK					-Keep the thumb in the same area as IAN	
					-Aspirate x 2 (0.7% positive)	ha ha
Gow	-Inferior alveolar nerve	25 long	25	1.8 mL	-Target: lateral aspect of the anterior condyle (V3)	
Gates	-Lingual nerve	27 long	mm	1.0 111L	-Tell patient to open as wide as possible to bring the condyle	
block	-Auriculotemporal nerve	27 10116	~30		forward and make it easier to reach	
DIOCK	-Mylohyoid nerve		mm		-Condyle is palpated with the fingers while the thumb retracts	
	-Long buccal nerve (75% of the				the cheek	
	time)		Until		-Introduce the needle starting from the contralateral canine	E E
	·		bone		-Insert by the distobuccal cusp of the 2 <sup>nd</sup> molar	
			felt		-Bone must be contacted to ensure it is not at the TMJ	
					-Aspirate x 2 (2% positive)	EST MEETING
Akinosi-	-Inferior alveolar nerve	25 long	25	1.8 mL	-Used in uncooperative children or patients with trismus	
Varizani	-Lingual nerve		mm		-Target: V3 on lingual side of ramus (just superior to lingula)	5-
block	-Long buccal nerve				-Insert: medial side of ramus at the height of vestibule	
					adjacent to the last molar	
					-Only mandibular injection that doesn't contact bone	
					-Insert ½ the M-D thickness of ramus. It is 25 mm in adults, but	
					will be smaller in children	
					-Another way to measure depth: hub of needle should be next to the mesial aspect of the 2 <sup>nd</sup> molar	
					-Aspirate x 2 (<10% positive)	
					7.5pirate X 2 ( 11070 positive)	
Incisive	-Pulp: incisors, canines,	27 short		0.6 mL	-Target: mental nerve exiting the mental foramen	
nerve	premolars (best for premolars),	-Intra-foramenal injection has better anesthesia, but 12% risk of post-op issues			-Insert: floor of vestibule anterior or at the level of the mental	
block	but only for 25 minutes				foramen (approximately under the 1st premolar) -Applying finger pressure and forcing anesthetic into the	
	-Buccal mucous membrane					
	anterior to the mental foramen	(paresthesia	for 4 days	, lip	foramen is not necessary, as it does not statistically improve	3 4
	up to the midline, lip, chin	pain for 4 mo	,		anesthesia	
		-Conclusion: foramenal in		or intra	-Aspirate (5.7% positive)	
		ioramenalin	jection	<u> </u>		