

# Ananthan Ambikairajah

Neuroscientist. Educator. Science Communicator.

✉ [a.ambikairajah@canberra.edu.au](mailto:a.ambikairajah@canberra.edu.au) 🌐 [ananthanambikairajah.com](http://ananthanambikairajah.com)

## MEDIA APPEARANCES - TV

<b>ABC Live News</b>	2019
<i>Australian Broadcasting Corporation</i>	
<a href="#">Video</a>	
<b>Nine News Canberra</b>	2019
<i>Nine News Canberra</i>	
<a href="#">Video</a>	
<b>UNSW TV - "Meet Ian Jacobs"</b>	2015
<i>University of New South Wales TV</i>	
<a href="#">Video</a>	
<b>UNSW TV - "Using genetic mutations to help blood disorders"</b>	2015
<i>University of New South Wales TV</i>	
<a href="#">Video</a>	
<b>STHS - "Ananthan Ambikairajah"</b>	2015
<i>Sydney Technical High School</i>	
<a href="#">Video</a>	
<b>UNSW TV - "O-Week 2015 - Enjoy the Ride!"</b>	2015
<i>University of New South Wales TV</i>	
<a href="#">Video</a>	
<b>UNSW Science - "UNSW Wavelength - Open Day 2015"</b>	2015
<i>University of New South Wales</i>	
<a href="#">Video</a>	
<b>About UNSW - "Why UNSW?"</b>	2015
<i>University of New South Wales</i>	
<a href="#">Video</a>	
<b>UNSW TV - "Couch Roboteers!"</b>	2015
<i>University of New South Wales</i>	
<a href="#">Video</a>	
<b>Think Inc - "An evening with Dr Ben Goldacre"</b>	2015
<i>Think Inc.</i>	

<b>UNSW Science - "UNSW Wavelength - Astrophysicist talk Tim Tams and time"</b>	2015
<i>University of New South Wales</i>	
<a href="#">Video</a>	
<b>UNSW Science - "UNSW Wavelength - BABSFEST video competition"</b>	2015
<i>University of New South Wales</i>	
<a href="#">Video</a>	
<b>About UNSW - "Postgraduate Information Sessions"</b>	2015
<i>University of New South Wales</i>	
<a href="#">Video</a>	
<b>MEDIA APPEARANCES - PRINT</b>	
<b>Academic Spotlight - Ananthan Ambikairajah</b>	2021
<i>BroadAgenda</i>	
<a href="#">Article</a>	
<b>ANU - "Brains and bellies: In menopause, bigger can sometimes mean better"</b>	2020
<i>The Australian National University</i>	
<a href="#">Article</a>	
<b>AFR - "As the belly expands with age, the memory may shrink"</b>	2020
<i>Australian Financial Review</i>	
<a href="#">Article</a>	
<b>Canberra Weekly - "Obesity and Alzheimer's linked to same part of brain: study"</b>	2020
<i>Newstate Media</i>	
<a href="#">Article</a>	
<b>City News - "Study finds 'surprising' link between obesity and the brain"</b>	2020
<i>City News</i>	
<a href="#">Article</a>	
<b>YourLifeChoices - "Australian researchers discover link between weight and Alzheimer's"</b>	2020
<i>YourLifeChoices</i>	
<a href="#">Article</a>	
<b>ANU - "Obesity linked to part of the brain damaged by Alzheimer's"</b>	2020
<i>The Australian National University</i>	
<a href="#">Article</a>	
<b>SMH - "Women have higher 'bad cholesterol' after menopause"</b>	2019
<i>Sydney Morning Herald</i>	
<a href="#">Article</a>	
<b>The Canberra Times - "Cholesterol levels higher in older women"</b>	2019
<i>The Canberra Times</i>	

[Article](#)

**ANU - "Cholesterol levels increase in postmenopausal women"** 2019  
*The Australian National University*

[Article](#)

**UPI - "Study: Postmenopausal women have higher bad cholesterol levels"** 2019  
*United Press International*

[Article](#)

**ABC News - "Menopause shifts fat to the waistline, but doesn't cause weight gain, study finds"** 2019  
*Australian Broadcasting Corporation*

[Article](#)

**AFR - "Women of a certain age should watch their shape more than their weight"** 2019  
*Australian Financial Review*

[Article](#)

**SMH - "Study highlights importance of healthy lifestyle during menopause"** 2019  
*Sydney Morning Herald*

[Article](#)

**The Australian - "Changed shape of menopause risk"** 2019  
*The Australian*

[Article](#)

**ANU - "Menopause 'not the cause of midlife weight gain' in women"** 2019  
*The Australian National University*

[Article](#)

**STHS - "Ex Techie leads important health study"** 2019  
*Sydney Technical High School*

[Article](#)

**Univadis - "Menopause is associated with changes in fat distribution"** 2019  
*Univadis*

[Article](#)

**Medical Xpress - "Menopause 'not the cause of midlife weight gain' in women"** 2019  
*Medical Xpress*

[Article](#)

**City News - "Study: Menopause isn't the cause of weight gain"** 2019  
*City News*

[Article](#)

## MEDIA APPEARANCES - RADIO/PODCASTS

### Midnight Conversations

2018 to date

*Midnight Conversations*

[Audio](#)

### Breakfast with Lish Fejer

2022

*Australian Broadcasting Corporation Radio Canberra*

[Audio](#)

### Afternoons with Georgia Stynes

2022

*Australian Broadcasting Corporation Radio Canberra*

[Audio](#)

### 2CC - Sunday Roast with Rod Henshaw and Ian Meikle

2020

2CC

### ABC National Radio with Richelle Hunt

2019

*Australian Broadcasting Corporation Radio Melbourne*

[Audio](#)

### The Pod "Ananthan Ambikairajah Featuring Comedian Fiona O'Loughlin"

2013

*Arc at University of New South Wales*

### The Pod "Ananthan Ambikairajah Featuring Comedian Wil Anderson"

2013

*Arc at University of New South Wales*

### The Pod "Ananthan Ambikairajah Featuring Honorary Guest Comedian Sammy J"

2013

*Arc at University of New South Wales*

### The Pod "Ananthan Ambikairajah Featuring Comedian Sammy J"

2013

*Arc at University of New South Wales*

## INVITED TALKS, GUEST LECTURES AND PUBLIC SPEAKING

### Rapid Fire Research Competition hfill 2022

*The University of Canberra - Faculty of Health*

### Speaker - PhD Exit Seminar

2020

*Research School of Population Health*

[Video](#)

### Guest Lecturer - R Workshop "Simple and Generalised Linear Models"

2019

*Research School of Biology*

### Guest Lecturer - RSPH Early Career Researcher's R Workshop

2019

*Research School of Population Health*

### Guest Speaker - RSPH PhD Induction

2019

*Research School of Population Health*

### Guest Speaker - RSPH Seminar Series

2019

*Research School of Population Health*

**Guest Speaker - Research Showcase “Ageing and Brain Health”** 2018

*Australian Association of Gerontology*

**Guest Speaker for the 106th Annual Speech Day** 2018

*Sydney Technical High School*

[Video](#)

**Careers in Science Conference - Guest Speaker and Moderator** 2017

*University of New South Wales - Science*

[Video](#)

**Guest Lecturer for SCIF1131** 2016

*University of New South Wales - Science Learning and Teaching Unit*

**Opening Address for An Evening With Dr Lisa Randall** 2016

*Think Inc.*

**Farewell Address for Class of 2015** 2015

*Sydney Technical High School*

[Video](#)

**Science Faculty Commencement Address** 2015

*University of New South Wales*

[Video](#)

**Guest Speaker for The Big Picture Program** 2014 - 2016

*University of New South Wales*

[Video](#)

**Speaker for UNSW Leadership Program - The Hub** 2013

*University of New South Wales*

**Compere for the NSW Educational Ceremony for the Regional Director** 2010

*New South Wales Education*