

# Dr Ananthan Ambikairajah

Neuroscientist. Educator. Science Communicator.

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## MEDIA APPEARANCES - TELEVISION

**ABC National News** 2025

*Australian Broadcasting Corporation*

[Video](#)

**ABC National News** 2019

*Australian Broadcasting Corporation*

[Video](#)

**Nine News Canberra** 2019

*Nine News Canberra*

[Video](#)

## MEDIA APPEARANCES - PRINT

**ABC News - "Some dementia patients wait five years for a diagnosis, new research shows"** 2025

*Australian Broadcasting Corporation*

[Article](#)

**UC research reveals three to five years' wait time for critical dementia diagnosis** 2025

*University of Canberra*

[Article](#)

**At the University of Canberra, early career researchers are emerging leaders in diverse fields – striving for impact in the capital region and beyond. As UC celebrates the Research Festival 2024 from 31 October to 28 November, meet some of the researchers who are destined for big things.** 2024

*University of Canberra*

[Article](#)

**UC launches CARAT: an innovative multi-faceted centre to research and advocate for the rights, respect, care and recognition of older people** 2024

*University of Canberra*

[Article](#)

**Poor sleep can impact brain health: ANU study** 2023

*Australian National University*

[Article](#)

**Academic Spotlight - Ananthan Ambikairajah** 2021

*BroadAgenda*

[Article](#)

**ANU - "Brains and bellies: In menopause, bigger can sometimes mean better"** 2020

*The Australian National University*

[Article](#)

**AFR - "As the belly expands with age, the memory may shrink"** 2020

*Australian Financial Review*

[Article](#)

**Canberra Weekly - "Obesity and Alzheimer's linked to same part of brain: study"** 2020

*Newstate Media*

[Article](#)

**City News - "Study finds 'surprising' link between obesity and the brain"** 2020

*City News*

[Article](#)

**YourLifeChoices - "Australian researchers discover link between weight and Alzheimer's"** 2020

*YourLifeChoices*

[Article](#)

**ANU - "Obesity linked to part of the brain damaged by Alzheimer's"** 2020

*The Australian National University*

[Article](#)

**SMH - "Women have higher 'bad cholesterol' after menopause"** 2019

*Sydney Morning Herald*

[Article](#)

**The Canberra Times - "Cholesterol levels higher in older women"** 2019

*The Canberra Times*

[Article](#)

**ANU - "Cholesterol levels increase in postmenopausal women"** 2019

*The Australian National University*

[Article](#)

**UPI - "Study: Postmenopausal women have higher bad cholesterol levels"** 2019

*United Press International*

[Article](#)

**ABC News - "Menopause shifts fat to the waistline, but doesn't cause weight gain, study finds"** 2019

*Australian Broadcasting Corporation*

[Article](#)

**AFR - "Women of a certain age should watch their shape more than their weight"** 2019

*Australian Financial Review*

[Article](#)

**SMH - "Study highlights importance of healthy lifestyle during menopause"** 2019

*Sydney Morning Herald*

[Article](#)

**The Australian - "Changed shape of menopause risk"**

2019

*The Australian*

[Article](#)

**ANU - "Menopause 'not the cause of midlife weight gain' in women"**

2019

*The Australian National University*

[Article](#)

**Univadis - "Menopause is associated with changes in fat distribution"**

2019

*Univadis*

[Article](#)

**Medical Xpress - "Menopause 'not the cause of midlife weight gain' in women"**

2019

*Medical Xpress*

[Article](#)

**City News - "Study: Menopause isn't the cause of weight gain"**

2019

*City News*

[Article](#)

## **MEDIA APPEARANCES - RADIO/PODCASTS**

**Midnight Conversations**

2018 to date

*Midnight Conversations*

[Audio](#)

**Canberra Mornings with Saskia Mabin**

2025

*Australian Broadcasting Corporation Radio Canberra*

[Audio](#)

**ABC Radio National News Bulletin**

2025

*Australian Broadcasting Corporation Radio National*

Audio available upon request

**Breakfast at 2CC with Stephen Cenatiempo**

2025

*2CC*

Audio available upon request

**Mix 106.3 FM News Bulletin**

2025

*Mix 106.3*

Audio available upon request

**Hit 104.7 FM News Bulletin**

2025

*Hit 104.7*

Audio available upon request

<b>Afternoons with Adrienne Francis</b>	2025
<i>Australian Broadcasting Corporation Radio Canberra</i>	
<a href="#">Audio</a>	
<b>Canberra FM News Bulletin</b>	2024
<i>Amplify CBR</i>	
<b>Mornings with Georgia Stynes</b>	2024
<i>Australian Broadcasting Corporation Radio Canberra</i>	
<a href="#">Audio</a>	
<b>ABC Radio National Interview</b>	2024
<i>Australian Broadcasting Corporation Radio National</i>	
Audio available upon request	
<b>ABC Radio National News Bulletin</b>	2024
<i>Australian Broadcasting Corporation Radio National</i>	
Audio available upon request	
<b>Breakfast with Lish Fejer</b>	2022
<i>Australian Broadcasting Corporation Radio Canberra</i>	
<a href="#">Audio</a>	
<b>Afternoons with Georgia Stynes</b>	2022
<i>Australian Broadcasting Corporation Radio Canberra</i>	
<a href="#">Audio</a>	
<b>2CC - Sunday Roast with Rod Henshaw and Ian Meikle</b>	2020
2CC	
<b>ABC National Radio with Richelle Hunt</b>	2019
<i>Australian Broadcasting Corporation Radio Melbourne</i>	
<a href="#">Audio</a>	
<b>INVITED TALKS, GUEST LECTURES/WORKSHOPS AND EVENTS</b>	
<b>GenAI Workshop for NSW HETI</b>	2025
<i>NSW Health Education and Training</i>	
<b>OSP Seminar - Stories and Statistics</b>	2025
<i>University of Canberra</i>	
<a href="#">Video</a>	
<b>Invited Speaker - Faculty of Health Generative Artificial Intelligence Community of Practice: Reflections and the Road Ahead.</b>	2025
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	
<b>Chair - Panel discussion on GenAI</b>	2025
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	

<b>GenAI Workshop for FoH Professional Staff</b>	2025
<i>University of Canberra - Faculty of Health</i>	
<b>Invited Speaker - From Stand-Up Comedy to Academia: My Journey in Science Communication</b>	2025
<i>University of Canberra - HEAL National Research Network's Future Leaders School</i>	
<a href="#">Video</a>	
<b>Invited Speaker - Towards a comprehensive predictive model of brain health and dementia risk</b>	2025
<i>Australian National University - National Centre for Epidemiology and Population Health</i>	
<a href="#">Video</a>	
<b>Invited Speaker - Generative Artificial Intelligence at University of Canberra, Faculty of Health Community of Practice.</b>	2025
<i>University of Technology Sydney - GenAI-ENHANCE UTS Faculty of Health Summit</i>	
<b>Life of a CBRn Pop-up exhibition</b>	2024
<i>University of Canberra</i>	
<b>Invited Speaker to the Tertiary Counsellors Meeting - The Role and Use of AI in Tertiary Education</b>	2024
<i>University of Canberra - Medical and Counselling</i>	
<b>Invited Speaker - Investigating Brain Health Risk Factors using Big Data Analysis</b>	2024
<i>Active Brain Research Group - University of Canberra</i>	
<b>Online GenAI Workshop for FoH Staff</b>	2024
<a href="#">Materials</a>	
<i>University of Canberra - Faculty of Health</i>	
<b>GenAI Workshop for FoH Staff</b>	2024
<i>University of Canberra - Faculty of Health</i>	
<b>Invited Speaker - From FRONTIER to Frontier: Investigating Brain Health Risk Factors using Big Data Analysis</b>	2024
<i>Frontotemporal Dementia Research Group (FRONTIER) - University of Sydney Brain and Mind Centre</i>	
<a href="#">Video</a>	
<b>Invited Speaker - FoH GenAI: Exploring Usage, Needs and Expertise in the Faculty of Health at the University of Canberra</b>	2024
<i>University of Technology Sydney</i>	
<b>CARAT Faculty of Health Winter Showcase</b>	2024 to 2025
<i>University of Canberra - Faculty of Health</i>	
<b>Invited Speaker - FoH GenAI: Exploring Usage, Needs and Expertise</b>	2024
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	
<b>Panel Member - Panel discussion on GenAI</b>	2024
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	
<b>Chair - Panel discussion on Imposter Syndrome</b>	2024

*Canberra Health Annual Research Meeting (CHARM)*

**Invited Speaker - Science Communication**

2024

*Femilab*

**Invited Speaker - R and Git Workflow**

2023

*Femilab*

**Rapid Fire Research Competition**

2022 to 2024

*The University of Canberra - Faculty of Health*

**Speaker - PhD Exit Seminar**

2020

*Research School of Population Health*

[Video](#)

**Guest Lecturer - R Workshop “Simple and Generalised Linear Models”**

2019

*Research School of Biology*

**Guest Lecturer - RSPH Early Career Researcher’s R Workshop**

2019

*Research School of Population Health*

**Guest Speaker - RSPH PhD Induction**

2019

*Research School of Population Health*

**Guest Speaker - RSPH Seminar Series**

2019

*Research School of Population Health*

**Guest Speaker - Research Showcase “Ageing and Brain Health”**

2018

*Australian Association of Gerontology*