

Dr Ananthan Ambikairajah

Neuroscientist. Educator. Science Communicator.

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MEDIA APPEARANCES - TELEVISION

ABC National News

2025

Australian Broadcasting Corporation

[Video](#)

ABC National News

2019

Australian Broadcasting Corporation

[Video](#)

Nine News Canberra

2019

Nine News Canberra

[Video](#)

MEDIA APPEARANCES - PRINT

ABC News - "Some dementia patients wait five years for a diagnosis, new research shows" 2025

Australian Broadcasting Corporation

[Article](#)

UC research reveals three to five years' wait time for critical dementia diagnosis 2025

University of Canberra

[Article](#)

At the University of Canberra, early career researchers are emerging leaders in diverse fields – striving for impact in the capital region and beyond. As UC celebrates the Research Festival 2024 from 31 October to 28 November, meet some of the researchers who are destined for big things. 2024

University of Canberra

[Article](#)

UC launches CARAT: an innovative multi-faceted centre to research and advocate for the rights, respect, care and recognition of older people 2024

University of Canberra

[Article](#)

Poor sleep can impact brain health: ANU study 2023

Australian National University

[Article](#)

Academic Spotlight - Ananthan Ambikairajah 2021

BroadAgenda

[Article](#)

ANU - "Brains and bellies: In menopause, bigger can sometimes mean better" 2020

The Australian National University

[Article](#)

AFR - "As the belly expands with age, the memory may shrink"

2020

Australian Financial Review

[Article](#)

Canberra Weekly - "Obesity and Alzheimer's linked to same part of brain: study"

2020

Newstate Media

[Article](#)

City News - "Study finds 'surprising' link between obesity and the brain"

2020

City News

[Article](#)

YourLifeChoices - "Australian researchers discover link between weight and Alzheimer's"

2020

YourLifeChoices

[Article](#)

ANU - "Obesity linked to part of the brain damaged by Alzheimer's"

2020

The Australian National University

[Article](#)

SMH - "Women have higher 'bad cholesterol' after menopause"

2019

Sydney Morning Herald

[Article](#)

The Canberra Times - "Cholesterol levels higher in older women"

2019

The Canberra Times

[Article](#)

ANU - "Cholesterol levels increase in postmenopausal women"

2019

The Australian National University

[Article](#)

UPI - "Study: Postmenopausal women have higher bad cholesterol levels"

2019

United Press International

[Article](#)

ABC News - "Menopause shifts fat to the waistline, but doesn't cause weight gain, study finds"

2019

Australian Broadcasting Corporation

[Article](#)

AFR - "Women of a certain age should watch their shape more than their weight"

2019

Australian Financial Review

[Article](#)

SMH - "Study highlights importance of healthy lifestyle during menopause"

2019

Sydney Morning Herald

[Article](#)

The Australian - "Changed shape of menopause risk"

2019

The Australian

[Article](#)

ANU - "Menopause 'not the cause of midlife weight gain' in women"

2019

The Australian National University

[Article](#)

Univadis - "Menopause is associated with changes in fat distribution"

2019

Univadis

[Article](#)

Medical Xpress - "Menopause 'not the cause of midlife weight gain' in women"

2019

Medical Xpress

[Article](#)

City News - "Study: Menopause isn't the cause of weight gain"

2019

City News

[Article](#)

MEDIA APPEARANCES - RADIO/PODCASTS

Midnight Conversations

2018 to date

Midnight Conversations

[Audio](#)

Canberra Mornings with Saskia Mabin

2025

Australian Broadcasting Corporation Radio Canberra

[Audio](#)

ABC Radio National News Bulletin

2025

Australian Broadcasting Corporation Radio National

Audio available upon request

Breakfast at 2CC with Stephen Cenatiempo

2025

2CC

Audio available upon request

Mix 106.3 FM News Bulletin

2025

Mix 106.3

Audio available upon request

Hit 104.7 FM News Bulletin

2025

Hit 104.7

Audio available upon request

Afternoons with Adrienne Francis	2025
<i>Australian Broadcasting Corporation Radio Canberra</i>	
Audio	
Canberra FM News Bulletin	2024
<i>Amplify CBR</i>	
Mornings with Georgia Stynes	2024
<i>Australian Broadcasting Corporation Radio Canberra</i>	
Audio	
ABC Radio National Interview	2024
<i>Australian Broadcasting Corporation Radio National</i>	
Audio available upon request	
ABC Radio National News Bulletin	2024
<i>Australian Broadcasting Corporation Radio National</i>	
Audio available upon request	
Breakfast with Lish Fejer	2022
<i>Australian Broadcasting Corporation Radio Canberra</i>	
Audio	
Afternoons with Georgia Stynes	2022
<i>Australian Broadcasting Corporation Radio Canberra</i>	
Audio	
zCC - Sunday Roast with Rod Henshaw and Ian Meikle	2020
<i>zCC</i>	
ABC National Radio with Richelle Hunt	2019
<i>Australian Broadcasting Corporation Radio Melbourne</i>	
Audio	
INVITED TALKS, GUEST LECTURES/WORKSHOPS AND EVENTS	
GenAI Workshop for NSW HETI	2025
<i>NSW Health Education and Training</i>	
OSP Seminar - Stories and Statistics	2025
<i>University of Canberra</i>	
Video	
Invited Speaker - Faculty of Health Generative Artificial Intelligence Community of Practice: Reflections and the Road Ahead.	2025
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	
Chair - Panel discussion on GenAI	2025
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	

GenAI Workshop for FoH Professional Staff	2025
<i>University of Canberra - Faculty of Health</i>	
Invited Speaker - From Stand-Up Comedy to Academia: My Journey in Science Communication	2025
<i>University of Canberra - HEAL National Research Network's Future Leaders School</i>	
Video	
Invited Speaker - Towards a comprehensive predictive model of brain health and dementia risk	2025
<i>Australian National University - National Centre for Epidemiology and Population Health</i>	
Video	
Invited Speaker - Generative Artificial Intelligence at University of Canberra, Faculty of Health Community of Practice.	2025
<i>University of Technology Sydney - GenAI-ENHANCE UTS Faculty of Health Summit</i>	
Life of a CBRn Pop-up exhibition	2024
<i>University of Canberra</i>	
Invited Speaker to the Tertiary Counsellors Meeting - The Role and Use of AI in Tertiary Education	2024
<i>University of Canberra - Medical and Counselling</i>	
Invited Speaker - Investigating Brain Health Risk Factors using Big Data Analysis	2024
<i>Active Brain Research Group - University of Canberra</i>	
Online GenAI Workshop for FoH Staff	2024
Materials	
<i>University of Canberra - Faculty of Health</i>	
GenAI Workshop for FoH Staff	2024
<i>University of Canberra - Faculty of Health</i>	
Invited Speaker - From FRONTIER to Frontier: Investigating Brain Health Risk Factors using Big Data Analysis	2024
<i>Frontotemporal Dementia Research Group (FRONTIER) - University of Sydney Brain and Mind Centre</i>	
Video	
Invited Speaker - FoH GenAI: Exploring Usage, Needs and Expertise in the Faculty of Health at the University of Canberra	2024
<i>University of Technology Sydney</i>	
CARAT Faculty of Health Winter Showcase	2024 to 2025
<i>University of Canberra - Faculty of Health</i>	
Invited Speaker - FoH GenAI: Exploring Usage, Needs and Expertise	2024
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	
Panel Member - Panel discussion on GenAI	2024
<i>University of Canberra - Faculty of Health Learning and Teaching Symposium</i>	
Chair - Panel discussion on Imposter Syndrome	2024

Canberra Health Annual Research Meeting (CHARM)

Invited Speaker - Science Communication

2024

Femilab

Invited Speaker - R and Git Workflow

2023

Femilab

Rapid Fire Research Competition

2022 to 2024

The University of Canberra - Faculty of Health

Speaker - PhD Exit Seminar

2020

Research School of Population Health

[Video](#)

Guest Lecturer - R Workshop "Simple and Generalised Linear Models"

2019

Research School of Biology

Guest Lecturer - RSPH Early Career Researcher's R Workshop

2019

Research School of Population Health

Guest Speaker - RSPH PhD Induction

2019

Research School of Population Health

Guest Speaker - RSPH Seminar Series

2019

Research School of Population Health

Guest Speaker - Research Showcase "Ageing and Brain Health"

2018

Australian Association of Gerontology