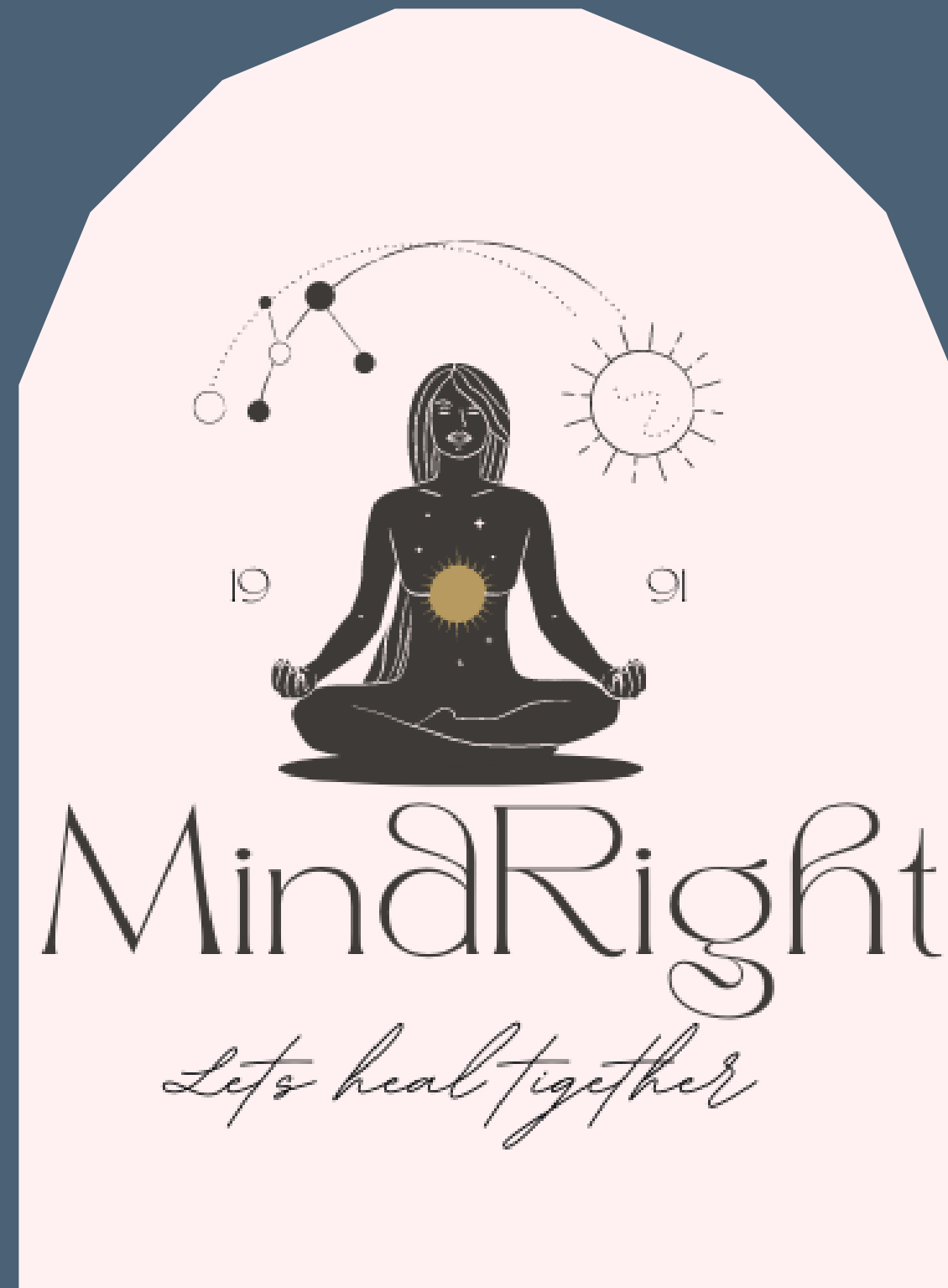


MindRight

Lets heal together



<https://ananyabansal3339.wixsite.com/mindright/services-1>



Problem Statement

In today's world of haste and competition people are bound to experience pressure which could lead to stress and further lead to a big impact on our mental health.

These problems are increasing day by day and it's impact is affecting our younger generation, the old age people as well as the working class of the country.

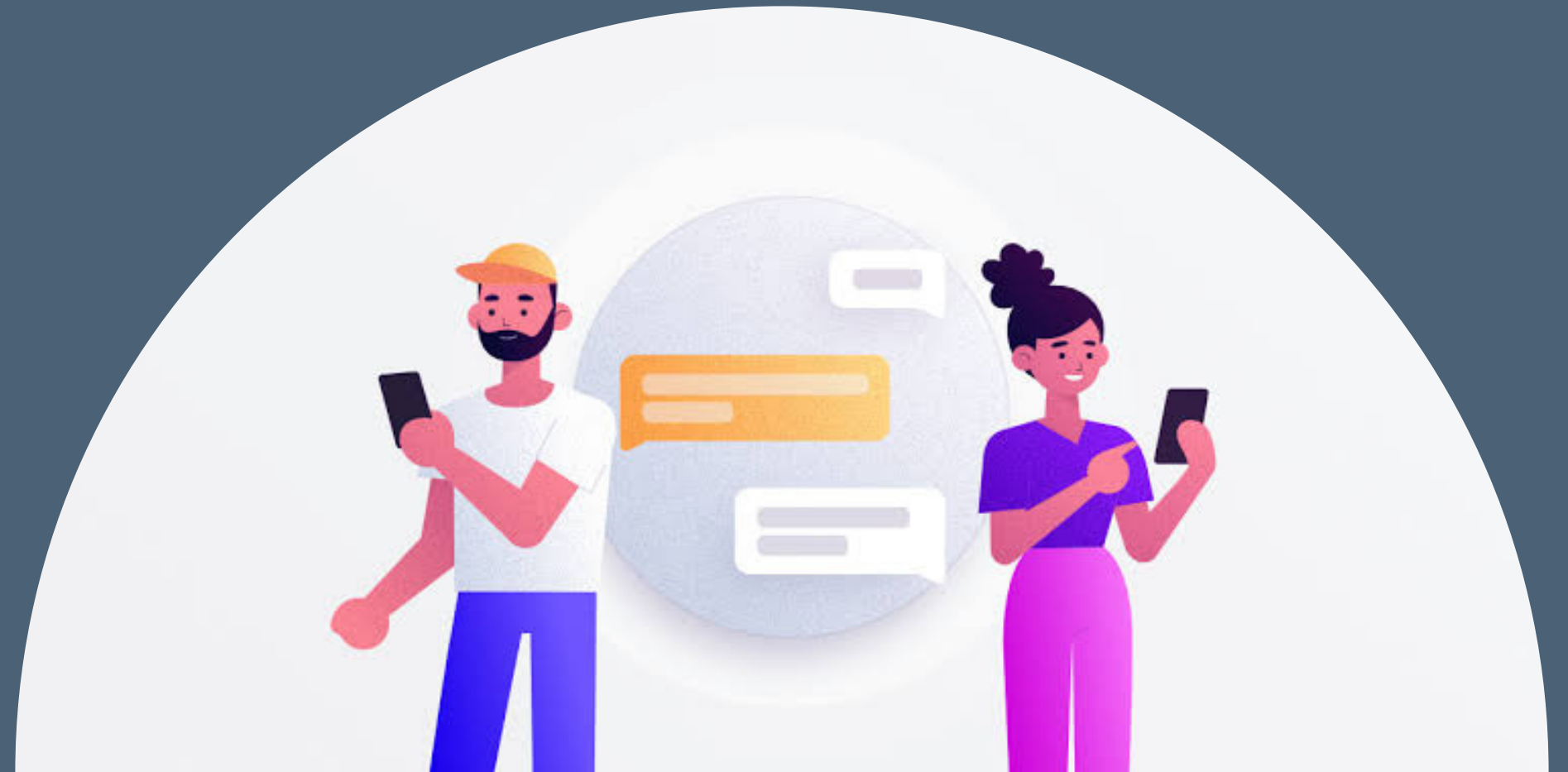
People start experiencing stress initially, but tend to ignore it as they are apprehensive of sharing it with others.

Our Solution?

- **Social Interaction :**
We act as a medium to connect people facing the same problem and going through the same situations.
- **Consultancy:**
In case a person needs personalised help they may use us as a medium to connect to the practitioners.
- **Experience:**
Users need to no longer feel uneasy to ask out to people if they ever experienced the same problem, they can use this section of our website to get all doubts solved.
- **Fun Activities:**
To refresh your mind and to bring some change in your monotonous and stressful life, users can use this feature.

It will have communities related to various domains like for those suffering from depression, those having a particular type of disease, those who want to stay anonymous and open up, or those having suicidal thoughts .

People can join any group ,stay anonymous and connect to people.



ChatBox



Medication

Consultancy: If any user wants to connect and consult a doctor, psychiatrist or any professional they may do so with this section.



Expert Panel

This section contains the valuable experiences of those who have already recovered from a particular disease or syndrome. People may ask doubts and attend events and webinars that will be conducted by our experts.

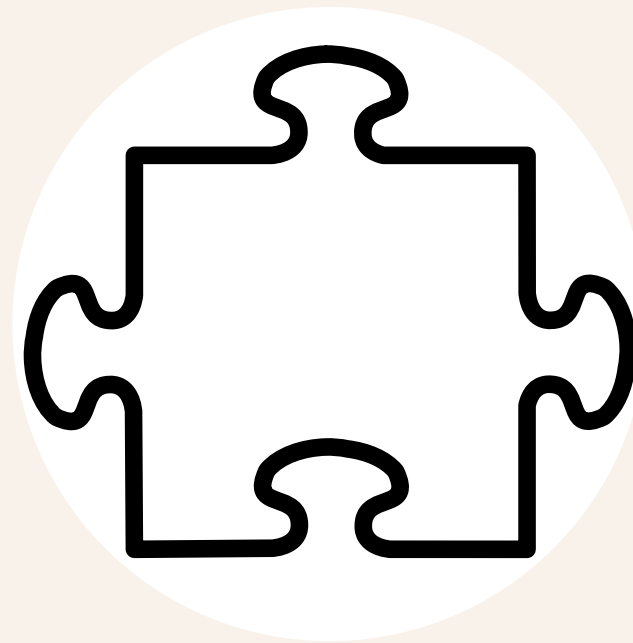


Fun Activities

A forum where people tired from their monotonous lives can come and try out various ways to distract their minds from all the stress.



Motivational Videos



Hobbies



Yoga