

Landing Page

FITLIFE

The **ultimate** app for your health. Plan workouts, track your diet, and take notes. Empower your journey and achieve your goals with FitLife.

[Join Now! →](#)



Sign-up Page

FITLIFE

Sign Up!

First Name

Last Name

Email

Password

Sign Up

Already have an account? [Log in](#)

Log-in Page

FITLIFE

Sign In!

Email

Password

Sign In

Don't have an account? [Sign Up](#)

Meal Plan Page

Workout Page

Workout Schedule Page

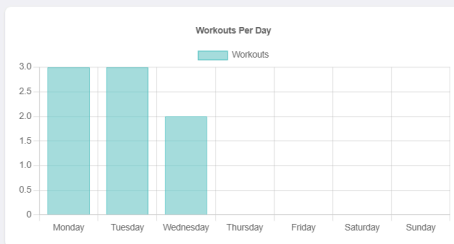
≡ Your Schedule

Search...





 + Add Workout

<input type="checkbox"/>	Exercise	Description	Reps	Sets
<input type="checkbox"/>	Chest Press	- 80 lbs dumbbell - 2/3 min rest - last set until failure	7	3
<input type="checkbox"/>	Incline Chest Press	- 70 lbs dumbbell - 3 min rest - Last set until failure - Get help for final set	7	3
<input type="checkbox"/>	Triceps Bar Pushdown	- 100 lbs - 120 lbs - 2 min rest - superset	8	3
<input type="checkbox"/>	Lat Pulldown	- 130 lbs - Wide grip - Until failure	7	3
<input type="checkbox"/>	Seated Cable Row	- 200 lbs, 2 sets - 180 lbs 1 set - Until failure	6	3

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User Ticket Support Page

-  Meal Plan
-  Schedule
-  Workouts
-  Contact Us



Submit a Ticket

Found an issue? Need help? Send in a support ticket!

Ticket Form

Ticket Title

Ticket Description

 Logout

Admin Page

FITLIFE

Welcome, Anas!

Users

Search...

ID	Email	First Name	Last Name	Admin	Tickets	Created At
2	Example3@gmail.com	Jhon	Doe	No	3	11/21/2024
9	Huzaifa@gmail.com	Huzaifa	Farhan	No	0	11/22/2024
1	anasjamilaj6@gmail.com	Anas	Jamil	Yes	1	11/21/2024
10	Example2@gmail.com	Another	User	No	0	11/27/2024
11	randomemail@gmail.com	Random	Example	No	0	11/27/2024

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User Tickets

Slow schedule page loading from phone

The schedule page loads slow when viewing it from my phone

Submitted by: Anas Jamil

Make a mobile app

Request to make a mobile app, slow log ins from phone web

Submitted by: Jhon Doe

Ticket submit issue is gone

The ticket submission issue I submitted a ticket for last week seems to be gone, thanks.

Submitted by: Jhon Doe

allow for more themes

Add multiple different themes.

Submitted by: Jhon Doe