Life Goats🐐

Mt. Olympus Coaching conversations 🌄

May 2024 (tentatively Tuesday 28 - Friday 31)

A collaborative retreat for coaches, therapists, carers and other [people centered professionals](https://www.google.com/search?q=people+centered+professions&oq=people+centered+professions&aqs=chrome..69i57.7698j0j7&sourceid=chrome&ie=UTF-8)

A retreat from us, for us.

As professionals in people centered services we are always learning & evolving.

Oftentimes in our efforts to share our learnings, be the stable pilar for and help others, we lose our center.

As a newer coach I watch myself and many of my colleagues go off the rails. Trying to build our business and contribute meaningfully with our offers and services while remaining authentic and staying true to our values. It’s a challenge to keep the balance and we often feel so isolated in our efforts in this digital age.

We deserve to recharge our batteries, be in community and reinvent ourselves. In fact, our performance in the long run depends on that.

So come on over and spend some time climbing Mt. Olympus with us.

The program….

Stay tuned for more info coming soon…

The program, Accommodation options, Hiking info, Opportunities to contribute creatively to the program and more

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WE ARE LIFE GOATS