THE LANGUAGE OF MEETINGS

CLARIFYING to check if someone understands what you have said	 Does that make sense (to you)? Do you know what I mean? Are you with me so far? You know/see? Right?
CLARIFYING to check what someone has said	 Excuse me/Sorry, did you say? Do you mean? If I understand you right, you are saying that? So what you are saying is? I'm afraid I didn't quite get your last point. Could you go over it again please?
INTERRUPTING	 If I may interrupt you for a moment, I'd like to Could I come in at this point? If I could just say a word about I'd like to add something here, if I may? Could I say something about?
STATUS REPORT	 I'm done with I've completed the task about Right now I am working on that's my main focus for today. Another thing I want to talk about is I'm on track to finish/get/ I'm blocked by I'm not blocked by anything. That's all I had.