1. Install Node.js newest version.
   1. <https://nodejs.org/en>
2. Check for npm folder in C:/windows/users/”user”/AppData/Roaming/npm.
   1. If no folder, add one.
3. <https://docs.expo.dev/tutorial/create-your-first-app/#run-the-app-on-mobile-and-web>

Method of creating ones first app

3b. Create a project in your desired folder as: npx create-expo-app “name-of-project”

cd “name-of-project”  
npx expo start –-tunnel

Here “--tunnel ” fixed an issue I was having with network connection. You can also try without.