```
QUERY PLAN
Nested Loop (cost=0.28..393703.79 ROWS=14037065 width=641)
-> Seg Scan ON insergrato ie (cost=0.00..5970.21 ROWS=5155 w=578)
   Filter: (( annoaccademico )::TEXT = '2013/2014':: TEXT )
-> INDEX Scan USING i1 ON insegn i (cost =0.28..47.99 ROWS=2723 w=63)
   INDEX Cond : (ie. id insegn > id)
```