```
OUERY PLAN
Bitmap Heap Scan ON insegn (cost=15.47..132.25 ROWS=850 width =63)
Recheck Cond: ((id < 1000) OR ((nomeins)::TEXT ~~ 'Al%'::TEXT ))
Filter: ((id < 1000) OR ((nomeins)::TEXT ~~ 'Al%'::TEXT ))
-> BitmapOr (cost=15.47..15.47 ROWS=852 w=0)
-> Bitmap INDEX Scan ON i1 (cost=0.00..12.40 ROWS=815 width=0)
   INDEX Cond: (id < 1000)
-> Bitmap INDEX Scan ON nomeidx (cost=0.00..2.65 ROWS=37 width=0)
   INDEX Cond: (((nomeins)::TEXT ~>=~ 'Al'::TEXT ) AND
                ((nomeins)::TEXT ~<~ 'Am':: TEXT ))
```