Analysis of "Cloudlet-based Efficient Data Collection in Wireless Body Area Networks" report

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1 INTRODUCTION

1.1 Research's Goal

"The main goal of this paper is to develop a large scale WBANs system in the presence of cloudlet-based data collection model. The objective is to minimize end-to-end packet cost by dynamically choosing data collection to the cloud by using cloudlet based system [...] reducing packet-to-cloud energy, the proposed work also attempt to minimize the end-to-end packet delay"[7, par. 1.4]

According to Quwaider and Jararweh [7], the goal of their work is to built an efficient **Wireless Body Area Networks (WBAN)** exploiting **edge computing**, a new paradigm in which substantial computing and storage resources, referred to as **cloudlets**, are placed at the Internet's edge, that is in close proximity to WBAN devices or sensors.[8]

To be more precise, as stated by Quwaider and Jararweh [7], edge computing resources are exploited in order to minimize average power consumption and delay when Personal Digital Assistant (PDA) transmit collected data.

1.2 Edge Computing Application Typology

"In our implementation, the enterprise cloud system will be the ultimate destination of the collected data. The enterprise cloud is also able to send messages back to both the cloudlet system or to WBAN users."[7, par. 3.2]

"The enterprise cloud system is a centralized management and storage point that can be accessed by different organizations that are interested in a certain type of data. Another important feature of the cloudlet system is the ability of bidirectional communications between many WBANs users." [7, par. 4.1]

WBAN devices and sensors have very stringent constraints in term of CPU performance, storage resources and battery life.

to perform a wide range of healthcare, military and sport application, **Tier-1**, which represents "the cloud" in today's parlance, plays a very important role in this kind of system: cloud resources are exploited to overcome WBAN devices constraints, since Tier-1 represents, in terms of archival preservation, the safest place to store data, ensuring the long-term integrity and accessibility, and the main execution site to perform expensive computations, thanks to its almost unlimited elasticity.

However cloud resources exploitation isn't a panacea due to some negative consequence, as the increasing of network **round-trip times (RTT)** experienced by mobile users.

Therefore, Quwaider and Jararweh [7] have built a system capable to exploit edge computing resources too, in order to offload compute-intensive operations at very low latency.[9][8]

To be more precise, WBAN system prototype modelled by Quwaider and Jararweh [7] is intended for *edge-accelerated*, *cloud-native applications*. Why?

cloud-native because, to overcome stringent constraints on battery, performance and storage of WBAN devices, cloud resources are exploited, through offloading techniques over a wireless network, to execute critical task; in other words, as stated also by Quwaider and Jararweh [7], cloud is the primary execution site and it is essential to provide services to final users.

edge-accelerated because the system exploits edge computing resources only when available. In that way, that system is capable to provide optimal performance, but edge resources represents a secondary execution site, that is they are optional to provide services.

According to Satyanarayanan et al. [9], it is shown that edge-accelerated, cloud-native applications can have a *modest* advantages in term of *response times*, *battery life*, *ingress bandwidth demand reduction*, *privacy* and *fallback services*[9][8], but, as Satyanarayanan et al. [9] states, edge computing potentiality is not fully exploited due to central role assigned to cloud.

However, it is true that any edge-accelerated, cloud-native applications involves less investment risk, much less software development, and their markets are much larger since they can function acceptably even in the absence of edge computing.

1.3 Edge Computing Resources exploitation

How edge computing resources are exploited in order to improve, as stated by Quwaider and Jararweh [7], average power consumption and delay during packet transmissions?

1.3.1 Using an energy-efficient communication technology. First of all, is very important to precise that Quwaider and Jararweh [7] research is based on the observation that using WiFi technology a WBAN user will be able to transmit data packet to the cloud with low power consumption, low delay and mostly no connection cost compared with cellular technology; in fact, they wrote:

"It was shown that, via WiFi, the transmission power of a data packet of size 46 Bytes will cost about 30 mw and with a delay of 0.045 ms. On the other hand, a longer transmission range cellular network connection (e.g. 3G and LTE) is capable of transmitting the data packet to the cloud from any location that is cover by cellular network, which is usually a wider geographic area compared with the WiFi. It was shown that, via cellular, the transmission power of data packet of size 46 Bytes will cost about 300 mw and with a delay of 0.45 ms." [7, par. 3.1]

Therefore, since WiFi technology is more energy-efficient than cellular technology, if WBAN users have the chance to use it, is possible to reduce average power consumption during packet transmission.

However, how to exploit WiFi technology in WBAN system taking into account its **short transmission range** compared to cellular network? Providing an edge computing infrastructure made up of several cloudlets geographically distributed and equipped with computational, storage and communication capability, increasing WiFi coverage. In fact, researchers wrote:

"The cloudlet system is composed of set of physical servers with many cores and huge Gigabytes of memory. The cloudlet server system is equipped with one or more of the communication antennas that is supporting different physical layer capabilities (e.g. WiFi and WiMax)."[7, par. 4.1]

However there is a problem: since WiFi technology transmission range is short and edge infrastructure resources are expensive, cloudlet and WiFi coverage aren't available everywhere. Therefore, Quwaider and Jararweh [7] implemented a *self-adaptive behaviour* according to which **communication technology is dynamically changed** when users move from one region to another. This is the reason according to which Quwaider and Jararweh [7] modelled their system identifying three different regions:[7, par. 3.1]

Cloudlet Region (CR) where WiFi coverage is available, so a user can use it to transmit data to the cloudlet.

Enterprise Region (ER) where only cellular coverage is available, therefore a user can use only cellular technology to transmit a data packet to cloud.

Not-covered Region (NC) where neither WiFi nor cellular technology is available. In this case a user should buffer the packets until one of the above technologies is available, then to be able of transmitting the packet to the enterprise cloud.

In other words, WBAN users are capable to exploit edge computing resources if and only if they are in a *Cloudlet Region*, otherwise they go on transmitting data directly to the cloud, if possible. This is the reason according to which we have previously defined Quwaider and Jararweh [7] application as *edge-accelerated*: cloud is very critical for that application since it represents the ultimate destination of collected data and perform critical task providing access to data. In other words, seem enough clear that cloudlet is less critical compared to cloud to providing system services. In fact, Quwaider and Jararweh [7] wrote:

"In our implementation, the enterprise cloud system will be the ultimate destination of the collected data.

The enterprise cloud is also able to send messages back to both the cloudlet system or to WBAN users."[7, par. 3.2]

"The enterprise cloud system is a centralized management and storage point that can be accessed by different organizations that are interested in a certain type of data." [7, par. 4.1]

1.3.2 Exploiting network proximity. Deploying cloudlet close to final users, thanks to **high-bandwidth single-hop connection**, is possible to reduce RTT and to increase end-to-end bandwidth; in other words, we can achieve **network-proximity**.[9]

However, is very important to not confuse *physical proximity* with *network-proximity*. Cloudlet physical proximity not always can affect positively RTT since it does *not* guarantee network proximity: think for example to a highly congested WiFi network which may have poor RTT. Theoretically, is possible to achieve network proximity without physical proximity, for example using a fiber link between a wireless access point and a cloudlet that is many tens or even hundreds of kilometres away assuring therefore low RTT and high bandwidth.[9]

1.3.3 Using cyber-foraging techniques. WBAN sensors and devices collect a very huge amount of data. In fact, Quwaider and Jararweh[7] wrote:

"The multiple WBAN sensor nodes are capable of sampling, processing, and communicating one or more vital signs like heart rate, blood pressure, oxygen saturation, breathing rate, diabetes, body temperature, ECG and activity, or environmental parameters like location, temperature, humidity, light, movement, proximity and direction." [7, par. 1.1]

Obliviously, WBAN devices and sensors cannot have enough computation and storage resources due to their very strictly constrains in term of size and power consumption.

In order to overcome WBAN devices limitation, increasing energy efficiency, several cyber-foraging techniques are used: Quwaider and Jararweh [7] adopt a **Data Staging Tactic** to allow WBAN devices, after offloading collected data to cloudlet or cloud, to free up storage space. To achieve energy-efficiency, all computations regarding collected data are carried out by cloud or cloudlet, therefore **Computation Offload Tactic** is used too.

Quwaider and Jararweh [7] adopt a very static approach to offloading since, if a offload target is available, data will be *always* offloaded. However, WBAN users devices exhibit a self-adaptive behaviour according to which they can decide to offload towards cloud instead of clodulet if Wifi network is highly congested; in fact, researchers wrote:

"each VC region is able to serve a certain number of users [...] Then, the extra users within the VCs have to send the data via the cellular communication, even though, they are within the VCs."[7, par. 5.1]

1.4 Other architectural considerations

Self-adaptive control decision aren't coordinated between WBAN users devices, every of which acts independently; therefore any kind of control decisions decentralization pattern is been used.

However, we can consider Quwaider and Jararweh [7] system as a distributed self-adaptive system since the self-adaptive software is deployed in every node (both *managed software* and *managing software* are deployed in every WBAN node).

2 SIMULATIONS ANALYSIS

In these section we will analyse simulation's results performed by Quwaider and Jararweh [7] in order to quantify performance advantages by using edge computing resources.

WBAN system performance is evaluated through several simulation sets, focusing on two performance metrics:

"Packet Transmission Power and Packet Delay. The Packet Transmission Power and Packet Delay are directly measure of the communication energy and delay expenditure from the Personal Digital Assistant (PDA) device to the cloudlet or the enterprise cloud" [7, par. 4.2]

As stated by Quwaider and Jararweh [7], experiments were carried out using a custom version of $CloudSim^1$ simulator, monitoring a virtual space-area, where several cloudlet entities were deployed in known geographic locations, in such a way transmission range belonging to different cloudlet not overlapping, while some WBAN users were moved randomly with fixed speed and random pause time.

2.0.1 MAC protocol. According to Quwaider and Jararweh [7], the medium access mechanisms used in their simulation is **pooling-based**, that is a strictly centralized scheme, also called **point coordination function** (PCF), in which the access point, called **master**, dynamically polls clients for data. According to this scheme, the master is allowed to build a list of stations wishing to transmit during a contention phase. After this phase, the station polls each station on the list.

In a WBAN's context, this choice has several advantages:

- PCF is capable to offer time-bounded service, guaranteeing a maximum access delay and minimum transmission bandwidth making the system more predictable and, therefore, more suitable for real-time health monitoring; in fact, if a predictable system is used, will be possible to know with reasonable approximation the worst case execution time (WCET) of jobs and check if any hard real-time constraints is respected.
- Since WBAN users are not allowed to send data without the
 master's invitation, the hidden terminal problem is eliminated. Keep in mind that using DCF (Distributed coordination function) with RTS/CTS extension, in order to resolve
 hidden terminal problem, is not suitable in a WBAN's context because to short frame (only 46 byte) send by devices;

 This scheme allow higher throughput due to less collisions respect to CSMA/CA.[?]

Obliviously this choice isn't a panacea; it can introduce higher delay under a light load and overhead if nodes have nothing to send.[?]

2.1 First experiment set

First experiment set goal is to quantify the impact on **packet process delay**, also known as *average service time*, and on **power consumption** due to packet computation by cloudlet by varying following system parameter.

- (1) number of virtual machine deployed on a cloudlet (from 0 to 8).
- (2) processing speed of data packet, from a minimum 100 to a maximum of 900 million instructions per second (MIPS).
- (3) number of WBAN users (up to 150 users).

According to experiments results, [7] have shown that:

(1) Increasing the number of virtual machine running on cloudlet, assigning each one a processor, system cloudlet **utilization**, that is the fraction of time according to which cloudlet is busy increases, was been reduced, decreasing therefore processing time.
In fact, fixed data packet average arrival rate λ and average service rate of each virtual machine μ, each virtual machine,

by symmetry, sees an arrival rate of $\frac{\lambda}{k}$, where k is the number of deployed virtual machines. Hence the cloudlet utilization is $\frac{\lambda}{k\mu}$, which is less than $\frac{\lambda}{\mu}$ using only one server. Remember that higher utilization involves an higher average number of data packet to process, increasing waiting

"the processing time is decreased by approximately 85% by using cloudlet system configured with 8 VMs comparing to using only one VM in CS."[7, par. 3.3]

(2) Fixed the average time required to process a packet data on a CPU, that is for a given MIPS process speed, power consumption and processing delay are increased by increasing the number of users. This happens because cloudlet utilization increases since λ is higher, therefore the fraction of time according to which cloudlet is busy increases; so, since more time is needed to complete user tasks, more power are consumed.

2.2 Second experiment set

time experienced by final user.

Second experiment set was carried out in order to quantify advantages of using edge computing resources. To be more precise, that simulation monitors the effects on **average transmission power and delay** of data packed send by users PDA to cloudlet, varying following system parameters:

(1) number of cloudlet deployed (from 0 to 6).

RTS/CTS extension would introduce a non-negligible overhead causing a waste of bandwidth, higher delay and energy consumption.[?]

 $^{^{1}}http://www.cloudbus.org/cloudsim/\\$

(2) WBAN user's positions (speed of 2 m/s and a random pause time of 1-10 s)

Monitored area size is fixed to $600 \times 400~m$ while the total number of users is 400.

According to experiments results, [7] have shown that:

- (1) As expected, increasing the number of available cloudlets in monitored area, average transmission delay of data packed is reduced. It happens since the probability that an user is close to one of them increases. Having more opportunities to transmit data within cloudlet coverage, users can benefit of cloudlet physical proximity which, as already said in previous section, *can* decrease RTT, affecting positively latency, bandwidth and jitter. [8].
 - Moreover, when cloudlet coverage isn't available, data is offloaded to cloud using a **multi-hop network connections** which involves high RTT and likely low inter-hop bandwidth, although bandwidth between the mobile device and the first hop (i.e., the first mile) and the last hop and the cloud resource (i.e., the last mile) is potentially high bandwidth.[3]
 - Conversely, when cloudlet coverage is available, data is offloaded to a cloudlet using a high bandwidth single-hop connection, which decrease RTT.
- (2) Increasing the number of available cloudlets, average transmission power of data packed is reduced too. It is due to the use of WiFi technology which is, as already said, more energy-efficient compared to cellular network.
- (3) Increasing the number of users, both average transmission power and delay increase. This happens because:
 - When a cloudlet area contains a large number of users, interferences increase which lead to higher error bit rate, affected negatively both transmission delay, due to loss of data packets or acknowledgements, and power, due to packet retransmission.
 - Since a polling MAC scheme is used, an higher number of users within an cloudlet WiFi coverage area increases the time needed to pool every node by AP.
 - As stated by [7], an high congested Wifi network can cause WBAN devices to perform a self-adaptation action according to which communication technology is switched, using cellular network to send packet data instead WiFi, affecting negatively aforementioned metrics.

2.3 Third experiment set

The last experiment set is focusing on monitoring aforementioned performance metric varying cloudlet geographical placement. Monitoring an $800 \times 800~m$ area, simulations were carried out varying following system parameters:

- (1) number of cloudlet deployed (up to 16 cloudlets).
- (2) number of WBAN users (up to 1400 users).
- (3) WBAN user's positions (same parameters as before)
- (4) cloudlet geographical placement (using very different patterns, classified in three categories by Quwaider and Jararweh [7]: Adjacent, Distant and Intermediate)

Experiments results are the following:

- (1) As expected, independently from cloudlet deployment pattern, increasing the number of cloudlet, the impact of cloudlet geographical placement on average transmission power and delay is negligible since, in that way, the opportunities to send the data packet to a cloudlet, using WiFi and with minimum cost of power and delay, increase.
- (2) Fixed cloudlet and users number, deploying cloudlet using an intermediate category pattern, that is placing cloudlet neither too far apart nor too close, system performance are better than other patterns belonging to other categories.

3 ISSUES

In this section, we will presents some issues that, we believe, reduce [7] study quality.

3.1 The cloudlet discovery and provisioning

As said in previous section, Quwaider and Jararweh [7] overcome to WBAN devices limits, in term of computing power and storage, through cyber-foraging techniques like computation offload and data staging. We believe that the system model built by Quwaider and Jararweh [7] is too simple to achieve research's goals.

It is shown [4] that cyber-foraging systems have *at a minimum* the following combination of functional requirements:

- A need for computation offload, data staging, or both
- A need to provision a surrogate with the offloaded computation or data staging capabilities
- A need for the mobile device to locate a surrogate at runtime

Although WBAN users *need* to be able to locate available cloudlet in an area where stage data, **cloudlet discovery** issue has *not* been addressed by Quwaider and Jararweh [7] in any way; we believe that it is a very big mistake because cloudlet discovery affects negatively energy consumptions and response time and, anyway, it is a **functional requirements** for any cyber-foraging systems.

However there is another reason which that makes cloudlet discovery issue so important: **security**. [7] wrote:

"On the other hand, since WBANs forward useful and life-critical information to the cloud, which may operate in distributed and hostile environments, novel security mechanisms are required to prevent malicious interactions to the storage infrastructure. Both the cloud providers and the users must take strong security measures to protect the storage infrastructure." [7, par. 3.3]

Quwaider and Jararweh [7] should have known that addressing cloudlet discovery issue, they could have improved system security. For example, using **Cloud Surrogate Directory** tactic, according to which mobile device contacts a cloud server that maintains a list of potential cloudlet/surrogates, security is highly increased because the mobile device only needs to trust the cloud surrogate directory server and can pre-exchange credentials for authorization.

Generally, when you want to offload data or computation to a cloudlet, a selection algorithm to select best cloudlet is run. In WBAN systems, maximize energy efficiency, in order to preserve devices lifetime, is critical, therefore is preferable not run selection algorithm on WBAN devices, which can decrease energy efficiency (depending on the complexity of the algorithm and the number of monitored variables). Probably, using cloud surrogate directory tactic, according to which selection algorithms run on the cloud, is possible to improve WBAN lifetime. [4]

In the same way, **surrogate provisioning** is another functional requirements for any cyber-foraging systems which is not addressed by [7], therefore is not clear how cloudlets manage offloaded computation and/or data processing operations.

During the first experiment set, Quwaider and Jararweh [7] had shown that packet process delay is affected by the number of virtual machine deployed in cloudlet. However, provisioning tactic affects this process delay too. It is shown that Pre-provisioned cloudlet have the advantage of shorter provisioning times because the capabilities already reside on cloudlet, providing shorter response times to requests from mobile devices.[4]

3.2 The Wifi congestion issue

Quwaider and Jararweh [7] state that in their system WBAN users devices can dynamically decide where to offload, preferring the cloud instead the cloudlet if Wifi network is highly congested. How a wireless congested network is managed?

First of all, is very important to remember that Quwaider and Jararweh [7] don't specify which transportation protocol is been used in their system; however packet delay, bandwidth and power consumption are affected also by the specific transportation protocol used due to congestion control mechanism, as in the case of TCP.

Why is so important that aspect?

As known, data packet send by WBAN users are susceptible to high bit error rates due to interference, which cause the loss of the data packets.

Although, [7] had given us some details about WBAN users mobility, like their speed or random pause time, any information is given about *residence time* within cloudlet area and the amount of hand-off performed during simulations. Since WiFi coverage is limited to 100 m, WiFi covered areas are very small if compared to cellular network cell size, which potentially leads to frequent hand-off and low residence time. Therefore, especially if a connection-oriented protocol is been used, this situation can lead to frequent disconnections and packets loss.

Since regular TCP interpreters packet loss as congestion symptom, its congestion control mechanism can, as known, can negatively affected WBAN performances.

to which interpreter congestion

Congestion control mechanisms

Cell size: determining the suitable cell size requires careful design.

3.3 The lack of a specification model

We believe that Quwaider and Jararweh [7] study is hardly reproducible due to the lack of an adequate **specification model** capable to highlight system state variable and equations and logic describing how the state variables are interrelated, including algorithms for computing their interaction and evolution in time.

For example, Quwaider and Jararweh [7] doesn't report how users movements speed (fixed to 2m/s) and the random pause time (fixed to 1-10s) affected simulation's results or how they are intercorrelated with average power consumption and delay during the second and the third experiment set.

Cloudlet deployment category

There is no hint about scheduling policy . Have cloudlets a queue? What is scheduling policy? It is very important because the right scheduling policy can vastly reduce mean response time without requiring the purchase of faster machines, but

No hint about system stochastic components, like packet arrival process into the cloudlet.

Wearable system in the real-time health monitoring

Is not clear how they have modeled stochastic components of system, like packet arrival process into the cloudlet or their service time. are they xponentially distributed, Uniformly distributed?

4 POSSIBLE IMPROVEMENT

In this last section, we will explore possible improvements applicable to [7] proposed WBAN system.

4.1 IEEE 802.11ah as communication standard

For several reasons, energy is one of the most valuable resources in a WBAN system. It is shown that the power consumption of WBAN devices is substantially impacted by their transmission power, which can be responsible for up to 70% of the total power consumption; therefore, the use of communication standard capable to minimize the dominant sources of energy waste like *collision*, *internetwork interference* between nearby WBAN devices, *idle listening* and *control packet overhead* is extremely useful to maximizing the lifetime of WBAN devices.

Unfortunately, Quwaider and Jararweh [7] give us very few details about MAC protocol according to which PDA send aggregated data packet to cloudlet. Not even specifying the version of the standard IEEE 802.11 used in their simulations, all we know is that [7] use IEEE 802.11 with a pooling-based scheme and that WiFi transmission range not exceed 100 m in outdoor. In any case, based on what has been declared by [7], is reasonable to assume that they have used legacy IEEE 802.11 protocol with 2.4 or 5 GHz bands.

We believe that we can achieve better communication performances over longer distances among a large number of low-power devices exploiting **IEEE 802.11ah**. In fact:

- The 802.11ah standard enables single-hop communication over distances up to 1000 m, utilizing sub-1 GHz licenseexempt bands to provide better propagation characteristics in outdoor scenarios, like WBAN, than legacy WiFi. On the other side
- IEEE 802.11ah MAC layer improves power efficiency through frame shortening techniques, reducing overhead caused by short packets transmission which are very common in WBAN scenario.
- Several innovative concepts such as hierarchical Association IDentification (AID), Restricted Access Window (RAW), Group Sectorization (GS), decrease collision probability in networks

with thousands of stations, resolve hidden terminal problems, support a large number of associated stations, improving scalability and power efficiency.

4.2 Approximate computing techniques

In order to improve WBAN devices battery-life, **approximate computing** (and **storage**) can be a promising solution. This paradigm is based on the intuitive observation that, while performing exact computation require high amount of resources, allowing selective approximation or imperfect computations results can provide drastic energy savings.

To be more precise, approximate computing leverage the presence of error-tolerant code regions in applications and perceptual limitations of users to intelligently trade off implementation, storage and/or result accuracy for performance or energy gains. In brief, approximate computing exploits the gap between the level of accuracy required by the applications/users and that provided by the computing system.

Many type of approximate computing technique are available: for example, in WBAN context we can adopt a technique according to which critical application data (for example vital signs like heart rate, blood pressure, oxygen etc.) are stored in reliable memory segments with higher refresh rate, conversely less critical data (for example experimental data like location, temperature, humidity, light etc.) are stored into less reliable memory with a less refresh rate. As known, higher is refresh rate, higher is power consumption.[6]

[5] had shown that, using approximate computing techniques, applications run 3.78 times faster while energy consumptions are reduced 2.77 times. Felzmann et al. [1] achieve similar results, claiming that approximate computing can show up to 30% energy savings.

4.3 Unikernel

As stated by Quwaider and Jararweh [7], cloudlet are intended to run a certain number of virtual machine, running x86 Linux, over Xen hypervisor.

There is a way to improve performance differently from what [7] have done?

As known, an **unikernel** is (generally) single-purpose, single address space and single user operative system which have many advantages compared to virtual machines, like very small footprint, quick boot time, higher security and portability among virtualization platforms. Similar to **containers**, they are a lightweight alternative for deploying distributed applications based.

Both unikernel and container solution permit to achieve an higher density of running instance on a cloudlet,

However, the comparison of uniker-nels with other virtualization options regarding the concurrent provisioning of instances, as in the case of microservices-based applications, is still lacking. This paper provides an evaluation of KVM (Virtual Machines), Docker (Containers), and OSv (Unikernel), when provisioning multiple instances concurrently in an OpenStack cloud platform. We confirmed that OSv out-performs the other options and also identified opportunities for optimization.

It is shown that virtual machines have many disadvantages lightweight memory footprint, quick boot time, a

We believe that running a fully functional operating system over a virtual machine

It is shown, that running a fully functional operating system over a virtual machine

General purpose operating system like Linux or Windows were designed to be run on hardware, so they have all the complexity needed for a variety of hardware drivers from an assortment of vendors with different design concepts. These operating systems are also intended to be multi-user, multi-process, and multi-purpose. They are designed to be everything for everyone, so they are necessarily complex and large.

A Unikernel, on the other hand, is (generally) single-purpose.

It is not designed to run on hardware, and so lacks the bloat and complexity of drivers. It is not meant to be multi-user or multi-process, so it can focus on creating a single thread of code which runs one application, and one application only. Most are not multi-purpose, as the target is to create a single payload that a particular instance will execute (OSv is an exception). Thanks to this single-minded design, the Unikernel is small, lightweight, and quick.

4.4 Improving MAC Protocol in intra-body communications

Properly in WBAN architecture, the communication architecture is separated into two main components: **intra body communication** and **extra-body communication**. The first one refers to the information exchange around the human body, while the second refers to exchanging data between the coordinator (called also sink node) and the external environment.

Quwaider and Jararweh [7] give very few attention to intrabody communications: they state that they had used a plain CSMA. However a rich and very extensive research about MAC protocols for intra-body communications exits, since a better in order to optimize energy efficiency about data delivery to sink node.

Unfortunately,

Several researches,

has its own attributes in terms of data rate/sampling rate, priority, reliability, and delay criticality which should be taken into consideration in the structure of the MAC protocol.

For example, Issaoui et al. [2] proposed a dynamic and traffic-adaptive MAC algorithm for WBAN which takes into account that data produced by sensors differ in terms of data rate/sampling rate, priority, reliability, and delay criticality. Using a priority-based MAC algorithm they achieve energy efficiency, avoiding congestion problem in the channel access and guaranteeing the transmission of emergency data.

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