

FitFlow

Your workout, your play, your winning way.

- The Jacobians -

The Jacobians Team

"The Jacobians" is a **multi-disciplinary** team of **engineers** of the University of Bologna, born with the intention of uniting out different skills and passions towards a common goal: to bring an **innovation** in the **fitness landscape**, by completely redefining the experience of training in gyms.



Andrea Perna **Electronic Engineer**



Francesco De Marco **Automation Engineer**



Davide Corroppoli **Automation Engineer**



Andrea Missiato

Computer Engineer



Gutu Abeya Tefera **Electric Engineer**

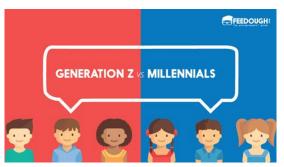
The Problem

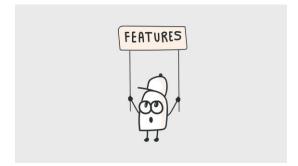
The **COVID-19 pandemic**:

- has completely reversed the growth trend of the fitness industry in the last years, leading to a reduction of almost 16% in the market share;
- acted as a catalyst for the digital transformation (wearable devices, digital apps, online training);
- dark period for gyms: 22% had permanently closed their doors (2021); bad economic state and lack of new subscribers;











Fitness environments need to face a **REVOLUTION**:

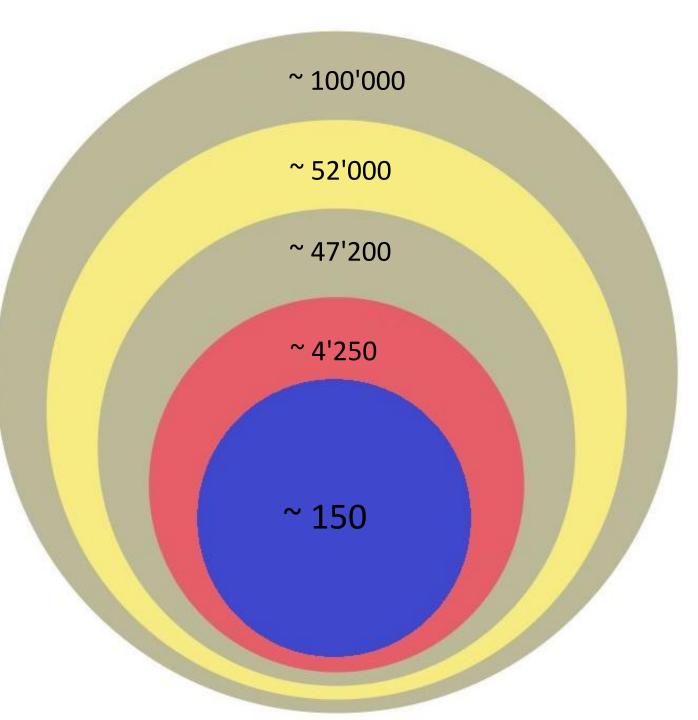
- Urgent need of technologies and training improvements to encourage people to prefer gym to home.
- 87% of respondents (survey) who have attended a gym or fitness center at least once in their lives believe that gym equipment is either **outdated** or **not fully technological**.

Main challenges encountered during workouts

| • | Absence of performance tracking | 55% |
|---|---|-----|
| • | Lack of motivation during workouts | 51% |
| • | Difficulty in correcting training technique | 59% |
| • | Lack of personalization in training | 48% |
| • | Other | 55% |

Market Diagram

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| ~ 100'000 facilities where sports
disciplines are practiced |
| ~ 52'000 facilities in the north of
Italy |
| Over 47'000 facilities are in the
following regions: ER, LO, VE, TU |
| ~ 9% of these are gyms (~ 4'250) |
| ~ 3.5% is our interest (~ 150) |
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The solution

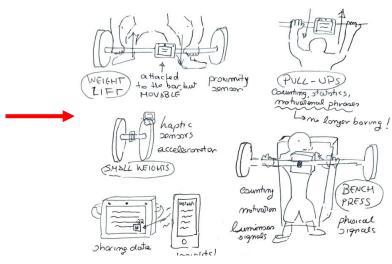




Electronic embedded devices that measures and collect data through sensors and process them through software algorithm

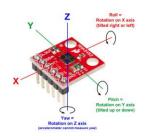


These devices can be both fixed to a specific machine or portable and linkable to weights or barbells



A lot of features and different programs according to the specific exercise and the customer's needings

The features



Through accelerometer we can not just counter the number of repetition but also calculate the force applied and how that changes through repetition



Connected and protected: data are sent to the central database, every operation is possible just via user authorization



Help, tutorial and advise



Within the app is integrated everything you need for your training and for monitoring your result

Beat monitoring



App, social media and connectivity



Competitors Analysis

| Criteria | Fit Flow | Omron | Apple | Tonal |
|--------------------|---|--|---|------------------------------------|
| Market Strategy | Social Media, Trainers, Discounts | Promotes Features & benefits through various | Network of authorized Retailers | Community engagement, Subscription |
| Main Activity | Software, Hardware, Algorithms | Industrial Automation, healthcare | Electronics, Wearables | Providing personalized workout |
| Weakness | Emerging, Brand Challenges | Trends, Relevance | Premium Pricing | Wall Mounting, Space Requirement |
| Product Price | €250 + Subscription | \$50-\$100 | €41- €458, €8.99/month or €71.99/year | Several Thousand + Subscription |

The Business Model



The Sales Model of FitFlows

| Туре | Cost | Monthly Trial | Ownership | Installation | Maintenance |
|----------------|--------------------|---------------|-----------|--------------|-------------|
| Annual Rent | 2000€ per 10 FF | Yes | No | Yes | Yes |
| Direct Sell | 400€ each | Yes | Yes | No | No |

^{*}Annual rent provides an incremental discount of 10% on the purchase of the FitFlows, up to 50% after 5 years

The Advertising Campaign

- Participation in national and international fairs and events in the gym sector;
- Collaborations with industry experts, influencers and content creators in the fitness environment;
- Sponsorship campaigns on **social networks** like Instagram and Meta, through posts and stories;

Financial Projection

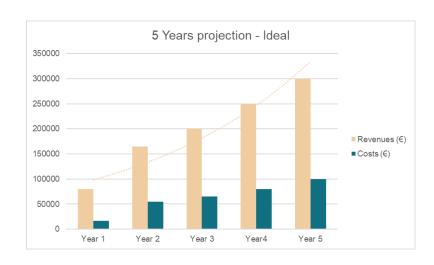
| | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 |
|-------------|------------|-------------|-------------|-------------|-------------|
| Revenues | 80'000€ | 165'000€ | 200'000€ | 250'000 € | 300'000 € |
| Costs | 17'000 € | 55'000€ | 65'000 € | 80'000€ | 100'000€ |
| Profit/Loss | + 63'000 € | + 115'000 € | + 145'000 € | + 195'000 € | + 245'000 € |

| Cost Category | Unit Cost (€) | |
|---------------|----------------|--|
| Domain | 10 € | |
| Patent | 1000 € | |
| Hardware | 20 € / FitFlow | |
| Software | For free | |
| Computers | 3200 € | |

| Cost Category | Yearly Cost (€) |
|------------------|-----------------|
| Data security | 250 € |
| Legal accounting | 1500 € |
| Gadgets | 500 € |
| Hosting | 30 € |
| Instagram | 500 € |
| Gasoline | 3000 € |

Assumptions:

- 30 new gyms per year;
- 5 gyms/year redeem their FFs;
- Year 2, cash-inflow due to equity sales;



Operational Roadmap

