

# Welcome to Milan!

Your Home Away from Home



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# NoLo Centrale Apartment

## Welcome to Milan!

**Address:** Via Soperga 52, Milano IT

**Hosts:** Maurizio & Andrea 

**Quick Links (tap to open):**

-  [Apartment](#)
-  [Milano Centrale](#)
-  [Loreto \(M1/M2\)](#)
-  **Emergency number**  
**(Italy):** [112](#) (tap to call)

# Hello & Welcome!

Hello and welcome to Milan! We are **Maurizio** and **Andrea**, your hosts. We are thrilled to have you here at **NoLo Centrale Apartment** — your **home away from**

**home**  

If you need anything during your stay, we're just a message away.

Enjoy Milan and make yourself at home! 



# House Rules (simple & important)

We only have a few rules — friendly but essential — to ensure a peaceful stay for you and our neighbors 🙏



## Quiet Hours — 10:00 PM to 8:00 AM

- Please keep noise low at night, especially in **shared areas** (entrance hall & stairs) and on the **balcony**.
- Inside the apartment you can relax and enjoy — just avoid high volume late at night.



## No Parties / Unauthorized Events

- No parties in the apartment, please.
- Any extra guests beyond the reservation must be agreed with us in advance.



## No Smoking Indoors

- This is a **non-smoking** home.
- Smoking is allowed **only on the balcony** 
- Please use the ashtray and **never** throw cigarette butts outside.

- Keep balcony doors closed while smoking to avoid odors inside.



## **Cleanliness & Waste**

- Please leave the apartment as tidy as you found it.
- Dishwasher is available  (please load/empty it as needed)

## **Recycling color code (bins in the inner courtyard)**

- **GREEN** → Glass
- **YELLOW** → Plastic & metals
- **WHITE/BLUE** → Paper

Inside the **grey metal door** to the left of those bins:

- **BROWN** → Organic waste
- **CLEAR/NEUTRAL** → General waste (non-recyclable)

## Keys & Security

- Please take good care of the keys (lost keys = replacement cost).
- When leaving, make sure the **Nuki smart lock** has locked the door automatically 
- No curfew — come back anytime, just keep stairs quiet late at night 

## Elevator

- Free to use.

- Please always check **inner doors + main door** are fully closed.
- Quick check: the “occupied” light on the left should be **OFF**.

## Appliances & Energy (Eco-friendly)

- Switch off lights and electronics when leaving.
- Use heating and fans as needed, but turn off when not in use 

**Milano thanks you!**



## No Pets

- No pets allowed (allergies + building rules), unless we agreed an exception before your stay.

 **On arrival** we'll review everything quickly and give you a short apartment tour.

If anything is unclear, just ask 

# NoLo Neighborhood Guide (North of Loreto)

NoLo is one of Milan's most vibrant, creative up-and-coming districts  

It's multicultural, lively, and still authentically local.

## What you'll love here

-  **Safe & welcoming** day and night (use normal big-city common sense).
-  **Street art & murals** everywhere — perfect for photos.

-  **Food diversity:**  
trattorias, pizza, noodles,  
sushi, falafel, everything.
-  **Local hangouts:**
  - [Giardino degli Artisti](#)
  - [Piazza Morbegno](#)
  - [Parco Trotter](#)

## **Essentials nearby**

Supermarkets, bakeries,  
pharmacies, ATMs — all within  
walking distance.

## **Friday morning open-air Via Marco Aurelio market (local experience!)**

# FOOD & DRINKS — Pick by Taste (tap for Maps)

## ⭐ Your Host's Favorites (nearby / super reliable) ⭐

- Corner NoLo (pizza • burgers
  - easy & trendy)  
- I 3 Fratelli (classic Italian comfort food, friendly vibe)  
- Osteria Pasta e Fagioli (cozy osteria, hearty Southern Italian)  

## Milanese / Classic Italian

- Osteria del Treno (Centrale) — Milanese & Lombard classics in a beautiful historic setting; great for risotto + cotoletta  

- **Trattoria Sabbioneda da Romolo** (**Buenos Aires / Lima**) — super authentic “old Milan” vibe; simple, hearty dishes (often busy at peak hours)  
- **Trattoria Bertamè** (**near Loreto / Piola**) — cozy trattoria feel; a solid pick for ossobuco + risotto  
- **Antica Osteria Cavallini** (**Centrale**) — classic Milanese restaurant with a lovely garden; perfect for a relaxed traditional dinner  
- **Osteria de Milan** (**Centrale**) — contemporary take on Milanese comfort food (think risotti + mondegigli)  

## Pizza (always a good idea)

- **Spontini (Loreto)** — iconic Milanese thick-crust slices, super quick ⚡
- **Pizzium (Viale Andrea Doria)** — Neapolitan-style pizza with “regional” toppings from all over Italy ★
- **San Mina (near Centrale)** — simple, local vibe + generous toppings (great value) 🍕
- **Gianni — Noloso Pizzeria (NoLo)** — cozy, super-friendly spot with excellent ingredients 😊

## Meat Lovers

- **La Griglia di Varrone (Porta Garibaldi)** — premium grill

for steak nights + special cuts 🔥🥩

- **FOCUS — Bracerie Italiane (Isola)** — Italian meat on the grill, energetic vibe (often a “night out” feel) 🎵🔥
- **PitBeef Milano (Isola / Bosco Verticale)** — excellent meat + whisky pairing concept 🥃🥩
- **Osteria Braceria La Ciccia (Porta Venezia)** — barbecue in sight + classic Italian sides, very guest-friendly 🍷🔥
- **Osteria della Carne Sedda & Faedda (Centrale)** — old-school, all about the meat (great when you want “serious” portions) 🍴🥩

# Seafood Lovers

- **Gelmetti 1952 (Via Vitrugio / Centrale)** — seafood “bistrot” vibe: great fritto, pasta, also perfect for quick take-away  
- **Il Salernitano (Via Vitrugio / Centrale)** — classic Italian seafood: spaghetti “al cartoccio”, scampi, risotti di mare (very traditional)  
- **La Caletta (Via Sammartini / Centrale)** — Sardinian seafood spot: simple, generous plates + super local atmosphere  
- **Da Salvatore — Trattoria Siciliana (Centrale)** — Sicilian family-run place with

excellent fish options (warm hospitality) 🐟 🥔

- **Bel Paese (Via Soperga)** — super close and very guest-friendly 🍷 🎉

## Ethnic / International

-  **Ramen Shifu (Centrale)** — Japanese ramen + gyoza, easy and satisfying
-  **Wàng Jiao “Mong Kok” (NoLo / Viale Monza-Padova)** — real-deal Chinese (dumplings + spicy dishes), loved by locals
-  **CasaVietnam (Centrale)** — Vietnamese classics (pho, fresh/summer rolls), also great for takeaway

-  **Kashmir (Centrale)** — Indian/Pakistani comfort food: curries + naan (good vegetarian/halal options)
-  **Jeonju Bibimbap (NoLo)** — Korean favorites: bibimbap, bulgogi, kimchi (small & authentic)
-  **Fairouz (Centrale / Cornalia)** — Lebanese mezze + grilled specialties, perfect to share
-  **Piedra del Sol (Repubblica)** — Mexican classics + margaritas (super close to Centrale/Caiazzo)



## Vegetarian / Healthy

-  **Radicetonda (Porta Venezia)** — organic vegan

comfort food (soups, bowls, daily specials) + great pastries/juices

-   **Flower Burger** (**Porta Venezia / Repubblica**) — fun, colorful vegan burgers (easy, quick, very tourist-friendly)
-   **Giardì** (Centrale) — fully plant-based “real food” spot, perfect for a light lunch near the station
-   **Joia** (**Porta Venezia**) — Michelin-star vegetarian fine dining for a special “wow” dinner

## Breakfast / Coffee

- **Caffè Panzera (Piazza Duca d'Aosta)** — classic Milan “bar breakfast” right by Centrale: cappuccino + brioche in a real old-school setting  
- **Bar Pasticceria Rovida (near Centrale)** — local favorite for fresh, non-industrial pastries; great if you want a more “authentic neighborhood” vibe  
- **Nepà (Via San Gregorio)** — small, curated pastry spot that many travelers call a “must” (try their signature pastries / maritocco-style options)  

## **Gelato**

- **Terra Gelato (Via Vitruvio)** — often mentioned by tourists as one of the best gelato stops near Centrale; creamy, high-quality flavors 
- **Venchi (inside Milano Centrale)** — easy, tasty option for chocolate lovers (gelato + hot chocolate) 

## **Pastry / Chocolate**

- **Pasticceria San Gregorio (near Centrale)** — famous Milan pastry bar with beautiful, “wow” desserts (a bit pricier, but iconic) 



## "Milan aperitivo" classics (authentic + tourist-friendly)

- **Bar Basso** (**Porta Venezia**) — the iconic spot for the Negroni Sbagliato vibe; lively, very "Milan" 🍷✨
- **Frida** (**Isola**) — hidden courtyard, plants + music + social atmosphere; praised for friendly service 🌱🎵



## Easy, social & international

- **Ostello Bello Grande Bar** (**Centrale**) — super welcoming mixed crowd (Italians + travelers) + nightly events (DJ set, comedy, games, etc.) 🎉😊

## Cocktails (date-friendly / “wow” drinks)

- Nottingham Forest (Porta Venezia) — creative cocktails + “experience” style 
- Kilburn (Porta Venezia / Repubblica area) — classy, cozy cocktail bar 
- Gesto (Porta Venezia) — cocktails + small plates + cool music vibe; good for groups or a fun pre-night-out 

## Views / “special night”

- Terrazza Gallia (Centrale) — elegant rooftop-style atmosphere at Hotel Gallia; great for a refined aperitivo 

- **Radio Rooftop Bar**  
**(Repubblica / Porta Nuova)**  
— stylish rooftop with skyline views, great cocktails, very popular with international guests   
- **Terrazza Aperol (Duomo)** — iconic Duomo view (classic “Milan postcard” moment), perfect for aperitivo photos  

## Live music / late night energy

- **Blue Note Milano (Isola)** — legendary jazz club; perfect “dinner + show” night  
- **Moebius (Centrale)** — cocktails + design + music nights in a cool warehouse venue  

# Food & Drinks for Families (Kids-Approved)

 **Family tip:** ask for seggiolone (high chair) + “posso avere un tavolo comodo per passeggino?”

 **Best time:** early dinner (19:00-20:00) = calmer + faster service

 **Closest & most relaxed near home**

- **HUG Milano – Il Bistrot Sociale** — community-hub vibe: big tables, stroller-friendly, super inclusive (books/drawing corner + weekend activities) 
- **Corner NoLo** — easy, relaxed pizza/burgers; nobody minds

if kids are kids (great “no-stress” dinner). 

## **Big spaces + kid-friendly setup**

- **Fuorimano OTBP** — huge indoor/outdoor spaces + courtyard feel (great when kids need to move). Weekend family brunch is a classic.  
*Note:* some areas (like the ornamental pool zone) have rules for minors 
- **Mare Culturale Urbano** — big courtyard + family corner with games/books, often with an educator at key times (great for aperitivo while kids chill) 

- Un Posto a Milano (Cascina Cuccagna) — countryside-in-the-city vibe: space, greenery, and a very pleasant “slow” lunch/early dinner with kids  

## ★ THE JOLLY “Super Giochi”

- Mamusca — the closest thing to “Twister-style” in the city: **kids books + board games vibe**, made for families. Great for breakfast / merenda / aperitivo while kids play  

## 🐾 “WOW” snack for animal-loving kids

- Crazy Cat Café — magical if your kids love animals (cats walk around!)  



## Merenda

- **Pasticceria Gelsomina** — bright, pretty, very “Italian sweet break” (their *maritzozzi* are famous). Great area for a family stroll after 🍪☕



## Pizza near home

- **Pizzium (Viale Andrea Doria 17)** — “verace” Neapolitan pizza, quick service, usually easy with families 🍅🔥



## Extra “let them run!” (safe, beautiful, modern park)

- **BAM – Biblioteca degli Alberi Milano** — one of the best spots for kids: play area + wide open space (perfect before/after a meal) 🌳🎈



# What to See & Do in Milan — Must-See Classics



## Duomo di Milano + Terraces

The heart of Milan. The cathedral is stunning, but the real wow is going up to the terraces for skyline views and gothic spires close-up.



## Galleria Vittorio Emanuele II

Right next to the Duomo. A beautiful glass arcade with historic cafés and luxury shops.

Don't miss the famous "bull mosaic spin" (a fun little tradition).



## Teatro alla Scala (La Scala)

Iconic opera house. Even if you don't attend a show, the museum/venue area is a classic Milan experience.



## Castello Sforzesco

A huge castle complex + the city's most famous park behind it.



## Brera District

Charming streets, romantic corners, and the Pinacoteca di Brera (major art museum).



## Navigli Canals

Milan's canal district — lively, photogenic, and best in the evening.



## If you're traveling with kids

-  Natural History Museum (dinosaurs!)
-  Leonardo da Vinci Science & Technology Museum (huge + very interactive)

# Hidden Gems & Modern Milan (Local Favorites)

Milan isn't just the Duomo — it's also canals, street art, design, and skyline views. Here are the best "locals' Milan" ideas 

## Naviglio Martesana

A peaceful canal with a walking/cycling path, perfect for a **slow stroll**, a morning jog, or an early evening walk.

## Street Art Hunt

Milan has incredible murals and urban art — and it's a fun "treasure hunt" for adults and kids. Focus on NoLo • Isola • Lambrate

## **Porta Nuova Skyline**

-  **Bosco Verticale**: Vertical Forest towers
-  **Unicredit Tower**: sleek buildings, modern squares

## **Fondazione Prada**

A contemporary art space in a transformed industrial complex.

## **Triennale Design Museum**

Perfect if you like architecture, furniture, fashion, and modern culture.

## **Liberty Milan**

For a charming, romantic walk:

- **Porta Venezia / Liberty buildings**: beautiful facades, elegant streets

- **Villa Invernizzi flamingos**: a quirky hidden surprise in the city

## **Best Views**

- **Torre Branca**: panoramic tower in Parco Sempione
- **Rinascente Rooftop**: great “Duomo view” vibe — perfect for coffee or aperitivo

## **Cimitero Monumentale**

Open-air sculpture museum — peaceful and impressive.



# Getting Around



## Stations

- Pasteur (M1): ~5 min walk (~400 m)
- Loreto (M2 + M1) : ~10 min walk (~600 m)
- Milano Centrale (M3 + M2 + trains): ~10 min walk (~700 m)



## Bus (ATM)

- Via Sammartini: ~5 min walk (~400 m)



## Tram

- Via Venini: ~2 min walk (~200 m)



# Day Trips from Milan

You can do a beautiful “fuoriporta” and still come back to sleep comfortably at NoLo Centrale Apartment. Below are 3 top options that work in every season and for every budget.

## Host's Top Pick: Bergamo (Città Alta)

Why it's the best all-round day trip: medieval upper town + views + great food + very walkable.

## Getting there (super easy)

- Direct train from Milano Centrale → Bergamo
- ~50 minutes, departures about every hour.

## Perfect mini-itinerary

-  [Funicular up to Città Alta](#)  
(the classic way)
-  Wander the historic streets, [Piazza Vecchia](#), viewpoints along the walls

## [Como + Brunate](#)

Lake scenery with almost zero planning.

## Getting there

- [Milano Centrale](#) → [Como S. Giovanni](#)
- ~40 minutes, regular departures.

## What to do (simple & beautiful)

-  Stroll the lakefront + old town

- 🚎 Take the Como-Brunate funicular for panoramic views

## Lecco + Piani d'Erna (lake + mountains)

Dramatic mountain scenery, fresh air, and a “mini-adventure” feeling.

## **Getting there**

- Milano Centrale → Lecco
- ~40 minutes, direct and frequent.

## **The highlight: cable car to Piani d'Erna**

## Check-out Quick List

- Take trash to the courtyard bins
-  Wash dishes / run dishwasher if needed
-  Close windows and turn off lights
-  Leave the keys on the table inside the apartment (unless otherwise agreed in advance with the host)
-  Confirm Nuki smart lock locked the door

## Share Your Experience

If you enjoyed your stay, a quick review would truly mean a lot to us — it helps future guests choose with confidence, and it helps us keep improving. Thank you! 

## Leave your Airbnb review

This is the most important one for us — even 2–3 lines are perfect.

 *Tip:* mention what you liked most (cleanliness, comfort, location, sleep quality, communication).

## **Leave a Google review**

Google reviews are like a public guestbook for our home — fun to read, and super helpful for travelers searching on Maps.



## **Prefer private feedback?**

If anything could be improved, please message us privately on Airbnb — we genuinely appreciate it and we act on it. 

**Thank you again for choosing  
our home in Milan ✨**

# Contacts & Details

**Maurizio & Andrea Trabucchi —**

Hosts

 **Call / WhatsApp:**

- +39 338 756 5205 — Maurizio
- +39 393 669 8003 — Andrea

 **Email:**

trabucchiapartments@hotmail.com

 **NoLo Centrale Apartment**

 **Via Soperga 52, Milan (MI), IT**