

# Welcome to Milan!

Your Home Away from Home



# INDEX — Quick Navigation

1.  [Welcome](#)
2.  [House Rules](#)
3.  [TV & Channels Guide](#)
4.  [NoLo Neighborhood](#)
5.  [Food & Drinks](#)
6.  [Families](#)
7.  [What to See in Milan](#)
8.  [Hidden Gems](#)
9.  [Getting Around](#)
10.  [Day Trips](#)
11.  [Check-out Quick List](#)
12.  [Reviews](#)
13.  [Contacts & Details](#)

**NOTE:** This guide has clickable links. If the links don't work, you're probably viewing a preview inside an app or browser where links are disabled. Download the PDF and open it in a PDF reader.

# NoLo Centrale Apartment

## Welcome to Milan!

**Address:** Via Soperga 52, Milano IT

**Hosts:** Maurizio & Andrea 

### Quick Links:

-  [Apartment](#)
-  [Milano Centrale](#)
-  [Loreto \(M1/M2\)](#)
-  [Emergency number: 112](#)

# Hello & Welcome

Hello and welcome to Milan! We are Maurizio and Andrea, your hosts. We are thrilled to have you here at NoLo Centrale Apartment, your home away from home 

If you need anything during your stay, we're just a message away. Enjoy Milan and make yourself at home! 

## Check-in & Access

- Check-in is generally done in person 
- We'll meet you outside the main building entrance at the agreed time 
- We'll walk in together and you'll receive:
  - Key for the main building door 
  - Key for the second building door 
  - Your access code for the apartment entrance 



## How to reach the apartment

- You can go up by stairs or by the iconic glass elevator A clock icon, suggesting the elevator is transparent like glass.
- Apartment location:
  - 3rd floor — Staircase A (main staircase) A small icon of a building with a chimney.
  - Door on the right A right-pointing arrow icon.
  - Look for the brass plate that says: "*Trabucchi Apartments*" A small icon of a brass plaque with a keyhole.

## Smart-lock Nuki tips

- When you close the door, the lock auto-locks: you'll clearly hear the “click / lock” sound 
- If it doesn't lock immediately:
  - Wait a few seconds and you'll usually hear it lock
- If you ever have a problem:
  - Message/call the host 
  - From inside the apartment:
    - The lock can also be operated manually, so you can always open easily 



## Wi-Fi

- Dual-band 2.4 GHz + 5 GHz 
- Fiber line up to 2.5 Gbit/s 



## Guest network

- Name: Vodafone: Loreto-Centrale GUEST 
- Password: loretocentraleguest3 
- Security: WPA2/WPA3 + firewall 

*(QR code will be provided in the apartment for quick access)* 



## Safety & Emergencies

Safety equipment in the home:

- Smoke detectors
- Carbon monoxide detection
- Fire extinguisher



## Thermostat

- The thermostat is at the apartment entrance
- Set temperature by turning the dial:

  - Right = warmer
  - Left = cooler

- You'll see the target temperature on the digital display



# House Rules (simple & important)

We only have a few rules to ensure a peaceful stay for you and our neighbors



## Quiet Hours — 10:00 PM to 8:00 AM

- Please keep noise low at night, especially in shared areas (entrance hall & stairs) and on the balcony
  - Inside the apartment you can relax and enjoy — just avoid high volume late at night
- 
- 



## No Parties

- No parties in the apartment,  
please 
- Any extra guests beyond the  
reservation must be agreed  
with us in advance 



## No Smoking Indoors

- This is a non-smoking home
- Smoking is allowed only on  
the balcony 
- Please use the ashtray and  
never throw cigarette butts  
outside 
- Keep balcony doors closed  
while smoking 



## Cleanliness & Waste

- Please leave the apartment as tidy as you found it ✨
- Dishwasher is available



## Recycling color code

- **GREEN** → Glass
- **YELLOW** → Plastic & metals
- **WHITE/BLUE** → Paper
- **BROWN** → Organic waste
- **CLEAR/NEUTRAL** → General waste



## Keys & Security

- Please take good care of the keys 

- When leaving, make sure the Nuki smart lock has locked the door automatically 

## **Elevator**

- Please always check inner doors & main door are fully closed 
- Check: the “occupied” red light should be OFF 

## **No Pets**

- No pets allowed (allergies + building rules), unless we agreed an exception before your stay 



# TV & Channels Guide

The TVs you'll find in our apartment are already set to prefer English audio when multiple audio tracks exist.

1  
2  
3  
4

## Main channels

- 1/501 Rai 1 — main Italian
- 2/502 Rai 2 — entertainment
- 3/503 Rai 3 — culture + news
- 4 Rete 4 — talk/news
- 5 Canale 5 — shows
- 6 Italia 1 — series
- 7 La7 — current affairs
- 8 TV8 — entertainment
- 9 Nove — comedy



## News

- 48 Rai News 24
- 50 Sky TG24
- 51 TGCom24



## Movies & Series

- 20 20 Mediaset — action
- 21 Rai 4 — action / sci-fi
- 22 Iris — movies + cult titles
- 24 Rai Movie — movies
- 25 Rai Premium — drama
- 26 Cielo — movies/series
- 27 Twentyseven — classics
- 34 Cine34 — Italian cinema
- 37 Warner TV — movies
- 38 Giallo — crime
- 39 Top Crime — crime



## **Family-friendly**

- 5 Canale 5 / 6 Italia 1 / 8 TV8 / 9 Nove — general
- 31 Real Time — lifestyle
- 33 Food Network — cooking
- 56 HGTV — home & design



## **Kids**

- 43 Rai Yoyo — educational
- 46 Cartoonito — adventures
- 40 Boing — cartoons
- 41 K2 — adventures
- 42 Rai Gulp — teen vibe
- 44 Frisbee — younger-kid
- 45 Boing Plus — alternative
- 47 Super! — teen-leaning mix



## Sports

- 58 Rai Sport — some live
- 60 SportItalia — news/events
- 64 SuperTennis — tennis



## Culture

- 23 Rai 5 — culture, concerts
- 54 Rai Storia — history
- 57 Rai Scuola — educational



## Music TV

- 36 RTL 102.5 TV — live radio
- 66 Radio 105 TV — hit music
- 67 R101 TV — pop music
- 69 Deejay TV — most-played
- 70 Radio Italia TV — italian
- 258 Radiofreccia — rock
- 266 Radio Zeta — trending



## **Public radio**

- 701 Rai Radio 1 — news
- 702 Rai Radio 2 — music
- 703 Rai Radio 3 — culture
- 704 Rai GR — politics
- 705 Rai Isoradio — traffic
- 706 Rai Radio 3 — classical
- 707 Rai Radio Kids — kids
- 708 Rai Radio Live — live
- 709 Rai Techetè — classics
- 710 Rai — 100% Italian music
- 711 Rai 1 Sport — sports talk
- 712 No Name — alternative



## **National stations**

- 713 Radio Capital — talk
- 714 Radio Deejay — hits

- 715 m2o — dance/electronic
- 724 RDS — pop hits
- 733 Vatican Radio — news
- 736 RTL 102.5 — hits + talk
- 737 Radio Zeta — young
- 738 Radiofreccia — rock
- 739 RTL 102.5 — news
- 742 RTL 102.5 DOC — classics
- 743 RTL 102.5 — music
- 746 Radio 24 — news
- 770 Radio Italia — italian
- 771 R101 — pop
- 772 Radio Monte Carlo — chill
- 785 Radio 105 — hit music
- 786 Virgin Radio — rock



# NoLo Neighborhood

NoLo is one of Milan's most vibrant, creative up-and-coming districts.

It's multicultural, lively, and still authentically local.

## What you'll love here

- **Safe & welcoming** day and night (use normal big-city common sense).
- **Street art & murals** everywhere — perfect for photos.
- **Food diversity:** trattorias, pizza, noodles, sushi, falafel, everything.

- 🍕 Local hangouts:
  - Giardino degli Artisti
  - Piazza Morbegno
  - Parco Trotter

## 🛒 Essentials nearby

Supermarkets, bakeries, pharmacies, ATMs — all within walking distance.

## 🛒 Friday morning open-air Via Marco Aurelio market (local experience!)



## Cinema Beltrade

Cinema Beltrade is a small independent one-screen cinema nearby, known for its original audio + subtitles culture and a very "community" atmosphere.



### **How the schedule works**

- Morning shows can start around 10:40
- Then 13:00 / 15:00 / 16:50
- Evening around 19:30 / 21:30
- On selected nights they also run a late show around 23:50



### **Where it is & how to get there**

- Address: Via Nino Oxilia 10,  
Milan

## Tickets & booking

- Tickets are sold at the box office.
- You can reserve by email.
- You can also pre-buy online.

## Quick Links:

-  [Today's program](#)
-  [All films](#)
-  [Tickets & prices](#)
-  [Reserve a seat by email](#)
-  [Phone \(daily info\)](#)

# FOOD & DRINKS

## ⭐ Your Host's Favorites

- Corner NoLo (pizza • burgers
  - easy & trendy) 
- I 3 Fratelli (classic Italian comfort food, friendly vibe) 
- Osteria Pasta e Fagioli (cozy osteria, hearty Southern Italian) 

## Milanese / Classic Italian

- Osteria del Treno Milanese in a beautiful historic setting 
- Trattoria Sabbioneda da Romolo — super authentic “old Milan” vibe; simple, hearty dishes 

- Trattoria Bertamè — cozy trattoria feel; a solid pick for ossobuco + risotto 
- Antica Osteria Cavallini classic Milanese restaurant with a lovely garden; perfect for a relaxed traditional dinner 
- Osteria de Milan contemporary take on Milanese comfort food 

## Pizza

- Spontini — iconic Milanese thick-crust slices 
- Pizzium — Neapolitan-style pizza with “regional” toppings from all over Italy 
- San Mina — simple, local vibe + generous toppings 

- **Gianni — Noloso Pizzeria**  
cozy, super-friendly spot with excellent ingredients 😊

## Meat Lovers

- **La Griglia di Varrone**  
premium grill for steak nights + special cuts 🥩
- **FOCUS — Bracerie Italiane**  
Italian meat on the grill, energetic vibe 🔥
- **PitBeef Milano** — excellent meat + whisky pairing concept 🥃
- **Osteria Braceria La Ciccia**  
barbecue in sight + classic Italian sides, very guest-friendly 🍷

- Osteria della Carne Sedda & Faedda — old-school about the meat 

## Seafood Lovers

- Il Salernitano — classic Italian seafood: spaghetti “al cartoccio”, scampi, risotti di mare (very traditional) 
- La Caletta — Sardinian seafood spot: simple, generous plates + super local atmosphere 
- Da Salvatore — Sicilian family-run place with excellent fish options 
- Bel Paese — super close and very guest-friendly 

## Ethnic

- Ramen Shifu  
Japanese ramen + gyoza 
- Wàng Jiao “Mong Kok”  
Chinese 
- CasaVietnam  
Vietnamese classics 
- Kashmir  
Indian/Pakistani 
- Jeonju Bibimbap  
Korean favorites 
- Fairouz  
Lebanese mezze 
- Piedra del Sol  
Mexican classics 

## Vegetarian

- Radicetonda — organic  
vegan comfort food 

- Flower Burger — fun, colorful vegan burgers 
- Giardì — fully plant-based real food spot 
- Joia — Michelin-star vegetarian fine dining 

## Breakfast

- Caffè Panzera — classic Milan “bar breakfast” right by Centrale: cappuccino + brioche in a real old-school setting 
- Bar Pasticceria Rovida local favorite for fresh, non-industrial pastries; authentic neighborhood vibe 
- Nepà — small, curated pastry spot that many travelers call a “must” 

## **Gelato**

- **Terra Gelato** — one of the best gelato stops near Centrale; creamy, high-quality flavors 
- **Venchi** — easy, tasty option for chocolate lovers (gelato + hot chocolate) 

## **Pastry**

- **Pasticceria San Gregorio** famous Milan pastry bar with beautiful “wow” desserts 

## **“Milan aperitivo” classics**

- **Bar Basso** — the iconic spot for the Negroni Sbagliato vibe; lively, very “Milan” 
- **Frida** — hidden courtyard, plants + music + social 

## Social & international

- Ostello Bello Grande Bar  
super welcoming 😊

## Cocktails

- Nottingham Forest  
creative cocktails 🍸
- Kilburn — classy, cozy  
cocktail bar 🍻
- Gesto — cocktails + small  
plates + cool music vibe 🎵

## Views

- Terrazza Gallia — elegant  
rooftop-style great for a  
refined aperitivo 🏙
- Radio Rooftop Bar — stylish  
rooftop with skyline views 🌟
- Terrazza Aperol — iconic  
Duomo view 📸

# Food&Drinks for Families

## Closest

- HUG Milano - Il Bistrot Sociale — community-hub  
vibe: big tables, stroller-friendly, super inclusive 
- Corner NoLo — easy, relaxed pizza/burgers 

## Big spaces

- Fuorimano OTBP — huge indoor/outdoor spaces & courtyard feel. 
- Mare Culturale Urbano big courtyard & family corner with games/books, often with an educator at key times 
- Un Posto a Milano countryside-in-the-city 

## ★ THE JOLLY

- Mamusca — kids books & board games vibe 🎲

## 🐾 Snack for animal-loving kids

- Crazy Cat Café — magical if your kids love animals 😺

## 🍰 Merenda

- Pasticceria Gelsomina bright, pretty, very “Italian sweet break” 🍩

## 🍕 Pizza

- Pizzium — “verace” Neapolitan pizza 🍅

## 🌳 Extra

- BAM – Biblioteca degli Alberi Milano — one of the best spots for kids: play area & wide open space 🌳



## What to See & Do



### Duomo di Milano + Terraces

The heart of Milan. The cathedral is stunning, but the real wow is going up to the terraces for skyline views and gothic spires close-up.



### Galleria Vittorio Emanuele II

Right next to the Duomo. A beautiful glass arcade with historic cafés and luxury shops.

Don't miss the famous "bull mosaic spin" (a fun little tradition).



### Teatro alla Scala (La Scala)

Iconic opera house. Even if you don't attend a show, the museum/venue area is a classic Milan experience.



## Castello Sforzesco

A huge castle complex & the city's most famous park behind it.



## Brera District

Charming streets, romantic corners, and the Pinacoteca di Brera (major art museum).



## Navigli Canals

Milan's canal district — lively, photogenic, and best in the evening.



## If you're traveling with kids

-  Natural History Museum (dinosaurs!)
-  Leonardo da Vinci Science & Technology Museum (huge & very interactive)

# Hidden Gems

Milan isn't just the Duomo — it's also canals, street art, design, and skyline views. Here are the best "locals' Milan" ideas 

## Naviglio Martesana

A peaceful canal with a walking/cycling path, perfect for a slow stroll, a morning jog, or an early evening walk

## Street Art Hunt

Milan has incredible murals and urban art — and it's a fun "treasure hunt" for adults and kids. Focus on NoLo • Isola • Lambrate

## **Porta Nuova Skyline**

-  **Bosco Verticale**: Vertical Forest towers
-  **Unicredit Tower**: sleek buildings, modern squares

## **Fondazione Prada**

A contemporary art space in a transformed industrial complex

## **Triennale Design Museum**

Perfect if you like architecture, furniture, fashion, and modern culture

## **Liberty Milan**

For a charming, romantic walk:

- **Porta Venezia / Liberty buildings**: beautiful facades, elegant streets
- **Villa Invernizzi flamingos**: a quirky hidden surprise in the city

## **Best Views**

- **Torre Branca**: panoramic tower in Parco Sempione
- **Rinascente Rooftop**: great “Duomo view” vibe — perfect for coffee or aperitivo

## **Cimitero Monumentale**

Open-air sculpture museum, peaceful and impressive



# Getting Around



## Stations

- Pasteur (M1): 5 min walk
- Loreto (M2 + M1) : 7 min walk
- Milano Centrale (M3 + M2 + trains): 10 min walk



## Bus (ATM)

- Via Sammartini: 5 min walk



## Tram

- Via Venini: 2 min walk

# Day Trips from Milan

You can do a beautiful “fuoriporta” and still come back to sleep comfortably at NoLo Centrale Apartment.

## Bergamo (Città Alta)

Medieval upper town + views + great food + very walkable.

### Getting there

- Direct train from Milano Centrale → Bergamo
- About 50 minutes

### Perfect mini-itinerary

-  Funicular up to Città Alta
-  Wander the historic streets, Piazza Vecchia, viewpoints along the walls

## Como + Brunate

Lake scenery, zero planning

### Getting there

- Milano → Como S. Giovanni
- Around 40 minutes

### What to do

-  Stroll the lakefront
-  Take the Como-Brunate funicular for panoramic views

## Lecco + Piani d'Erna

Dramatic mountain scenery, fresh

### Getting there

- Milano Centrale → Lecco
- About 40 minutes

### Highlight: cable car to Piani d'Erna

## Torino

Elegant, walkable, “big-city wow” without being overwhelming

### **Getting there**

- Direct train Milano Centrale  
→ Torino Porta Susa / Porta Nuova
- Around 1 hour

### **Perfect mini-itinerary**

-  Piazza Castello + Via Roma
-  Historic café stop
-  Sunset walk by the Po River (or a museum if it rains)



## Verona

Romantic, compact, super photogenic



## Getting there

- Direct train Milano Centrale  
→ Verona Porta Nuova
- About 1h15-1h30, frequent



## What to do

-  Piazza Bra + Arena area
-  Walk to Ponte Pietra + viewpoints along the river
-  Aperitivo in the historic center



## Bologna

Miles of porticoes = rain-proof day trip, plus legendary food



### Getting there

- Train Milano → Bologna Centrale
- Around 1 hour, very frequent



### Perfect mini-itinerary

-  Walk under the porticoes
-  Lunch: tagliatelle al ragù or tortellini
-  Quick city viewpoint before heading back



## Parma

Huge food satisfaction



## Getting there

- Train Milano → Parma
- About 1h20–1h40, frequent



## Perfect mini-itinerary

- 🏛️ Historic center stroll
- 🧀 Food shop stop
- 🍦 Gelato + easy train back



## Varenna + Bellagio

Classic lake scenery



## Getting there

- Train Milano → Varenna-Esino
- Around 1h–1h30



## Perfect mini-itinerary

- 🌊 Lakeside promenade
- 🚤 Ferry hop to Bellagio



## **Stresa + Borromean Islands**

Elegant promenade & islands



### **Getting there**

- Train Milano Centrale → Stresa
- Often around 1 hour



### **Perfect mini-itinerary**

-  Stresa lakefront stroll
-  Boat to Isola Bella / Isola dei Pescatori
-  Back to Milan in time for dinner



## Monza

Feels like a mini escape, perfect for families and “low effort, high relax”



### Getting there

- Train Milano → Monza
- About 10–15 minutes, very frequent



### Perfect mini-itinerary

- Villa Reale
- Walk/bike in Parco di Monza
- Coffee in the historic center





## Pavia + Certosa

Quiet, beautiful, and “real Italy”



### Getting there

- Train Milano → Pavia
- Around 25–40 minutes



### Perfect mini-itinerary

-  Historic center stroll
-  Optional: Certosa di Pavia
-  Back in Milan for aperitivo

## Lake Garda

Lakeside views & cute towns

### Getting there

- Train Milano Centrale → Desenzano del Garda
- From there: short taxi/bus to Sirmione

### Perfect mini-itinerary

-  Lakeside walk + old town
-  Viewpoints + quick beachy promenade
-  Gelato + scenic return

## Check-out Quick List

-  Take trash to the courtyard bins
-  Wash dishes / run dishwasher if needed
-  Close windows and turn off lights
-  Leave the keys on the table inside the apartment (unless otherwise agreed in advance with the host)
-  Confirm Nuki smart lock locked the door

# Share Your Experience

If you enjoyed your stay, a quick review would truly mean a lot to us, it helps future guests choose with confidence, and it helps us keep improving. Thank you! 

## Leave your Airbnb review

This is the most important one for us — even 2–3 lines are perfect.

 Tip: mention what you liked most (cleanliness, comfort, location, sleep quality, communication).

## Leave a Google review

Google reviews are like a public guestbook for our home — fun to read, and super helpful for travelers searching on Maps.

 **Prefer private feedback?**

If anything could be improved,  
please message us privately on  
Airbnb — we genuinely appreciate  
it and we act on it. 

**Thank you again for choosing  
our home in Milan** 

*Maurizio & Andrea.*

# Contacts & Details

**Maurizio & Andrea Trabucchi —**

Hosts

 **Call / WhatsApp:**

- +39 338 756 5205 — Maurizio
- +39 393 669 8003 — Andrea

 **Email:**

trabucchiapartments@hotmail.com



**NoLo Centrale Apartment**



**Via Soperga 52, Milan (MI), IT**