

Life is the complex condition that distinguishes living organisms from non-living matter, characterized by growth, metabolism, responsiveness, and reproduction. It is shaped by both genetic inheritance and environmental influences, creating a continuous interaction between what is innate and what is learned.

Life is also a subjective experience, defined by consciousness, emotions, relationships, and purpose. Beyond biological processes, it involves meaning-making, adaptation to change, and the pursuit of goals that give direction to human existence.