

Beverage_category	Beverage	Beverage_prep	Calories	Total Fat (g)	Trans Fat (g)	Saturated Fat (g)	Sodium (mg)	Total Carbohydrate	Cholesterol (mg)	Dietary Fibre (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)	Caffeine (mg)
Coffee	Brewed Coffee	Short	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	175
Coffee	Brewed Coffee	Tall	4	0.1	0	0	0	10	0	0	0	0.5	0%	0%	0%	0%	260
Coffee	Brewed Coffee	Grande	5	0.1	0	0	0	15	0	0	0	1	0%	0%	0%	0%	330
Coffee	Brewed Coffee	Venti	5	0.1	0	0	0	10	0	0	0	1	0%	0%	2%	0%	410
Classic Espresso Caffé Latte		Short Nonfat Milk	70	0.1	0.1	0	5	75	10	0	9	6	10%	0%	20%	0%	75
Classic Espresso Caffé Latte		2% Milk	100	3.5	2	0.1	15	85	10	0	9	6	10%	0%	20%	0%	75
Classic Espresso Caffé Latte		Soymilk	70	2.5	0.4	0	0	65	6	1	4	5	6%	0%	20%	8%	75
Classic Espresso Caffé Latte		Tall Nonfat Milk	100	0.2	0.2	0	5	120	15	0	14	10	15%	0%	30%	0%	75
Classic Espresso Caffé Latte		2% Milk	180	3	0	0.2	25	135	15	0	14	10	15%	0%	30%	0%	75
Classic Espresso Caffé Latte		Soymilk	110	4.5	0.5	0	0	140	0	0	6	8	10%	0%	30%	15%	75
Classic Espresso Caffé Latte		Grande Nonfat M	130	0.3	0.2	0	5	150	19	0	18	13	20%	0%	40%	0%	150
Classic Espresso Caffé Latte		2% Milk	190	7	3.5	0.2	30	170	19	0	17	12	20%	2%	40%	0%	150
Classic Espresso Caffé Latte		Soymilk	150	5	0.5	0	0	130	13	1	8	10	15%	0%	40%	15%	150
Classic Espresso Caffé Latte		Venti Nonfat Milk	170	0.4	0.3	0	10	190	25	0	23	16	30%	0%	50%	0%	150
Classic Espresso Caffé Latte		2% Milk	240	9	4.5	0.3	35	220	24	0	22	16	25%	2%	50%	0%	150
Classic Espresso Caffé Latte		Soymilk	190	7	1	0	0	170	16	2	11	13	20%	0%	50%	25%	150
Classic Espresso Caffé Mocha		(W/ Short Nonfat Milk	110	1.5	1	0	5	80	21	1	17	7	8%	0%	15%	10%	85
Classic Espresso Caffé Mocha		(W/ 2% Milk	130	4	2	0.1	10	70	21	1	17	6	8%	0%	15%	10%	85
Classic Espresso Caffé Mocha		(W/ Soymilk	110	3.5	1	0	0	55	19	2	13	6	6%	0%	15%	20%	85
Classic Espresso Caffé Mocha		(W/ Tall Nonfat Milk	170	2	1	0	5	100	32	1	27	10	15%	0%	25%	20%	95
Classic Espresso Caffé Mocha		(W/ 2% Milk	200	6	3.5	0.1	20	115	32	1	26	10	15%	0%	25%	20%	95
Classic Espresso Caffé Mocha		(W/ Soymilk	180	5	1.5	0	0	85	28	2	20	9	10%	0%	25%	30%	95
Classic Espresso Caffé Mocha		(W/ Grande Nonfat M	220	2.5	1.5	0	5	125	43	2	33	13	20%	0%	35%	25%	175
Classic Espresso Caffé Mocha		(W/ 2% Milk	260	8	4.5	0.2	25	140	45	2	34	13	15%	2%	35%	30%	175
Classic Espresso Caffé Mocha		(W/ Soymilk	230	7	2	0	0	105	37	3	26	11	10%	0%	35%	40%	175
Classic Espresso Caffé Mocha		(W/ Venti Nonfat Milk	280	3	2	0	10	160	54	2	44	17	25%	0%	45%	30%	180
Classic Espresso Caffé Mocha		(W/ 2% Milk	340	11	6	0.2	30	180	53	2	43	17	20%	2%	45%	30%	180
Classic Espresso Caffé Mocha		(W/ Soymilk	290	9	2.5	0	0	140	47	4	33	14	15%	0%	45%	50%	180
Classic Espresso Vanilla Latte		(Or / Short Nonfat Milk	100	0.1	0.1	0	5	70	19	0	18	6	10%	0%	20%	0%	75
Classic Espresso Vanilla Latte		(Or / 2% Milk	110	3.5	1.5	0.1	15	80	18	0	17	6	10%	0%	20%	0%	75
Classic Espresso Vanilla Latte		(Or / Soymilk	110	2.5	0.3	0	0	60	16	1	13	5	6%	0%	20%	8%	75
Classic Espresso Vanilla Latte		(Or / Tall Nonfat Milk	150	0.2	0.1	0	5	110	28	0	27	9	15%	0%	30%	0%	75
Classic Espresso Vanilla Latte		(Or / 2% Milk	200	5	2.5	0.2	20	125	28	0	27	9	15%	0%	30%	0%	75
Classic Espresso Vanilla Latte		(Or / Soymilk	160	4	0.5	0	0	95	23	1	20	7	10%	0%	30%	15%	75
Classic Espresso Vanilla Latte		(Or / Grande Nonfat M	200	0.3	0.2	0	5	140	37	0	35	12	20%	0%	35%	0%	150
Classic Espresso Vanilla Latte		(Or / 2% Milk	250	6	3.5	0.2	25	150	37	0	35	12	20%	2%	35%	0%	150
Classic Espresso Vanilla Latte		(Or / Soymilk	210	5	0.5	0	0	120	31	1	26	9	10%	0%	35%	15%	150
Classic Espresso Vanilla Latte		(Or / Venti Nonfat Milk	250	0.2	0.1	0	10	180	47	0	35	15	25%	0%	45%	0%	150
Classic Espresso Vanilla Latte		(Or / 2% Milk	320	9	4.5	0.3	35	200	46	0	44	15	25%	2%	45%	0%	150
Classic Espresso Vanilla Latte		(Or / Soymilk	270	7	1	0	0	160	39	2	33	12	15%	0%	45%	20%	150
Classic Espresso Caffé Americano		Short	5	0	0	0	0	5	1	0	0	0.4	0%	0%	0%	0%	75
Classic Espresso Caffé Americano		Tall	10	0	0	0	0	10	2	0	0	1	0%	0%	2%	0%	150
Classic Espresso Caffé Americano		Grande	15	0	0	0	0	15	3	0	0	1	0%	0%	2%	0%	225
Classic Espresso Caffé Americano		Venti	25	0	0	0	0	15	4	0	0	1	0%	0%	2%	0%	300
Classic Espresso Cappuccino		Short Nonfat Milk	50	0.1	0.1	0	5	60	8	0	7	5	8%	0%	15%	0%	75
Classic Espresso Cappuccino		2% Milk	80	3	1.5	0.1	10	70	8	0	7	5	8%	0%	15%	0%	75
Classic Espresso Cappuccino		Soymilk	50	1.5	0.2	0	0	40	4	0	3	3	4%	0%	10%	6%	75
Classic Espresso Cappuccino		Tall Nonfat Milk	80	0.1	0.1	0	5	70	9	0	8	6	10%	0%	20%	0%	75
Classic Espresso Cappuccino		2% Milk	90	3.5	1.5	0.1	15	80	9	0	8	6	10%	0%	20%	0%	75
Classic Espresso Cappuccino		Soymilk	70	3	0.4	0	0	65	7	1	4	5	6%	0%	20%	8%	75
Classic Espresso Cappuccino		Grande Nonfat M	80	0.2	0.1	0	5	90	12	0	10	8	10%	0%	25%	0%	150
Classic Espresso Cappuccino		2% Milk	120	4	2	0.1	15	100	12	0	10	8	10%	0%	25%	0%	150
Classic Espresso Cappuccino		Soymilk	100	3.5	0.4	0	0	80	9	1	5	7	8%	0%	25%	10%	150
Classic Espresso Cappuccino		Venti Nonfat Milk	110	0.2	0.2	0	5	120	16	0	14	10	20%	0%	30%	0%	150
Classic Espresso Cappuccino		2% Milk	150	6	3	0.2	25	135	16	0	14	10	15%	0%	30%	0%	150
Classic Espresso Cappuccino		Soymilk	120	4.5	0.5	0	0	110	11	1	7	9	10%	0%	35%	15%	150
Classic Espresso Espresso		Solo	5	0	0	0	0	0	1	0	0	0.4	0%	0%	0%	0%	75
Classic Espresso Espresso		Doppio	10	0	0	0	0	0	1	0	0	0	0%	0%	0%	0%	75
Classic Espresso Skinny Latte		(An/ Short Nonfat Milk	60	0.1	0.1	0	5	80	9	0	8	6	10%	0%	20%	0%	75
Classic Espresso Skinny Latte		(An/ Tall Nonfat Milk	100	0.2	0.1	0	5	125	14	0	13	9	15%	0%	30%	0%	75
Classic Espresso Skinny Latte		(An/ Grande Nonfat M	120	0.3	0.2	0	5	160	18	0	16	12	20%	0%	35%	0%	150
Classic Espresso Skinny Latte		(An/ Venti Nonfat Milk	160	0.3	0.2	0	10	200	24	0	21	15	25%	0%	50%	0%	150
Signature Espres Caramel Macchi Short Nonfat Milk			100	1	0.5	0	5	70	17	0	15	6	10%	0%	15%	0%	75
Signature Espres Caramel Macchi 2% Milk			120	4	2	0.1	15	80	16	0	15	5	10%	0%	15%	0%	75
Signature Espres Caramel Macchi Soymilk			100	3	1	0	0	60	14	1	11	4	8%	0%	15%	8%	75
Signature Espres Caramel Macchi Tall Nonfat Milk			140	1	0.5	0	5	105	25	0	24	8	15%	0%	25%	0%	75
Signature Espres Caramel Macchi 2% Milk			180	5	3	0.1	20	115	25	0	23	8	15%	0%	25%	0%	75
Signature Espres Caramel Macchi Soymilk			150	4.5	1	0	0	90	21	1	17	7	10%	0%	25%	10%	75
Signature Espres Caramel Macchi Grande Nonfat M			190	1	1	0	10	130	35	0	32	11	20%	0%	35%	0%	150
Signature Espres Caramel Macchi 2% Milk			240	7	3.5	0.2	25	150	34	0	32	10	15%	2%	30%	0%	150
Signature Espres Caramel Macchi Soymilk			200	5	1	0	5	115	29	1	24	9	10%	0%	35%	15%	150
Signature Espres Caramel Macchi Venti Nonfat Milk			240	1	1	0	5	170	43	0	41	13	20%	0%	40%	0%	150
Signature Espres Caramel Macchi 2% Milk			300	8	4.5	0.2	35	180	43	0	40	13	20%	2%	40%	0%	150
Signature Espres Caramel Macchi Soymilk			250	7	1.5	0	5	140	36	1	31	11	15%	0%	40%	20%	150
Signature Espres White Chocolate Short Nonfat Milk			180	3	2	0	5	120	31	0	29	7	10%	0%	25%	0%	75
Signature Espres White Chocolate 2% Milk			200	6	3.5	0.1	15	125	31	0	29	7	8%	2%	25%	0%	75
Signature Espres White Chocolate Soymilk			180	5	2.5	0	0	110	28	1	25	6	6%	0%	25%	8%	75
Signature Espres White Chocolate Tall Nonfat Milk			270	4.5	3.5	0	5	190	47	0	45	12	15%	2%	35%	0%	75
Signature Espres White Chocolate 2% Milk			310	8	6	0.1	5	200	46	1	44	14	15%	2%	40%	0%	75
Signature Espres White Chocolate Soymilk			290	8	3.5	0	0	170	42	1	39	10	10%	2%	35%	10%	75
Signature Espres White Chocolate Grande Nonfat M			350	6	4.5	0	10	240	61	0	58	15	20%	2%	45%	2%	150
Signature Espres White Chocolate 2% Milk			400	11	7	0.2	25	250	61	0	58	15	15%	2%	45%	0%	150
Signature Espres White Chocolate Soymilk			370	10	5	0	0	220	56	1	51	13	10%	2%	45%	15%	150
Signature Espres White Chocolate Venti Nonfat Milk			450	7	6	0	10	310	78	0	74	19	25%	2%	60%	2%	150
Signature Espres White Chocolate 2% Milk			510	15	9	0.2	35	330	77	0	74	19	20%	4%	60%	2%	150
Signature Espres White Chocolate Soymilk			460	13	6	0	5	290	70	1	64	16	15%	2%	40%	20%	150
Signature Espres Hot Chocolate (V Short Nonfat Milk			130	1.5	1	0	5	70	26	1	23	7	10%	0%	20%	10%	10
Signature Espres Hot Chocolate (V 2% Milk			150	4.5	2.5	0.1	15	80	26	1	22	7	10%	0%	20%	10%	10
Signature Espres Hot Chocolate (V Soymilk			130	3.5	1	0	0	60	23	2	18	6	6%	0%	20%	20%	10
Signature Espres Hot Chocolate (V Tall Nonfat Milk			190	2	1	0	5	110	37	1	32	11	15%	0%	30%	20%	20
Signature Espres Hot Chocolate (V 2% Milk			230	7	3.5	0.2	20	120	37	1	32	10	15%	0%	30%	20%	20
Signature Espres Hot Chocolate (V Soymilk			200	6	1.5	0	0	95	32	2	25	9	10%	0%	30%	30%	20
Signature Espres Hot Chocolate (V Grande Nonfat M			240	1.5	1.5	0	5	140	48	2	41	14	20%	2%	40%	25%	25
Signature Espres Hot Chocolate (V 2% Milk			290	9	5	0.2	25	160	47	2	41	14	2				

Signature Espresso Hot Chocolate (V Soy milk)	330	9	2.5	0	0	160	55	4	44	15	15%	0%	50%	50%	30
Signature Espresso Caramel Apple S Short	140	0	0	0	0	10	35	0	33	0	0%	0%	0%	0%	0
Signature Espresso Caramel Apple S Tall	210	0	0	0	0	15	53	0	49	0	0%	0%	0%	0%	0
Signature Espresso Caramel Apple S Grande	280	0	0	0	0	20	70	0	65	0	0%	0%	0%	0%	0
Signature Espresso Caramel Apple V Senti	360	0	0	0	0	25	89	0	83	0	0%	0%	0%	0%	0
Tazo® Tea Drink! Tazo® Tea      Short	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink! Tazo® Tea      Tall	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink! Tazo® Tea      Grande	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink! Tazo® Tea      Venti	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink! Tazo® Chai Tea I Short Nonfat Milk	100	0.1	0.1	0	0	50	22	0	21	4	6%	0%	10%	0%	50
Tazo® Tea Drink! Tazo® Chai Tea I 2% Milk	120	2	1	0.1	10	55	22	0	21	4	6%	0%	10%	0%	50
Tazo® Tea Drink! Tazo® Chai Tea I Soy milk	110	1.5	0.2	0	0	45	20	0	18	3	4%	0%	10%	0%	50
Tazo® Tea Drink! Tazo® Chai Tea I Tall Nonfat Milk	0.2	160	0.1	0	0	89	34	0.1	32	6	10%	0%	20%	2%	70
Tazo® Tea Drink! Tazo® Chai Tea I 2% Milk	190	3.5	1.5	0.1	15	90	34	0	32	6	10%	0%	20%	2%	70
Tazo® Tea Drink! Tazo® Chai Tea I Soy milk	160	2.5	0.3	0	0	70	31	1	28	5	6%	0%	20%	10%	70
Tazo® Tea Drink! Tazo® Chai Tea I Grande Nonfat M	210	0.2	0.1	0	5	105	45	0	43	8	15%	0%	25%	2%	95
Tazo® Tea Drink! Tazo® Chai Tea I 2% Milk	240	4.5	2	0.1	20	115	45	0	42	8	10%	0%	25%	2%	95
Tazo® Tea Drink! Tazo® Chai Tea I Soy milk	220	3.5	0.4	0	0	90	41	1	37	6	8%	0%	25%	10%	95
Tazo® Tea Drink! Tazo® Chai Tea Venti Nonfat Milk	260	0.3	0.2	0	5	135	57	0	54	10	15%	0%	35%	2%	120
Tazo® Tea Drink! Tazo® Chai Tea I 2% Milk	6	310	6	0	150	26	3	0	53	10	15%	0%	35%	2%	120
Tazo® Tea Drink! Tazo® Chai Tea I Soy milk	280	4.5	0.5	0	0	115	51	1	46	8	10%	0%	30%	15%	120
Tazo® Tea Drink! Tazo® Green Tea Short Nonfat Milk	130	0.2	0.1	0	5	85	26	0	25	7	10%	4%	20%	2%	25
Tazo® Tea Drink! Tazo® Green Tea 2% Milk	170	4	2	0.1	15	95	26	0	25	7	10%	6%	20%	2%	25
Tazo® Tea Drink! Tazo® Green Tea Soy milk	140	3	0.4	0	0	70	22	1	20	6	8%	4%	20%	10%	25
Tazo® Tea Drink! Tazo® Green Tea Tall Nonfat Milk	210	0.4	0.2	0	5	125	42	1	41	11	20%	10%	35%	4%	55
Tazo® Tea Drink! Tazo® Green Tea 2% Milk	260	6	0	0.2	25	140	41	3	1	40	15%	10%	35%	4%	55
Tazo® Tea Drink! Tazo® Green Tea Soy milk	230	4.5	0.5	0	0	110	36	2	33	9	10%	10%	35%	15%	55
Tazo® Tea Drink! Tazo® Green Tea Grande Nonfat M	290	0.5	0.2	0	10	160	57	1	56	14	25%	15%	45%	4%	80
Tazo® Tea Drink! Tazo® Green Tea 2% Milk	350	8	4	0.2	30	180	57	1	55	14	20%	15%	45%	4%	80
Tazo® Tea Drink! Tazo® Green Tea Soy milk	310	6	1	0	0	140	50	3	46	11	15%	15%	45%	25%	80
Tazo® Tea Drink! Tazo® Green Tea Venti Nonfat Milk	370	0.5	0.3	0	10	200	73	2	71	18	30%	20%	60%	6%	110
Tazo® Tea Drink! Tazo® Green Tea 2% Milk	450	10	5	0.3	40	230	72	2	71	17	25%	20%	50%	6%	110
Tazo® Tea Drink! Tazo® Full-Leaf Soy milk	390	8	1	0	0	180	64	1	56	14	20%	20%	60%	30%	110
Tazo® Tea Drink! Tazo® Full-Leaf *Short Nonfat Milk	0.1		0.1	0	0	45	16	0	16	4	0%	0%	0%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf 12% Milk	80	2	1	0.1	10	115	5	0	15	3	6%	0%	10%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Soy milk	80	1.5	0.2	0	0	40	14	0	13	3	4%	0%	10%	6.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Tall Nonfat Milk	120	0.1	0.1	0	5	65	23	0	23	5	10%	0%	20%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf 2% Milk	140	3	1.5	0.1	15	75	23	0	23	5	8%	0%	15%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Soy milk	130	2.5	0.3	0	0	60	21	1	19	4	6%	0%	20%	8.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Grande Nonfat M	150	0.2	0.1	0	0	85	31	0	31	7	15%	0%	25%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf 12% Milk	4	160	4	0.1	15	90	31	2	0	7	0%	0%	25%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Soy milk	170	3.5	0.4	0	0	80	27	1	25	6	8%	0%	25%	10.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Venti Nonfat Milk	190	0.2	0.1	0	5	110	39	0	39	9	15%	0%	30%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf 12% Milk	230	5	2.5	0.2	20	125	38	0	38	9	15%	0%	30%	0.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Soy milk	210	4	0.5	0	0	100	34	1	32	7	10%	0%	30%	15.00%	varies
Tazo® Tea Drink! Tazo® Full-Leaf *Short Nonfat Milk	80	0.1	0.1	0	0	45	16	0	16	4	6%	0%	10%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf 12% Milk	90	1	2	0.1	10	115	5	0	15	3	6%	0%	10%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf *Soy milk	80	1.5	0.2	0	0	40	14	0	13	3	4%	0%	10%	6%	0
Tazo® Tea Drink! Tazo® Full-Leaf f Tall Nonfat Milk	120	0.1	0.1	0	5	65	23	0	23	5	10%	0%	20%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf f 2% Milk	140	3	1.5	0.1	15	75	23	0	23	5	8%	0%	15%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf f Soy milk	130	2.5	0.3	0	0	60	21	1	19	4	6%	0%	20%	8%	0
Tazo® Tea Drink! Tazo® Full-Leaf f Grande Nonfat M	150	0.2	0.1	0	5	85	31	0	31	7	15%	0%	25%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf f 2% Milk	190	4	2	0.1	15	95	31	0	30	7	10%	0%	25%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf f Soy milk	170	0.2	0.1	0	5	110	39	0	39	9	15%	0%	30%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf f Venti Nonfat Milk	230	5	2.5	0.2	20	125	38	0	38	9	15%	0%	30%	0%	0
Tazo® Tea Drink! Tazo® Full-Leaf f 2% Milk	210	4	0.5	0	0	100	34	1	32	7	10%	0%	30%	15%	0
Shaken Iced Bev Iced Brewed Cof Tall	60	0	0	0	0	4	15	0	15	0.2	0%	0%	0%	0%	120
Shaken Iced Bev Iced Brewed Cof Grande	90	0.1	0	0	0	5	21	0	21	0.3	0%	0%	0%	0%	165
Shaken Iced Bev Iced Brewed Cof Venti	130	0.1	0	0	0	5	31	0	31	0.4	0%	0%	0%	0%	235
Shaken Iced Bev Iced Brewed Cof Tall Nonfat Milk	0.1	80	0	0	0	18	18	0	18	2	2%	0%	6%	0%	90
Shaken Iced Bev Iced Brewed Cof 2% Milk	90	1	0.5	0	5	25	17	0	18	2	2%	0%	6%	0.00%	0
Shaken Iced Bev Iced Brewed Cof Soy milk	80	1	0.1	0	0	20	18	0	17	2	2%	0%	6%	0%	90
Shaken Iced Bev Iced Brewed Cof Grande Nonfat M	110	0.1	0	0	0	30	24	0	24	2	4%	0%	8%	2%	90
Shaken Iced Bev Iced Brewed Cof 2% Milk	120	1.5	0.5	0	5	35	24	0	24	2	4%	0%	8%	0%	125
Shaken Iced Bev Iced Brewed Cof Soy milk	110	1	0.1	0	0	30	23	0	22	2	2%	0%	8%	0%	125
Shaken Iced Bev Iced Brewed Cof Venti Nonfat Milk	160	0.1	0.1	0	0	50	36	0	36	4	6%	0%	10%	4%	125
Shaken Iced Bev Iced Brewed Cof 2% Milk	2	180	2	0.1	10	225	36	0	36	4	6%	0%	10%	0%	170
Shaken Iced Bev Iced Brewed Cof Soy milk	170	1.5	0.2	0	0	45	34	0	33	3	4%	0%	10%	0%	0
Shaken Iced Bev Shaken Iced Tazo Tall	60	0	0	0	0	0	15	0	15	0	0%	0%	0%	0%	170
Shaken Iced Bev Shaken Iced Tazo Grande	80	0	0	0	0	0	21	0	21	0	0%	0%	0%	0%	Varies
Shaken Iced Bev Shaken Iced Tazo Venti	120	0	0	0	0	0	31	0	31	0	0%	0%	0%	0%	Varies
Shaken Iced Bev Shaken Iced Tazo Tall	100	0	0	0	0	0	25	0	24	0.1	0%	10%	0%	0%	Varies
Shaken Iced Bev Shaken Iced Tazo Grande	130	0	0	0	0	0	33	0	33	0.1	0%	15%	0%	0%	Varies
Shaken Iced Bev Shaken Iced Tazo Venti	190	0	0	0	0	0	49	0	49	0	0%	20%	0%	0%	Varies
Smoothies      Banana Chocolat Grande Nonfat M	280	2.5	1.5	0	5	150	53	7	34	20	10%	15%	20%	0% Varies	0
Smoothies      Banana Chocolat 2% Milk	300	5	2.5	0.1	15	160	53	7	34	20	8%	15%	20%	20%	15
Smoothies      Banana Chocolat Soy milk	290	4.5	1.5	0	5	150	51	7	31	19	6%	15%	20%	20%	15
Smoothies      Orange Mango B Grande Nonfat M	280	1	0.3	0	5	120	54	6	37	16	50%	80%	10%	30%	15
Smoothies      Orange Mango B 2% Milk	270	1.5	0.5	0	5	125	53	6	37	16	50%	80%	10%	6%	0
Smoothies      Orange Mango B Soy milk	270	1.5	0.4	0	5	120	53	6	36	15	50%	80%	10%	6%	0
Smoothies      Strawberry Banana Grande Nonfat M	290	1	0.3	0	5	125	58	7	41	16	4%	100%	10%	8%	0
Smoothies      Strawberry Banana 2% Milk	290	2	1	0	5	125	58	7	41	16	4%	100%	10%	8%	0
Smoothies      Strawberry Banana Soy milk	290	2	0.4	0	5	120	58	8	40	16	2%	100%	10%	8%	0
Frappuccino® Bi Coffee      Tall Nonfat Milk	160	0.1	0	0	0	160	36	0	36	3	4%	0%	10%	10%	0
Frappuccino® Bi Coffee      Whole Milk	180	2.5	1.5	0.1	10	160	36	0	36	3	4%	0%	8%	0%	70
Frappuccino® Bi Coffee      Soy milk	160	1.5	0.2	0	0	150	35	0	34	2	4%	0%	10%	0%	70
Frappuccino® Bi Coffee      Grande Nonfat M	220	0.1	0.1	0	0	210	51	0	50	4	6%	0%	4%	4%	70
Frappuccino® Bi Coffee      Whole Milk	240	3	2	0.1	10	225	49	0	50	3	4%	0%	10%	0%	95
Frappuccino® Bi Coffee      Soy milk	220	1.5	0.2	0	0	210	49	0	47	3	4%	0%	10%	0%	95
Frappuccino® Bi Coffee      Venti Nonfat Milk	310	0.1	0.1	0	5	300	70	0	69	6	10%	0%	20%	6%	95
Frappuccino® Bi Coffee      Whole Milk	350	5	3	0.2	15	300	70	0	69	5	8%	0%	15%	2%	130
Frappuccino® Bi Coffee      Soy milk	310	2.5	0.3	0	0	300	68	1	66	5	6%	0%	20%	2%	130
Frappuccino® Bi Mocha (Without V Tall Nonfat Milk	180	0.5	0.4	0	0	150	42	1	40	3	4%	0%	8%	0%	130
Frappuccino® Bi Mocha (Without V Whole Milk	200	3	2	0.1	0	160	42	1	40	3	4%	0%	8%	6%	70
Frappuccino® Bi Mocha (Without V Soy milk	2	180	2	0.5	1	150	40	1	38	10	0%	10%	10%	0%	70
Frappuccino® Bi Mocha (Without V Grande Nonfat M	260	1	0.5	0	0	220	61	1	58	4	6%	0%	10%	8%	110
Frappuccino® Bi Mocha (Without V Whole Milk	290	4	2.5	0.1	10	220	61	1	58	4	4%	0%	10%	8%	110

Frappuccino® Bi Mocha (Without 1 Soymlk	260	2.5	0.5	0	0	220	59	1	55	4	4%	0%	10%	15%	110				
Frappuccino® Bi Mocha (Without 1 Ventl Nonfat Mlk	340	1	0.5	0	5	300	80	1	76	7	10%	0%	15%	10%	140				
Frappuccino® Bi Mocha (Without 1 Whole Mlk	390	6	3.5	0.1	15	300	80	1	76	6	8%	0%	15%	10%	140				
Frappuccino® Bi Mocha (Without 1 Soymlk	350	3	1	0	0	290	78	2	73	6	6%	0%	20%	20%	140				
Frappuccino® Bi Caramel (Withou Tail Nonfat Mlk	180	0.1	0	0	0	160	42	0	41	3	4%	0%	10%	0%	70				
Frappuccino® Bi Caramel (Withou Whole Mlk	250	1.5	0.5	0	0	160	42	0	41	3	4%	0%	0%	0%	70				
Frappuccino® Bi Caramel (Without Soymlk	180	0.1	0.2	0	0	150	40	0	39	2	4%	0%	10%	4%	70				
Frappuccino® Bi Caramel (Without Grande Nonfat M	280	0.1	0.1	0	0	220	60	0	59	4	6%	0%	10%	0%	100				
Frappuccino® Bi Caramel (Without Whole Mlk	280	3.5	2	0.1	10	220	60	0	59	3	4%	0%	10%	0%	100				
Frappuccino® Bi Caramel (Without Soymlk	260	1.5	0.2	0	0	220	58	0	56	3	4%	0%	10%	6%	100				
Frappuccino® Bi Caramel (Without Ventl Nonfat Mlk	330	0.1	0.1	0	5	290	78	0	77	5	10%	0%	15%	2%	130				
Frappuccino® Bi Caramel (Without Whole Mlk	370	5	3	0.1	15	300	78	0	77	5	8%	0%	15%	2%	130				
Frappuccino® Bi Caramel (Without Soymlk	340	2.5	0.3	0	0	290	75	1	73	5	6%	0%	20%	8%	130				
Frappuccino® Bi Java Chip (Witho Tail Nonfat Mlk	220	3	2	0	0	170	47	1	44	4	4%	0%	10%	20%	75				
Frappuccino® Bi Java Chip (Witho Whole Mlk	240	5	3.5	0.1	10	170	47	1	44	4	4%	0%	8%	20%	75				
Frappuccino® Bi Java Chip (Witho Soymlk	220	4	2.5	0	0	170	45	1	42	3	4%	0%	10%	20%	75				
Frappuccino® Bi Java Chip (Witho Grande Nonfat M	310	4	3	0	0	250	67	2	62	5	6%	0%	10%	25%	110				
Frappuccino® Bi Java Chip (Witho Whole Mlk	340	7	5	0	10	250	67	2	62	4%	0%	10%	25%	110					
Frappuccino® Bi Java Chip (Witho Soymlk	310	6	3.5	0	0	240	65	2	60	4	4%	0%	10%	30%	110				
Frappuccino® Bi Java Chip (Witho Ventl Nonfat Mlk	420	5	4	0	5	340	90	2	84	7	10%	0%	20%	35%	145				
Frappuccino® Bi Java Chip (Witho Whole Mlk	460	10	7	0.2	15	340	90	2	84	7	6%	0%	15%	35%	145				
Frappuccino® Bi Java Chip (Witho Soymlk	430	8	4.5	0	0	330	88	3	80	6	6%	0%	20%	40%	145				
Frappuccino® Lj Coffee Tail Nonfat Mlk	90	0.1	0	0	0	160	20	0	19	3	4%	0%	10%	0%	70				
Frappuccino® Lj Coffee Grande Nonfat M	120	0.1	0.1	0	0	210	26	0	26	3	6%	0%	10%	0%	95				
Frappuccino® Lj Coffee Ventl Nonfat Mlk	0.1	0.1	0.1	0	0	270	34	0	33	5	3%	0%	15%	2%	120				
Frappuccino® Lj Mocha Tail Nonfat Mlk	110	0.5	0.1	0	0	150	24	1	23	3	4%	0%	8%	6%	70				
Frappuccino® Lj Mocha Grande Nonfat M	150	1	0.5	0	0	200	33	1	30	4	6%	0%	10%	8%	95				
Frappuccino® Lj Mocha Ventl Nonfat Mlk	210	1	0.5	0	5	280	46	1	42	6	8%	0%	15%	10%	130				
Frappuccino® Lj Caramel Tail Nonfat Mlk	100	0.1	0	0	0	140	23	0	23	3	4%	0%	8%	0%	65				
Frappuccino® Lj Caramel Grande Nonfat M	150	0.1	0.1	0	0	200	33	0	32	3	6%	0%	10%	0%	90				
Frappuccino® Lj Caramel Ventl Nonfat Mlk	200	0.1	0	0	5	270	44	0	43	5	3%	0%	15%	4%	120				
Frappuccino® Lj Java Chip Tail Nonfat Mlk	150	3	2	0	0	170	30	1	27	4	4%	0%	10%	20%	70				
Frappuccino® Lj Java Chip Grande Nonfat M	220	4	3	0	0	240	43	2	39	5	6%	0%	10%	25%	105				
Frappuccino® Lj Java Chip Ventl Nonfat Mlk	290	5	4	0	5	320	58	2	52	7	8%	0%	15%	35%	165				
Frappuccino® Bi Strawberies & C Tail Nonfat Mlk	170	0.1	0.1	0	0	140	39	0	38	3	6%	0%	10%	2%	0				
Frappuccino® Bi Strawberies & C Whole Mlk	190	3	1.5	0.1	10	140	38	0	37	3	4%	0%	10%	2%	0				
Frappuccino® Bi Strawberies & C Soymlk	170	1.5	0.2	0	0	135	37	1	35	3	4%	0%	10%	6%	0				
Frappuccino® Bi Strawberies & C Grande Nonfat M	0.2	0.1	0.1	0	0	190	53	0	52	4	6%	0%	15%	6%	0				
Frappuccino® Bi Strawberies & C Whole Mlk	260	4	2	0.1	10	190	53	0	52	4	6%	0%	15%	4%	0				
Frappuccino® Bi Strawberies & C Soymlk	240	2	0.2	0	0	180	51	1	49	3	4%	6%	15%	8%	0				
Frappuccino® Bi Strawberies & C Ventl Nonfat Mlk	310	0.2	0.1	0	5	260	70	0	69	6	10%	8%	20%	4%	0				
Frappuccino® Bi Strawberies & C Whole Mlk	350	6	3	0.2	15	260	70	0	68	6	8%	0%	20%	4%	0				
Frappuccino® Bi Strawberies & C Soymlk	320	3.2	0.4	0	0	250	67	1	64	5	6%	6%	20%	10%	0				
Frappuccino® Bi Vanilla Bean (Wit Tail Nonfat Mlk	0.1	0.1	0	0	0	160	39	0	38	4	6%	0%	10%	3%	0				
Frappuccino® Bi Vanilla Bean (Wit Whole Mlk	200	3.5	0.2	0.1	10	160	39	0	38	3	6%	0%	10%	0%	0				
Frappuccino® Bi Vanilla Bean (Wit Soymlk	180	1.5	0.2	0	0	160	37	1	35	3	4%	0%	10%	6%	0				
Frappuccino® Bi Vanilla Bean (Wit Grande Nonfat M	240	0.1	0.1	0	5	230	56	0	55	5	8%	0%	15%	0%	0				