

Beverage_category	Beverage	Beverage_prep	Calories	Total Fat (g)	Trans Fat (g)	Saturated Fat (g)	Sodium (mg)	Total Carbohydrate	Cholesterol (mg)	Dietary Fibre (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)	Caffeine (mg)	
Coffee	Brewed Coffee	Short	3	0.1	0	0	0	5	0	0	0	0.3	0%	0%	0%	0%	175	
Coffee	Brewed Coffee	Tall	4	0.1	0	0	0	10	0	0	0.5	0	0%	0%	0%	0%	260	
Coffee	Brewed Coffee	Grande	5	0.1	0	0	0	0	1	0	0%	0%	0%	0%	0%	0%	330	
Coffee	Brewed Coffee	Venti	5	0.1	0	0	0	10	0	0	0	1	0%	0%	2%	0%	410	
Classic Espresso Caffé Latte	Short Nonfat Milk		70	0.1	0.1	0	5	75	10	0	9	6	10%	0%	20%	0%	75	
Classic Espresso Caffé Latte	2% Milk		100	3.5	2	0.1	15	85	10	0	9	6	10%	0%	20%	0%	75	
Classic Espresso Caffé Latte	Soymilk		70	2.5	0.4	0	0	65	6	1	4	5	8%	0%	20%	8%	75	
Classic Espresso Caffé Latte	Tall Nonfat Milk		100	0.2	0.2	0	5	120	15	0	14	10	15%	0%	30%	0%	75	
Classic Espresso Caffé Latte	2% Milk		150	6	3	0.2	25	135	15	0	14	10	15%	0%	30%	0%	75	
Classic Espresso Caffé Latte	Soymilk		110	4.5	0.5	0	0	105	10	1	6	8	10%	0%	30%	15%	75	
Classic Espresso Caffé Latte	Grande Nonfat M		130	0.3	0.2	0	5	150	19	0	18	13	20%	0%	40%	0%	150	
Classic Espresso Caffé Latte	2% Milk		190	7	3.5	0.2	30	170	19	0	17	12	20%	2%	40%	0%	150	
Classic Espresso Caffé Latte	Soymilk		150	5	0.5	0	0	130	13	1	8	10	15%	0%	40%	15%	150	
Classic Espresso Caffé Latte	Venti Nonfat Milk		170	0.4	0.3	0	10	190	25	0	23	16	30%	0%	50%	0%	150	
Classic Espresso Caffé Latte	2% Milk		240	9	4.5	0.3	35	220	24	0	22	16	25%	2%	50%	0%	150	
Classic Espresso Caffé Latte	Soymilk		190	7	1	0	0	170	16	2	11	13	20%	0%	50%	25%	150	
Classic Espresso Caffé Mocha (W/ Short Nonfat Milk)			110	1.5	1	0	5	60	21	1	17	7	8%	0%	15%	10%	85	
Classic Espresso Caffé Mocha (W/ 2% Milk)			130	4	2	0.1	10	70	21	1	17	6	8%	0%	15%	10%	85	
Classic Espresso Caffé Mocha (W/ Soymilk)			110	3.5	1	0	0	55	19	2	13	6	8%	0%	15%	20%	85	
Classic Espresso Caffé Mocha (W/ Tall Nonfat Milk)			170	2	1	0	5	100	32	1	27	10	15%	0%	25%	20%	95	
Classic Espresso Caffé Mocha (W/ 2% Milk)			200	6	3.5	0.1	20	115	32	1	26	10	15%	0%	25%	20%	95	
Classic Espresso Caffé Mocha (W/ Soymilk)			180	5	1.5	0	0	85	28	2	20	9	10%	0%	25%	30%	95	
Classic Espresso Caffé Mocha (W/ Grande Nonfat M)			220	2.5	1.5	0	5	125	43	2	34	13	20%	0%	35%	25%	175	
Classic Espresso Caffé Mocha (W/ 2% Milk)			260	8	4.5	0.2	25	140	37	2	34	13	15%	2%	35%	25%	175	
Classic Espresso Caffé Mocha (W/ Soymilk)			220	7	2	0	0	105	42	3	11	10	15%	0%	35%	40%	175	
Classic Espresso Caffé Mocha (W/ Venti Nonfat Milk)			280	3	2	0	10	160	54	2	44	11	25%	0%	45%	30%	180	
Classic Espresso Caffé Mocha (W/ 2% Milk)			340	11	6	0.2	30	180	53	2	43	17	20%	2%	45%	30%	180	
Classic Espresso Caffé Mocha (W/ Soymilk)			290	9	2.5	0	0	140	47	4	33	14	15%	0%	45%	50%	180	
Classic Espresso Vanilla Latte (Or Short Nonfat Milk)			100	0.1	0.1	0	5	70	19	0	18	6	10%	0%	20%	0%	75	
Classic Espresso Vanilla Latte (Or 2% Milk)			130	3.5	1.5	0.1	15	80	18	0	17	6	10%	0%	20%	0%	75	
Classic Espresso Vanilla Latte (Or Soymilk)			110	2.5	0.3	0	0	60	16	1	5	13	6%	0%	20%	8%	75	
Classic Espresso Vanilla Latte (Or Tall Nonfat Milk)			150	0.2	0.1	0	5	110	28	0	27	9	15%	0%	30%	0%	75	
Classic Espresso Vanilla Latte (Or 2% Milk)			200	5	2.5	0.2	20	125	28	0	27	9	15%	0%	30%	0%	75	
Classic Espresso Vanilla Latte (Or Soymilk)			160	4	0.5	0	0	95	23	1	20	7	10%	0%	30%	15%	75	
Classic Espresso Vanilla Latte (Or Grande Nonfat M)			200	0.3	0.2	0	5	140	37	0	35	12	20%	0%	35%	0%	150	
Classic Espresso Vanilla Latte (Or 2% Milk)			250	6	3.5	0.2	25	150	37	0	35	12	20%	2%	35%	0%	150	
Classic Espresso Vanilla Latte (Or Soymilk)			210	0.5	0.1	0	120	31	26	1	9	10%	0%	35%	15%	150		
Classic Espresso Vanilla Latte (Or Venti Nonfat Milk)			250	0.3	0.2	0	10	180	47	0	45	15	25%	0%	50%	0%	150	
Classic Espresso Vanilla Latte (Or 2% Milk)			320	9	4.5	0.3	35	200	46	0	44	15	25%	2%	45%	0%	150	
Classic Espresso Vanilla Latte (Or Soymilk)			270	7	1	0	0	160	39	2	33	12	15%	0%	45%	20%	150	
Classic Espresso Caffé Americano Short			5	0	0	0	0	5	1	0	0	0.4	0%	0%	0%	0%	75	
Classic Espresso Caffé Americano Tall			10	0	0	0	0	10	2	0	0	1	0%	0%	2%	0%	150	
Classic Espresso Caffé Americano Grande			15	0	0	0	0	15	3	0	0	1	0%	0%	2%	0%	225	
Classic Espresso Caffé Americano Venti			25	0	0	0	0	15	4	0	0	1	0%	0%	2%	0%	300	
Classic Espresso Cappuccino Short Nonfat Milk			50	0.1	0.1	0	5	60	8	0	7	5	8%	0%	15%	0%	75	
Classic Espresso Cappuccino 2% Milk			80	3	1.5	0.1	10	70	8	0	7	5	8%	0%	15%	0%	75	
Classic Espresso Cappuccino Soymilk			50	1.5	0.2	0	0	40	4	0	3	3	4%	0%	10%	6%	75	
Classic Espresso Cappuccino Tall Nonfat Milk			60	0.1	0.1	0	5	70	8	0	8	6	10%	0%	20%	0%	75	
Classic Espresso Cappuccino 2% Milk			90	3.5	1.5	0.1	15	80	9	0	8	6	10%	0%	20%	0%	75	
Classic Espresso Cappuccino Soymilk			70	3	0.4	0	0	65	7	1	4	5	6%	0%	20%	8%	75	
Classic Espresso Cappuccino Grande Nonfat M			80	0.2	0.1	0	5	90	12	0	10	8	15%	0%	25%	0%	150	
Classic Espresso Cappuccino 2% Milk			120	4	2	0.1	15	100	12	0	10	8	10%	0%	25%	0%	150	
Classic Espresso Cappuccino Soymilk			100	3.5	0.4	0	0	80	9	1	5	7	8%	0%	25%	10%	150	
Classic Espresso Cappuccino Venti Nonfat Milk			110	0.2	0.2	0	5	120	16	0	14	10	20%	0%	30%	0%	150	
Classic Espresso Cappuccino 2% Milk			150	6	3	0.2	25	135	16	0	14	10	15%	0%	30%	0%	150	
Classic Espresso Cappuccino Soymilk			120	4.5	0.5	0	0	110	11	1	7	9	10%	0%	35%	15%	150	
Classic Espresso Espresso Solo			5	0	0	0	0	0	1	0	0	0.4	0%	0%	0%	0%	75	
Classic Espresso Espresso Doppio			10	0	0	0	0	1	2	0	0	1	0%	0%	0%	0%	150	
Classic Espresso Skinny Latte (Ar Short Nonfat Milk)			60	0.1	0.1	0	5	80	14	0	8	6	10%	0%	20%	0%	75	
Classic Espresso Skinny Latte (Ar Tall Nonfat Milk)			100	0.2	0.1	0	10	125	19	0	13	9	15%	0%	30%	0%	75	
Classic Espresso Skinny Latte (Ar Grande Nonfat M)			120	0.3	0.2	0	5	160	18	0	16	12	20%	0%	35%	0%	150	
Classic Espresso Skinny Latte (Ar Venti Nonfat Milk)			160	0.3	0.2	0	10	200	24	0	21	15	25%	0%	50%	0%	150	
Signature Espresso Caramel Macchi Short Nonfat Milk			100	1	0.5	0	5	70	17	0	15	6	10%	0%	15%	0%	75	
Signature Espresso Caramel Macchi 2% Milk			120	4	2	0.1	15	80	16	0	15	5	10%	0%	15%	0%	75	
Signature Espresso Caramel Macchi Soymilk			100	3	1	0	0	60	14	1	11	4	6%	0%	15%	8%	75	
Signature Espresso Caramel Macchi Tall Nonfat Milk			140	1	0.5	0	5	105	25	0	24	8	15%	0%	25%	0%	75	
Signature Espresso Caramel Macchi 2% Milk			180	5	3	0.1	20	115	25	0	23	8	15%	0%	25%	0%	75	
Signature Espresso Caramel Macchi Soymilk			150	4.5	1	0	0	90	21	1	17	7	10%	0%	25%	10%	75	
Signature Espresso Caramel Macchi Grande Nonfat M			190	1	1	0	10	130	35	0	32	11	20%	0%	35%	0%	150	
Signature Espresso Caramel Macchi 2% Milk			240	7	3.5	0.2	25	150	34	0	32	10	15%	2%	30%	0%	150	
Signature Espresso Caramel Macchi Soymilk			200	5	0.1	0	5	115	29	1	24	9	10%	0%	35%	15%	150	
Signature Espresso Caramel Macchi Venti Nonfat Milk			240	1	1	0	10	170	43	0	41	13	25%	0%	40%	0%	150	
Signature Espresso Caramel Macchi 2% Milk			300	8	4.5	0.2	35	180	43	0	40	13	20%	2%	40%	0%	150	
Signature Espresso Caramel Macchi Soymilk			250	7	1.5	0	5	140	36	1	31	11	15%	0%	40%	20%	150	
Signature Espresso White Chocolate Short Nonfat Milk			180	3	2	0	5	120	31	0	29	7	10%	0%	25%	0%	75	
Signature Espresso White Chocolate 2% Milk			200	6	3.5	0.1	15	125	31	0	29	7	8%	2%	25%	0%	75	
Signature Espresso White Chocolate Soymilk			180	5	2.5	0	110	28	25	1	25	6	8%	25%	8%	75		
Signature Espresso White Chocolate Tall Nonfat Milk			270	4.5	3.5	0	5	190	47	0	45	12	15%	2%	35%	0%	75	
Signature Espresso White Chocolate 2% Milk			310	9	6	0.1	20	200	46	0	44	11	15%	2%	35%	0%	75	
Signature Espresso White Chocolate Soymilk			280	8	3.5	0	0	170	42	1	39	10	10%	2%	35%	10%	75	
Signature Espresso White Chocolate Grande Nonfat M			350	6	4.5	0	10	240	61	0	58	15	20%	2%	45%	2%	150	
Signature Espresso White Chocolate 2% Milk			400	11	7	0.2	25	250	61	0	58	15	15%	2%	45%	0%	150	
Signature Espresso White Chocolate Soymilk			370	10	6	0	220	56	51	1	51	13	10%	2%	45%	15%	150	
Signature Espresso White Chocolate Venti Nonfat Milk			450	7	6	0	10	310	78	0	74	19	25%	2%	60%	2%	150	
Signature Espresso White Chocolate 2% Milk			510	15	9	0.2	35	330	77	0	74	19	20%	4%	60%	2%	150	
Signature Espresso White Chocolate Soymilk			460	13	6	0	5	290	70	1	64	16	15%	2%	60%	20%	150	
Signature Espresso Hot Chocolate (V Short Nonfat Milk)			130	1.5	1	0	5	70	26	1	23	7	10%	0%	20%	10%	10	
Signature Espresso Hot Chocolate (V 2% Milk)			160	4.5	2.5	0.1	15	80	26	1	22	7	10%	0%	20%	10%	10	
Signature Espresso Hot Chocolate (V Soymilk)			130	3.5	1	0	0	60	23	2	18	6	6%	0%	20%	10%	10	
Signature Espresso Hot Chocolate (V Tall Nonfat Milk)			190	2	1	0	5	110	37	1	32	11	15%	0%	30%	20%	20	
Signature Espresso Hot Chocolate (V 2% Milk)			230	7	3.5	0.2	20	120	37	1	32	10	15%	0%	30%	20%	20	
Signature Espresso Hot Chocolate (V Soymilk)			200	6	1.5	0	0	95	32	2	25	9	10%	0%	30%	30%	20	
Signature Espresso Hot Chocolate (V Grande Nonfat M)			240	2.5	1.5	0	5	140	48	2	41	14	20%	0%	40%	25%	25	
Signature Espresso Hot Chocolate (V 2% Milk)			290	9	5	0.2	25	160	47	41	2	41	14	20%	2%	40%	25%	25
Signature Espresso Hot Chocolate (V Soymilk)		</																

Signature Espres Caramel Apple S Grande	280	0	0	0	0	20	70	0	65	0	0%	0%	0%	0%	0
Signature Espres Caramel Apple S Vent	360	0	0	0	0	25	89	0	83	0	0%	0%	0%	0%	0
Tazo® Tea Drink Tazo® Tea Short	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink Tazo® Tea Tall	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink Tazo® Tea Grande	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink Tazo® Tea Vent	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0% Varies	0
Tazo® Tea Drink Tazo® Chai Tea I Short Nonfat Milk	100	0.1	0.1			50	22	0	21	4	8%	0%	10%	0%	50
Tazo® Tea Drink Tazo® Chai Tea I 2% Milk	120	2		0.1	10	55	22	0	21	4	8%	0%	10%	0%	50
Tazo® Tea Drink Tazo® Chai Tea I Soy milk	110	1.5	0.2		0	45	20	18	3	18	4%	0%	10%	0%	50
Tazo® Tea Drink Tazo® Chai Tea I Tall Nonfat Milk	160	0.2	0.1		5	80	34	0	32	6	10%	0%	20%	2%	70
Tazo® Tea Drink Tazo® Chai Tea I 2% Milk	190	3.5	1.5	0.1	15	90	34	0	32	6	10%	0%	20%	2%	70
Tazo® Tea Drink Tazo® Chai Tea I Soy milk	160	2.5	0.3		0	70	31	1	28	5	8%	0%	20%	10%	70
Tazo® Tea Drink Tazo® Chai Tea I Grande Nonfat M	210	0.2	0.1		5	105	45	0	43	8	15%	0%	25%	2%	95
Tazo® Tea Drink Tazo® Chai Tea I 2% Milk	240	4.5	2	0.1	20	115	45	0	42	8	10%	0%	25%	2%	95
Tazo® Tea Drink Tazo® Chai Tea I Soy milk	220	3.5	0.4		0	90	41	1	37	6	8%	0%	25%	10%	95
Tazo® Tea Drink Tazo® Chai Tea I Vent Nonfat Milk	260	0.3	0.2		5	135	57	0	54	10	15%	0%	35%	2%	120
Tazo® Tea Drink Tazo® Chai Tea I 2% Milk	310	6	3	0.2	25	150	56	0	53	10	15%	2%	30%	2%	120
Tazo® Tea Drink Tazo® Chai Tea I Soy milk	280	4.5	0.5		0	115	51	1	46	8	10%	0%	30%	15%	120
Tazo® Tea Drink Tazo® Green Tea Short Nonfat Milk	130	0.2	0.1		5	85	28	0	25	7	10%	4%	20%	2%	25
Tazo® Tea Drink Tazo® Green Tea 2% Milk	170	4	2	0.1	15	95	26	0	25	7	10%	6%	20%	2%	25
Tazo® Tea Drink Tazo® Green Tea Soy milk	140	3	0.4		0	70	22	1	20	6	8%	4%	20%	10%	25
Tazo® Tea Drink Tazo® Green Tea Tall Nonfat Milk	210	0.4	0.2		5	125	42	1	41	11	20%	10%	35%	4%	55
Tazo® Tea Drink Tazo® Green Tea 2% Milk	260	6	3	0.2	25	140	41	1	40	10	15%	10%	35%	4%	55
Tazo® Tea Drink Tazo® Green Tea Soy milk	230	4.5	0.5		0	110	36	2	33	9	10%	10%	35%	15%	55
Tazo® Tea Drink Tazo® Green Tea Grande Nonfat M	290	0.5	0.2		10	160	57	1	56	14	25%	15%	45%	4%	80
Tazo® Tea Drink Tazo® Green Tea 2% Milk	350	8	4	0.2	30	180	57	1	55	14	25%	15%	45%	4%	80
Tazo® Tea Drink Tazo® Green Tea Soy milk	310	6	1		0	140	50	3	46	11	15%	15%	45%	25%	80
Tazo® Tea Drink Tazo® Green Tea Vent Nonfat Milk	370	0.5	0.3		10	200	73	2	71	18	30%	20%	60%	6%	110
Tazo® Tea Drink Tazo® Green Tea 2% Milk	450	10	5	0.3	40	230	72	2	71	17	25%	20%	50%	6%	110
Tazo® Tea Drink Tazo® Green Tea Soy milk	390	8	1		0	180	64	4	58	14	20%	20%	50%	30%	110
Tazo® Tea Drink Tazo® Full-Leaf Short Nonfat Milk	80	0.1	0.1		0	45	16	0	16	4	6%	0%	10%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	90	2	1	0.1	10	50	15	0	15	5	6%	0%	10%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	80	1.5	0.2		0	40	14	0	13	3	4%	0%	10%	6.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Tall Nonfat Milk	120	0.1	0.1		5	65	23	0	23	5	10%	0%	20%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	140	3	1.5	0.1	15	75	23	0	23	5	8%	0%	15%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	130	2.5	0.3		0	60	21	1	19	4	6%	0%	20%	8.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Grande Nonfat M	150	0.2	0.1		5	85	31	0	31	7	15%	0%	25%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	190	4	2	0.1	15	95	31	0	30	7	10%	0%	25%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	170	3.5	0.4		0	80	27	1	25	6	8%	0%	25%	10.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Vent Nonfat Milk	190	0.2	0.1		5	110	39	0	39	9	15%	0%	30%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	230	5	2.5	0.2	20	125	38	0	38	9	15%	0%	30%	0.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	210	4	0.5		0	100	34	1	32	7	10%	0%	30%	15.00% varies	0
Tazo® Tea Drink Tazo® Full-Leaf Short Nonfat Milk	80	0.1	0.1		0	45	16	0	16	4	6%	0%	10%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	90	2	1	0.1	10	50	15	0	15	5	6%	0%	10%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	80	1.5	0.2		0	40	14	0	13	3	4%	0%	10%	6%	0
Tazo® Tea Drink Tazo® Full-Leaf Tall Nonfat Milk	120	0.1	0.1		5	65	23	0	23	5	10%	0%	20%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	140	3	1.5	0.1	15	75	23	0	23	5	8%	0%	15%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	130	2.5	0.3		0	60	21	1	19	4	6%	0%	20%	8%	0
Tazo® Tea Drink Tazo® Full-Leaf Grande Nonfat M	150	0.2	0.1		5	85	31	0	31	7	15%	0%	25%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	190	4	2	0.1	15	95	31	0	30	7	10%	0%	25%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	170	3.5	0.4		0	80	27	1	25	6	8%	0%	25%	10%	0
Tazo® Tea Drink Tazo® Full-Leaf Vent Nonfat Milk	190	0.2	0.1		5	110	39	0	39	9	15%	0%	30%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf 2% Milk	230	5	2.5	0.2	20	125	38	0	38	9	15%	0%	30%	0%	0
Tazo® Tea Drink Tazo® Full-Leaf Soy milk	210	4	0.5		0	100	34	1	32	7	10%	0%	30%	15%	0
Shaken Iced Bev Iced Brewed Coff Tall	60	0	1	0	0	15	15	0	15	0.2	0%	0%	0%	0%	120
Shaken Iced Bev Iced Brewed Coff Grande	90	0.1	0		0	5	21	0	21	0.3	0%	0%	0%	0%	165
Shaken Iced Bev Iced Brewed Coff Vent	130	0.1	0		0	5	31	0	31	0.4	0%	0%	0%	0%	235
Shaken Iced Bev Iced Brewed Coff Tall Nonfat Milk	80	0.1	0		0	25	18	0	18	2	2%	0%	6%	0%	90
Shaken Iced Bev Iced Brewed Coff 2% Milk	90	1	0.5		5	25	18	0	18	2	2%	0%	6%	0.00%	90
Shaken Iced Bev Iced Brewed Coff Soy milk	80	1	0.1		0	20	17	0	17	2	2%	0%	6%	0%	90
Shaken Iced Bev Iced Brewed Coff Grande Nonfat M	110	0.1	0		0	30	24	0	24	2	4%	0%	8%	2%	90
Shaken Iced Bev Iced Brewed Coff 2% Milk	120	1.5	0.5		5	35	24	0	24	2	4%	0%	8%	0%	125
Shaken Iced Bev Iced Brewed Coff Soy milk	110	1	0.1		0	30	23	0	22	2	2%	0%	8%	0%	125
Shaken Iced Bev Iced Brewed Coff Vent Nonfat Milk	160	0.1	0.1		0	50	36	0	36	4	6%	0%	10%	4%	125
Shaken Iced Bev Iced Brewed Coff 2% Milk	180	2	1	0.1	10	55	36	0	36	4	6%	0%	10%	0%	170
Shaken Iced Bev Iced Brewed Coff Soy milk	170	1.5	0.2		0	45	34	0	33	3	4%	0%	10%	0%	170
Shaken Iced Bev Shaken Iced Tea Tall	60	0	0		0	0	15	0	15	0	0%	0%	0%	0%	170
Shaken Iced Bev Shaken Iced Tea Grande	80	0	0		0	0	21	0	21	0	0%	0%	0%	0% Varies	0
Shaken Iced Bev Shaken Iced Tea Vent	120	0	0		0	0	31	0	31	0	0%	0%	0%	0% Varies	0
Shaken Iced Bev Shaken Iced Tea Tall	100	0	0		0	0	25	0	24	0.1	0%	10%	0%	0% Varies	0
Shaken Iced Bev Shaken Iced Tea Grande	130	0	0		0	0	33	0	33	0.1	0%	15%	0%	0% Varies	0
Shaken Iced Bev Shaken Iced Tea Vent	160	0	0		0	0	49	0	49	0.1	0%	20%	0%	0% Varies	0
Smoothies Banana Chocozta Grande Nonfat M	280	2.5	1.5		5	150	53	7	34	20	10%	15%	20%	0% Varies	15
Smoothies Banana Chocozta 2% Milk	300	5	2.5	0.1	15	160	53	7	34	20	8%	15%	20%	20%	15
Smoothies Banana Chocozta Soy milk	290	4.5	1.5		5	150	51	7	31	19	6%	15%	20%	20%	15
Smoothies Orange Mango S Grande Nonfat M	260	1	0.3		5	120	54	6	37	16	50%	80%	10%	30%	15
Smoothies Orange Mango S 2% Milk	270	1.5	0.5		5	125	53	6	37	16	50%	80%	10%	6%	0
Smoothies Orange Mango S Soy milk	270	1.5	0.4		5	120	53	6	36	15	50%	80%	10%	8%	0
Smoothies Strawberry Bana Grande Nonfat M	290	1	0.3		5	125	58	7	41	16	4%	100%	10%	8%	0
Smoothies Strawberry Bana 2% Milk	290	2	1		5	125	58	7	41	16	4%	100%	10%	8%	0
Smoothies Strawberry Bana Soy milk	290	2	0.4		5	120	58	8	40	16	2%	100%	10%	8%	0
Frappuccino® Bl Coffee Tall Nonfat Milk	160	0.1	0		0	160	36	0	36	3	4%	0%	10%	10%	0
Frappuccino® Bl Coffee Whole Milk	180	2.5	1.5	0.1	10	160	36	0	36	3	4%	0%	8%	0%	70
Frappuccino® Bl Coffee Soy milk	160	1.5	0.2		5	150	35	0	34	2	4%	0%	10%	0%	70
Frappuccino® Bl Coffee Grande Nonfat M	220	0.1	0.1		0	210	51	0	50	4	6%	0%	10%	4%	70
Frappuccino® Bl Coffee Whole Milk	240	3	2	0.1	10	220	50	0	50	3	4%	0%	10%	0%	95
Frappuccino® Bl Coffee Soy milk	220	1.5	0.2		0	210	49	0	47	3	4%	0%	10%	0%	95
Frappuccino® Bl Coffee Vent Nonfat Milk	310	0.1	0.1		5	300	70	0	69	6	10%	0%	20%	6%	95
Frappuccino® Bl Coffee Whole Milk	350	5	3	0.2	15	300	70	0	69	5	8%	0%	15%	2%	130
Frappuccino® Bl Coffee Soy milk	310	2.5	0.3		0	300	68	1	68	5	6%	0%	20%	2%	130
Frappuccino® Bl Mocha (Without I Tall Nonfat Milk	180	0.5	0.4		0	150	42	1	40	3	4%	0%	10%	8%	130
Frappuccino® Bl Mocha (Without I Whole Milk	200	3	2	0.1	10	160	42	1	40	3	4%	0%	8%	6%	70
Frappuccino® Bl Mocha (Without I Soy milk	180	2	0.5		0	150	40	1	38	3	4%	0%	10%	10%	70
Frappuccino® Bl Mocha (Without I Grande Nonfat M	260	1	0.5		0	220	61	1	58	4	6%	0%	10%	8%	110
Frappuccino® Bl Mocha (Without I Whole Milk	290	4	2.5	0.1	10	220	61	1	58	4	6%	0%	10%	8%	110
Frappuccino® Bl Mocha (Without I Soy milk	260	2.5	0.5		0	220	59	1	55	4	4%	0%	10%	15%	110
Frappuccino® Bl Mocha (Without I Vent Nonfat Milk	340	1	0.5		5	300	80	1	76	7	10%	0%	15%	10%	140
Frappuccino® Bl Mocha (Without I Whole Milk	390	6	3.5	0.1	15	300	80	1	76	6	8%	0%	15%	10%	140
Frappuccino® Bl Mocha (Without I Soy milk	350	3	1		0	290	78	2	73	6	8%	0%	20%	20%	140
Frappuccino® Bl Caramel (Without Tall Nonfat Milk	180	0.1	0		0	160	42	0	41	3	4%	0%	10%	0%	70
Frappuccino® Bl Caramel (Without Whole Milk	200	2.5	1.5	0.1	10	160	42	0	41	3	4%	0%	8%		

Frappuccino® Bk Caramel (Without Soy milk	180	1.5	0.2	0	0	150	40	0	39	2	4%	0%	10%	4%	70
Frappuccino® Bk Caramel (Without Grande Nonfat M	280	0.1	0.1	0	0	220	60	0	59	4	6%	0%	10%	0%	100
Frappuccino® Bk Caramel (Without Whole Milk	280	3.5	2	0.1	10	220	60	0	59	3	4%	0%	10%	0%	100
Frappuccino® Bk Caramel (Without Soy milk	260	1.5	0.2	0	0	220	58	0	56	3	4%	0%	10%	6%	100
Frappuccino® Bk Caramel (Without Ventri Nonfat Mik	330	0.1	0.1	0	0	290	0	5	77	10%	0%	15%	2%	130	
Frappuccino® Bk Caramel (Without Whole Milk	370	5	3	0.1	15	300	78	0	77	5	8%	0%	15%	2%	130
Frappuccino® Bk Caramel (Without Soy milk	340	2.5	0.3	0	0	290	75	1	73	5	6%	0%	20%	8%	130
Frappuccino® Bk Java Chip (Withc Tall Nonfat Mik	220	3	2	0	0	170	47	1	44	4	4%	0%	10%	20%	75
Frappuccino® Bk Java Chip (Withc Whole Milk	240	5	3.5	0.1	10	170	47	1	44	4	4%	0%	8%	20%	75
Frappuccino® Bk Java Chip (Withc Soy milk	220	4	2.5	0	0	170	45	1	42	3	4%	0%	10%	20%	75
Frappuccino® Bk Java Chip (Withc Grande Nonfat M	310	3	3	0	0	250	67	2	62	6%	0%	10%	25%	110	
Frappuccino® Bk Java Chip (Withc Whole Milk	340	7	5	0.1	10	250	67	2	62	5	4%	0%	10%	25%	110
Frappuccino® Bk Java Chip (Withc Soy milk	310	6	3.5	0	0	240	65	2	60	4	4%	0%	10%	30%	110
Frappuccino® Bk Java Chip (Withc Ventri Nonfat Mik	420	5	4	0	5	340	90	2	84	7	10%	0%	20%	35%	145
Frappuccino® Bk Java Chip (Withc Whole Milk	460	10	7	0.2	15	340	90	2	84	7	6%	0%	15%	35%	145
Frappuccino® Bk Java Chip (Without Soy milk	430	8	4.5	0	10	330	88	3	80	6%	0%	20%	40%	145	
Frappuccino® Lq Coffee	90	0.1	0	0	0	160	20	0	19	3	4%	0%	10%	0%	70
Frappuccino® Lq Coffee Grande Nonfat M	120	0.1	0.1	0	0	210	26	0	26	3	6%	0%	10%	0%	95
Frappuccino® Lq Coffee Ventri Nonfat Mik	160	0.1	0.1	0	5	270	34	0	33	5	8%	0%	15%	2%	120
Frappuccino® Lq Mocha Tall Nonfat Mik	110	0.5	0.4	0	0	150	24	1	23	3	4%	0%	8%	6%	95
Frappuccino® Lq Mocha Grande Nonfat M	150	1	0.5	0	0	200	33	1	30	4	6%	0%	10%	8%	70
Frappuccino® Lq Mocha Ventri Nonfat Mik	210	1	0.5	0	5	240	46	1	42	6	8%	0%	15%	10%	130
Frappuccino® Lq Caramel Tall Nonfat Mik	100	0.1	0	0	0	140	23	0	23	3	4%	0%	8%	0%	65
Frappuccino® Lq Caramel Grande Nonfat M	150	0.1	0.1	0	0	200	33	0	32	3	6%	0%	10%	0%	90
Frappuccino® Lq Caramel Ventri Nonfat Mik	200	0.1	0.1	0	5	270	44	0	43	5	8%	0%	15%	2%	120
Frappuccino® Lq Java Chip Tall Nonfat Mik	150	3	2	0	0	170	30	1	27	4	4%	0%	10%	20%	70
Frappuccino® Lq Java Chip Grande Nonfat M	220	4	3	0	0	240	43	2	39	5	6%	0%	10%	25%	105
Frappuccino® Lq Java Chip Ventri Nonfat Mik	290	5	4	0	5	320	58	2	52	7	8%	0%	15%	35%	165
Frappuccino® Bk Strawberries & C Tall Nonfat Mik	170	0.1	0.1	0	0	140	39	0	38	3	6%	6%	10%	2%	0
Frappuccino® Bk Strawberries & C Whole Milk	190	3	1.5	0.1	10	140	38	0	37	3	4%	6%	10%	2%	0
Frappuccino® Bk Strawberries & C Soy milk	170	1.5	0.2	0	0	135	37	1	35	3	4%	6%	10%	6%	0
Frappuccino® Bk Strawberries & C Grande Nonfat M	230	0.2	0.1	0	0	190	53	0	52	4	8%	6%	15%	4%	0
Frappuccino® Bk Strawberries & C Whole Mik	260	4	2	0.1	10	190	53	0	52	4	6%	6%	15%	4%	0
Frappuccino® Bk Strawberries & C Soy milk	240	2	0.2	0	0	180	51	1	49	3	4%	6%	15%	8%	0
Frappuccino® Bk Strawberries & C Ventri Nonfat Mik	310	0.2	0.1	0	5	260	70	0	69	6	10%	8%	20%	4%	0
Frappuccino® Bk Strawberries & C Whole Milk	350	6	3	0.2	15	260	70	0	68	6	8%	8%	20%	4%	0
Frappuccino® Bk Strawberries & C Soy milk	320	3.2	0.4	0	0	250	67	1	64	5	6%	8%	20%	10%	0
Frappuccino® Bk Vanilla Bean (W/ Tall Nonfat Mik	170	0.1	0.1	0	0	160	39	0	38	4	6%	0%	10%	0%	0
Frappuccino® Bk Vanilla Bean (W/ Whole Milk	200	3.5	2	0.1	10	160	38	0	38	3	6%	0%	10%	0%	0
Frappuccino® Bk Vanilla Bean (W/ Soy milk	180	1.5	0.2	0	0	160	37	1	35	3	4%	0%	10%	6%	0
Frappuccino® Bk Vanilla Bean (W/ Grande Nonfat M	240	0.1	0.1	0	5	230	56	0	55	5	8%	0%	15%	0%	0