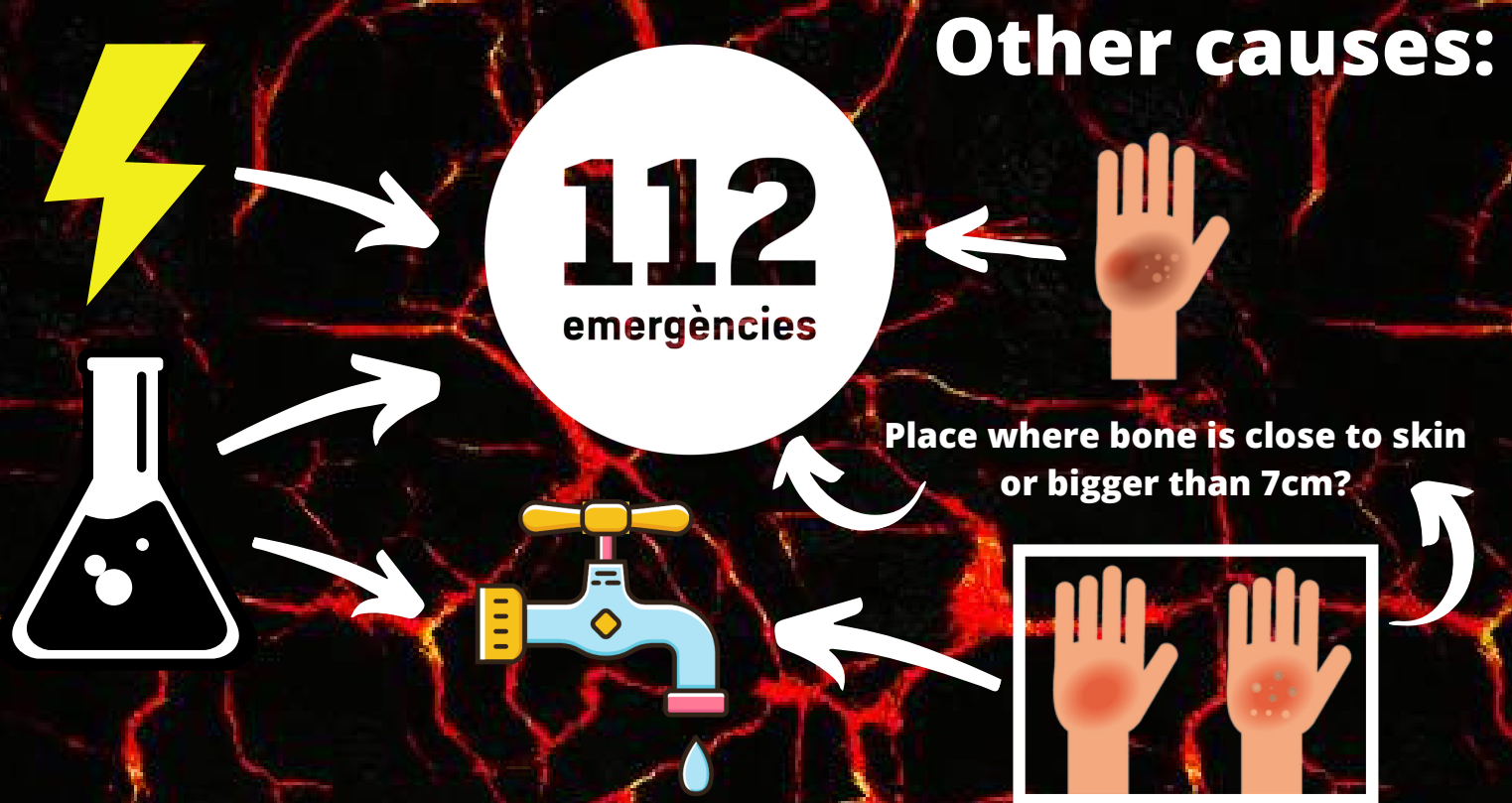


BURNS, THE GUIDE



BURN INJURIES

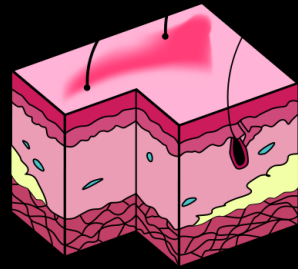
First degree burn

Signs:

- Redness
- Minor inflammation or swelling
- Pain.

DO's

- Soaking the wound in cool water for 5-10 minutes
- Using loose gauze to protect the affected area.



Second degree burn

Signs:

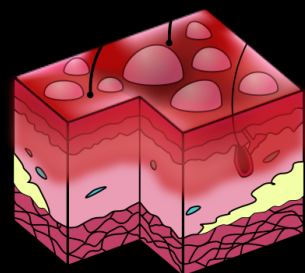
- Blisters
- Extremely red and sore skin

DO's

- Soaking the wound in cool water for 15 minutes

DON'ts

- Do not use ice or ice water
- Do not break the blisters.



Third degree burn

Signs:

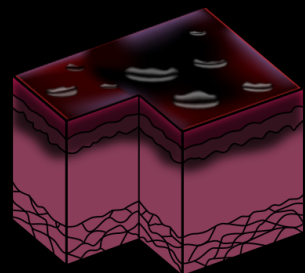
- Waxy and white or dark brown color
- Raised and leathery texture
- Blisters that do not develop

DO's

- Call 112
- While waiting, raise injury above your heart

DON'ts

- Do not remove clothes



Fourth degree burn

Signs:

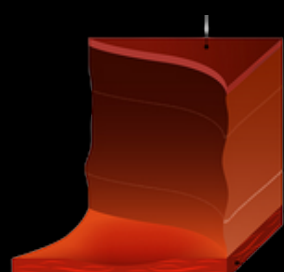
- Charred skin
- Possible exposed bone

DO's

- Call 112
- Raise injury above your heart
- Cover the affected area with a loose bandage or cloth

DON'ts

- Don't remove clothing that may be stuck to the burn
- Don't pick at skin or peel away any blisters



CREMADES, LA GUIA



CREMADES

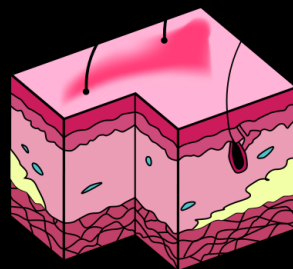
De primer grau

Síntomes:

- Vermellor
- Minima infamació o dolor

DO's

- Posar sota l'aigua durant 5-10 minuts
- Protegir amb gasa.



De segon grau

Síntomes:

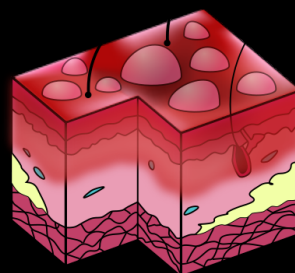
- Butllofes
- Pell vermella i inflamada

DO's

- Posar sota l'aigua durant 15 minuts

DON'ts

- No utilitzis gel ni aigua molt freda
- No trenquis les butllofes



De tercer grau

Síntomes:

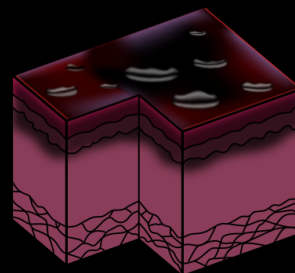
- Color blanc o marró fosc
- Inflamació greu
- Butllofes no del tot desenvolupades

DO's

- Truca al 112
- Esperant, col·loca la ferida per sobre del cor

DON'ts

- No retiris la roba



De quart grau

Síntomes.:

- Pell carbonitzada
- Possiblement l'os exposat

DO's

- Trucar al 112
- Col·loca la ferida per sobre del cor
- Tapar o protegir la ferida

DON'ts

- No treure roba que pot estar enganxada
- No tocar la pell o butllofes

