Coursera - 4 - Reproducible Research

Peer Assessment 1

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The code described below will read-in physical fitness data (i.e., the "activity.csv" file, provided) and produce the histogram and time series plots shown below.

The first step is to load the "dplyr" and "lubridate" packages for R, as shown below, and to read in the physical fitness data from a .csv file. The file includes a header row with the names for three columns ("steps", "date", and "interval"), followed by 17568 rows of fitness data.

The fitness data described the number of steps a person took each day (in 5-minute increments) during a 53-day period from October 1, 2012, to November 30, 2012. The data had to be cleaned up and consolidated to make the figures provided below.

```
library(dplyr)
```

```
## Warning: package 'dplyr' was built under R version 3.2.1
```

```
##
## Attaching package: 'dplyr'
##
## The following objects are masked from 'package:stats':
##
## filter, lag
##
## The following objects are masked from 'package:base':
##
## intersect, setdiff, setequal, union
```

```
library(lubridate)
```

```
## Warning: package 'lubridate' was built under R version 3.2.1
```

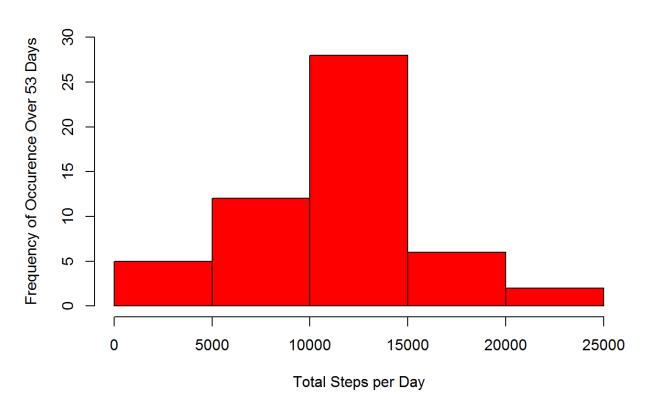
```
data1df <- read.table(
    "C:/Users/Andrew/Documents/Coursera/Data Science JHU/5 - Rep Res/pal/activi
ty.csv",
   header=TRUE,
   sep = ",",
    col.names = c("steps", "date", "interval"),
    colClasses=c("numeric", "character", "numeric"),
    na.strings=c("NA")
)
data1df$date <- strptime(data1df$date, format="%Y-%m-%d")</pre>
dataldf$date <- ymd(dataldf$date)  # Use lubridate to ensure correct date form
data1tbl <- tbl df(data1df)</pre>
                                      # Create tbl out of initial data frame
data2tbl <- mutate(data1tbl,</pre>
    new steps=steps,
    day num=wday(date),
    day=weekdays(date))
data2df <- data.frame(data2tbl)</pre>
data3df <- cbind(data2df, "weekday"=0)</pre>
\label{lambda} $\operatorname{data3df\$day\ num} >= 2) \& (\operatorname{data3df\$day\ num} <= 6)] <- 1
data3tbl <- tbl df(data3df)</pre>
data3tbl <- select(data3tbl, date, interval, day, day num, weekday,
    steps, new steps)
data4df <- data.frame(data3tbl) # Baseline data sets</pre>
data4tbl <- data3tbl</pre>
```

The histogram shown here describes the total number of steps a person took each day during a 53-day period from October 1, 2012, through November 30, 2012. The histogram bins the daily counts and shows the frequency with which a person took a given number of steps.

Strategy for missing data: In the original data set, some values for "steps" were missing, and coded as "NA" (not available). In this analysis, the NA step values have been removed (ommitted). You can see this happening in the five filter statements in the code that include "!is.na(steps)". The histogram shown below shows the total number of steps taken each day after missing values were imputed (i.e., removed).

```
hist(by_date_sums$steps,
    col="Red",
    bg="White",
    main="Steps per Day (NA's Omitted)",
    xlab="Total Steps per Day",
    ylab="Frequency of Occurence Over 53 Days",
    ylim=c(0, 30)
)
```

Steps per Day (NA's Omitted)



A call to summary(by_date_sums) reveals the maximum and minimum number of steps the person took per day (Note: NA values have been omitted), along with the mean and median values for the 53-day period.

Mean: 10766 steps per day

Median: 10765 steps per day

Maximum: 21194 steps per day

Minimum: 41 steps per day

summary(by_date_sums)

```
## date steps

## Length:53 Min. : 41

## Class:character 1st Qu.: 8841

## Mode :character Median:10765

## Mean :10766

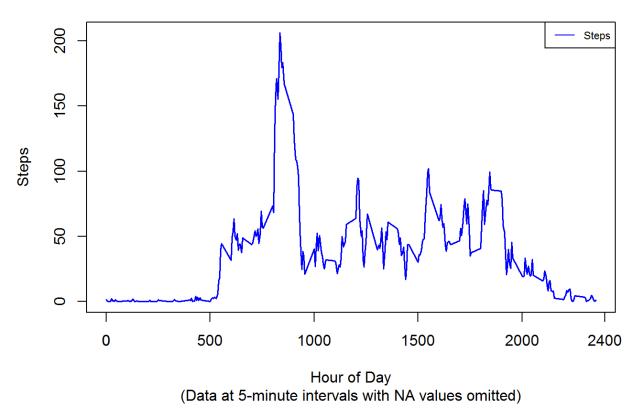
## 3rd Qu.:13294

## Max. :21194
```

Here is a time series plot of the AVERAGE number of steps taken per 5-minute interval during the day (the average level per similar interval across all 53 days). The intervals are shown on a 24-hour clock basis (0000 to 2400 hours). (Each 24-hour day includes 288 5-minute intervals.)

```
with (by interval, plot(interval, steps, type="n",
    main="Average Steps per 5-Minute Interval",
    sub="(Data at 5-minute intervals with NA values omitted)",
    xlab="Hour of Day",
    ylab="Steps"
    )
)
with (by interval, points (interval, steps,
        type="1",
        lwd="1.9",
        col="Blue",
        axis(side=1, at = c(0, 2400))
    )
)
text1 <- c("Steps")
legend("topright",
   legend=text1,
    col=c("Blue"),
    lty=1,
    cex=0.7
)
```

Average Steps per 5-Minute Interval



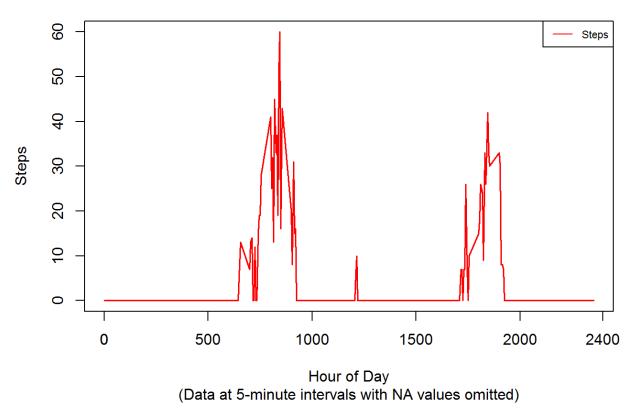
On average, the maximum number of steps taken in a particular day was 206.17, and it occurred during interval 835 (i.e., at 8:35 a.m.), as shown by the following code.

```
summary(by interval)
       interval
                          steps
           :
                          : 0.000
               0.0
                     Min.
    1st Qu.: 588.8
                      1st Qu.: 2.486
    Median :1177.5
                     Median : 34.113
           :1177.5
                             : 37.383
    Mean
                     Mean
                      3rd Qu.: 52.835
##
    3rd Qu.:1766.2
           :2355.0
    Max.
                      Max.
                             :206.170
max1 <- tbl_df(by_interval)</pre>
filter(max1, steps>206)
## Source: local data frame [1 x 2]
##
     interval
                  steps
          835 206.1698
```

Here is a time series plot of the MEDIAN number of steps taken per 5-minute interval during the day (the median level per similar interval across all 53 days). The intervals are shown on a 24-hour clock basis (0000 to 2400 hours). (Each 24-hour day includes 288 5-minute intervals.)

```
with(by interval2, plot(interval, steps, type="n",
    main="Median Steps per 5-Minute Interval",
    sub="(Data at 5-minute intervals with NA values omitted)",
    xlab="Hour of Day",
    ylab="Steps"
)
with (by interval2, points (interval, steps,
        type="1",
        lwd="1.9",
        col="Red",
        axis(side=1, at = c(0, 2400))
    )
)
text1 <- c("Steps")</pre>
legend("topright",
    legend=text1,
    col=c("Red"),
    lty=1,
    cex=0.7
)
```

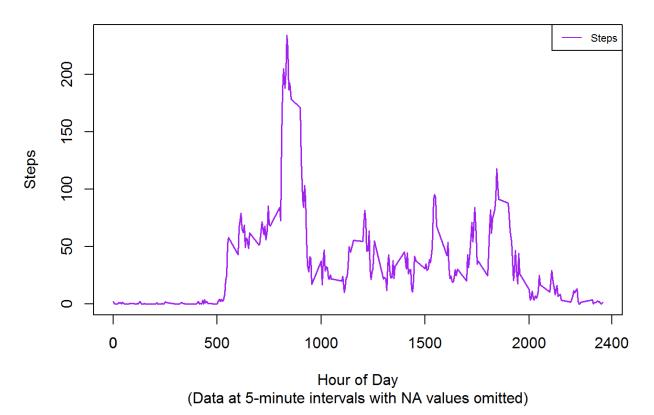
Median Steps per 5-Minute Interval



The two time-series plots shown below show the average number of steps taken per 5-minute interval for weekdays (the first plot), and for weekend days (the second plot). (The two plots are not in the same panel, per se, but are on the same scale and are positioned similarly.)

```
with(by interval, plot(interval, steps, type="n",
    main="Weekday Average Steps per 5-Minute Interval",
    sub="(Data at 5-minute intervals with NA values omitted)",
    xlab="Hour of Day",
    ylab="Steps"
)
with (by interval, points (interval, steps,
        type="1",
        lwd="1.9",
        col="Purple",
        axis(side=1, at = c(0, 2400))
    )
)
text1 <- c("Steps")</pre>
legend("topright",
    legend=text1,
    col=c("Purple"),
    lty=1,
    cex=0.7
)
```

Weekday Average Steps per 5-Minute Interval



```
with (by interval3, plot(interval, steps, type="n",
    main="Weekend Daily Average Steps per 5-Minute Interval",
    sub="(Data at 5-minute intervals with NA values omitted)",
    xlab="Hour of Day",
    ylab="Steps"
)
with (by interval3, points (interval, steps,
        type="1",
        lwd="1.9",
        col="Brown",
        axis(side=1, at = c(0, 2400))
    )
)
text1 <- c("Steps")</pre>
legend("topright",
    legend=text1,
    col=c("Brown"),
    lty=1,
   cex=0.7
)
```

Weekend Daily Average Steps per 5-Minute Interval

