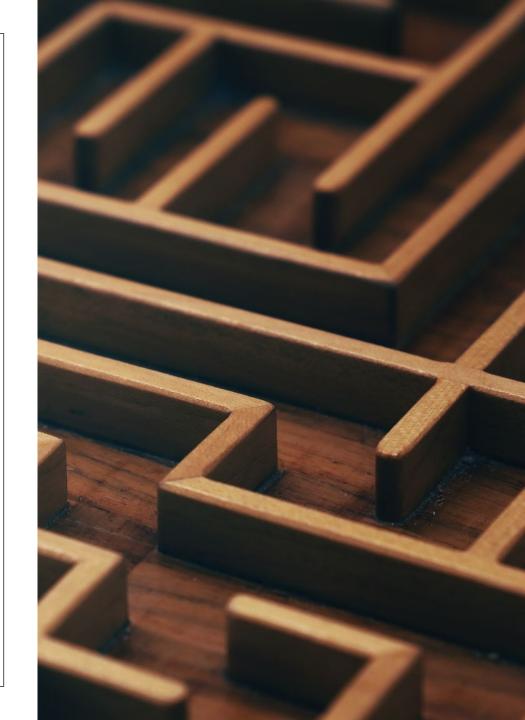
A BETTER PROFESSIONAL YOU

Michael A Heroux



SOME THOUGHTS ON TIME MANAGEMENT A PRINCIPLES APPROACH

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Time Multipliers

- Commit some time to Important but not Urgent work.
- Be done-done.
- Leave breadcrumbs.
- Engage in complementary multi-tasking.
- Leave slack in your schedule.
- Work with synergistic people.
- How can we do this? Consider Kanban.

Kanban principles

- Limit number of "In Progress" tasks
- Productivity improvement:
 - o Optimize "flexibility vs swap overhead" balance. No overcommitting.
 - Productivity weakness exposed as bottleneck. Team must identify and fix the bottleneck.
 - Effective in R&D setting. Avoids a deadlinebased approach. Deadlines are dealt with in a different way.
- Provides a board for viewing and managing issues



Basic Kanban

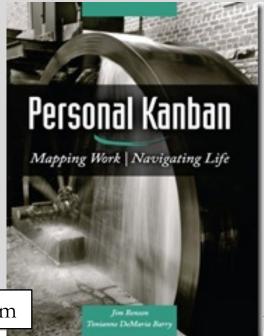
Backlog	Ready	In Progress	Done
 Any task idea Trim occasionally Source for other columns 	 Task + description of how to do it. Could be pulled when slot opens. Typically comes from backlog. 	 Task you are working on right now. The only Kanban rule: Can have only so many "In Progress" tasks. Limit is based on experience, calibration. Key: Work is pulled. You are in charge! 	 Completed tasks. Record of your life activities. Rate of completion is your "velocity".

Notes:

- Ready column is not strictly required.
- Other common column: In Review
- Can be creative with columns:
 - Waiting on Advisor Confirmation.

Personal Kanban

- Personal Kanban: Kanban applied to one person.
 - Apply Kanban principles to your life.
 - Fully adaptable.
- Personal Kanban: Commercial book/website.
 - Useful, but not necessary.



http://www.personalkanban.com

Kanban Tools

- ° Wall, whiteboard, blackboard: Basic approach.
- Software, cloud-based:
 - Trello, JIRA, GitHub Issues.
 - Many more.
- ° I use Trello (browser, iPhone, iPad).
 - o Can add, view, update, anytime, anywhere.
 - https://trello.com/b/04MQXyLo/personal-work-tasks

Big Question: How many tasks?

- Personal question.
- o Approach: Start with a realistic list of what you are working on right now. See how it goes.
- Use a freeway traffic analogy:
 - Does traffic flow best when fully packed? No.
 - Same thing with your effectiveness.
- Spend time consulting board regularly.
 - Brings focus.
 - Enables reflection, retrospection.
- Use slack time effectively.

Time Multipliers

Kanban assists you with these principles:

- Commit some time to Important but not Urgent.
- Be done-done.
- Leave breadcrumbs.
- Complementary multi-tasking.
- Leave slack in your schedule.

Not this one:

• Work with synergistic people.

Importance of "In Progress" Concept for you

- Junior community members:
 - Less control over task.
 - Given by supervisor.
- In Progress column: Protects you.
 - If asked to take on another task, respond:
 - Is this important enough to become less efficient?
 - o Sometimes it is.

(Personal) Productivity++ Initiative Ask: Is My Work _____?

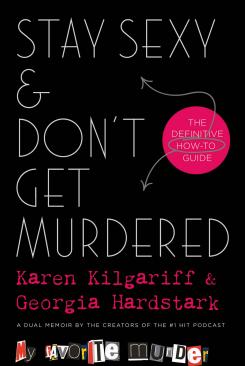
Productivity++

- Traceable
- In Progress
- Sustainable
- Improved

Version 1.3

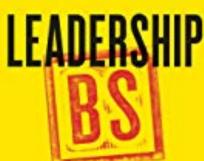


https://github.com/trilinos/Trilinos/wiki/Productivity---Initiative





Stanford Business School



Fixing Workplaces and Careers One Truth at a Time

Read by Mike Chamberlain.



Great Software

Complementary Multi-tasking.



Professor Mark Leary

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YOUR DIGITAL PRESENCE

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Digital Platforms for Communication

• REMINDER: Free digital platforms are:

- Free as in no out-of-pocket expense, or "freemium" (pay for some features).
- NOT free as no-cost:
 - Your information (usually anonymized) is mined and used.
 - When paired with other information outside the system, can quickly and uniquely identify you.
- o Takeaway: Be careful what you share, or if you share at all.
- Having said that:
 - These platforms are useful for making others aware of you, your projects.
 - They are indispensable for distributed collaboration. Just be careful with sharing scope.

LinkedIn



- Professional Networking Site.
- Owned by Microsoft.
- Used for professional news, recruiting, community stature.
- Skills and Endorsements.
- A professional version of FaceBook.

GitHub



- GitHub is an information management and collaboration platform.
- o It is useful for software projects (you know this) and much more (you may not know this).
- o Formatted documents: Markdown https://www.markdownguide.org/cheat-sheet/
- Types of organizations:
 - You (your GitHub ID):
 - ∘ maherou mine (\$4/month)
 - https://maherou.github.io
 - Others:
 - BetterScientificSoftware: Org for advancing, well, better scientific software.
 - Multiple repos: PSIP-Tools, Trust-Tools.
 - o Special repo: https://betterscientificsoftware.github.io
 - Collegeville: Educational org
 - https://github.com/Collegeville
 - Research student repos.
 - o Project repos.
 - Issues-only repo: https://github.com/Collegeville/Labora
 - Team policy: https://github.com/Collegeville/Labora/blob/master/TeamPolicy.md
 - Workshop repos: https://github.com/Collegeville/Workshops
 - Generated website: https://collegeville.github.io/Workshops/

High points

- ° Time is precious: Manage it well, even in this early phase of your life.
- o Structure your life so you are effective (character) and efficient (competent).
- o Always improve: Build habits so learning is naturally part of your life.
- Seek diverse content: Needed for big picture thinking.
- Establish (or not) your online presence.

Challenge One

- Create your own GitHub pages website:
 - Start from an existing site you like:
 - o Fork it
 - Rename it to github-id.github.io (example maherou.github.io)
 - Clone it (recommend using GitHub Desktop Client)
 - Edit using:
 - GitHub web-based editor (for small changes or creating a new file)
 - Atom (downloadable and integrated with GitHub Desktop Client)
 - VS Code (my new favorite Markdown editor)
 - o Commit back to main GitHub repo
 - Make sure GitHub pages features are enabled for the repo in Settings
 - Wait for it to compile (automatical done using Jekyll)
 - View the site at https://github-id.github.io

Challenge Two

- Create a LinkedIn account
- Add bio, experience, interests
- o Invite people to connect (you can invite me, I will accept)
- o Consider doing skills tests, getting recommendations, ...