

Read Mayor Bowser's Presentation on DC's COVID-19 Situational Update: August 26.
DC Entered Phase Two of Reopening on June 22. View the Guidance.

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR



Office of the Mayor



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[Ask the Mayor](#)



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Mayor

DC Health Releases Updated List of High-Risk States

Tuesday, September 8, 2020

(Washington, DC) – Today, DC Health released an update on the seven-day moving average of daily new COVID-19 cases among persons. Mayor Bowser issued Mayor's Order 2020-08, requiring people traveling into Washington, DC from high-risk states to self-quarantine for 14 days.

Anyone coming into Washington, DC from a high-risk state who was traveling for non-essential activities will be required to self-quarantine for 14 days from their arrival in the District. Individuals traveling from high-risk states to Washington, DC for essential activities will not be required to self-quarantine.

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essential travel or arriving in the District for essential travel are required to self-monitor for symptoms of COVID-19 for 14 days and, if they show signs or experience symptoms of COVID-19, they are to self-quarantine and seek medical advice or testing.

Travel to and from Maryland and Virginia is exempt from the Order. This list should be used until Monday, September 21, when an updated list will be posted on coronavirus.dc.gov.

States that were added to the updated list include: Montana and Ohio.

States that were removed from the updated list include: Alaska and Arizona.

High-risk states that require 14 days of self-quarantine:

- Alabama
- Arkansas
- California
- Florida
- Georgia
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- North Carolina
- North Dakota
- Ohio
- Oklahoma

x

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- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Wisconsin

All individuals coming into Washington, DC from high-risk states can find the full Mayor's Order at coronavirus.dc.gov/phasetwo.

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