

Read Mayor Bowser's Presentation on DC's COVID-19 Situational Update: October 29.
DC Entered Phase Two of Reopening on June 22. View the Guidance.

GOVERNMENT OF THE DISTRICT OF COLUMBIA
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[Ask the Mayor](#)



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DC Health Releases Updated List of High-Risk States - November 2, 2020

Monday, November 2, 2020

(Washington, DC) – Today, DC Health released an updated list of high-risk states where the seven-day moving average of daily new COVID-19 cases is 10 or more per 100,000 persons. Mayor Bowser issued Mayor's Order 2020-081 with requirements for all people traveling into Washington, DC from high-risk states.

Anyone coming into Washington, DC from a high-risk state (within the prior 14 days) who was traveling for non-essential activities will be required to self-quarantine for 14 days from their arrival in the District. Individuals traveling from high-risk states after

essential travel or arriving in the District for essential travel are required to self-monitor for symptoms of COVID-19 for 14 days and, if they show signs or experience symptoms of COVID-19, they are to self-quarantine and seek medical advice or testing.

Travel to and from Maryland and Virginia is exempt from the Order. This list should be used until Monday, November 16.

States that were added to the updated list include: California, New Jersey, and Oregon.

No states were removed from the updated list. High-risk states that require 14 days of self-quarantine:

arantine:

Alabama

Alaska

Arizona

Arkansas

California

Colorado

Connecticut

Delaware

Florida

Georgia

Idaho

Illinois

Indiana

Iowa

Kansas

Kentucky

Louisiana

Massachusetts

Michigan

Minnesota

Mississippi

Missouri

Montana
Nebraska
Nevada
New Jersey
New Mexico
North Carolina
North Dakota
Ohio
Oklahoma
Oregon
Pennsylvania
Rhode Island
South Carolina
South Dakota
Tennessee
Texas
Utah
West Virginia
Wisconsin
Wyoming

All individuals coming into Washington, DC from high-risk states can find the full Mayor's Order at coronavirus.dc.gov/phasetwo.

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