

Read Mayor Bowser's Presentation on DC's COVID-19 Situational Update: July 24.
DC Entered Phase Two of Reopening on June 22. View the Guidance.

GOVERNMENT OF THE DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR



Office of the Mayor



Email: eom@dc.gov



[Ask the Mayor](#)



Connect With Us

John A. Wilson Building
1350 Pennsylvania Avenue, NW, Washington, DC 20004
Phone: (202) 727-2643
TTY: 711

[Muriel Bowser](#)
Mayor

DC Health Releases List of High-Risk States

Monday, July 27, 2020

(Washington, DC) – Today, DC Health released its first list of high-risk states and will update the list every other Monday. On Friday, Mayor Bowser issued Mayor’s Order 2020-081, with requirements for all people traveling into Washington, DC from high-risk states. High-risk states are states where the seven-day moving average of daily new COVID-19 cases is 10 or more per 100,000 persons.

Beginning today, Monday, July 27, anyone coming into Washington, DC from a high-risk state (within the prior 14 days) who was traveling for non-essential activities will be required to self-quarantine for 14 days from their arrival in the District. Individuals traveling from high-risk states after essential travel or arriving in the District for essential travel are required to self-monitor for symptoms of COVID-19 for 14 days and, if they show signs or experience symptoms of COVID-19, they are to self-quarantine and seek medical advice or testing.

The list of states below are considered high-risk. Travel to and from Maryland and Virginia is exempt from the Order. This list should be used until Monday, August 10, when an updated list will be posted on coronavirus.dc.gov.

High-risk states that require 14 days of self-quarantine:

Arkansas
Arizona
Alabama
California
Delaware
Florida
Georgia
Idaho
Iowa
Kansas
Louisiana
Mississippi

Missouri
Montana
Nebraska
Nevada
New Mexico
North Carolina
North Dakota
Ohio
Oklahoma
South Carolina
Tennessee
Texas
Utah
Washington
Wisconsin

All individuals coming into Washington, DC from high-risk states can find the full Mayor's Order at coronavirus.dc.gov/phasetwo.

Social Media:

Mayor Bowser Twitter: [@MayorBowser](https://twitter.com/MayorBowser)

Mayor Bowser Instagram: [@Mayor_Bowser](https://www.instagram.com/Mayor_Bowser)

Mayor Bowser Facebook: facebook.com/MayorMurielBowser

Mayor Bowser Website: mayor.dc.gov

Mayor Bowser YouTube: <https://www.bit.ly/eomvideos>

[ACCESSIBILITY](#)

[PRIVACY AND SECURITY](#)

[ABOUT DC.GOV](#)

[TERMS AND CONDITIONS](#)