

Read Mayor Bowser's Presentation on DC's COVID-19 Situational Update: October 19.
DC Entered Phase Two of Reopening on June 22. View the Guidance.

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR



Office of the Mayor



Connect With Us

John A. Wilson Building
1350 Pennsylvania Avenue, NW, Washington, DC 20004
Phone: (202) 727-2643
TTY: 711

Email: eom@dc.gov



[Ask the Mayor](#)



[Muriel Bowser](#)
Mayor

DC Health Releases Updated List of High-Risk States - October 19, 2020

Monday, October 19, 2020

(Washington, DC) – Today, DC Health released an updated list of high-risk states where the seven-day moving average of daily new COVID-19 cases is 10 or more per 100,000 persons. Mayor Bowser issued Mayor's Order 2020-081 with requirements for all people traveling into Washington, DC from high-risk states.

Anyone coming into Washington, DC from a high-risk state (within the prior 14 days) who was traveling for non-essential activities will be required to self-quarantine for 14 days from their arrival in the District. Individuals traveling from high-risk states after

essential travel or arriving in the District for essential travel are required to self-monitor for symptoms of COVID-19 for 14 days and, if they show signs or experience symptoms of COVID-19, they are to self-quarantine and seek medical advice or testing.

Travel to and from Maryland and Virginia is exempt from the Order. This list should be used until Monday, November 2.

States that were added to the updated list include: Arizona, Colorado, Connecticut, Massachusetts, Michigan, Ohio, Pennsylvania, and Rhode Island.

No states were removed from the updated list.

High-risk states that require 14 days of self-quarantine:

Alabama
Alaska
Arizona
Arkansas
Colorado
Connecticut
Delaware
Florida
Georgia
Idaho
Illinois
Indiana
Iowa
Kansas
Kentucky
Louisiana
Massachusetts
Michigan
Minnesota
Mississippi
Missouri
Montana
Nebraska

Nevada
New Mexico
North Carolina
North Dakota
Ohio
Oklahoma
Pennsylvania
Rhode Island
South Carolina
South Dakota
Tennessee
Texas
Utah
West Virginia
Wisconsin
Wyoming

All individuals coming into Washington, DC from high-risk states can find the full Mayor's Order at coronavirus.dc.gov/phasetwo.

ACCESSIBILITY

PRIVACY AND SECURITY

ABOUT DC.GOV

TERMS AND CONDITIONS