

Read Mayor Bowser's Presentation on DC's COVID-19 Situational Update: August 26.
DC Entered Phase Two of Reopening on June 22. View the Guidance.

GOVERNMENT OF THE DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR



Office of the Mayor



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[Ask the Mayor](#)



[Muriel Bowser](#)
Mayor

DC Health Updates List of High-Risk States

Thursday, August 27, 2020

(Washington, DC) – On Monday, August 24, DC Health released an updated list of high-risk states where the seven-day moving average of daily new cases is 10 or more per 100,000 persons. Mayor Bowser issued May 2020 requirements for all people traveling into Washington, DC.

Today, DC Health removed Delaware from the list of high-risk states. When we created the most recent list, the posted data indicated that Delaware met the requirements of a high-risk state. Since then, the Delaware Department of Social Services has provided DC Health with updated

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health agencies reviewed this matter to understand how Delaware's publicly available data and the Delaware Department's latest data could allow for this revision. Anyone who arrived in the District between 8/24-8/27 after traveling to Delaware and was quarantining, may discontinue and return to their usual activities with the current COVID-19 precautions in place. This includes staying home when you're sick, wearing a cloth face covering or face mask outside of your household, maintaining 6 feet of distance from others not in your household, and frequent hand washing.

Anyone coming into Washington, DC from a high-risk state (within the prior 14 days) who was traveling for non-essential activities will be required to self-quarantine for 14 days from their arrival in the District. Individuals traveling from high-risk states after essential travel or arriving in the District for essential travel are required to self-monitor for symptoms of COVID-19 for 14 days and, if they show signs or experience symptoms of COVID-19, they are to self-quarantine and seek medical advice or testing.

Travel to and from Maryland and Virginia is exempt from the Order. This list should be used until Tuesday, September 8, when an updated list will be posted on coronavirus.dc.gov.

High-risk states that require 14 days of self-quarantine:

Alabama
Alaska
Arizona
Arkansas
California
Florida
Georgia
Hawaii
Idaho
Illinois
Indiana
Iowa
Kansas
Kentucky
Louisiana
Minnesota

x

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Mississippi
Missouri
Nebraska
Nevada
North Carolina
North Dakota
Oklahoma
South Carolina
South Dakota
Tennessee
Texas
Utah
Wisconsin

All individuals coming into Washington, DC from high-risk states can find the full Mayor's Order at coronavirus.dc.gov/phasetwo.

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