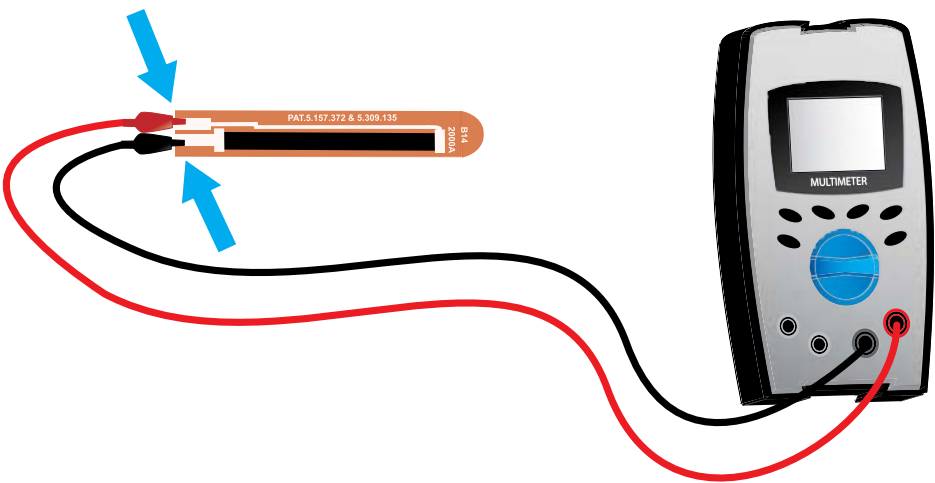## Quick Setup Guide

1 **Interfacing the multi-meter:** Connect the two wires from the Flex sensor to the two leads of a multi-meter.

2 **Measuring the bending:** Bend the sensor and observe the change in resistance on the multi-meter. Note that the sensor accurately measures bending opposite the side with the printed text.

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