# A Regression Analysis of the Point Differential in NFL Games

#### **Andrew Ivanov**



#### **Table of Contents**

| Section 1 Introduction to Data Set   | Pages 3-4         |
|--------------------------------------|-------------------|
| Section 2 Simple Linear Regression   | Pages 5-8         |
| Section 3 Multiple Linear Regression | <b>Pages 9-14</b> |
| Section 4 Polynomial Regression      | Pages 15-17       |
| Section 5 Model Selection            | Pages 18- 25      |
| Section 6 Logistic Regression        | Pages 26-29       |
| Section 7 Cross-validation           | Pages 30-32       |

#### **Chapter 1: The Data Set**

I used Yahoo! Finance as a source of 2019 price history for each asset I selected.

Every Sunday during the NFL season, play by play announcers often throw out random statistics which they believe have an impact on the final score of the game. For my second data set, I decided to look into which football statistics influence the final point differential between two teams in an NFL game. The NFL regular season has 256 each games each year. To increase the sample size of my data set, I gathered data from several recent NFL seasons, from the 2015 NFL season up to week 10 of the 2020 NFL season. This gave my dataset a sample size of 2856 observations. Each observation is the outcome of a single game and the variables in each observation are for a single NFL team.

To compile my dataset, I created an account on <a href="https://sportradar.us/sports-data/">https://sportradar.us/sports-data/</a> which provides a tool to query <a href="https://sports-data/">www.pro-football-reference.com</a> where I collected all of the single game football statistics for my dataset. I filtered through each NFL season I was interested in and compiled all of the variables I wanted to examine into an Excel file.

|     | 2015 to 2020 NFL Single Game Statistics |          |         |          |        |                  |     |                |                  |               |             |             |                      |
|-----|---|----------|---------|----------|--------|------------------|-----|----------------|------------------|---------------|-------------|-------------|----------------------|
| Obs | PtDiff                                  | Location | DivGame | SackDiff | TODiff | PressuresAllowed | YPC | TotalPenalties | NetPassYdsPerAtt | NetYdsAllowed | ReturnYards | BigPlayDiff | SecondHalfRushingYds |
| 1   | 4                                       | 0        | 1       | 1        | -1     | 7                | 9   | 5.6000         | 366              | 50            | 3           | 65          | 15                   |
| 2   | -3                                      | 1        | 0       | 3        | -3     | 3                | 6   | 7.6571         | 322              | 99            | 2           | 33          | -10                  |
| 3   | 20                                      | 0        | 0       | 2        | -1     | 6                | 9   | 9.9730         | 285              | 39            | 7           | 11          | 28                   |
| 4   | 3                                       | 1        | 1       | 2        | 1      | 5                | 5   | 7.5000         | 572              | 31            | -2          | 5           | -3                   |
| 5   | 2                                       | 1        | 0       | -3       | 0      | 5                | 6   | 7.3750         | 369              | 54            | 3           | 77          | -7                   |
| 6   | -13                                     | 1        | 0       | 1        | -2     | 11               | 5   | 8.0370         | 383              | 104           | 2           | -25         | -1                   |
| 7   | -4                                      | 1        | 0       | 0        | 1      | 13               | 7   | 5.9737         | 437              | 39            | -1          | 30          | -14                  |
| 8   | -7                                      | 1        | 1       | -2       | -1     | 10               | 3   | 5.5946         | 437              | 76            | 2           | 21          | 17                   |
| 9   | -1                                      | 1        | 0       | 0        | -1     | 10               | 7   | 7.6667         | 386              | 3             | -3          | 21          | 8                    |
| 10  | 7                                       | 1        | 0       | -1       | 0      | 14               | 4   | 7.7429         | 405              | 72            | -1          | -35         | 32                   |
| 11  | 17                                      | 0        | 0       | 0        | 2      | 7                | 3   | 7.3750         | 304              | 41            | 8           | 170         | -14                  |
| 12  | 14                                      | 0        | 0       | 2        | -1     | 5                | 5   | 8.9565         | 343              | 97            | 4           | 48          | 24                   |
| 13  | 2                                       | 0        | 0       | 3        | 1      | 7                | 12  | 6.4074         | 364              | 130           | 3           | -21         | -4                   |
| 14  | 14                                      | 0        | 0       | -2       | 1      | 4                | 5   | 6.7826         | 339              | 44            | -5          | 55          | -6                   |
| 15  | 10                                      | 1        | 1       | 0        | 0      | 10               | 7   | 6.6522         | 254              | 7             | 3           | 4           | 3                    |
| 16  | 3                                       | 1        | 0       | -2       | 0      | 12               | 5   | 8.3030         | 478              | 0             | -3          | -60         | 7                    |
| 17  | -26                                     | 0        | 0       | -1       | -3     | 3                | 10  | 5.9783         | 334              | 94            | -2          | -12         | -9                   |
| 18  | 8                                       | 0        | 1       | 4        | 1      | 9                | 10  | 6.8837         | 191              | 97            | 3           | 43          | 3                    |
| 19  | 10                                      | 1        | 0       | -2       | 4      | 10               | 6   | 10.1579        | 419              | 165           | 2           | -3          | -2                   |
| 20  | -4                                      | 1        | 0       | -1       | 0      | 5                | 5   | 7.6176         | 372              | 43            | -2          | 20          | -14                  |

In total, I compiled 13 variables that I would further examine. They are defined below.

**PtDiff** will be my Y variable. It is the number of points that a team won or lost by. PtDiff will be positive if a team won a game and negative if a team lost a game.

**Location** is a dummy variable that is 0 if the team is playing away and 1 if the team is playing at home

**DivisionalGame** is a dummy variable that is 1 if the team is a playing a team in the same division and 0 otherwise.

**SackDiff** is the sack differential between the team and its opponent. SackDiff will be positive if the team tackled the opposing quarterback more than the opposing team tackled the team's quarterback and negative otherwise.

**TODiff** is the turnover differential between the team and its opponent. TODiff will be positive if the team turned over the football less times than the opposing team in the game and negative otherwise.

**PressuresAllowed** is number of times the team allowed the quarterback to get rushed, knocked down or sacked.

**YPC** is the yards per rushing attempt that a team averaged in a game.

**TotalPenalties** is the total number of offensive and defensive penalties a team committed in a game.

**NetPassYdsPerAtt** is the number of passing yards a quarterback had minus the number of yards lost due to sacks and then divided by the number of pass attempts by the quarterback.

**NetYdsAllowed** is the total number of rushing, passing and return yards given up by a team's defense in a game.

**ReturnYards** is the total number of punt return and kick return yards a team had in a game

**BigPlayDiff** is the big play differential between two teams. A big play is counted as any rush attempt that was 10 yards or more or any passing play that was 20 yards or more.

**SecondHalfRushingYds** is the total number of rushing yards a team had in the second half of the game.

#### **Chapter 2:** A Simple Linear Regression Model

Using SAS, to create the regression scatterplot showing both the 95% confidence interval and the 95% prediction interval. Also, show the Analysis of Variance and Parameter Estimation sections output.

I selected point differential as a y-variable and sack differential as the x-variable.

## Point Differential vs Sack Differential with 95% confidence and prediction intervals

The REG Procedure Model: MODEL1 Dependent Variable: PtDiff

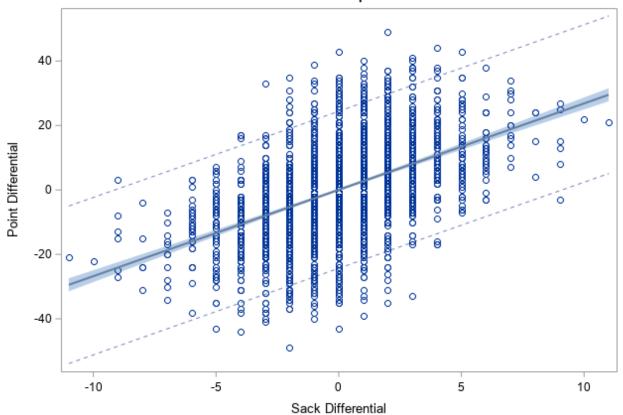
| Number of Observations Read | 2856 |
|-----------------------------|------|
| Number of Observations Used | 2856 |

| Analysis of Variance |      |                   |                |         |        |  |  |  |
|----------------------|------|-------------------|----------------|---------|--------|--|--|--|
| Source               | DF   | Sum of<br>Squares | Mean<br>Square | F Value | Pr > F |  |  |  |
| Model                | 1    | 134740            | 134740         | 872.68  | <.0001 |  |  |  |
| Error                | 2854 | 440654            | 154.39861      |         |        |  |  |  |
| Corrected Total      | 2855 | 575394            |                |         |        |  |  |  |

| Root MSE       | 12.42572 | R-Square | 0.2342 |
|----------------|----------|----------|--------|
| Dependent Mean | 0        | Adj R-Sq | 0.2339 |
| Coeff Var      | -        |          |        |

| Parameter Estimates |   |                       |         |         |         |  |  |  |
|---------------------|---|-----------------------|---------|---------|---------|--|--|--|
| Variable DF         |   | Parameter<br>Estimate |         | t Value | Pr >  t |  |  |  |
| Intercept           | 1 | 0.04035               | 0.23251 | 0.17    | 0.8622  |  |  |  |
| SackDiff            | 1 | 2.67996               | 0.09072 | 29.54   | <.0001  |  |  |  |

### Point Differential vs Sack Differential with 95% confidence and prediction intervals



By using the parameter estimates for the variables from the SAS output, we can see that the simple linear regression model for point differential using sack differential is:

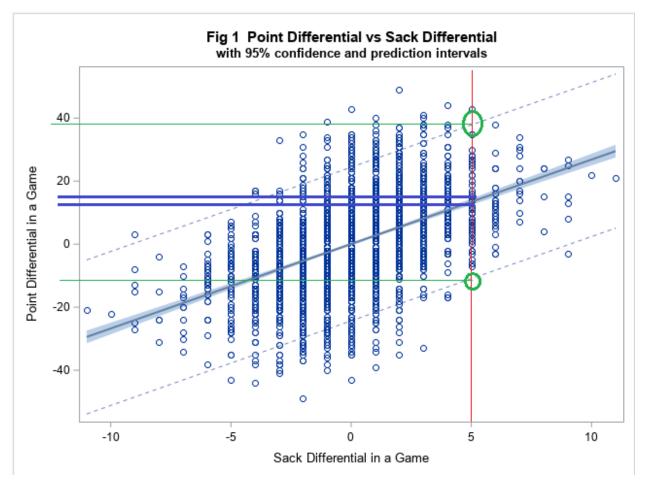
$$\hat{y} = 0.04035 + 2.67996x$$

Since sack differential has a positive sample of 2.6799, the linear regression model is estimating that for each additional sack differential, the predicted value of point differential will increase by 2.6799.

Y-hat stands for the predicted value of Y, and it can be obtained by plugging an individual value of x into the equation and calculating y-hat.

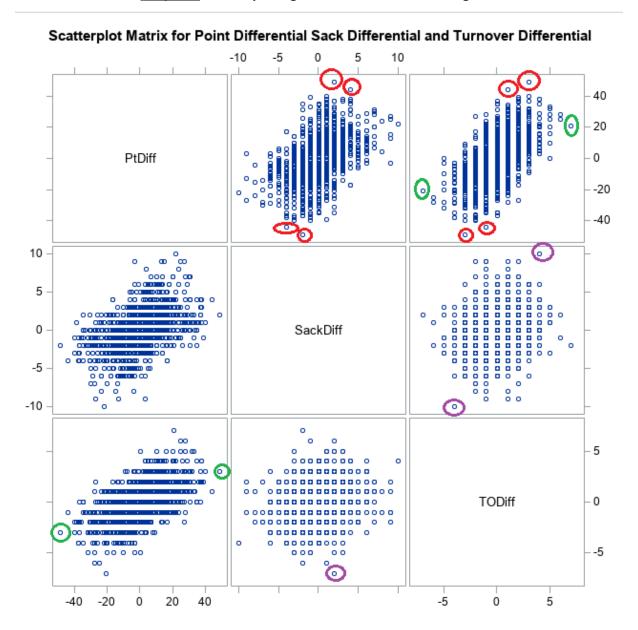
#### Story of Many Possible Samples

Imagine that we were going to take a sample of outcomes of games in a given NFL week where each team plays from our dataset of 2856 outcomes. For any given week we would have 32 possible outcomes which would make our n = 32 out of the possible N = 2856. Using our sample of 32 outcomes, we can calculate the average point differential and the average sack differential in the given week. Now, if we were to take another a sample of outcomes in another given week, once again n would equal 32 of the possible N = 2856. However, it is almost certain that the sample average in our new sample would not be equal to the sample averages of the previous dataset. This is because there are many possible samples of n = 32 that we can choose and each possible samples its own sample average. The total number of samples N = 2856 has its own population average and each possible sample of n = 32 has its own sample average.



In the plot of point differential versus sack differential, the 95% confidence interval is the blue area along the regression line and the 95% prediction interval is the dotted line. For an arbitrary x value such as 5, we can say that the 95% confidence interval is the range between the two blue lines. The 95% confidence interval is a range of values that you can be 95% certain contains the true mean of the population. The 95% in a 95% confidence interval means that we are 95% confident that the population mean will be between the lower and upper values of the confidence interval. In this example the 95% confidence interval is 13 to 16. We can say with 95% confidence that the point differential of a team that has a sack differential of 5 is between 13 and 16. A prediction interval predicts in what range a future observation will fall and tries to estimate the location of the parent population distribution, while a confidence interval is a range of values that tries to capture the population average of a parent population. The 95% prediction interval is between -11 and 38. Therefore, we can say that the 95% prediction interval for the point differential in a game when a team has a sack differential of 5 is -11 to 38. The reason the confidence interval is small is because the mean values are around 13 and 16 meanwhile the prediction interval has to account for all possible point differentials when sacks are equal to 5.

**Chapter 3: A Multiple Regression Model with Two Regressors** 



There does not appear to be any significant collinearity, curvature, or heteroscedasticity when we plot point difference versus sack differential and turnover differential. The potential outliers for point differential are circled in red. They are the points with the most extreme y values in the data set. The potential high leverage points for point differential are circled in green. These are the points with the most extreme x values. The points circled in purple are potential outliers for sack differential and turnover differential, they are the points with the most extreme y values. There are no obvious influential points, which are both outliers and leverage points.

The two-regressor multiple regression model is:

$$\hat{y} = B0 + B1x + B2x + \varepsilon_i$$
.

The model is proposing that the two variables, B1,B2 along with the intercept B0 can be used to predict the value of Y.

#### Two-regressor model output

#### The REG Procedure Model: MODEL1 Dependent Variable: PtDiff

| Number of Observations Read | 2856 |
|-----------------------------|------|
| Number of Observations Used | 2856 |

| Analysis of Variance |      |                   |                |         |        |  |  |  |
|----------------------|------|-------------------|----------------|---------|--------|--|--|--|
| Source               | DF   | Sum of<br>Squares | Mean<br>Square | F Value | Pr > F |  |  |  |
| Model                | 2    | 263661            | 131831         | 1206.52 | <.0001 |  |  |  |
| Error                | 2853 | 311733            | 109.26489      |         |        |  |  |  |
| Corrected Total      | 2855 | 575394            |                |         |        |  |  |  |

| Root MSE       | 10.45298 | R-Square | 0.4582 |
|----------------|----------|----------|--------|
| Dependent Mean | 0        | Adj R-Sq | 0.4578 |
| Coeff Var      |          |          |        |

| Parameter Estimates |    |                       |         |         |         |  |  |  |  |
|---------------------|----|-----------------------|---------|---------|---------|--|--|--|--|
| Variable            | DF | Parameter<br>Estimate |         | t Value | Pr >  t |  |  |  |  |
| Intercept           | 1  | 0.03043               | 0.19560 | 0.16    | 0.8764  |  |  |  |  |
| SackDiff            | 1  | 2.02086               | 0.07869 | 25.68   | <.0001  |  |  |  |  |
| TODiff              | 1  | 3.73115               | 0.10862 | 34.35   | <.0001  |  |  |  |  |

"Sweeping out" operation can be used to find the partial sample slope coefficient of x2.

| SUMMARY OUTPUT           |              |                |             |             |
|--------------------------|--------------|----------------|-------------|-------------|
| PtDiff   SackDiff TODiff | F            |                |             |             |
| Regression Sta           | rtistics     |                |             |             |
| Multiple R               | 0.676924923  |                |             |             |
| R Square                 | 0.458227351  |                |             |             |
| Adjusted R Square        | 0.457847559  |                |             |             |
| Standard Error           | 10.45298475  |                |             |             |
| Observations             | 2856         |                |             |             |
| ANOVA                    |              |                |             |             |
|                          | df           | SS             | MS          | F           |
| Regression               | 2            | 263661.2683    | 131830.6342 | 1206.523284 |
| Residual                 | 2853         | 311732.7317    | 109.2648902 |             |
| Total                    | 2855         | 575394         |             |             |
|                          | Coefficients | Standard Error | t Stat      | P-value     |
| Intercept                | 0.030426057  | 0.19560015     | 0.15555232  | 0.876396915 |
| SackDiff                 | 2.020856251  | 0.07869199     | 25.68058388 | 5.0631E-131 |
| TODiff                   | 3.731147916  | 0.108622829    | 34.34957402 | 1.0387E-216 |

Regressing sack differential and turnover differential produces an output identical to the Proc Reg in SAS for my two regressor model.

Next, we will regress Y, PtDiff on SackDiff and PtDiff on TODiff. We will then regress X1, SackDiff on TODiff. Afterwards we will regress the residuals of PtDiff on TODiff on the residuals of SackDiff on TODiff which will produce an x variable coefficient identical to SackDiff in the original multiple regression.

| SUMMARY OUTPUT     |              |                |             |             |
|--------------------|--------------|----------------|-------------|-------------|
| PtDiff   Sack Diff |              |                |             |             |
| Regression St      | atistics     |                |             |             |
| Multiple R         | 0.483911778  |                |             |             |
| R Square           | 0.234170609  |                |             |             |
| Adjusted R Square  | 0.233902274  |                |             |             |
| Standard Error     | 12.42572377  |                |             |             |
| Observations       | 2856         |                |             |             |
|                    |              |                |             |             |
| ANOVA              |              |                |             |             |
|                    | df           | SS             | MS          | F           |
| Regression         | 1            | 134740.3636    | 134740.3636 | 872.678598  |
| Residual           | 2854         | 440653.6364    | 154.3986112 |             |
| Total              | 2855         | 575394         |             |             |
|                    |              |                |             |             |
|                    | Coefficients | Standard Error | t Stat      | P-value     |
| Intercept          | 0.040349542  | 0.232514524    | 0.173535577 | 0.862242772 |
| Sack Diff          | 2.679960292  | 0.090719615    | 29.541134   | 1.3974E-167 |
|                    |              |                |             |             |
|                    |              |                |             |             |

| SUMMARY OUTPUT    |              |                |             |             |
|-------------------|--------------|----------------|-------------|-------------|
| Pt   TO Diff      |              |                |             |             |
| Regression St     | atistics     |                |             |             |
| Multiple R        | 0.577055051  |                |             |             |
| R Square          | 0.332992532  |                |             |             |
| Adjusted R Square | 0.332758822  |                |             |             |
| Standard Error    | 11.59634235  |                |             |             |
| Observations      | 2856         |                |             |             |
| ANOVA             |              |                |             |             |
|                   | df           | SS             | MS          | F           |
| Regression        | 1            | 191601.9049    | 191601.9049 | 1424.812662 |
| Residual          | 2854         | 383792.0951    | 134.4751559 |             |
| Total             | 2855         | 575394         |             |             |
|                   | Coefficients | Standard Error | t Stat      | P-value     |
| Intercept         | 0            | 0.216991103    | 0           | 1           |
|                   |              |                |             |             |

| SUMMARY OUTPUT  |  |   |                      |                          |
|---|--|---|----------------------|--------------------------|
| SackDiff   TODiff   |  |   |                      |                          |
| Regression St   | tatistics  |   |                      |                          |
| Multiple R  | 0.243838394  |   |                      |                          |
| R Square  | 0.059457163  |   |                      |                          |
| Adjusted R Square   | 0.05912761   |   |                      |                          |
| Standard Error  | 2.486467597  |   |                      |                          |
| Observations  | 2856   |   |                      |                          |
| ANOVA   |  |   |                      |                          |
|   | df   | SS  | MS                   | F                        |
| Regression  | 1  | 1115.437335                               | 1115.437             | 180.417                  |
| Residual  | 2854   | 17644.91526                               | 6.182521             |                          |
| Total   | 2855   | 18760.35259                               |                      |                          |
|   |  |   |                      |                          |
|   | Coefficients   | Standard Error                            | t Stat               | P-value                  |
| Intercept   | -0.015056022   | 0.046526856                               | -0.3236              | 0.74626                  |
| X Variable 1  | 0.336583384  | 0.025058374                               | 13.43197             | 6.25E-4                  |
|   |  |   |                      |                          |
| SUMMARY OUTPUT  |  |   |                      |                          |
| Regression St   |  |   |                      |                          |
| Regression St<br>Multiple R   | 0.433308489  |   |                      |                          |
| Regression St<br>Multiple R<br>R Square   | 0.433308489<br>0.187756247   |   |                      |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square  | 0.433308489<br>0.187756247<br>0.187471649  |   |                      |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error  | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533                                    |   |                      |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square  | 0.433308489<br>0.187756247<br>0.187471649  |   |                      |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error  | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533                                    |   |                      |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error<br>Observations                                    | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533                                    | SS  | MS                   | F                        |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error<br>Observations                                    | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533<br>2856                            | SS<br>72059.36339                         | <i>MS</i> 72059.36   |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error<br>Observations                                    | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533<br>2856<br>df                      |   |                      |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error<br>Observations<br>ANOVA                           | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533<br>2856<br>df                      | 72059.36339                               | 72059.36             |                          |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error<br>Observations<br>ANOVA<br>Regression<br>Residual | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533<br>2856<br>df<br>1<br>2854<br>2855 | 72059.36339<br>311732.7317<br>383792.0951 | 72059.36<br>109.2266 | 659.7235                 |
| Regression St<br>Multiple R<br>R Square<br>Adjusted R Square<br>Standard Error<br>Observations<br>ANOVA<br>Regression<br>Residual | 0.433308489<br>0.187756247<br>0.187471649<br>10.4511533<br>2856<br>df<br>1<br>2854         | 72059.36339<br>311732.7317                | 72059.36             | F<br>659.7235<br>P-value |

#### **Chapter 4: Polynomial Models**

4.1. [6] Using the same y and the same two x-variables from above, Problem 3.3, create the variables needed to run a quadratic polynomial model, including squares and the interaction term. Run the model in SAS. In terms of variance inflation and the BIC criteria, how well does this quadratic polynomial perform compare to the original model, above?

For the quadratic polynomial model, I created 3 new variables which are used to create a polynomial model. SqSack was the sack differential squared, SqTO was the turnover differential squared, and Sack\_TO was sack differential times turnover differential.

The Polynomial Model

#### Point Differential vs SackDiff TODiff SackDiff Squared TODiff Squared and SackDiff \* TODiff

The REG Procedure Model: MODEL1 Dependent Variable: PtDiff

| Number of Observations Read | 2856 |
|-----------------------------|------|
| Number of Observations Used | 2856 |

| Analysis of Variance |      |                   |                |         |        |  |  |  |
|----------------------|------|-------------------|----------------|---------|--------|--|--|--|
| Source               | DF   | Sum of<br>Squares | Mean<br>Square | F Value | Pr > F |  |  |  |
| Model                | 5    | 263661            | 52732          | 482.10  | <.0001 |  |  |  |
| Error                | 2850 | 311733            | 109.37984      |         |        |  |  |  |
| Corrected Total      | 2855 | 575394            |                |         |        |  |  |  |

| Root MSE       | 10.45848 | R-Square | 0.4582 |
|----------------|----------|----------|--------|
| Dependent Mean | 0        | Adj R-Sq | 0.4573 |
| Coeff Var      | -        |          |        |

|           | Parameter Estimates |                       |                   |         |         |                       |  |  |  |  |
|-----------|---------------------|-----------------------|-------------------|---------|---------|-----------------------|--|--|--|--|
| Variable  | DF                  | Parameter<br>Estimate | Standard<br>Error | t Value | Pr >  t | Variance<br>Inflation |  |  |  |  |
| Intercept | 1                   | 0.03127               | 0.26511           | 0.12    | 0.9061  | 0                     |  |  |  |  |
| SackDiff  | 1                   | 2.02084               | 0.07874           | 25.67   | <.0001  | 1.06326               |  |  |  |  |
| TODiff    | 1                   | 3.73118               | 0.10868           | 34.33   | <.0001  | 1.06327               |  |  |  |  |
| SqSack    | 1                   | -0.00021985           | 0.01862           | -0.01   | 0.9906  | 1.09912               |  |  |  |  |
| SqTO      | 1                   | -0.00045527           | 0.04043           | -0.01   | 0.9910  | 1.08017               |  |  |  |  |
| Sack_TO   | 1                   | 0.00187               | 0.04592           | 0.04    | 0.9675  | 1.17971               |  |  |  |  |

| Fit Statistics           |         |
|--------------------------|---------|
| -2 Res Log Likelihood    | 21529.9 |
| AIC (Smaller is Better)  | 21531.9 |
| AICC (Smaller is Better) | 21531.9 |
| BIC (Smaller is Better)  | 21537.9 |

The previous quadratic model had the following values:

| Parameter Estimates |    |                       |              |         |         |                       |  |  |
|---------------------|----|-----------------------|--------------|---------|---------|-----------------------|--|--|
| Variable            | DF | Parameter<br>Estimate | o turra ar a | t Value | Pr >  t | Variance<br>Inflation |  |  |
| Intercept           | 1  | 0.10248               | 0.27714      | 0.37    | 0.7116  | 0                     |  |  |
| SackDiff            | 1  | 2.01756               | 0.10882      | 18.54   | <.0001  | 1.04790               |  |  |
| TODiff              | 1  | 3.60894               | 0.15144      | 23.83   | <.0001  | 1.04790               |  |  |

| Fit Statistics           |         |
|--------------------------|---------|
| -2 Res Log Likelihood    | 21514.7 |
| AIC (Smaller is Better)  | 21516.7 |
| AICC (Smaller is Better) | 21516.7 |
| BIC (Smaller is Better)  | 21522.7 |

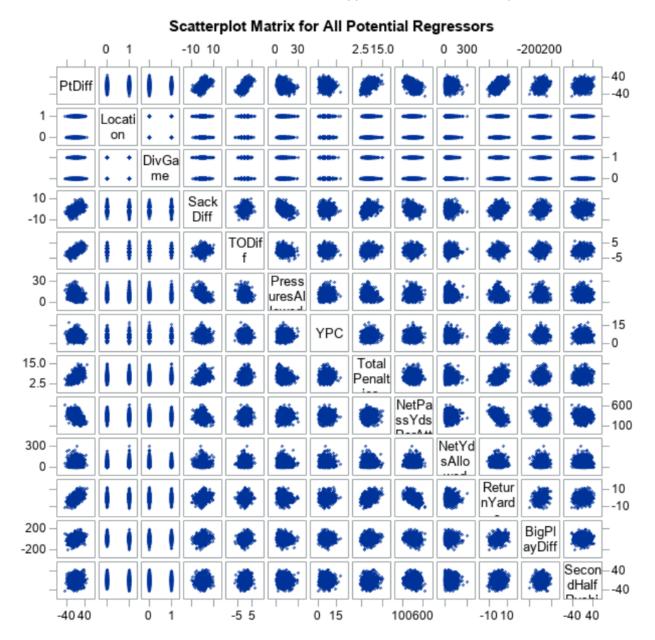
As we can see because none of the terms added to the polynomial model was statistically significant many elements of the two models are similar. The original model has a slightly larger R squared value and a slightly lower BIC value. The variance inflation is also higher in the polynomial model than the original model. The original model is superior because it uses less terms that are all statistically significant.

All of the additional terms in the polynomial model were statistically insignificant. I believe that this is because in football sacks and turnovers both lead to negative consequences and less points scored by a team. Therefore, when we square turnovers and sacks, teams that have a negative differential in either category have a similar squared value as teams that have a positive differential. Similarly, teams with both a negative differential in sacks and turnovers have an interaction term that is similar to teams with a positive differential in sacks and turnovers. SAS recognizes this and identifies the terms as statistically insignificant.

I believe that a polynomial model is not effective with my dataset because all the regressors I selected have a linear relationship with point differential. Squaring the regressors or creating an interaction term with two regressors will create a new term that will likely be statistically insignificant. This will be explored in the next section in the matrix scatterplot of all variables.

#### **Chapter 5: Model Selection Methods**

Below is a matrix scatterplot for Point Differential and all possible regressors in the dataset. As we can see many of the regressors appear to have a relationship with Point Differential in the shape of a slanted oval. However, there are some variables where there appears to be no relationship.

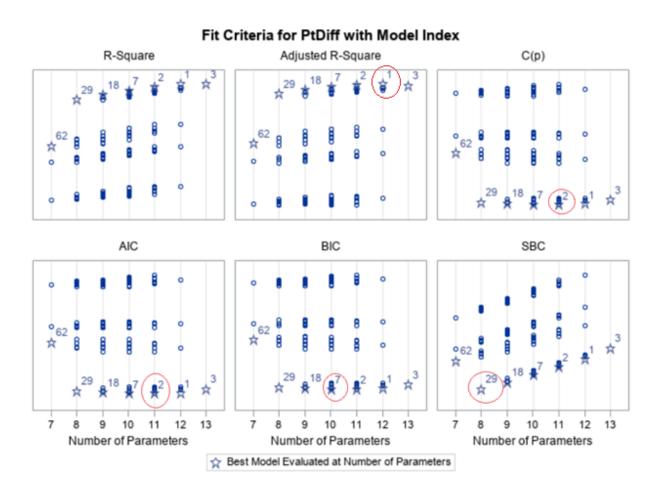


#### "Model selection," its goals, and the number of possible subset models.

In regression model selection involves selecting the best possible model out of the possible regressors. The best model varies depending on what measure we are looking at. In model selection, the goal is to minimize bias and variance as much as possible. The number of regressors in a model influences both bias and variance. Using a low number of regressors decreases the estimation variance, but increases the bias, while using a larger number of regressors will increase the variance but decrease the bias. The goal is to select a number of regressors where we are comfortable with the bias variance trade off.

The formula to calculate the number of possible subset models is  $2^k$  where K is the number of possible regressors. In my dataset we are regressing Point Differential on 12 possible regressors therefore the number of possible subset models is  $2^{12} = 4096$ .

The best subset model selection routine from SAS for Adjusted Rsq, Cp, AIC, BIC, and SBC:



#### The REG Procedure Model: MODEL1 Dependent Variable: PtDiff

#### Adjusted R-Square Selection Method

Number of Observations Read 1428 Number of Observations Used 1428

| Model<br>Index |      | Adjusted<br>R-Square | R-Square | C(p)    | AIC       | BIC       | SBC                      | Variables in Model   |
|----------------|------|----------------------|----------|---------|-----------|-----------|--------------------------|--|
| - 1            | 11   | 0.7090               |          |         | 5801.2361 | 5803.4536 |                          | Location SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds         |
| 2              | 10   | 0.7089               | 0.7109   | 10.7873 | 5800.8753 | 5803.0493 | 5858.77960               | Location SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds                       |
| 3              | 12   | 0.7088               | 0.7113   | 13.0000 | 5803.0727 | 5805.3114 | 5871.50506               | Location DivGame SackDiff TOOiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds |
| - 4            | 10   | 0.7088               | 0.7108   | 11.2575 | 5801.3491 | 5803.5157 | 5859.25341               | Location SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff                              |
| 5              | 10   | 0.7088               | 0.7108   | 11.3939 | 5801.4866 | 5803.6511 | 5859.39089               | Location SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHallRushingYds                          |
| 6              | 11   | 0.7087               | 0.7110   | 12.6515 | 5802.7383 | 5804.9305 | 5865.90669               | Location DivGame SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds               |
| 7              | 9    | 0.7087               | 0.7105   | 10.7885 | 5800.8909 | 5803.0206 | 5853.53117               | Location SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPtayDiff  |
| 8              | 11   | 0.7086               | 0.7109   | 13.1104 | 5803.2008 | 5805.3851 | 5866.36919               | Location DivGame SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff                      |
| 9              | 9    | 0.7086               | 0.7104   | 11.1855 | 5801.2904 | 5803.4145 | 5853.93070               | Location SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds  |
| 10             | - 11 | 0.7086               | 0.7108   | 13.2473 | 5803.3388 | 5805.5207 | 5866.50713               | Location DivGame SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds                  |
| - 11           | 10   | 0.7086               | 0.7106   | 12.2511 | 5802.3499 | 5804.5010 | 5860.25423               | SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPtayDiff SecondHalfRushingYds                  |
| 12             | 9    | 0.7085               | 0.7104   | 11.5863 | 5801.6936 | 5803.8121 |                          | Location SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff   |
| 13             | 10   | 0.7085               | 0.7105   | 12.6652 |           |           | 5860.67107               | Location DivGame SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff                                    |
| 14             | 9    | 0.7084               | 0.7103   | 11.9534 | 5802.0628 | 5804.1761 | 5854.70312               | SackDiff TODiff PressuresAllowed YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds                                |
| 15             | 9    | 0.7084               | 0.7103   | 12.0259 | 5802.1358 | 5804.2480 | 5854.77606               |  |
| 24             | 9    | 0.7082               | 0.7100   | 12 1710 | E902 2079 | E00E 2020 | 5855.92807               | Leasting Dir. Camp Could' TONE VDC TatalDanahina NatDanaVdaDarAtt Daturs Varda Dir.Dir. Diff   |
| 24             | 8    | 0.7082               | 0.7100   |         |           |           | 5849.74530               | , , , , , , , , , , , , , , , , , , ,  |
|                |      |                      |          |         |           |           |                          | SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds   |
| 26             | 8    | 0.7082               |          |         |           |           | 5849.74571               | SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff  |
| 27             | 10   | 0.7082               | 0.7102   |         |           |           | 5862.26482<br>5856.28273 | DivGame SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds                           |
| 29             | 7    | 0.7081               | 0.7100   |         |           | 5805.7335 | 5856.28273               |  |
| 30             | 9    |                      |          |         |           |           |                          | SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff  |
| 31             | 9    | 0.7080               |          |         |           |           |                          |  |
|                |      |                      |          |         |           |           |                          | DivGame SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds   |
| 32             | 8    | 0.7078               | 0.7095   |         |           |           | 5851.42578               | DivGame SackDiff TODiff YPC TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff  |
| 33             | 10   | 0.7046               |          |         |           |           | 5879.62619               |  |
| 34             |      | 0.7044               | 0.7063   |         |           |           |                          |  |
| 35             | 11   | 0.7044               | 0.7067   |         |           |           | 5886.79134               | Location DivGame SackDiff TODiff PressuresAllowed TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds     |
| 36             | 9    | 0.7044               | 0.7062   |         |           |           | 5874.57022               | 3 ,  |
| 37             | 10   | 0.7042               | 0.7063   |         |           |           | 5881.39800               | Location DivGame SackDiff TODiff Pressures Allowed TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds                  |
| 38             | 8    | 0.7042               | 0.7059   |         |           |           | 5869.04982               | Location SackDiff TODiff PressuresAllowed TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff  |
| 39             | 10   | 0.7042               | 0.7062   |         |           |           | 5881.74744               | Location DivGame SackDiff TODiff PressuresAllowed TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff                          |
| 40             | 9    | 0.7040               | 0.7059   |         |           |           | 5876.24653               | Location DivGame SackDiff TODiff PressuresAllowed TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff  |
| 41             | 9    | 0.7040               | 0.7059   |         |           |           | 5876.28179               | Location SackDiff ToDiff TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds                              |
| 42             | 9    | 0.7039               |          |         |           |           | 5876.84072               |  |
| 43             | 10   | 0.7038               | 0.7059   |         |           |           | 5883.46491               | Location DivGame SackDiff TODiff TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff SecondHalfRushingYds                      |
| 44             | 8    | 0.7038               | 0.7054   |         |           |           | 5871.10914               | Location SackDiff TODiff TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds  |
| 45             | 8    | 0.7037               |          |         |           |           | 5871.35766               | 3 ,  |
| 46             | 8    | 0.7037               |          |         |           |           | 5871.38675               | SackDiff TODiff PressuresAllowed TotalPenalties NetPassYdsPerAtt NetYdsAllowed ReturnYards BigPlayDiff   |
| 47             | 10   | 0.7037               | 0.7058   |         |           |           | 5884.02276               |  |
| 48             | 8    | 0.7037               | 0.7054   |         |           |           |                          |  |
| 49             | 9    | 0.7036               | 0.7055   | 35.6258 | 5825.6731 | 5827.4564 | 5878.31340               | Location DivGame SackDiff TODiff TotalPenalties NetPassYdsPerAtt ReturnYards BigPlayDiff SecondHalfRushingYds                                    |

| Selection<br>Method | Selection Value | Model Number | Number of<br>Variables | Variables   |
|---------------------|-----------------|--------------|------------------------|---|
| R Squared           | .7113           | 1            | 11                     | Location, SackDiff, TODiff, PressuresAllowed, YPC, Total Penalties, NetPassYdsPerAtt, NetYdsAllowed, ReturnYards, BigPlayDiff, SecondHalfRushingYds |
| C(P)                | 10.7873         | 2            | 10                     | Location, SackDiff, TODiff, PressuresAllowed, YPC, Total Penalties, NetPassYdsPerAtt, ReturnYards, BigPlayDiff, SecondHalfRushingYds                |
| AIC                 | 5800.8753       | 2            | 10                     | Location, SackDiff, TODiff, PressuresAllowed, YPC, Total Penalties, NetPassYdsPerAtt, ReturnYards, BigPlayDiff, SecondHalfRushingYds                |
| BIC                 | 5803.0206       | 7            | 9                      | Location, SackDiff, TODiff, PressuresAllowed, YPC, Total Penalties, NetPassYdsPerAtt, ReturnYards, BigPlayDiff                                      |
| SBC                 | 5844.25833      | 29           | 7                      | SackDiff, TODiff, YPC,<br>Total Penalties,<br>NetPassYdsPerAtt,<br>ReturnYards,<br>BigPlayDiff  |

To find the optimal select method for each of R square, C(p), AIC, BIC, and SBC, we have to look at the Fit Criteria plots. For R square we select the model with the largest R square value. That is the model with the index 1, circle in red. For the other selection method, we are looking for the lowest value. For C(p) and AIC that is the model with index 2, circled in red. For SBC the lowest value is the model with index 10, and for SBC the lowest value is the model with index 29. Afterwards, we can look at the summary table for all possible models and see the model index, model selection values, and variables in the model.

I will opt to use model 29. Model 29 has the smallest SBC value of all possible models, and out of the optimal models selected it has the smallest number of variables with 7. Model 29 also has R squared, C(p), AIC, and BIC values which are close to the optimal values selected for each method.

#### Model 29

The REG Procedure Model: MODEL1 Dependent Variable: PtDiff

| Number of Observations Read | 1428 |
|-----------------------------|------|
| Number of Observations Used | 1428 |

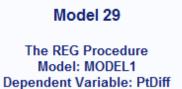
|                 | Ana  | alysis of V       | ariance        |         |        |
|-----------------|------|-------------------|----------------|---------|--------|
| Source          | DF   | Sum of<br>Squares | Mean<br>Square | F Value | Pr > F |
| Model           | 7    | 200526            | 28647          | 495.34  | <.0001 |
| Error           | 1420 | 82121             | 57.83193       |         |        |
| Corrected Total | 1427 | 282647            |                |         |        |

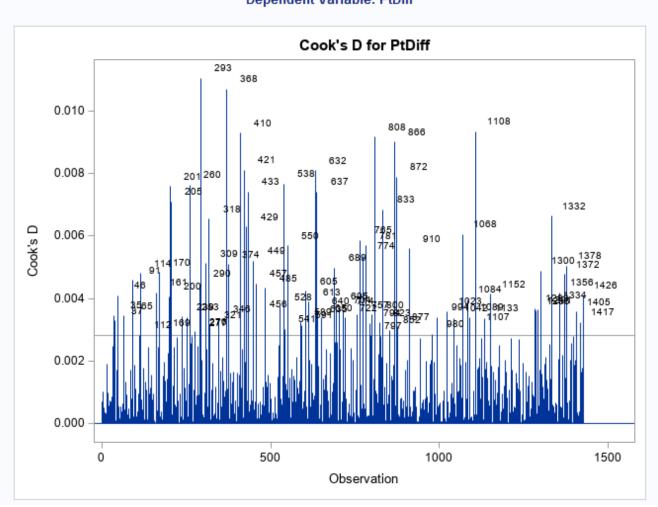
| Root MSE       | 7.60473  | R-Square | 0.7095 |
|----------------|----------|----------|--------|
| Dependent Mean | -0.04482 | Adj R-Sq | 0.7080 |
| Coeff Var      | -16968   |          |        |

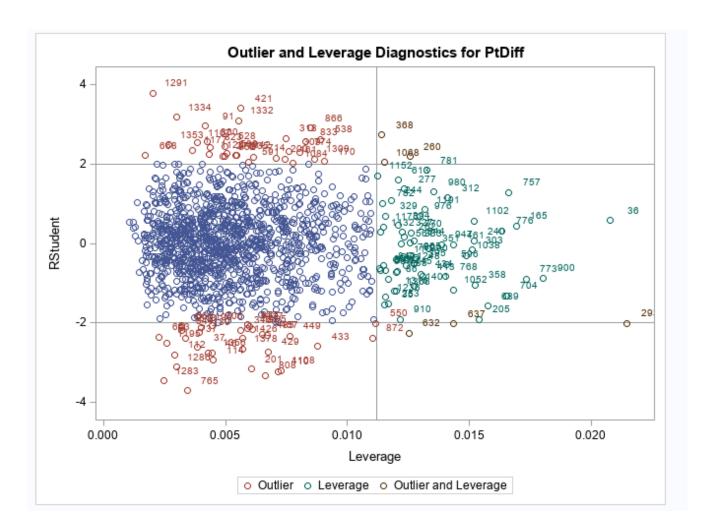
|                  | Pa | arameter Esti         | imates            |         |         |
|------------------|----|-----------------------|-------------------|---------|---------|
| Variable         | DF | Parameter<br>Estimate | Standard<br>Error | t Value | Pr >  t |
| Intercept        | 1  | 3.44157               | 1.20892           | 2.85    | 0.0045  |
| SackDiff         | 1  | 0.86745               | 0.08578           | 10.11   | <.0001  |
| TODiff           | 1  | 3.46551               | 0.11194           | 30.96   | <.0001  |
| YPC              | 1  | -0.37847              | 0.07427           | -5.10   | <.0001  |
| TotalPenalties   | 1  | 2.31496               | 0.11864           | 19.51   | <.0001  |
| NetPassYdsPerAtt | 1  | -0.04858              | 0.00293           | -16.60  | <.0001  |
| ReturnYards      | 1  | 0.53808               | 0.07026           | 7.66    | <.0001  |
| BigPlayDiff      | 1  | 0.02445               | 0.00416           | 5.88    | <.0001  |

The fitted model using model 29 is:

 $\hat{y} = 3.44157 + 0.86745(X1) + 3.46551(X2) - 0.37847(X3) + 2.31496(X4) - 0.04858(X5) + 0.53808(X6) + 0.02445(X7)$ 



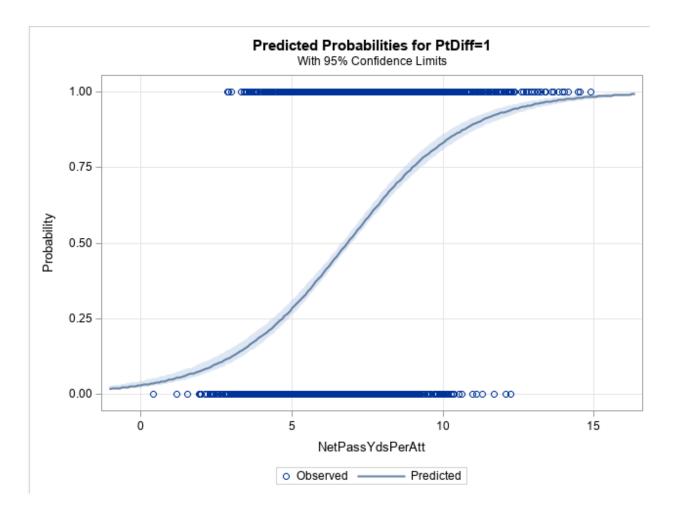




#### **Chapter 6: Logistic Regression**

I transformed PointDiff into 0 or 1 by splitting the variable into 0 for "low" and 1 "high" relative to the median of y. The median point differential in the population is 0. For the logistic regression is a point differential is greater than 0 it will be 1 and 0 otherwise.

First, I regressed the transformed y variable onto Net Pass Yards Per Attempt:

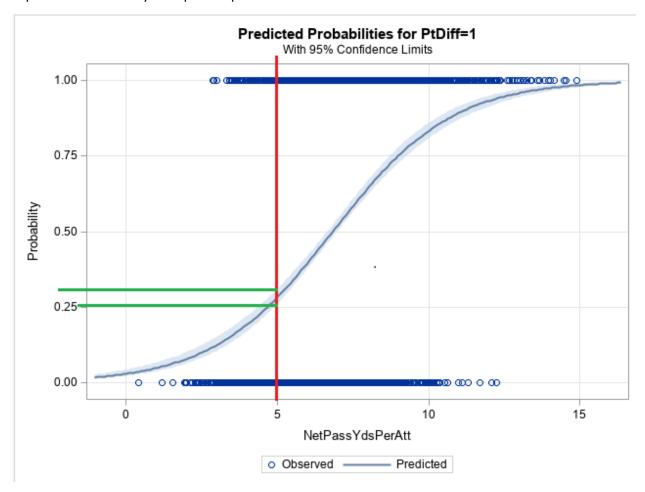


| Analy            | sis o | sis of Maximum Likelihood Estimates |                   |                    |            |  |
|------------------|-------|-------------------------------------|-------------------|--------------------|------------|--|
| Parameter        | DF    | Estimate                            | Standard<br>Error | Wald<br>Chi-Square | Pr > ChiSq |  |
| Intercept        | 1     | -3.4621                             | 0.1801            | 369.6128           | <.0001     |  |
| NetPassYdsPerAtt | 1     | 0.5074                              | 0.0260            | 382.0616           | <.0001     |  |

|           | Model Fit Statis | stics                    |
|-----------|------------------|--------------------------|
| Criterion | Intercept Only   | Intercept and Covariates |
| AIC       | 3961.206         | 3463.295                 |
| SC        | 3967.163         | 3475.210                 |
| -2 Log L  | 3959.206         | 3459.295                 |

|  | R-Square | 0.1606 | Max-rescaled R-Square | 0.2141 |
|--|----------|--------|-----------------------|--------|
|--|----------|--------|-----------------------|--------|

On the above regression plot, select an x-value (on the horizontal axis), and add a vertical line through that point. On the graph, locate and label the endpoints for the corresponding 95% confidence interval. Explain what it is that you hope to capture with that interval.



Logistic regression estimates the expected value of y hat given x. In my dataset when point differential is greater than 0, its value is 1 and 0 otherwise. In a game when a team's point differential is positive that results in that team winning the game. In the above regression plot, when a team has 5 net passing yards per attempt in a game, we are 95% that the team's probability of winning the team will fall into the interval of the two green lines.

Using the AIC criterion, compare the performances of:

- (a) the logistic regression with the one x-variable
- (b) the logistic regression now using all the x-variables in the data set
- (c) the logistic regression model chosen by using forward stepwise procedure starting with all x-variables in the data set.

(A) Logistic Regression with only Net Pass Yards Per Attempt:

|     |       |      | Mo  | del Fit Statis | stics                     |      |
|-----|-------|------|-----|----------------|---------------------------|------|
|     | Crite | rion | Int | ercept Only    | Intercept an<br>Covariate |      |
|     | AIC   |      |     | 3961.206       | 3463.29                   | 95   |
|     | SC    |      |     | 3967.163       | 3475.21                   | 10   |
|     | -2 Lo | g L  |     | 3959.206       | 3459.29                   | 95   |
|     |       |      |     |                |                           |      |
| -Sq | uare  | 0.16 | 06  | Max-rescale    | ed R-Square               | 0.21 |

(B) Logistic Regression with all 12 x variables in the data set:

|           | Model Fit Statis | stics                       |
|-----------|------------------|-----------------------------|
| Criterion | Intercept Only   | Intercept and<br>Covariates |
| AIC       | 3961.206         | 1889.983                    |
| SC        | 3967.163         | 1967.426                    |
| -2 Log L  | 3959.206         | 1863.983                    |

(C) Logistic regression model chosen using forward stepwise procedure starting with all x-variables in that data set. SAS found 9 x variables that met the 0.05 significance level for placement in the model.

|           | Model Fit Statis | stics                       |
|-----------|------------------|-----------------------------|
| Criterion | Intercept Only   | Intercept and<br>Covariates |
| AIC       | 3961.206         | 1886.459                    |
| SC        | 3967.163         | 1946.031                    |
| -2 Log L  | 3959.206         | 1866.459                    |

When we compare AIC values for the intercept and covariates, we can see that the logistic regression with only net pass yards per attempt has an AIC criterion of 3463.295. When we include all 12 possible regressors into the logistic model we have an AIC criterion of 1889.983 for the intercept and covariates. Lastly when we use forward stepwise selection we have an AIC criterion of 1886.459 for only 9 possible regressors.

|      | Summary o            | f Fo | ward Sel     | ection              |            |
|------|----------------------|------|--------------|---------------------|------------|
| Step | Effect<br>Entered    | DF   | Number<br>In | Score<br>Chi-Square | Pr > ChiSq |
| 1    | TODiff               | 1    | 1            | 765.8591            | <.0001     |
| 2    | BigPlayDiff          | 1    | 2            | 457.5526            | <.0001     |
| 3    | SackDiff             | 1    | 3            | 225.2812            | <.0001     |
| 4    | NetPassYdsPerAtt     | 1    | 4            | 153.5884            | <.0001     |
| 5    | NetYdsAllowed        | 1    | 5            | 163.4600            | <.0001     |
| 6    | SecondHalfRushingYds | 1    | 6            | 40.1441             | <.0001     |
| 7    | TotalPenalties       | 1    | 7            | 35.8350             | <.0001     |
| 8    | PressuresAllowed     | 1    | 8            | 13.1733             | 0.0003     |
| 9    | Location             | 1    | 9            | 12.6364             | 0.0004     |

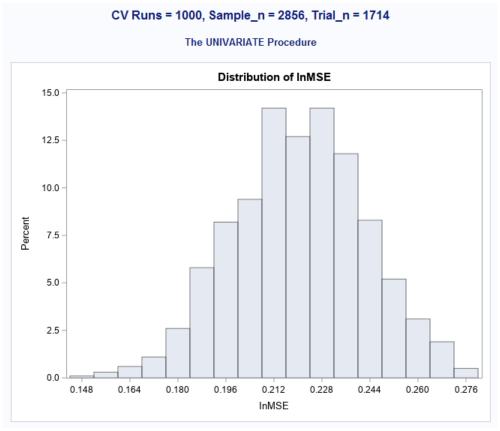
#### **Selected Topic – Cross Validation**

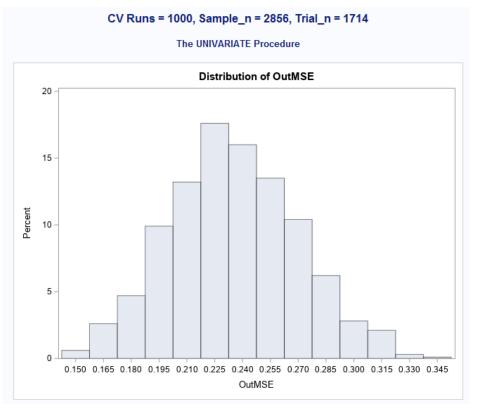
I chose to perform cross validation on my data set using the optimal model I selected in section 5. The optimal model consists of 7 variables: sack differential, turnover differential, yards per carry, total penalties, net passing yards per attempt, return yards, and big play differential.

Cross validation is a regression methodology where a dataset is divided into two separate datasets, a training dataset and a validation dataset. We randomly select a portion of the dataset to be our training data and the rest of the data is the validation data on which we test our model. When we create a model, we would like to test the quality of the model with new data and cross validation makes this possible. A model is formed from the training dataset and then we test the quality of the model using the validation dataset. We test the validation dataset by inputting the x values of the validation data into our regression model. To see whether or not our model is effective we look at the training MSE and the validation MSE.

The MSE of the validation data is obtaining by finding the y hat values of the validation data by using the model we created using the training dataset. We input the x values of the validation data into the model obtaining y hat values for each observation. Afterwards we subtract the y hat values from the known y values of the validation data to obtain the residuals. Then by taking the square and adding the residuals we have the MSE of the validation data. When comparing the MSE of the training data and the MSE of the validation data, if the values are similar then the model performed as effectively on the training data as it did on the validation data. However, we must note that the MSE of the training will often be less than the MSE of the validation data since the coefficients of the variables in the model are computed in order to minimize MSE.

For the cross validation I elected to use 60% of the original dataset as the training data and the other 40% as the validation dataset. Since I had 2856 observations in the original dataset, the training data consisted of 1714 observations and the validation dataset consisted of 1142. The distribution of the MSE of both the training and validation are below.





| TI       | ne MEANS F | Procedure |      |
|----------|------------|-----------|------|
| Variable | Mean       | Std Dev   | N    |
| InMSE    | 0.2206331  | 0.0219979 | 1000 |
| OutMSE   | 0.2351087  | 0.0347529 | 1000 |

As we can see the mean MSE of the training data is lower than the validation data, however the values are very similar to each other. Therefore, we can say model 29 from section 5 performed as effectively on the training dataset as it did on the validation dataset.