

**Title:** Daily Tracking App - Wireframe Planning Document

**Summary:** This document outlines the core screens and user flows to wireframe for the MVP (Minimum Viable Product) of the Daily Tracking App. Each section corresponds to a critical user journey or feature set necessary for a smooth and comprehensive user experience.

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# Quick Recap of Must-Wireframe First

Category	Wireframe
Onboarding	Welcome, Mood Style, Pick Habits, Finish
Daily Use	Today's Dashboard, Add Event, Sub-Page, Search Tracking Options
Manage Trackables	Manage Screen, Create New Tracker
History	Calendar Overview, Day Detail View
Insights	Insights List, Feedback Buttons
Settings	Simple Settings Page

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# Onboarding

## Welcome Screen:

- Short introduction: "Track your habits, mood, and life."
- [Get Started] button.

## Choose Mood Tracking Style:

- Options:
  - Single Daily Mood
  - Segmented Moods (Morning / Afternoon / Night)

## Select Default Habits / Create Custom Habits:

- Choose from preset list or [Add Custom Habit].

## Ready to Start Screen:

- Confirmation and [Start Tracking] button.
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# Daily Use

## Today's Dashboard (Home Screen):

- Display date.
- Mood input (slider or segmented entries).
- Checklist of Daily Trackables.
- [Add Non-Daily Event] button.
- Quick Notes input field.
- [Submit Daily Report] button.

## Add Non-Daily Event Modal:

- Search and select event.
- Option to create a Sub-Page (Mini-Report).

## Sub-Page Report (Mini-Report):

- Custom fields related to the specific activity.

- Save Sub-Report.

#### **Search Tracking Options Screen:**

- Search bar at the top.
  - Sections:
    - Preconfigured Trackables (e.g., Workout, Meditation, Golf)
    - Custom Trackables (user-created)
  - Ability to tap and add directly to today's report.
  - Option to [Create New Custom Trackable] if not found.
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## **Manage Trackables**

#### **Manage Trackables Screen:**

- List of current Trackables.
- Toggle Daily/Non-Daily.
- Edit/Delete Trackable options.

#### **Create New Trackable Flow:**

- Name the Trackable.
  - Select Type (True/False, Time, Number, Short Text, etc.).
  - Optionally add Sub-Form fields.
  - Set Daily/Non-Daily.
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## **History**

#### **History Overview Screen:**

- Calendar View with mood color-coding.
- Toggle between:
  - Numerical Data View (graphs for sleep, screen time, etc.)
  - Boolean Data View (habit completion %)
  - Mood Graph View (line chart over time)

#### **History Detail View:**

- Tap on a date to see:

- Full Daily Report
  - Event Subpages
  - Mood details
  - AI Insight (if generated)
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## Insights

### Insights List View:

- List of AI-generated daily insights.
- Each insight card includes:
  - Short analysis summary.
  - [Agree] and [Disagree] buttons.

### Insight Feedback Flow:

- If [Disagree] selected, prompt optional feedback textbox.

### Optional Future Screen:

- Chat with Insights AI.
  - Simple question/response chat window based on daily tracking data.
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## Settings

### App Settings Screen:

- Mood Tracking Style setting (single vs segmented).
- Data Backup toggle (placeholder for future).
- Notifications toggle (placeholder for future).
- Theme Mode switch (Light/Dark).

### Account Screen (Future v2):

- Placeholder for Login/Signup.
- Privacy Policy link.
- Export Data option (planned v2).
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