

*"This book will make a traveler of thee..."*  
John Bunyan, *Pilgrim's Progress*

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## I - Life is a Journey

### Spirituality is All the Rage (but not Religion)

#### A. Different Views of Spirituality

1. Academic Discipline
2. Body of Teaching
3. Experiential

#### B. Defining (or Describing) Reformed Spirituality

"Reformed Spirituality" is the Spirit of God's *work* of grace in the heart and walk of believers, who make diligent use of the *means* of God's grace (Word, sacraments and prayer) in the *context* of God's grace (the church), for renewal and conformity to Christ, and for serving him in the church and in the world.

1. The Reformed "four-fold" scheme: Creation - Fall - Redemption - Consummation
2. The sufficiency of God's redeeming grace - both forensic and transformative
3. The Christian life as journey (pilgrimage)

### Spirituality as a Journey

#### A. "Life is a journey" (in folk, pop & high culture); as a metaphor

#### B. David Lyle Jeffrey: The "Significance of Master Plots"

1. Linear (West)
2. Loop (East)

G.K. Chesterton - *"There are two ways of getting home; and one of them is to stay there. The other is to walk round the whole world till we come back to the same place..."* - *The Everlasting Man*, 11

#### C. Religious pilgrimages

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## II – The Bible's Pilgrim Language

### The "Divided Highway"

#### A. Word of God: All Humanity is on a Journey (right way, wrong way) – Matt 7.13,14

#### B. Two Paths & Two Destinations

Heb 3.7 – 4.13 (cf., 1Cor 10.1-6; 1Pet 1.17); Php 3.19-21; John 17.14-18 (Jn 15.19; 1Jn 2.15; Jam 4.4; Mt 13.22; Rom 12.2)

## The “Way”

- A. “Walking”: *How* you live, (<sup>3</sup>Jn 3,4; Eph 4.1)
  - 1. Whole course of your life (trajectory, direction)  
Psa 1.1; Prov 3.5,6; Isa 30.21; Jer 21.8; Jn 12.46; 2Cor 10.2; 2Thess 3.6. 1Jn 1.6;
  - 2. Walking implies more than knowing. It implies the direction of your life
- B. Wrong Way
  - 1. Walk the wrong road, in the wrong direction, or taking the wrong steps
    - a. “turn to left... right” - Deut 5.32
    - b. “turn away” - 2Tim 4.4; “turn aside” - Jer 5.23; Prov 7.25
    - d. “turn back” – 1Kgs 11.4,9; Jdg 8.33; Prov 1.32
    - e. “wander off/away” – 2Tim 4.4; 1Tim 1.6; Prov 4.27; “go astray” - Rom 3.12; Prov 5.23
    - g. “lose/forsake” [the way] – Jer 9.13; 2.13
    - h. “backslide” – Isa 57.17; Jer 9.5
    - i. “swerve/depart” – 1Tim 6.21; wander away (Ps 119.10; 2Tim 4.4); forsake (Josh 24.16)
    - j. “run ahead” – 2Jn 9
    - k. “carried away” – 2Pet 3.17; “stumble” – Isa 3.8; Jer 18.15; Prov 4.16
    - l. “slipped” (Ps 17.5; 73.1); “[en]snare” (Jdg 8.27);
  - 2. Repentance = to turn around
- C. Right Way - Psa 27.11; Ps 119.35, 105; Prov 4.18; 10.17  
John 14.6 - “*I am the way, and the truth, and the life. No one comes to the Father except through me.*”

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## III – The Christian Life as Pilgrimage in Wilderness

### Life in the Wilderness

- A. Pilgrims, who are Heavenly Citizens - Php 3.19-4.1; Col 3.1-4
- B. Pilgrims, who are “Set Apart” - Jn 15.19; 17.16-18; 1Pet 1.15; 1Jn 2.15; Jam 4.4
  - 1. Wrong views
    - a. “In the world and of the world”
    - b. “Not in the world, but of the world”
    - c. “Not in the world and not of the world”
  - 2. Right view
    - a. “In the world, but not of the world”
    - b. “This age” - Rom 12.1-2
- C. Pilgrims, who are a Spiritual People – 2Cor 10.3-5