$$P = \frac{1}{2} V_{m} I_{m} Cos (\theta_{v} - \theta_{i})$$

$$= \frac{1}{2} \cdot 4.3. Cos (-\frac{1}{3} - \frac{1}{3})$$

$$= \frac{1}{2} \cdot 4.3. Cos (-\frac{2\pi}{3})$$

$$= \frac{1}{2} \cdot 4.3 (-\frac{1}{2})$$

$$= -3$$

$$P = -3W$$