$$\sum_{i=0}^{n-1} (i^{2}+2)^{2} = \sum_{i=0}^{n-1} (i^{4}+4i^{2}+4) = \sum_{i=0}^{n-1} 4^{2} + \sum_{i=0}^{n-1} 4^{2} +$$