

A First Course in General Relativity - Selected Solutions

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1 Chapter 2: Vector Analysis in Special Relativity

Exercise 2.3: Prove Eq. (2.5)

Solution: By convention, Latin indices are not summed over 0 so if we are to interchange them with Greek indices as a dummy index, we must perform the following:

$$\Lambda^{\bar{\alpha}}_{\beta} \Delta x^{\beta} = \Lambda^{\bar{\alpha}}_0 \Delta x^0 + \Lambda^{\bar{\alpha}}_i \Delta x^i \quad (1)$$

since $\Lambda^{\bar{\alpha}}_{\beta} \Delta x^{\beta}$ implies a sum over all of the positive real numbers where $\Lambda^{\bar{\alpha}}_i \Delta x^i$ is a sum over positive real numbers not including zero.

Exercise 2.7a: Prove Eq. (2.10) for all α, β

Solution: To verify that $(\vec{e}_{\alpha})^{\beta} = \delta^{\beta}_{\alpha}$, consider an arbitrary basis vector, \vec{e}_{α} , meaning that the elements in its list are all zero except for the single entry at the α th component. This can be written as:

$$\vec{e}_{\alpha} = (... , 0, 0, 1, 0, ...) \quad (2)$$

Where the index of each value in the list can be traced with respect to α

$$(\alpha - n, ..., \alpha - 2, \alpha - 1, \alpha, \alpha + 1, ..., \alpha + n) \quad (3)$$

Then $(\vec{e}_{\alpha})^{\beta}$ indicates the β th component of the basis vector \vec{e}_{α} . By the definition of a basis vector, we know that all entries in \vec{e}_{α} are zero except the one at the α th component. So if we choose β to be any non- α index, the result must be 0:

$$(\vec{e}_{\alpha})^{\alpha-1} = 0 \quad (4)$$

It's for this reason that we can define the β th component of the \vec{e}_{α} basis vector to be equal to the Kronecker delta, meaning that $(\vec{e}_{\alpha})^{\beta} = 1$ only when $\alpha = \beta$.

Exercise 2.29: Prove, using component expressions, Eqs. (2.24) and (2.26), that

$$\frac{d}{d\tau}(\vec{U} \cdot \vec{U}) = 2\vec{U} \cdot \frac{d\vec{U}}{d\tau} \quad (5)$$

Solution: By (2.26):

$$\begin{aligned} \vec{U} \cdot \vec{U} &= -U^0 U^0 + U^1 U^1 + U^2 U^2 + U^3 U^3 \\ &= -(U^0)^2 + (U^1)^2 + (U^2)^2 + (U^3)^2 \end{aligned} \quad (6)$$

and by (2.24):

$$\vec{U} \cdot \vec{U} = \vec{U}^2 \implies \frac{d}{d\tau}(\vec{U} \cdot \vec{U}) = \frac{d}{d\tau}(\vec{U}^2) = 2\vec{U} \cdot \frac{d\vec{U}}{d\tau} \quad (7)$$

2 Chapter 3: Tensor Analysis in Special Relativity

Exercise (3.1a): Given an arbitrary set of numbers $\{M_{\alpha\beta}; \alpha = 0, ..., 3; \beta = 0, ..., 3\}$ and two arbitrary vector components $\{A^{\mu}, \mu = 0, ..., 3\}$ and $\{B^{\nu}, \nu = 0, ..., 3\}$, show that the two expressions

$$M_{\alpha\beta} A^{\alpha} B^{\beta} \quad (8)$$

and

$$M_{\alpha\alpha}A^\alpha B^\alpha \quad (9)$$

are not equivalent.

Solution:

$$M_{\alpha\alpha}A^\alpha B^\alpha = M_{00}A^0B^0 + M_{11}A^1B^1 + M_{11}A^1B^1 + M_{11}A^1B^1 \quad (10)$$

where

$$M_{\alpha\beta}A^\alpha B^\beta = B^\beta(M_{0\beta}A^0 + M_{1\beta}A^1 + M_{2\beta}A^2 + M_{3\beta}A^3) \quad (11)$$

So $M_{\alpha\alpha}A^\alpha B^\alpha$ only contains the diagonal terms of $M_{\alpha\beta}A^\alpha B^\beta$.

Exercise (3.1b): Show that $A^\alpha B^\beta \eta_{\alpha\beta} = -A^0B^0 + A^1B^1 + A^2B^2 + A^3B^3$

Solution:

Because

$$\eta_{\alpha\beta} = \begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} \quad (12)$$

Any component of $A^\alpha B^\beta \eta_{\alpha\beta}$ where $\alpha \neq \beta$ means multiplying $A^\alpha B^\beta$ by an off-diagonal component of $\eta_{\alpha\beta}$, which are all 0. Treating A^α and B^β as row/column matrices and carrying out their multiplication with $\eta_{\alpha\beta}$ will result in $-A^0B^0 + A^1B^1 + A^2B^2 + A^3B^3$.

Exercise (3.3a): Prove, by writing out all of the terms, the validity of the following:

$$\tilde{p}(A^\alpha \vec{e}_\alpha) = A^\alpha \tilde{p}(\vec{e}_\alpha) \quad (13)$$

Solution:

Since one-forms act on vector arguments, the scalar values associated with A^α may be pulled out of the expression like so:

$$\begin{aligned} \tilde{p}(A^\alpha \vec{e}_\alpha) &= \tilde{p}(A^0 \vec{e}_0 + A^1 \vec{e}_1 + A^2 \vec{e}_2 + A^3 \vec{e}_3) = \tilde{p}(A^0 \vec{e}_0) + \tilde{p}(A^1 \vec{e}_1) + \tilde{p}(A^2 \vec{e}_2) + \tilde{p}(A^3 \vec{e}_3) \\ &= A^0 \tilde{p}(\vec{e}_0) + A^1 \tilde{p}(\vec{e}_1) + A^2 \tilde{p}(\vec{e}_2) + A^3 \tilde{p}(\vec{e}_3) = A^\alpha \tilde{p}(\vec{e}_\alpha) \end{aligned} \quad (14)$$

Exercise 3.5: Justify each step leading from Eqs. (3.10a) to (3.10d).

Solution: To establish the frame-independence of $A^{\bar{\alpha}} p_{\bar{\alpha}}$:

$$\begin{aligned} A^{\bar{\alpha}} p_{\bar{\alpha}} &= A^{\bar{\alpha}} \tilde{p}(\vec{e}_{\bar{\alpha}}), \\ \vec{e}_{\bar{\alpha}} &= \Lambda_{\bar{\alpha}}^\mu \vec{e}_\mu, \\ A^{\bar{\alpha}} &= \Lambda_{\bar{\beta}}^{\bar{\alpha}} A^\beta \\ \implies A^{\bar{\alpha}} \tilde{p}(\vec{e}_{\bar{\alpha}}) &= \Lambda_{\bar{\beta}}^{\bar{\alpha}} A^\beta \tilde{p}(\Lambda_{\bar{\alpha}}^\mu \vec{e}_\mu) = \Lambda_{\bar{\beta}}^{\bar{\alpha}} \Lambda_{\bar{\alpha}}^\mu A^\beta \tilde{p}(\vec{e}_\mu) = \Lambda_{\bar{\beta}}^{\bar{\alpha}} \Lambda_{\bar{\alpha}}^\mu A^\beta p_\mu \end{aligned} \quad (15)$$

and by Eq. (2.18):

$$\Lambda_{\bar{\beta}}^{\bar{\alpha}} \Lambda_{\bar{\alpha}}^\mu A^\beta p_\mu = \delta_{\bar{\beta}}^\mu A^\beta p_\mu = A^\beta p_\beta \implies \boxed{A^{\bar{\alpha}} p_{\bar{\alpha}} = A^\beta p_\beta} \quad (16)$$

which should not be a surprising result given that the one-form of a vector produces a scalar and scalars are invariant quantities under Lorentz transformations.

Exercise (3.10a): Given a frame \mathcal{O} whose coordinates are $\{x^\alpha\}$, show that:

$$\frac{\partial x^\alpha}{\partial x^\beta} = \delta_\beta^\alpha \quad (17)$$

Solution: Taking the partial with respect to x^β means holding all terms in x constant except for the β index. When $\alpha \neq \beta$, you are taking a partial of a fixed value (a constant), meaning your derivative will be equal to zero. When you differentiate the β index with respect to β , you will always get 1.

Exercise (3.10b): For any two frames, we have Eq. (3.18):

$$\frac{\partial x^\beta}{\partial x^{\bar{\alpha}}} = \Lambda_{\bar{\alpha}}^\beta. \quad (18)$$

Show that (a) and the chain rule imply

$$\Lambda_{\bar{\alpha}}^{\beta} \Lambda_{\mu}^{\bar{\alpha}} = \delta_{\mu}^{\beta} \quad (19)$$

Solution:

$$\begin{aligned} \Lambda_{\bar{\alpha}}^{\beta} &= \frac{\partial x^{\beta}}{\partial x^{\bar{\alpha}}}, \\ \Lambda_{\mu}^{\bar{\alpha}} &= \frac{\partial x^{\bar{\alpha}}}{\partial x^{\mu}} \\ \implies \Lambda_{\bar{\alpha}}^{\beta} \Lambda_{\mu}^{\bar{\alpha}} &= \frac{\partial x^{\beta}}{\partial x^{\bar{\alpha}}} \frac{\partial x^{\bar{\alpha}}}{\partial x^{\mu}} = \frac{\partial x^{\beta}}{\partial x^{\mu}} = \delta_{\mu}^{\beta} \end{aligned} \quad (20)$$

Exercise (3.11a): Use the notation $\partial\phi/\partial x^{\alpha} = \phi_{,\alpha}$ to rewrite Eqs. (3.14), (3.15), and (3.18).

Solution:

Eq. (3.14):

$$\frac{\partial\phi}{\partial t}U^t + \frac{\partial\phi}{\partial t}U^x + \frac{\partial\phi}{\partial t}U^y + \frac{\partial\phi}{\partial t}U^z \implies \phi_{,t}U^t + \phi_{,x}U^x + \phi_{,y}U^y + \phi_{,z}U^z \quad (21)$$

Eq. (3.15):

$$\tilde{d}\phi \xrightarrow{\mathcal{O}} \left(\frac{\partial\phi}{\partial t}, \frac{\partial\phi}{\partial x}, \frac{\partial\phi}{\partial y}, \frac{\partial\phi}{\partial z} \right) \implies \tilde{d}\phi \xrightarrow{\mathcal{O}} (\phi_{,t}, \phi_{,x}, \phi_{,y}, \phi_{,z}) \quad (22)$$

Eq. (3.18):

$$\frac{\partial x^{\beta}}{\partial x^{\bar{\alpha}}} = \Lambda_{\bar{\alpha}}^{\beta} \implies x_{,\bar{\alpha}}^{\beta} = \Lambda_{\bar{\alpha}}^{\beta} \quad (23)$$

Exercise (3.13): Prove, by geometric or algebraic arguments, that $\tilde{d}f$ is normal to surfaces of constant f .

Solution: If we consider any point $P = (t_0, x_0, y_0, z_0)$ along a parameterized level curve $f(\tau) = \phi(t(\tau), x(\tau), y(\tau), z(\tau)) = c$, then we can take the gradient to be as follows:

$$\tilde{d}f = \partial\phi_{,t} \left| \frac{dt}{d\tau} \right|_P + \partial\phi_{,x} \left| \frac{dx}{d\tau} \right|_P + \partial\phi_{,y} \left| \frac{dy}{d\tau} \right|_P + \partial\phi_{,z} \left| \frac{dz}{d\tau} \right|_P = 0 \quad (24)$$

Since this is also the definition of the dot product between two vectors:

$$\left\langle \partial\phi_{,t} \left| \frac{dt}{d\tau} \right|_P, \partial\phi_{,x} \left| \frac{dx}{d\tau} \right|_P, \partial\phi_{,y} \left| \frac{dy}{d\tau} \right|_P, \partial\phi_{,z} \left| \frac{dz}{d\tau} \right|_P \right\rangle \cdot \left\langle \frac{dt}{d\tau} \left| \frac{dt}{d\tau} \right|_{\tau_0}, \frac{dx}{d\tau} \left| \frac{dx}{d\tau} \right|_{\tau_0}, \frac{dy}{d\tau} \left| \frac{dy}{d\tau} \right|_{\tau_0}, \frac{dz}{d\tau} \left| \frac{dz}{d\tau} \right|_{\tau_0} \right\rangle = 0 \quad (25)$$

whose product is equal to zero, we can say that $\tilde{d}f$ and f are normal to each other at every point along a level curve.

Exercise (3.14): Let $\tilde{p} \rightarrow_{\mathcal{O}} (1, 1, 0, 0)$ and $\tilde{q} \rightarrow_{\mathcal{O}} (-1, 0, 1, 0)$ be two one-forms. Prove, by trying two vectors \vec{A} and \vec{B} as arguments, that $\tilde{p} \otimes \tilde{q} \neq \tilde{q} \otimes \tilde{p}$. Then find the components of $\tilde{p} \otimes \tilde{q}$.

Solution: Since a one-form supplied with a vector argument: $\tilde{p}(\vec{A}) = p^{\alpha} A^{\alpha}$, we can perform the following operations to show $\tilde{p} \otimes \tilde{q} \neq \tilde{q} \otimes \tilde{p}$:

$$\begin{aligned} \tilde{p} \otimes \tilde{q} &= \tilde{p}(\vec{A})\tilde{q}(\vec{B}) = (A^0 + A^1)(-B^0 + B^2) \\ \tilde{q} \otimes \tilde{p} &= \tilde{q}(\vec{A})\tilde{p}(\vec{B}) = (-A^0 + A^2)(B^0 + B^1) \end{aligned} \quad (26)$$

Exercise (3.16a): Prove that $\mathbf{h}_{(s)}$ defined by

$$\mathbf{h}_{(s)}(\vec{A}, \vec{B}) = \frac{1}{2}\mathbf{h}(\vec{A}, \vec{B}) + \frac{1}{2}\mathbf{h}(\vec{B}, \vec{A}) \quad (27)$$

is a symmetric tensor.

Solution: From Eq. (3.27), we know a tensor \mathbf{f} is symmetric if:

$$\mathbf{f}(\vec{A}, \vec{B}) = \mathbf{f}(\vec{B}, \vec{A}) \quad (28)$$

So if \mathbf{h} is to be symmetric, then:

$$\frac{1}{2}\mathbf{h}(\vec{A}, \vec{B}) - \frac{1}{2}\mathbf{h}(\vec{B}, \vec{A}) = 0 \quad (29)$$

Let $\vec{A} = (A_0, A_1, A_2, A_3)$ and $\vec{B} = (B_0, B_1, B_2, B_3)$ then:

$$\frac{1}{2}\mathbf{h}(\vec{A}, \vec{B}) = \frac{1}{2}(A_0B_0 + A_1B_1 + A_2B_2 + A_3B_3) \quad (30)$$

and

$$\frac{1}{2}\mathbf{h}(\vec{B}, \vec{A}) = \frac{1}{2}(B_0A_0 + B_1A_1 + B_2A_2 + B_3A_3) \quad (31)$$

and since multiplication is commutative, Eq. 21 must be true, meaning that $\mathbf{h}_{(s)}(\vec{A}, \vec{B})$ is a symmetric tensor.

3 Chapter 5: Preface to Curvature

Exercise (5.3a): Show that the coordinate transformation $(x, y) \rightarrow (\xi, \eta)$ with $\xi = x$ and $\eta = 1$ violates Eq. (5.6).

Solution: For a transformation to be reasonable, it must assign all coordinates in the source (x, y) to distinct coordinates in the target (ξ, η) . This property will be satisfied if the Jacobian is non-zero, which is the definition given by Eq. (5.6). So to show this transformation is not reasonable, it must be shown to violate Eq. (5.6):

$$\det \begin{pmatrix} \partial\xi/\partial x & \partial\xi/\partial y \\ \partial\eta/\partial x & \partial\eta/\partial y \end{pmatrix} = \det \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} = 0 \quad (32)$$

So this transformation of coordinates is not reasonable.

Exercise (5.7): Calculate all elements of the transformation matrices $\Lambda_{\beta}^{\alpha'}$ and $\Lambda_{\mu}^{\nu'}$ for the transformation from Cartesian (x, y) - the unprimed indices - to polar (r, θ) - the primed indices.

Solution: Since, by Eq. (5.8):

$$\Lambda_{\beta}^{\alpha'} = \begin{pmatrix} \partial\xi/\partial x & \partial\xi/\partial y \\ \partial\eta/\partial x & \partial\eta/\partial y \end{pmatrix} = \begin{pmatrix} \partial r/\partial x & \partial r/\partial y \\ \partial\theta/\partial x & \partial\theta/\partial y \end{pmatrix} \quad (33)$$

We can directly compute the transformation from Cartesian into Polar components by computing the terms of this matrix (knowing that $\xi(x, y) = r = \sqrt{x^2 + y^2}$ and $\eta(x, y) = \theta = \arctan(y/x)$ in polar coordinates). This results in:

$$\Lambda_{\beta}^{\alpha'} = \begin{pmatrix} \frac{x}{\sqrt{x^2+y^2}} & \frac{y}{\sqrt{x^2+y^2}} \\ \frac{-y}{x^2+y^2} & \frac{x}{x^2+y^2} \end{pmatrix} = \begin{pmatrix} \cos\theta & \sin\theta \\ -\frac{\sin\theta}{r} & \frac{\cos\theta}{r} \end{pmatrix} \quad (34)$$

Since $\Lambda_{\mu}^{\nu'}$ is defined as:

$$\Lambda_{\nu'}^{\mu} = \begin{pmatrix} \partial x/\partial\xi & \partial y/\partial\xi \\ \partial x/\partial\eta & \partial y/\partial\eta \end{pmatrix} = \begin{pmatrix} \partial x/\partial r & \partial y/\partial r \\ \partial x/\partial\theta & \partial y/\partial\theta \end{pmatrix} \quad (35)$$

in Eq. (5.13), the matrix is the following:

$$\Lambda_{\nu'}^{\mu} = \begin{pmatrix} \cos\theta & \sin\theta \\ -r\sin\theta & r\cos\theta \end{pmatrix} \quad (36)$$

Exercise (5.8a): (Use the result of Exer.7.) Let $f = x^2 + y^2 + 2xy$ and in Cartesian Coordinates $\vec{V} \rightarrow (x^2 + 3y, y^2 + 3x)$, $\vec{W} \rightarrow (1, 1)$. Compute f as a function of r and θ , and find the components of \vec{V} and \vec{W} on the polar basis, expressing them as functions of r and θ .

Solution: Expressing f as a polar function is as simple as making the substitutions $x = r\cos\theta$ and $y = r\sin\theta$, arriving at $f = r^2 + 2r^2\cos\theta\sin\theta$. To express \vec{V} and \vec{W} as polar functions, the same process can be applied. This results in $\vec{V} = (r^2\cos^2\theta + 3r\sin\theta, r^2\sin^2\theta + 3r\cos\theta)$ and $\vec{W} = (1, 1)$. To express \vec{V} and \vec{W} in a polar *basis*, though, you must use the transformations found in the previous problem:

$$V^{\alpha'} = \Lambda_{\beta}^{\alpha'} V^{\beta} \implies \vec{V} = \begin{pmatrix} \cos\theta & \sin\theta \\ -\frac{\sin\theta}{r} & \frac{\cos\theta}{r} \end{pmatrix} \begin{pmatrix} r^2\cos^2\theta + 3r\sin\theta \\ r^2\sin^2\theta + 3r\cos\theta \end{pmatrix} = \begin{pmatrix} r^2(\cos^3\theta + \sin^3\theta) + 6r\sin\theta\cos\theta \\ r(\cos\theta\sin^2\theta - \cos^2\theta\sin\theta) + 3(\cos^2\theta - \sin^2\theta) \end{pmatrix} \quad (37)$$

$$\vec{W} = \begin{pmatrix} \cos\theta & \sin\theta \\ -\frac{\sin\theta}{r} & \frac{\cos\theta}{r} \end{pmatrix} \begin{pmatrix} 1 \\ 1 \end{pmatrix} = \begin{pmatrix} \cos\theta + \sin\theta \\ (\cos\theta - \sin\theta)/r \end{pmatrix} \quad (38)$$

Exercise (5.8b): Find the components of \vec{df} in Cartesian Coordinates and obtain them in polars (i) by direct calculation in polars, and (ii) by transforming components from Cartesian.

Solution: (i) To compute by direct calculation in polar: $\tilde{d}f = (\partial f/\partial r, \partial f/\partial \theta)$ we can use the definition of f in polar that was derived in part (a):

$$\frac{\partial f}{\partial r} = \frac{\partial}{\partial r} (r^2 + 2r^2 \cos \theta \sin \theta) = 2r + 4r \cos \theta \sin \theta \quad (39)$$

$$\frac{\partial f}{\partial \theta} = \frac{\partial}{\partial \theta} (r^2 + 2r^2 \cos \theta \sin \theta) = 2r^2 \cos(2\theta) \quad (40)$$

(ii) To compute $\tilde{d}f$ by transforming components from Cartesian,

$$\frac{\partial \phi}{\partial \xi} = \frac{\partial x}{\partial \xi} \frac{\partial \phi}{\partial x} + \frac{\partial y}{\partial \xi} \frac{\partial \phi}{\partial y} \implies \frac{\partial f}{\partial r} = \frac{\partial x}{\partial r} \frac{\partial f}{\partial x} + \frac{\partial y}{\partial r} \frac{\partial f}{\partial y} \quad (41)$$

$$\frac{\partial f}{\partial r} = \cos \theta (2x + 2y) + \sin \theta (2x + 2y) = (\cos \theta + \sin \theta)(2r \cos \theta + 2r \sin \theta) = 2r + 4r \sin \theta \cos \theta \quad (42)$$

Similarly:

$$\frac{\partial f}{\partial \theta} = \frac{\partial x}{\partial \theta} \frac{\partial f}{\partial x} + \frac{\partial y}{\partial \theta} \frac{\partial f}{\partial y} \quad (43)$$

$$\frac{\partial f}{\partial \theta} = (-r \sin \theta)(2x + 2y) + (r \cos \theta)(2x + 2y) = 2r^2 \cos \theta \quad (44)$$

It should be noted that the expressions from (ii) match those derived from (i).

Exercise (5.8c): (i) Use the metric tensor in polar coordinates to find the polar components of the one-forms \tilde{V} and \tilde{W} associated with \vec{V} and \vec{W} . (ii) Obtain the polar components of \tilde{V} and \tilde{W} by transformation of their Cartesian components.

Solution: (i) By Eq. (5.31), the metric tensor in polar coordinates is:

$$g_{\alpha\beta} = \begin{pmatrix} 1 & 0 \\ 0 & r^2 \end{pmatrix} \quad (45)$$

The metric in polar coordinates can be used to find the polar components of the one-forms by:

$$\tilde{W}_\alpha = g_{\alpha\beta} W^\beta = \begin{pmatrix} 1 & 0 \\ 0 & r^2 \end{pmatrix} \begin{pmatrix} \cos \theta + \sin \theta \\ (\cos \theta - \sin \theta)/r \end{pmatrix} = \begin{pmatrix} \cos \theta + \sin \theta \\ r(\cos \theta - \sin \theta) \end{pmatrix} \quad (46)$$

The same can be done for \tilde{V} as computed in polar form from part (a) of this problem.

(ii) Using the transformation matrix $\Lambda_{\beta'}^\alpha$ to obtain \tilde{V} and \tilde{W} :

$$\Lambda_{\beta'}^\alpha \tilde{W}^\alpha = \begin{pmatrix} \cos \theta & \sin \theta \\ -r \sin \theta & r \cos \theta \end{pmatrix} \begin{pmatrix} 1 \\ 1 \end{pmatrix} = \begin{pmatrix} \cos \theta + \sin \theta \\ r(\cos \theta - \sin \theta) \end{pmatrix} \quad (47)$$

And the same process can be employed to solve for \tilde{V} . Note that \tilde{V} and \tilde{W} is just \vec{V} and \vec{W} in Cartesian coordinates since the metric tensor in Cartesian coordinates is the identity matrix.

Exercise (5.11a): For the vector field \vec{V} whose Cartesian components are $(x^2 + 3y, y^2 + 3x)$, compute $V_{,\beta}^\alpha$ in Cartesian.

Solution: Since $V_{,\beta}^\alpha \equiv \partial V^\alpha / \partial x^\beta$:

$$V_{,\beta}^\alpha = \begin{pmatrix} \partial V^1 / \partial x & \partial V^1 / \partial y \\ \partial V^2 / \partial x & \partial V^2 / \partial y \end{pmatrix} = \begin{pmatrix} 2x & 3 \\ 3 & 2y \end{pmatrix} \quad (48)$$

Exercise (5.11b): Compute the transformation $\Lambda_\alpha^{\mu'} \Lambda_{\nu'}^\beta V_{,\beta}^\alpha$ to polars.

This computation is a straightforward usage of the transformation matrices $\Lambda_\alpha^{\mu'}$ and $\Lambda_{\nu'}^\beta$, from Cartesian to polar coordinates derived in Exercise 5.7 and the polar form of $V_{,\beta}^\alpha$ found in the previous part to this problem. The order of multiplication for these matrices should be noted, however, since computing $\Lambda_\alpha^{\mu'} \Lambda_{\nu'}^\beta V_{,\beta}^\alpha$ would leave $V_{,\beta}^\alpha$ unchanged. Computing $\Lambda_\alpha^{\mu'} V_{,\beta}^\alpha \Lambda_{\nu'}^\beta$ results in:

$$\begin{aligned} \Lambda_\alpha^{\mu'} V_{,\beta}^\alpha \Lambda_{\nu'}^\beta &= \begin{pmatrix} \cos \theta & \sin \theta \\ -\frac{\sin \theta}{r} & \frac{\cos \theta}{r} \end{pmatrix} \begin{pmatrix} 2r \cos \theta & 3 \\ 3 & 2r \sin \theta \end{pmatrix} \begin{pmatrix} \cos \theta & \sin \theta \\ -r \sin \theta & r \cos \theta \end{pmatrix} \\ &= \begin{pmatrix} 2(r \cos^3 \theta + 3 \cos \theta \sin \theta + r \sin^3 \theta) - r(\cos \theta - \sin \theta) & (-3 \sin \theta + \cos \theta)(-3 + 2r \sin \theta) \\ \frac{(\cos \theta - \sin \theta)(3 \cos \theta + 3 \sin \theta - r \sin(2\theta))}{r} & (-3 + r \cos \theta + r \sin \theta) \sin(2\theta) \end{pmatrix} \end{aligned} \quad (49)$$

Exercise (5.11c): Compute the components $V_{;\nu'}^{\mu'}$ directly in polars using the Christoffel symbols.

Solution: Since $\alpha, \beta \in \{x, y\}$ in Cartesian coordinates, there will be four components to compute: $V_{;r}^r, V_{;r}^\theta, V_{;\theta}^r, V_{;\theta}^\theta$. Beginning with $V_{;r}^r$:

$$V_{;r}^r = \frac{\partial V^r}{\partial r} + V^\mu \Gamma_{\mu r}^r \text{ \& } \Gamma_{rr}^\mu = \forall \mu \implies V_{;r}^r = \frac{\partial V^r}{\partial r} + V^\theta \Gamma_{\theta r}^r$$

$$\Gamma_{\theta r}^r : \frac{\partial \vec{e}_\theta}{\partial r} = -\sin \theta \vec{e}_x + \cos \theta \vec{e}_y = \frac{1}{r} \vec{e}_\theta \implies \Gamma_{\theta r}^r = 0 \quad (50)$$

$$\implies V_{;r}^r = \frac{\partial V^r}{\partial r} = \frac{\partial}{\partial r} (r^2(\cos^3 \theta + \sin^3 \theta) + 6r \sin \theta \cos \theta) = 2r(\cos^3 \theta + \sin^3 \theta) + 6 \sin \theta \cos \theta$$

$$V_{;r}^\theta = \frac{\partial V^\theta}{\partial r} + V^\mu \Gamma_{\mu r}^\theta = \frac{\partial V^\theta}{\partial r} + \frac{1}{r} V^\theta =$$

$$\frac{\partial}{\partial r} (r(\cos \theta \sin^2 \theta - \cos^2 \theta \sin \theta) + 3(\cos^2 \theta - \sin^2 \theta)) + \frac{1}{r} (r(\cos \theta \sin^2 \theta - \cos^2 \theta \sin \theta) + 3(\cos^2 \theta - \sin^2 \theta)) \quad (51)$$

$$\implies V_{;r}^\theta = \frac{(\cos \theta - \sin \theta)(3 \cos \theta + 3 \sin \theta) - r \sin(2\theta)}{r}$$

$$V_{;\theta}^r = \frac{\partial V^r}{\partial \theta} + V^\mu \Gamma_{\mu \theta}^r = \frac{\partial V^r}{\partial \theta} - r V^\theta$$

$$\implies V_{;\theta}^r = -r(\cos \theta - \sin \theta)(-3 \cos \theta + 3 \sin \theta) + r \sin(2\theta) \quad (52)$$

$$V_{;\theta}^\theta = \frac{\partial V^\theta}{\partial \theta} + \frac{1}{r} V^r = \sin(2\theta)(-3 + r \cos \theta + r \sin \theta) \quad (53)$$

Exercise (5.11d): Compute the divergence $V_{;\alpha}^\alpha$ using results from part (a).

Solution:

$$V_{;\alpha}^\alpha = \frac{\partial V^\alpha}{\partial x^\alpha} = \frac{\partial V^x}{\partial x} + \frac{\partial V^y}{\partial y} = 2(x + y) = 2r(\cos \theta + \sin \theta) \quad (54)$$

Exercise (5.11e): Compute the divergence $V_{;\mu'}^{\mu'}$ using results from either part (b) or (c).

Solution:

$$V_{;\mu'}^{\mu'} = V_{;r}^r + V_{;\theta}^\theta = \frac{\partial V^r}{\partial r} + \Gamma_{rr}^r V^r + \Gamma_{\theta r}^r V^\theta + \frac{\partial V^r}{\partial r} + \Gamma_{\theta \theta}^\theta V^\theta + \Gamma_{r \theta}^\theta V^r$$

$$= \frac{\partial V^r}{\partial r} + \frac{\partial V^\theta}{\partial \theta} + \frac{1}{r} V^r = 2r(\cos \theta + \sin \theta) \quad (55)$$

Exercise (5.11f): Compute the divergence $V_{;\mu'}^{\mu'}$ using Eq. (5.55) directly.

$$V_{;\mu'}^{\mu'} = \frac{1}{r} \frac{\partial}{\partial r} (r V^r) + \frac{\partial}{\partial \theta} V^\theta = 2r(\cos \theta + \sin \theta) \quad (56)$$

(This and the majority of the results given for Exercise 5.11 were computed in Mathematica)

Exercise (5.12a): For the one-form field \tilde{p} whose Cartesian coordinates are $(x^2 + 3y, y^2 + 3x)$, compute $p_{\alpha, \beta}$ in Cartesian.

Solution:

$$p_{\alpha, \beta} = \begin{pmatrix} p_{rr} & p_{r\theta} \\ p_{\theta r} & p_{\theta\theta} \end{pmatrix} = \begin{pmatrix} 2x & 3 \\ 3 & 2y \end{pmatrix} = \begin{pmatrix} 2r \cos \theta & 3 \\ 3 & 2r \sin \theta \end{pmatrix} \quad (57)$$

Exercise (5.12b): Compute the transformation $\Lambda_{\mu'}^\alpha \Lambda_{\nu'}^\beta p_{\alpha, \beta}$ to polars.

Solution:

$$\Lambda_{\mu'}^\alpha \Lambda_{\nu'}^\beta p_{\alpha, \beta} = (\Lambda_{\mu'}^\alpha)^T p_{\alpha, \beta} \Lambda_{\nu'}^\beta = (2r(\cos^3 \theta - 3 \cos \theta \sin \theta + r^2 \sin^3 \theta) \quad) \quad (58)$$

Exercise (5.12c): Compute the components $p_{\mu'; \nu'}$ directly in polars using the Christoffel symbols, Eq. (4.44), in Eq. (5.62).

Solution:

$$p_{r; r} = p_{r, r} - p_\mu \Gamma_{\alpha \beta}^\mu = \frac{\partial p_r}{\partial r} - p_r \Gamma_{rr}^r - p_\theta \Gamma_{rr}^\theta \implies p_{r; r} = \frac{\partial p_r}{\partial r} \quad (59)$$

Where p_r is the r -component of the one-form in a polar basis.

$$p_r = r^2(\cos^3 \theta + \sin^3 \theta) + 6r \sin \theta \cos \theta \implies p_{r; r} = \frac{\partial p_r}{\partial r} = 2r(\cos^3 \theta + \sin^3 \theta) + 6 \sin \theta \cos \theta \quad (60)$$

$$p_{r;\theta} = \frac{\partial p_r}{\partial \theta} - p_r \Gamma_{r\theta}^r - p_\theta \Gamma_{r\theta}^\theta = \frac{\partial p_r}{\partial \theta} - \frac{1}{r} p_\theta \quad (61)$$

Exercise (5.14): For the tensor whose polar coordinates are ($A^{rr} = r^2$, $A^{r\theta} = r \sin \theta$, $A^{\theta r} = r \cos \theta$, $A^{\theta\theta} = \tan \theta$), compute in Eq. (5.65) in polars for all possible indices:

$$\begin{aligned} \nabla_r A^{rr} &= \frac{\partial A^{rr}}{\partial r} + A^{\alpha r} \Lambda_{\alpha r}^r + A^{r\alpha} \Lambda_{\alpha r}^r = \frac{\partial A^{rr}}{\partial r} + A^{rr} \Lambda_{rr}^r + A^{\theta r} \Lambda_{\theta r}^r + A^{rr} \Lambda_{rr}^r + A^{r\theta} \Lambda_{\theta r}^r \\ &\implies \nabla_r A^{rr} = \frac{\partial A^{rr}}{\partial r} = \frac{\partial}{\partial r} (r^2) = 2r \end{aligned} \quad (62)$$

$$\begin{aligned} \nabla_\theta A^{rr} &= \frac{\partial A^{rr}}{\partial \theta} + A^{rr} \Lambda_{\theta\theta}^r + A^{\theta r} \Lambda_{\theta\theta}^r + A^{rr} \Lambda_{\theta\theta}^r + A^{r\theta} \Lambda_{\theta\theta}^r \\ \implies \nabla_\theta A^{rr} &= -r (A^{\theta r} + A^{r\theta}) + \frac{\partial A^{rr}}{\partial \theta} = -r(r \cos \theta + r \sin \theta) + \frac{\partial}{\partial \theta} (r^2) = -r^2(\cos \theta + \sin \theta) \end{aligned} \quad (63)$$

$$\begin{aligned} \nabla_\theta A^{r\theta} &= \frac{\partial A^{r\theta}}{\partial \theta} + A^{r\theta} \Gamma_{\theta\theta}^r + A^{\theta\theta} \Gamma_{\theta\theta}^r + A^{rr} \Gamma_{\theta\theta}^\theta + A^{r\theta} \Gamma_{\theta\theta}^\theta = \frac{\partial A^{r\theta}}{\partial \theta} - r(A^{\theta\theta}) + \frac{1}{r}(A^{rr}) \\ &\implies \nabla_\theta A^{r\theta} = r(\cos \theta - \tan \theta - 1) \end{aligned} \quad (64)$$

And the five remaining computations for all possible indices ($\nabla_r A^{r\theta}$, $\nabla_r A^{\theta r}$, $\nabla_\theta A^{\theta r}$, $\nabla_r A^{\theta\theta}$, $\nabla_\theta A^{\theta\theta}$) can be computed in exactly the same manner.

Exercise (5.16): Fill in all the missing steps leading from Eq. (5.74) to Eq. (5.75).

Solution: Starting with Eq. (5.72):

$$g_{\alpha\beta;\mu} = g_{\alpha\beta,\mu} - \Gamma_{\alpha\mu}^\nu g_{\nu\beta} - \Gamma_{\beta\mu}^\nu g_{\alpha\nu} \quad (65)$$

And using the fact that $g_{\alpha'\mu';\beta'} = 0$:

$$g_{\alpha'\beta',\mu'} = \Gamma_{\alpha'\mu'}^{\nu'} g_{\nu'\beta'} + \Gamma_{\beta'\mu'}^{\nu'} g_{\alpha'\nu'} \implies g_{\alpha\beta,\mu} = \Gamma_{\alpha\mu}^\nu g_{\nu\beta} + \Gamma_{\beta\mu}^\nu g_{\alpha\nu} \quad (66)$$

And since α, β, μ are dummy indices whose order can be rearranged in the previous expression, the following form can be arrived at by switching the β and μ indices:

$$g_{\alpha\mu,\beta} = \Gamma_{\alpha\beta}^\nu g_{\nu\mu} + \Gamma_{\mu\beta}^\nu g_{\alpha\nu} \quad (67)$$

And the following expression can be arrived at by switching α with β in Eq. (67) and multiplying the whole expression by a negative sign:

$$g_{\beta\mu,\alpha} = \Gamma_{\beta\alpha}^\nu g_{\nu\mu} + \Gamma_{\mu\alpha}^\nu g_{\beta\nu} \implies -g_{\beta\mu,\alpha} = -\Gamma_{\beta\alpha}^\nu g_{\nu\mu} - \Gamma_{\mu\alpha}^\nu g_{\beta\nu} \quad (68)$$

We can now consider the addition of the three terms, $g_{\alpha\beta,\mu}$, $g_{\alpha\mu,\beta}$, $-g_{\beta\mu,\alpha}$:

$$g_{\alpha\beta,\mu} + g_{\alpha\mu,\beta} - g_{\beta\mu,\alpha} = \Gamma_{\alpha\mu}^\nu g_{\nu\beta} + \Gamma_{\beta\mu}^\nu g_{\alpha\nu} + \Gamma_{\alpha\beta}^\nu g_{\nu\mu} + \Gamma_{\mu\beta}^\nu g_{\alpha\nu} - \Gamma_{\beta\alpha}^\nu g_{\nu\mu} - \Gamma_{\mu\alpha}^\nu g_{\beta\nu} \quad (69)$$

And, using the fact that the indices of the metric can be interchanged ($g_{\beta\nu} = g_{\nu\beta}$), we arrive at:

$$g_{\alpha\beta,\mu} + g_{\alpha\mu,\beta} - g_{\beta\mu,\alpha} = (\Gamma_{\alpha\mu}^\nu - \Gamma_{\mu\alpha}^\nu) g_{\nu\beta} + (\Gamma_{\alpha\beta}^\nu - \Gamma_{\beta\alpha}^\nu) g_{\nu\mu} + (\Gamma_{\beta\mu}^\nu + \Gamma_{\mu\beta}^\nu) g_{\alpha\nu} \quad (70)$$

Since the lower indices of the Christoffel symbols may be interchanged, this leaves us with:

$$g_{\alpha\beta,\mu} + g_{\alpha\mu,\beta} - g_{\beta\mu,\alpha} = 2\Gamma_{\beta\mu}^\nu g_{\alpha\nu} \quad (71)$$

Using the fact that inverting the metric just turns its covariant indices into contravariant indices ($1/g_{\alpha\beta} = g^{\alpha\beta}$):

$$\Gamma_{\beta\mu}^\nu = \frac{1}{2} g^{\alpha\nu} (g_{\alpha\beta,\mu} + g_{\alpha\mu,\beta} - g_{\beta\mu,\alpha}) \quad (72)$$

It's important to remind the reader of the notation being used here to understand the meaning of this result. Recall that $\phi_{,\alpha} \equiv \frac{\partial \phi}{\partial x^\alpha}$ so the previous expression becomes:

$$\Gamma_{\beta\mu}^\nu = \frac{1}{2} g^{\alpha\nu} \left(\frac{\partial g_{\alpha\beta}}{\partial x^\mu} + \frac{\partial g_{\alpha\mu}}{\partial x^\beta} - \frac{\partial g_{\beta\mu}}{\partial x^\alpha} \right) \quad (73)$$

Meaning the Christoffel symbols can be written in terms of derivatives of the metric.

Exercise (5.22): Show that if $U^\alpha \nabla_\alpha V^\beta = W^\beta$, then $U^\alpha \nabla_\alpha V_\beta = W_\beta$

Solution: Recall the notation that $\nabla_\alpha V^\beta \equiv V^\beta_{;\alpha}$ from Eq. (5.51). This turns the expression into:

$$U^\alpha V^\beta_{;\alpha} = W^\beta \quad (74)$$

We can then multiply both sides of the expression by the metric $g_{\mu\beta}$:

$$U^\alpha g_{\mu\beta} V^\beta_{;\alpha} = g_{\mu\beta} W^\beta \quad (75)$$

From Eq. (5.68), $V_{\alpha;\beta} = g_{\alpha\mu} V^\mu_{;\beta}$ so we can transform the left hand side of this expression to be:

$$U^\alpha V_{\mu;\alpha} = g_{\mu\beta} W^\beta \quad (76)$$

And we can finally use $V_\alpha = g_{\alpha\mu} V^\mu$ from Eq. (5.69) to simplify the right side of the expression into:

$$U^\alpha V_{\mu;\alpha} = W_\mu \quad (77)$$

And since μ is just a dummy index, it can be changed for β , resulted in the desired expression:

$$U^\alpha \nabla_\alpha V_\beta = W_\beta \quad (78)$$