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WORKERS COMPENSATION AUTHORIZATION REQUEST FORM

DATE FAXED: May 2, 2024

REQUESTED PROCEDURES:

MRI, SHOULDER, W/O CONTRAST

Weight (lbs): 142

Height (ft.): 5 ft 4 in Notes: Worker's comp. Please evaluate for rotator cuff injury. Hx partial-thickened infraspinatus tear.

SERVICE SETTING:

OUT-PATIENT

Patient Name	Aura Gaitan
Facility Name	Texas Health Care Imaging
Ordering Doctor	SHARON GELMAN, PHYSICIAN ASSISTANT, SUPERVISING
Claim ID#	231115078
Orientation of Injured Body Part	RIGHT SHOULDER
Date of INJURY	11/16/2023
Date of SERVICE	05-03-2024
CPT Codes	73221: MAGNETIC RESONANCE (EG, PROTON) IMAGING, ANY JOINT OF UPPER EXTREMITY; WITHOUT CONTRAST MATERIAL(S)
ICD-10 Codes	Diagnoses: S46.011A: Strain of musc/tend the rotator cuff of right shoulder, init
Contact Name	Jasmine Barnes
Contact Phone Numbers	Phone: 8559957088 Fax: 8555843190
Adjuster Name	Aracelia Hernandez
Adjuster Number(s)	714) 543-0700 ext 3015 fax 3618570123
# of Pages Attached	11

UTRGV • 1315 E 6th Street #10, WESLACO TX 78596-6658

GAITAN, Aura (id #514038, dob: 11/13/1957)

Imaging Order

04/30/2024

To Provider	From Provider
TEXAS HEALTH CARE IMAGING 1416 E EXP 83 WESLACO, TX 78596 Phone: Phone: (956) 351-5831 Fax: Fax: (956) 351-5832	SHARON GELMAN, PASUP UT Health RGV Orthopedics & Sports Medicine (W) 1315 E 6th Street #10 WESLACO, TX 78596-6658 Phone: (956) 296-2821 Fax: (956) 447-9696

Imaging Order Information

Diagnosis	Strain of rotator cuff of shoulder ICD-10: S46.011A: Strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter
Order Name	Orders included: 1 Strain of rotator cuff of shoulder ICD-10: S46.011A: Strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter • MRI, SHOULDER, W/O CONTRAST NOTE TO IMAGING FACILITY: Worker's comp. Please evaluate for rotator cuff injury. Hx partial-thickened infraspinatus tear. Height (ft.): 5 ft 4 in Weight (lbs): 142 Place of service: OFF CAMPUS-OUTPATIENT HOSPITAL Procedure code: 73221 Authorization: TRISTAR RISK MANAGEMENT
Notes	

Patient Information

Patient Name	GAITAN, AURA
Sex - DOB - Age	F 11/13/1957 66yo
Address	1804 LARGO ST WESLACO, TX 78596-5069
Phone	H: (956) 854-0354 M: (956) 854-0354
Primary Insurance	TRISTAR RISK MANAGEMENT Policy Holder: WISD
Secondary Insurance	None recorded.

Electronically Signed by: SHARON GELMAN, PASUP



SHARON GELMAN, PASUP

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GAITAN, Aura (id #514038, dob: 11/13/1957)**Patient**

Name	GAITAN, AURA (66yo, F) ID# 514038	Appt. Date/Time	04/29/2024 03:30PM
DOB	11/13/1957	Service Dept.	UT Health RGV Orthopedics & Sports Medicine (W)

Provider SHARON GELMAN, PASUP**Insurance** Med Primary: BCBS-TX (PPO)
Insurance # : ZGP841887700
Policy/Group # : 215172
Med Worker's Comp: TRISTAR RISK MANAGEMENT
Employer Name : WISD
Case # : 231115078
Case Injury Date : 11/16/2023
Prescription: PRIME TEXAS - Member is eligible.**Chief Complaint****Follow Up**

Patient is in for follow up on right shoulder pain

Patient's Pharmacies**SANDER PHARMACY (ERX): 916 E 6TH STREET, WESLACO, TX 78596, Ph (956) 968-4528, Fax (956) 968-8254****Vitals**

T: 97.8 F° temporal artery (36.56 C) 04/29/2024 04:30 pm	Wt: 142 lbs With clothes (64.41 kg) 04/29/2024 04:30 pm	Ht: 5 ft 4 in Stated (162.56 cm) 04/29/2024 04:29 pm
BMI: 24.4 04/29/2024 04:30 pm	BP: 118/64 sitting R arm 04/29/2024 04:30 pm	Pulse: 104 bpm regular 04/29/2024 04:29 pm

Allergies

Allergies not reviewed (last reviewed 11/27/2023)

NKDA

Medications**Reviewed Medications****albuterol sulfate HFA 90 mcg/actuation aerosol inhaler** 05/05/23 filled
INHALE TWO (2) PUFFS BY MOUTH AS NEEDED EVERY 4 HOURS AS NEEDED FOR SHORTNESS OF BREATH AND/OR WHEEZING.**azithromycin 500 mg tablet** 09/06/23 filled
TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.**benzonatate 100 mg capsule** 05/05/23 filled
TAKE ONE (1) CAPSULE(S) BY MOUTH THREE TIMES A DAY FOR 10 DAYS AS NEEDED.**betamethasone acetate and sodium phos 6 mg/mL suspension for injection** 11/17/23 administered
Take 12 mg by injection route. Administer Note: After discussion of the risks and benefits, the patient elected to proceed with an injection. Confirmed that the patient does not have history of prior adverse reactions, active infections, or relevant allergies. There was no erythema, or warmth, and the skin was clear. The skin was sterilized with betadine and alcohol in a sterile fashion. Topical anesthesia was achieved with ethyl chloride. The site was injected with a mixture of 12 mg betamethasone suspension and 2 cc 1% lidocaine The injection was completed without complication and a bandage was applied. The patient tolerated the procedure well and was instructed to avoid strenuous activity for the next 24-48 hours and to use ice or Tylenol for pain as needed. The patient will call immediately with any signs of infection or allergic reaction.**Internal Note:** 0517-0720-01**celecoxib 200 mg capsule** 11/16/23 prescribed

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GAITAN, Aura (id #514038, dob: 11/13/1957)

Take 1 capsule(s) every day by oral route for 14 days.

doxycycline monohydrate 100 mg capsule

TAKE ONE (1) CAPSULE(S) BY MOUTH TWICE A DAY.

03/25/21 filled

fluconazole 100 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.

02/22/23 filled

hydrocortisone 2.5 % topical cream

APPLY TOPICALLY TO AFFECTED AREA TWICE A DAY AS DIRECTED.

04/26/23 filled

ibuprofen 800 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH EVERY SIX HOURS AS NEEDED FOR PAIN FOR 14 DAYS.

06/05/21 filled

ketorolac 30 mg/mL (1 mL) injection solution

Inject 30 mg by intramuscular route. Administer Note: After discussion of the risks and benefits, the patient elected to proceed with an injection. Confirmed that the patient does not have history of prior adverse reactions, active infections, or relevant allergies. There was no erythema, or warmth, and the skin was clear. The skin was sterilized with betadine and alcohol in a sterile fashion. Topical anesthesia was achieved with ethyl chloride. The site was injected with a mixture of 30 mg ketorolac suspension and 2 cc 1% lidocaine. The injection was completed without complication and a bandage was applied. The patient tolerated the procedure well and was instructed to avoid strenuous activity for the next 24-48 hours and to use ice or Tylenol for pain as needed. The patient will call immediately with any signs of infection or allergic reaction.

Internal Note: 63323-162-01

10/21/21 administered

loratadine 10 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.

05/05/23 filled

meloxicam 15 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.

10/26/21 filled

metroNIDAZOLE 500 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH TWICE A DAY FOR SEVEN DAYS.

04/27/23 filled

naproxen 500 mg tablet

Take 1 tablet(s) twice a day by oral route as needed for 30 days.

12/28/23 filled

Paxlovid 300 mg (150 mg x 2)-100 mg tablets in a dose pack

TAKE THREE (3) TABLET(S) BY MOUTH TWICE A DAY FOR 5 DAYS.

09/06/23 filled

temazepam 15 mg capsule

TAKE ONE (1) CAPSULE(S) BY MOUTH ONCE A DAY AT BEDTIME AS NEEDED FOR SLEEP.

04/10/23 filled

Vaccines

None recorded.

Problems

Problems not reviewed (last reviewed 11/27/2023)

- Partial thickness rotator cuff tear - Onset: 11/05/2021, Right
- Contusion of right elbow - Onset: 11/17/2023
- Strain of rotator cuff of shoulder - Onset: 11/17/2023
- Sprain of right wrist - Onset: 11/17/2023
- Pain of right shoulder joint - Onset: 11/27/2023
- Pain of right elbow joint - Onset: 11/27/2023
- Pain of right wrist - Onset: 11/27/2023

Social History

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GAITAN, Aura (id #514038, dob: 11/13/1957)

Reviewed Social History

Public Health and Travel

Have you been to an area known to be high risk for COVID-19?: No

In the 14 days before symptom onset, have you had close contact with a laboratory-confirmed COVID-19 while that case was ill?: No

In the 14 days before symptom onset, have you had close contact with a person who is under investigation for COVID-19 while that person was ill?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 04/29/2024

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

Education and Occupation

What is your occupation?: Kindergarden Teacher

Surgical History

Surgical History not reviewed (last reviewed 02/05/2024)

Past Medical History

Reviewed Past Medical History

HPI

W/C: Patient presents for follow-up on right shoulder pain. She attended a few PT sessions, but was only able to attend 6 sessions because she had to leave the area to go and take care of her mother who passed away in February. During that time, she had not been able to complete her HEP regularly. She continues with pain to the shoulder. She has failed intra-articular steroid injections, oral NSAID, and HEP.

Patient is now also complaining of grip weakness and numbness of the hand.

ROS

Neurologic: Neurologic: no weakness or loss of consciousness.

Constitutional: Constitutional: no fever or night sweats.

Cardiovascular: Cardiovascular: no chest pain or arm pain on exertion.

Respiratory: Respiratory: no cough or wheezing.

Gastrointestinal: Gastrointestinal: no nausea, vomiting, or abdominal pain.

Genitourinary: Genitourinary: no difficulty urinating.

Musculoskeletal: Musculoskeletal: **arthralgias/joint pain.**

Integumentary: Skin: no rashes.

Psychiatric: Psych: no depression.

Allergic/Immunologic: Allergy/Immunologic: no sneezing or runny nose.

ROS as noted in the HPI

Physical Exam

Right shoulder: Pain with movement. Pain with empty can test and supraspinatus testing. AROM FF 0-160 with pain at extreme range of motion.

Assessment / Plan

Impression: W/C: Right rotator cuff injury (DOI 11/16/2023). Hx W/C right shoulder partial-thickness infraspinatus tear (DOI 08/20/2021). Developing cervical radiculopathy.

Plan: Patient was advised to continue with her HEP. She has failed PT/HEP for cuff strengthening, oral NSAID use, and intra-articular steroid injection. We will order an MRI to evaluate the rotator cuff and make a plan for surgery. She agreed and had no further questions. RTC for MRI results.

1. Strain of rotator cuff of shoulder

S46.011A: Strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter

- MRI, SHOULDER, W/O CONTRAST - Note to Imaging Facility: Worker's comp. Please evaluate for rotator cuff injury.

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GAITAN, Aura (id #514038, dob: 11/13/1957)

Hx partial-thickened infrapinatus tear.

Height (ft.): 5 ft 4 Weight (lbs): 142
in

Place of service: OFFICE

Procedure code: 73221

Authorization: TRISTAR RISK MANAGEMENT

Return to Office

- SHARON GELMAN, PASUP for ESTABLISHED 20 at UT Health RGV Orthopedics & Sports Medicine (W) on 05/16/2024 at 11:20 AM

Encounter Sign-Off

Encounter signed-off by SHARON GELMAN, PASUP, 04/30/2024.

Encounter performed and documented by SHARON GELMAN, PASUP

Encounter reviewed & signed by SHARON GELMAN, PASUP on 04/30/2024 at 2:06pm

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GAITAN, Aura (id #514038, dob: 11/13/1957)**Patient**

Name	GAITAN, AURA (66yo, F) ID# 514038	Appt. Date/Time	02/05/2024 04:20PM
DOB	11/13/1957	Service Dept.	UT Health RGV Orthopedics & Sports Medicine (W)

Provider SHARON GELMAN, PASUP**Insurance** Med Primary: BCBS-TX (PPO)
Insurance # : ZGP841887700
Policy/Group # : 215172
Med Worker's Comp: TRISTAR RISK MANAGEMENT
Employer Name : WISD
Case # : PENDING
Case Injury Date : 11/16/2023
Prescription: PRIME TEXAS - Member is eligible.**Chief Complaint**

Followup: Pain of right wrist

DOI: 11/16/2023, Patient in for a follow up on Right shoulder, Right elbow and Right wrist pain

Patient's Pharmacies**SANDER PHARMACY (ERX): 916 E 6TH STREET, WESLACO, TX 78596, Ph (956) 968-4528, Fax (956) 968-8254****Vitals**

T: 98.2 F° temporal artery (36.78 C) 02/05/2024 04:53 pm	Wt: 137 lbs Without clothes (62.14 kg) 02/05/2024 04:53 pm	Ht: 5 ft 4 in Stated (162.56 cm) 02/05/2024 04:21 pm
BMI: 23.5 02/05/2024 04:53 pm	BP: 142/76 sitting L arm 02/05/2024 04:53 pm	Pulse: 73 bpm regular 02/05/2024 04:53 pm

Allergies

Allergies not reviewed (last reviewed 11/27/2023)

NKDA

Medications**Reviewed Medications****albuterol sulfate HFA 90 mcg/actuation aerosol inhaler** 05/05/23 filled
INHALE TWO (2) PUFFS BY MOUTH AS NEEDED EVERY 4 HOURS AS NEEDED FOR SHORTNESS OF BREATH AND/OR WHEEZING.**azithromycin 500 mg tablet** 09/06/23 filled
TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.**benzonatate 100 mg capsule** 05/05/23 filled
TAKE ONE (1) CAPSULE(S) BY MOUTH THREE TIMES A DAY FOR 10 DAYS AS NEEDED.**betamethasone acetate and sodium phos 6 mg/mL suspension for injection** 11/17/23 administered
Take 12 mg by injection route. Administer Note: After discussion of the risks and benefits, the patient elected to proceed with an injection. Confirmed that the patient does not have history of prior adverse reactions, active infections, or relevant allergies. There was no erythema, or warmth, and the skin was clear. The skin was sterilized with betadine and alcohol in a sterile fashion. Topical anesthesia was achieved with ethyl chloride. The site was injected with a mixture of 12 mg betamethasone suspension and 2 cc 1% lidocaine The injection was completed without complication and a bandage was applied. The patient tolerated the procedure well and was instructed to avoid strenuous activity for the next 24-48 hours and to use ice or Tylenol for pain as needed. The patient will call immediately with any signs of infection or allergic reaction.**Internal Note:** 0517-0720-01**celecoxib 200 mg capsule** 11/16/23 prescribed

UTRGV • 1315 E 6th Street #10, WESLACO TX 78596-6658

GAITAN, Aura (id #514038, dob: 11/13/1957)

Take 1 capsule(s) every day by oral route for 14 days.

doxycycline monohydrate 100 mg capsule

TAKE ONE (1) CAPSULE(S) BY MOUTH TWICE A DAY.

03/25/21 filled

fluconazole 100 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.

02/22/23 filled

hydrocortisone 2.5 % topical cream

APPLY TOPICALLY TO AFFECTED AREA TWICE A DAY AS DIRECTED.

04/26/23 filled

ibuprofen 800 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH EVERY SIX HOURS AS NEEDED FOR PAIN FOR 14 DAYS.

06/05/21 filled

ketorolac 30 mg/mL (1 mL) injection solution

Inject 30 mg by intramuscular route. Administer Note: After discussion of the risks and benefits, the patient elected to proceed with an injection. Confirmed that the patient does not have history of prior adverse reactions, active infections, or relevant allergies. There was no erythema, or warmth, and the skin was clear. The skin was sterilized with betadine and alcohol in a sterile fashion. Topical anesthesia was achieved with ethyl chloride. The site was injected with a mixture of 30 mg ketorolac suspension and 2 cc 1% lidocaine. The injection was completed without complication and a bandage was applied. The patient tolerated the procedure well and was instructed to avoid strenuous activity for the next 24-48 hours and to use ice or Tylenol for pain as needed. The patient will call immediately with any signs of infection or allergic reaction.

Internal Note: 63323-162-01

10/21/21 administered

loratadine 10 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.

05/05/23 filled

meloxicam 15 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH ONCE A DAY.

10/26/21 filled

metroNIDAZOLE 500 mg tablet

TAKE ONE (1) TABLET(S) BY MOUTH TWICE A DAY FOR SEVEN DAYS.

04/27/23 filled

naproxen 500 mg tablet

Take 1 tablet(s) twice a day by oral route as needed for 30 days.

12/28/23 filled

Paxlovid 300 mg (150 mg x 2)-100 mg tablets in a dose pack

TAKE THREE (3) TABLET(S) BY MOUTH TWICE A DAY FOR 5 DAYS.

09/06/23 filled

temazepam 15 mg capsule

TAKE ONE (1) CAPSULE(S) BY MOUTH ONCE A DAY AT BEDTIME AS NEEDED FOR SLEEP.

04/10/23 filled

Vaccines

None recorded.

Problems

Problems not reviewed (last reviewed 11/27/2023)

- Partial thickness rotator cuff tear - Onset: 11/05/2021, Right
- Contusion of right elbow - Onset: 11/17/2023
- Strain of rotator cuff of shoulder - Onset: 11/17/2023
- Sprain of right wrist - Onset: 11/17/2023
- Pain of right shoulder joint - Onset: 11/27/2023
- Pain of right elbow joint - Onset: 11/27/2023
- Pain of right wrist - Onset: 11/27/2023

Social History

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GAITAN, Aura (id #514038, dob: 11/13/1957)

Social History not reviewed (last reviewed 12/28/2023)

Public Health and Travel

Have you been to an area known to be high risk for COVID-19?: No

In the 14 days before symptom onset, have you had close contact with a laboratory-confirmed COVID-19 while that case was ill?: No

In the 14 days before symptom onset, have you had close contact with a person who is under investigation for COVID-19 while that person was ill?: No

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

Do you or have you ever used any other forms of tobacco or nicotine?: No

What was the date of your most recent tobacco screening?: 12/28/2023

Has tobacco cessation counseling been provided?: No

What is your level of alcohol consumption?: None

Do you use any illicit or recreational drugs?: No

Education and Occupation

What is your occupation?: Kindergarden Teacher

Surgical History

Reviewed Surgical History

Past Medical History

Reviewed Past Medical History

HPI

W/C: Patient presents for follow-up on right shoulder pain (DOI 11/16/2023). She has started PT but is going to have to leave the area to visit her mother who is sick for a few weeks. She continues with pain to the shoulder, especially with external rotation.

ROS

Neurologic: Neurologic: no weakness or loss of consciousness.

Constitutional: Constitutional: no fever or night sweats.

Cardiovascular: Cardiovascular: no chest pain or arm pain on exertion.

Respiratory: Respiratory: no cough or wheezing.

Gastrointestinal: Gastrointestinal: no nausea, vomiting, or abdominal pain.

Genitourinary: Genitourinary: no difficulty urinating.

Musculoskeletal: Musculoskeletal: **arthralgias/joint pain.**

Integumentary: Skin: no rashes.

Psychiatric: Psych: no depression.

Allergic/Immunologic: Allergy/Immunologic: no sneezing or runny nose.

ROS as noted in the HPI

Physical Exam

Right shoulder: Pain with movement. Pain with empty can test and supraspinatus testing. Pain with external rotation.

Assessment / Plan

Impression: W/C: Right shoulder strain (DOI 11/16/2023). Hx W/C Right shoulder partial-thickness infraspinatus tear (DOI 08/20/2021).

Plan: Patient will continue with PT and her HEP. If symptoms persist or worsen when she returns from her trip, we will order an MRI to plan for surgical intervention. She has already attempted an oral NSAID and a steroid injection to the shoulder. She agreed with this plan and had no further questions. RTC in 4 weeks, or sooner if needed.

1. Strain of rotator cuff of shoulder

S46.011A: Strain of muscle(s) and tendon(s) of the rotator cuff of right shoulder, initial encounter

Return to Office

- SHARON GELMAN, PASUP for ESTABLISHED 20 at UT Health RGV Orthopedics & Sports Medicine (W) on 02/29/2024 at 04:00 PM

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GAITAN, Aura (id #514038, dob: 11/13/1957)

Encounter Sign-Off

Encounter signed-off by SHARON GELMAN, PASUP, 02/08/2024.

Encounter performed and documented by SHARON GELMAN, PASUP

Encounter reviewed & signed by SHARON GELMAN, PASUP on 02/08/2024 at 9:19am

5/2/24, 1:40 PM

athenaCollector v24.3 TX - Univ. of Texas Rio Grande Valley [17813] | UTRGV [1]

XR, shoulder, 2 or more view - RIGHT (#7776112, tied to order #7776111)

From Encounter SHARON GELMAN, PASUP, ESTABLISHED 30 11/16/2023 (CLOSED)

Internal Note

Priority

This task is urgent

Interpretation

3-view series of right shoulder shows no acute abnormalities. Preserved glenohumeral joint space.
[Edit Document](#)