Bilingual Script with Subtitle Timing: Essay Writing Techniques (4 min)

## ⏱ 0:00–0:40

Welcome! In this short video, we’ll cover how to write a strong, clear essay for your U.S. college application.  
We’ll talk about structure, grammar, and style — all in simple steps.

欢迎你！在本视频中，我们将讲解如何写出清晰、有力的美国大学申请文书。  
我们会一步步讲解结构、语法和表达技巧。

## ⏱ 0:40–1:30

\*\*1. Structure:\*\* A strong essay usually has three parts:  
- \*\*Introduction\*\*: Start with a hook — a sentence or moment that pulls the reader in. Then introduce your key idea.  
- \*\*Body\*\*: Use a few paragraphs to explain what happened, how you felt, and what you learned.  
- \*\*Conclusion\*\*: Tie it all together. Show how you’ve changed or what you believe now.

\*\*1. 结构：\*\* 一篇好的文书通常包括三个部分：  
- \*\*开头\*\*：用一个引人入胜的句子或瞬间作为“钩子”，然后介绍你的主要观点。  
- \*\*正文\*\*：用几段话讲清楚发生了什么，你有什么感受，以及你学到了什么。  
- \*\*结尾\*\*：把文章总结起来，展示你如何成长、你现在的想法或信念。

## ⏱ 1:30–2:30

\*\*2. Grammar and Common Mistakes:\*\*  
- Keep your sentences short and clear.  
- Use past tense for stories, present tense for your reflections.  
- Avoid “big” words if you don’t need them — clear is better than fancy.  
- Watch for common errors: subject-verb agreement, run-on sentences, missing articles like “a” and “the.”

\*\*2. 语法和常见错误：\*\*  
- 让句子简短明了。  
- 描述故事用过去式，表达现在的感悟用现在式。  
- 不要刻意使用生僻词——清晰比华丽更重要。  
- 注意常见错误：主谓不一致、句子太长没有停顿、漏掉冠词“a”和“the”。

## ⏱ 2:30–3:30

\*\*3. Style and Voice Tips:\*\*  
- Be yourself. Your voice matters more than perfect grammar.  
- Use metaphors or small details to make your story come alive.  
- Vary sentence length — mix short and long.  
- Read it out loud to hear how it sounds!

\*\*3. 风格与表达建议：\*\*  
- 做自己。你的“声音”比完美语法更重要。  
- 用比喻或具体细节让你的故事更生动。  
- 混合使用长句和短句，增加节奏感。  
- 大声朗读，听听文章的节奏与语感。

## ⏱ 3:30–4:00

You don’t need to sound like a textbook. You just need to sound like you — thinking, growing, and ready to apply.  
You’ve got this. Let’s keep writing!

你不需要像教科书一样写作。你只要像你自己——一个在思考、在成长、准备申请的你。  
你可以做到的！继续写下去吧！