

# KINESIOL 1Y03

## 20: Olfaction & Taste

### Sense Classification

**general:** receptors are distributed over large parts of the body

***somatic:** skin, muscles, and joints (touch, pressure, proprioception, temperature, pain)*

***visceral:** internal organs (pain, pressure)*

**special:** receptors are located within specific organs (smell, taste, sight, hearing, balance)

**sensory receptors:** interpret environmental stimuli to create electrical signals

***mechanoreceptors:** compressing, bending, and stretching of cells; typically mechanically gated ion channels; touch, pressure, proprioception, hearing, balance*

***chemoreceptors:** chemicals attach to receptors on the membrane; can bind to ligand gated ion channels or set off signaling cascade; smell, taste*

***thermoreceptors:** respond to changes in temperature; proteins embedded within plasma membrane change shape with temperature, which opens gates*

***photoreceptors:** respond to light; vision*

***nociceptors:** respond to extreme mechanical, chemical, or thermal stimuli; pain*

### Nose Anatomy

**nasal cavity:** in facial region of the skull; made of bones and cartilage

***hard palate:** inferior; separates nasal and oral cavities*

***frontal bone:** covers forehead and frontal region of brain*

***ethmoid bone:** roof of nasal cavity*

***nasal conchae:** ridges along the sides*

**cribriform plate:** thin region of ethmoid bone with foramina, which allows nervous signals to move from nasal to cranial cavity

**nostrils:** also known as nares; separated by the septum

### Olfactory Region

**olfactory nerve fibers:** run through cribriform plate

**olfactory bulb:** olfactory nerve fibers synapse with the second neuron

**olfactory tract:** axons exiting olfactory bulb bundle together (yes, it's still called a tract, but it's PNS); runs to the brain

**olfactory epithelium:** layer of epithelial cells with specialized receptor cells embedded within

### Olfactory Epithelium

**olfactory neuron:** specialized bipolar receptor cells, whose dendrites extend towards the nasal cavity

***olfactory vesicle:** enlarged region of olfactory neuron dendrite*

***olfactory hairs:** cilia on the end of the olfactory vesicles: where the chemoreceptors are located*

***mucus layer:** covers vesicles and hairs; odorants dissolve into this layer so that they can bind to the receptors; mucus producing glands are found in the connective tissue layer*

**epithelial cells:** supporting cells; help hold neurons in place

**basal cells:** involved in regenerating the epithelium and neurons; all cells are replaced about every 2 months

### Olfactory Function

**pathway:** odorant > air > nostrils > nasal cavity > nasal conchae (swirl air to get rid of debris and move air to receptors) > mucus > hairs > chemoreceptors > open gates > produce GP > produce AP on bipolar neuron > through cribriform > kind of bundle > olfactory bulb > olfactory tract > brain (primary and secondary olfactory areas)

**primary olfactory area:** olfactory cortex; conscious perception of cell; frontal and temporal lobes

**secondary olfactory area:** deep region near corpus callosum; visceral and emotional reactions to smell; connected to the habenula

**thalamus:** it does NOT go here (smell is the only sense that bypasses the thalamus)

**odor classes:** based on chemicals with similar shapes and structures, which therefore activate a specific pattern of receptors; up to 50 classes

***camphoraceous:** mothball (camphor tree)*

***musky:** animal mating (colognes)*

***floral:** ...flowers*

***pepperminty:** ...peppermint (candy canes !)*

***ethereal:** fruity (sweet)*

***pungent:** strong stink*

***putrid:** rotting smell*

**receptors:** there are ~1000 types of olfactory chemoreceptors; the pattern of activated chemoreceptors is what makes a certain scent

**adaptation:** when there are lots of odorants, the receptors are fully saturated, and the brain can signal for synaptic inhibition if it doesn't want to hear about the stink anymore

### Oral Anatomy

**gustatory receptors:** located mostly on tongue, but also the roof of the mouth, throat, and the lips

**epiglottis:** posterior portion of tongue, deep within throat; structure that covers the windpipe when swallowing

**papillae:** small epithelial projections covering the tongue

***vallate:** largest; 8-12 big bumps forming a V shape at the posterior of the anterior tongue; 100-300 taste buds in each*

***foliate:** leaf-shaped; side of the tongue; smaller than vallate but more in number; degenerate with age (maybe all gone by adulthood); most sensitive taste buds*

***fungiform:** resemble mushrooms; surface of tongue; most taste buds are here; ~5 taste buds in each*

***filiform:** flame-shaped; surface of tongue; no taste buds, but creates a rough surface to manipulate food*

**taste buds:** receptors; found inside the pocket formed by papillae; about 10,000 in total

**oral cavity:** covered in stratified squamous epithelium, with taste buds embedded within

### Taste Buds

**gustatory cells:** create nervous system signal

***gustatory hairs:** microvilli which extend through an opening in the epithelium, towards the oral cavity; about 50 per taste bud*

***cell body:** there is NO AXON; they're so short they don't need it, since the GP reaches right to the end of the cell and releases NT through the synaptic vesicles*

**supporting cells:** help hold in place

**basal cells:** help regenerate; taste cells are regenerated about every 10 days

### Gustatory Function

**pathway:** tastant > saliva > receptors > depolarization > NT > EPSP created > CN VII (anterior tongue), IX (posterior tongue), and X (throat and epiglottis) > medulla oblongata > thalamus > taste area of insula

**5 tastes:** salt, sour, bitter, sweet, and umami; each has its own receptor type

***ion channels:** salt has sodium and sour has hydrogen; these ions go through channels and cause depolarization*

***G-protein signaling pathways:** for bitter, sweet, and umami; activating these pathways opens relevant ion channels*

**variety:** each taste cell has one type of chemoreceptor, but each taste bud can have multiple types (usually with one favorite)



# KINESIOL 1Y03

## 21: Vision

### Accessory Structures

**eyebrows and eyelashes:** protect from foreign objects and perspiration; shade from sun

**palpebra:** eyelid; there is one superior and one inferior per eye

**palpebral fissure:** opening of the eye

**canthus:** where the palpebrae meet

***medial:** contains the lacrimal caruncle (pink mound), which contains modified oil and sweat glands that produce eye poop*

***lateral:** ...the other one*

**conjunctiva:** mucus membrane forming the inner lining of the eyelid; folds back on itself; attaches at the palpebral fissure; prevents objects from entering eye

***palpebral conjunctiva:** covers eyelid*

***bulbar conjunctiva:** covers white of eye*

***conjunctivitis:** inflammation; response to irritants (bloodshot eyes) or bacterial infection (pink eye)*

**lacrimal apparatus:** collection of structures involved in tear production

***pathway:** lacrimal gland (production) > lacrimal ducts (distribution) > mostly evaporates but also moves medially and laterally > medial commissure > puncta (opening on upper and lower eyelids) > lacrimal canaliculi (superior and inferior pathways) > lacrimal sac (tears are drained...) > nasolacrimal duct (...into the nasal cavity)*

### Extrinsic Muscles

**rectus muscles:** attached to anterior portion of sclera, and extend to the posterior of the socket (orbit) where they attach to the bone

***superior rectus:** superior and medial*

***inferior rectus:** inferior and medial*

***lateral rectus:** lateral*

***medial rectus:** medial*

**oblique muscles:** involved in the rotation of the eye

***superior oblique:** inferior and lateral*

***inferior oblique:** superior and lateral*

### Fibrous Tunic

**fibrous tunic:** white of the eye

**sclera:** posterior region; tough, thick connective tissue which helps maintain shape and provide point of attachment for extrinsic muscles; provides protection

**cornea:** anterior region; transparent curved structure for focusing light; avascular; covers anterior 1/6 of eye

### Vascular Tunic

**vascular tunic:** contains lots of blood vessels and melanin

**melanin:** pigment which makes the inside of the eye appear black; stops light from reflecting around the eye and improves visual acuity

**choroid:** posterior region; rich blood and melanin supply

**ciliary body:** smooth muscles; change shape of lens

***ciliary ring:** formed by the ciliary muscles, wrapping all the way around the lens*

***ciliary processes:** attach via zonular fibers (suspensory ligaments) to the lens; also produces fluid for the posterior chamber*

***at rest:** large diameter; lens is flattened by tension on zonular fibers*

***contracted circular:** small diameter; lens bounces back to spherical shape*

**iris:** colored portion of eye; smooth muscles anterior to ciliary processes; change pupil diameter (partially covers lens based on contraction state of iris and dilation of pupil)

***sphincter pupillae:** circular muscle; contracts as a parasympathetic response to bright light*

***dilator pupillae:** radial muscle; contracts as a sympathetic response to dim light*

**smooth muscle:** (for both ciliary and iris): outer muscles are oriented radially, and inner muscles are oriented circularly

### Nervous Tunic

**retina:** posterior portion up to the level of the ciliary body; contains photoreceptors (rods and cones) and vasculature

**cones:** color vision and visual acuity; about 6-7 million cones

**rods:** black and white vision, and low light conditions; about 120 million rods (mostly peripheral)

**macula lutea:** dark central region of retina; contains mostly cones; great visual acuity, so we want to focus light here (why we see most clearly when looking directly)

***fovea centralis:** small depression in the middle; contains only cones*

**optic disc:** blind spot; hole in retina for the optic nerve and retinal blood supply to enter the eye; your brain normally fills in the image (binocular vision)

**pigmented layer:** cells with melanin form a black matrix, decreasing light scattering and increasing visual acuity; adheres closely to choroid; more superficial

**neural layer:** deeper layer

***photoreceptor layer:** rods and cones*

***bipolar layer:** neuron cells; synapses here*

***ganglionic layer:** synapse with optic nerve (~1 million cells)*

### Specialized Structures

**lens:** biconvex; solid but transparent tissue; just deep to the pupil

***clarity:** has no internal structures, because it develops organelles but then triggers self-destruct, yet manages to stop killing itself right before it actually dies; ergo, it is clear and there is no scattering of light rays*

***current research:** attempting to apply prevented cell death to diseases of programmed cell death (Alzheimer's, Parkinson's, etc.)*

**pupil:** opening; looks black due to the melanin in the choroid layer behind it

### Chambers

**anterior chamber:** between cornea and iris

**posterior chamber:** between iris, lens, and suspensory ligaments

**aqueous humor:** fluid produced by ciliary processes which fills the anterior and posterior chambers; maintains interocular pressure and shape of eye, provides nutrients for cornea and lens, and helps with refraction of light as it enters

***turnover rate:** ~90 minutes (high)*

***glaucoma:** build up of aqueous humor due to sinus blockage; increase in interocular pressure can cause blindness if untreated*

***flow:** ciliary processes > posterior chamber > pupil > anterior chamber > sinus*

**vitreous chamber:** at the back of the eye

**vitreous humor (body):** jelly-like substance; helps keep shape of eye and holds the retina flat against the choroid to produce clear images

***turnover rate:** slow*

***"floaters":** debris in visual field; cells die, and normally phagocytes deal with them, but they become less efficient as you age*

### Focus and Acuity

**refraction:** bending of light at the junction of two transparent substances of different densities

***pathway:** cornea > anterior chamber > lens > vitreous body > retina (where it's hopefully very focused for the photoreceptors)*

***function:** light rays need to focus on macula*

***focal point:** convergence of light information from top and bottom, to focus on the macula*

***retinal image:** inverted, but our brain un-inverts it (in the 1800s, they used inversion glasses, and after 4 days, the brain overcame that)*

**distant vision:** rays enter in an almost parallel fashion; ciliary muscles are relaxed and lens is wide

***far point of vision:** ~20 ft.*

**near vision:** rays are really divergent, so they have to bend a lot; circular ciliary muscles contract to make a round lens that refracts light more

***near point of vision:** 4-6" (farther as you age)*



## Focal Adjustments

**accommodation:** ciliary muscles contract > spherical lens > refraction > focus

**pupil constriction:** impacts depth of focus (smaller pupil = deeper field)

***squinting;** helps focus by decreasing light information*

***low light:** pupil dilates to let more light in, causing some loss of focus*

**convergence:** there are regions on the left and right retina that the brain detects as the same location on the visual field

***far vision:** naturally hits correctly*

***near vision:** need to rotate eyes medially; otherwise, the image is blurry*

## Photoreceptors

**photoreceptors:** bipolar neurons with modified dendrite ends to detect light

**rods:** uses rhodopsin (photosensitive pigment)

***opsin:** protein*

***retinal:** pigment (made of Vitamin A. carrots are good for your eyes.)*

**cones:** uses iodopsin (also known as photopsin)

***opsin:** have specialized proteins for red, blue, or green light detection*

***retinal:** pigment (made of Vitamin A. carrots are good for your eyes.)*

**plasma membrane:** contains photosensitive molecules; folds on itself near the pigmented retina to form discs and maximise area

## Neuron Function

**sodium gated channels:** linked to photoreceptors; can create electrical signal

**unstimulated condition:** gates held open (depolarized) by cGMP; retinal molecule is bent (inactive); opsin is in dark condition

**stimulated condition:** retinal is straightened (active); opsin is in light condition; phosphodiesterase is activated, converted cGMP to GMP; channels are closed and hyperpolarized

**return to rest:** active retinal detaches from opsin protein; phosphodiesterase inactivates; cGMP reforms; channels open; inactive retinal reattaches to opsin

**glutamate:** neurotransmitter constantly released at rest; causes an IPSP in the bipolar cell

## Visual Fields

**temporal field:** lateral regions (closer to ear)

**nasal field:** medial regions (closer to nose)

**retina:** receives crossed-over information from temporal and nasal fields

**optic nerve:** formed by convergence of neurons in retina

**optic chiasm:** formed by convergence of optic nerves

**optic tract:** sides of each visual field go to the opposite side of the brain (e.g., right temporal and left nasal go to the left)

**destination:** superior colliculi (midbrain) or lateral geniculate nuclei (thalamus) > occipital lobe > primary visual cortex

## Pathways

**bending pathway:** cornea > aqueous humor > lens > vitreous body > retina

**light pathway:** back of eye > photoreceptors > AP generated > reverses back to optic nerve

**neuronal pathway:** optic chiasm > around brainstem > lateral geniculate nuclei > optic radiations > primary visual cortex

# KINESIOL 1Y03

## 22: Hearing & Balance

### Acoustics

**sound:** interpretation of vibrations through air, based on bands of compressed and non-compressed air

**peak of soundwave:** most compressed air

**amplitude:** volume (bigger amplitude = louder)

**frequency:** pitch (higher frequency = higher pitch)

### External Ear

**auricle (pinna):** flap collecting soundwaves and directing them towards the middle ear

**external auditory canal:** channel leading to the middle ear; starts as a soft tissue with cartilage embedded; becomes a canal in the temporal bone

***cerumen:** ear wax; prevents dust and foreign objects from entering, and prevents water damage*

**tympanic membrane (eardrum):** separates external and middle ear; thin, delicate membrane which vibrates when soundwaves reach it

### Middle Ear

**cavity:** filled with air; equal pressure allows tympanic membrane to vibrate

***auditory (eustachian) tube;** opening in tissue which connects to the back of throat; allows measure in middle ear to be equal to external ear*

***balance:** unequal pressure would tighten the membrane, preventing vibrations*

***ear popping:** occurs when this tube becomes blocked, so pressure is unequal; can be fixed by increasing pressure in the oral cavity*

***problems:** fluid build up, infection, etc. can interfere with ossicle function*

**auditory ossicles:** small bones connected to each other with small synovial joints; amplify the soundwave from the tympanic membrane

***malleus:** shaped like a mallet with handle connected to tympanic membrane and head connected to the incus*

***incus:** shaped like an anvil*

***stapes:** looks like a stirrup; the footplate covers the oval window*

### Inner Ear

**cavity:** fluid filled

**cochlea:** long tube that rolls in on itself (like a conch shell); portion of the ear involved in hearing; deep within temporal bone

***helicotrema:** end of the tube*

**oval window:** opening from middle ear; connects to cochlea; has a membrane to prevent movement of fluid and air between middle and inner

**round window:** membrane-covered opening that serves as an exit point for vibrations (to avoid echo)

**vestibule:** trunk structure involved in static balance

**semi-circular canals:** three loops, one in each plane (x, y, z); involved in dynamic balance

**vestibulocochlear nerve:** branches out to cochlea (cochlear branch) and vestibule and semi-circular canals (vestibular branch)

**bony membrane:** cored out region of the temporal bone

**membranous labyrinth:** membranes divide the cored out region to make chambers for different types of fluids (with different ion concentrations) and functions

***dynamic (kinetic) labyrinth:** another name for th membranous labyrinth in the semi-circular canals*

***cochlea:** divided into 3 chambers*

### Cochlear Structure

**endolymph:** fluid inside labyrinth; high [K+] and low [Na+]

**perilymph:** fluid between the bony and membranous labyrinth; high [Na+] and low [K+]

**scala vestibuli:** top chamber; filled with perilymph; attached to oval window

**scala tympani:** lower chamber; filled with perilymph; attached to round window

**helicotrema:** connects scala vestibuli and tympani

**cochlear duct:** inner chamber; filled with endolymph

***vestibular membrane:** thin membrane separating cochlear duct and scala vestibuli*  
***basilar membrane:** thicker membrane where specialized cells are located*

**spiral organ (organ of Corti):** where the epithelium and receptors are located

**hair cells:** receptors; organized in rows

***3 outer rows:** monitor tension on the basilar membrane; bottom of cell moves and activates mechanoreceptors*

***inner row:** detects sounds*

### Hair Cells

**cochlear nerve:** connected to hair cells; hair cells are short enough to not require an axon

**stereocilia:** MICROVILLI located at top of hair cell; bundled in order of height; when the basilar layer moves, the microvilli lean towards the taller ones

**tip-links (gating springs):** physical connection between stereocilia and its neighboring taller one; this is attached to a K<sup>+</sup> ion channel (endolymph has very high [K<sup>+</sup>]) and leads to depolarization

**tectorial membrane:** gelatinous membrane that holds the hair cells (does not cover entire epithelium)

### Aural Perception

**pitch:** based on which hair cells are activated; basilar membrane is tighter at the oval window and looser at the helicotrema

***high pitch:** closer to oval window (think of this like flute tubes or guitar strings)*

***low pitch:** closer to helicotrema*

**volume:** based on how many hair cells are stimulated

### Aural Pathways

**hearing escape:** soundwave > auricle > canal > tympanic membrane > ossicles > oval window > **scala vestibuli > cochlear duct > helicotrema > scala tympani > round window > gone**

**hearing sense:** soundwave > auricle > canal > tympanic membrane > ossicles > oval window > **vestibular membrane > endolymph > basilar membrane > stereocilia > [K<sup>+</sup>] gated channels open; K<sup>+</sup> rushes out of endolymph > depolarization neuronal;** depolarization > releases NT > cochlear nerve > cochlear nuclei (medulla oblongata) for pitch perception > may send back to basilar membrane to dampen loud sounds > **superior olivary nucleus (medulla oblongata)**

**neuronal 2:** depolarization > releases NT > cochlear nerve > cochlear nuclei > may send back to basilar membrane for dampening > **inferior colliculus (midbrain) for auditory reflexes > medial geniculate nucleus (thalamus) > primary auditory cortex (temporal lobe)**



## Static Equilibrium

**static equilibrium:** position of head relative to the ground (upright, tilted, etc.)  
**vestibule:** between cochlea and semi-circular canals  
**utricle:** typically horizontal plane  
**sacculae:** typically vertical plane  
**maculae:** from both utricle and sacculae; contains specialized hair cells surrounded by supporting cells

**otolithic membrane:** gelatinous membrane for these hair cells  
**otoliths:** crystalized structures which add mass to the membrane so it moves with gravity  
**pathway:** depolarization > synapse with vestibular branches > brain (subconscious perception for subtle back and neck adjustments)  
**stereocilia:** make up the hair cells (same tip-links as hearing)  
**kinocilium:** ACTUAL cilia; tall structure at tip of stereocilia

## Dynamic Equilibrium

**dynamic equilibrium:** concerns where we are moving; acceleration and direction  
**semi-circular canals:** filled with membranous labyrinth (endolymph)  
**ampullae:** enlarged regions at the base of each canal  
**semi-circular ducts:** contain endolymph inside ampullae  
**cristae ampullaris:** specialized curved epithelial layer (comprises hair and surrounding cells); hairs join to vestibular nerve fibers

**cupula:** structure floating in the labyrinth; as it moves, it tilts the hair bundles and opens the tip links  
**acceleration:** cupula moves in opposite direction of actual movement  
**deceleration:** cupula moves in same direction as previous movement  
**equilibrium:** cupula returns to resting position

**motion sickness:** caused by looking at something stationary while actually moving; vestibular and visual systems are in conflict  
**pathway:** vestibular nerve > vestibular nuclei (medulla oblongata) > cerebellum, motor nuclei (control eye muscles), and thalamus (> vestibular area of cortex in post-central gyrus)

# KINESIOL 1Y03

## III: Cranial & Senses

### CN Assessments

**I: olfactory nerve:** not generally clinically assessed; if suspected, try to identify familiar scents

***taste:** olfactory receptors are much more sensitive than taste receptors, so much of "taste" comes from smell*

**II: optic nerve:** sensory (vision); optic disc (optic nerve head) can be seen with an ophthalmoscope (magnifier with light); retina and vitreous humor can be viewed by using drops which dilate the pupil

**III: oculomotor nerve:** motor; somatic extraocular muscles and parasympathetic innervation of papillary sphincter (constriction of pupil)

***vision test:** shine a penlight into the eye; watch the pupil constrict*

***blind spot identification:** uses two points; cover one eye, and move the paper*

*closer/farther until one point disappears*

***presbyopia:** condition of lens elasticity loss (>9" near point of accommodation); corrected with reading glasses*

***visual acuity:** tested with eye chart; <1 is myopic, >1 is better than normal; (20/15 = you can see at 20ft clearly something the average person can see at 15ft)*

***astigmatism:** bend in the cornea or lens*

***color blindness:** caused by deficiency in a certain cone*

***depth perception:** product of binocular vision*

***lazy eye:** amblyopia; lack of syncing between eye and brain as a developmental problem; corrected with an eyepatch to force the lazy eye to work*

**IV: trochlear nerve:** tested by visually tracking an H shape

**V: trigeminal nerve:** motor and sensory functions keep food in the bite zone when chewing

***jaw contraction:** if you touch your jaw and clench your teeth, you can feel the contraction*

***skin pressure:** should be able to determine where you are being poked in the face*

**VI: abducens nerve:** controls lateral rectus

**VII: facial nerve:** facial expression and taste in anterior 2/3 of tongue

***Bell's palsy:** drooping in half the face*

**VIII: vestibulocochlear nerve:** equilibrium and audition

***balance test:** hinge at the waist to pick up two pennies from the ground*

***tuning fork:** determine where sound is coming from around you*

***otoscope:** can be used to see tympanic membrane*

## Hearing Loss

**conductive:** failure in the outer ear, tympanic membrane, or middle ear

**sensorineural:** failure in CN VIII, inner ear, or central processing centers of the brain

**Weber test:** sound from vibrations on top of the head localizes to normal ear for sensorineural, but localizes to affected ear for conductive

***hypothetical reason 1:** there is decreased ambient noise if there is a blockage*

***hypothetical reason 2:** due to the blockage, sound can't escape, amplifying it*

## More CN Assessments

**IX: glossopharyngeal nerve:** pharyngeal muscles and salivary glands; taste in back of tongue; tested with CN X

**X: vagus nerve:** parasympathetic innervation of heart and abdominal organs

***gag reflex test:** touch a cotton swab to the back of the throat or uvula*

***nausea:** vagus provides sensory innervation to auditory canal; links nausea to foreign objects in ear*

**XI: accessory nerve:** sternocleidomastoid (neck rotation) and trapezius (shoulder raising) muscles

**XII: hypoglossal nerve:** tongue muscles; stick out tongue, move it around, shape it weirdly, speak clearly

## Cow Eyes

**aqueous humor:** comes out from an incision between sclera and cornea; more liquid

**optic nerve:** on the posterior side, it enters the eye from the inferior lateral side

**lens:** clear ball; magnifies vision

**vitreous humor:** gelatinous

**retina:** white membrane overlying choroid layer; milky and thin

**choroid:** appears iridescent in many animals (tapetum lucidum); light focusing adaptation for night vision

**optic disk:** region on posterior of eye; where optic nerve is

## Reflexes

**reflex arc (SS[L]IME):** sensory receptor > sensory neuron > interneuron (only for polysynaptic) > motor neuron > effector organ

**somatic reflex:** controls skeletal muscles (e.g., moving away from stimuli)

**autonomic reflex:** controls smooth and cardiac muscle (e.g., maintains homeostasis)

**monosynaptic reflex:** input > synapse 1 > output

**polysynaptic reflex:** input > synapse 1 > interneuron > synapse 2 > output

**patellar reflex:** monosynaptic stretch reflex; can test L2-4 and femoral nerve by tapping on patella

***conduction rate:** strength of tap, temperature, etc. impact reflex strength*

***fatigue:** physical exhaustion and motor neuron damage may also weaken reflex strength*

***mental distraction:** no impact on reflexes*

**withdrawal reflex:** polysynaptic reflex; pain receptors > sensory neurons > interneuron > motor neuron > remove limb from painful stimulus

## Equilibrium

**static equilibrium:** head position vs. gravity; determined by the macula of the utricle and saccule

***gelatinous (otolithic) membrane:** jelly mass which moves with gravity; moves the macula as well*

**dynamic equilibrium:** movements of the head; determined by the cupula inside the ampulla

**seasickness:** caused by a loss of equilibrium, since vestibular and visual information is out of sync

**intoxication:** drunkenness can be assessed by walking in a straight line; alcohol inhibits integration of somatic, sensory, and visual information, which is not great for posture and balance