

of the Week...

ADD-ADHD and Environmental Influences

According to aboutkidshealth.com, children with ADHD are:

2.5 times more likely to have been exposed to alcohol and 2 times more likely to have been exposed to cigarette smoke before birth

Children of mothers who smoked during pregnancy are more likely to have: symptoms of inattention, lower academic achievement, poorer visuo-spatial reasoning

ADD and ADHD Breakthroughs

It is estimated that 3-4 MILLION children and, possibly even more adults, are affected by ADD and ADHD. Medically, there is no standard definition or treatment for this wide spectrum of conditions.

According to a recent article (5-3-12) in Chiropractic Economics, "The psychologist sees a mental disorder, the medical doctor looks at a neurochemical imbalance, the neurologist perceives a brain dysfunction, and the teacher observes a discipline problem. Then they attempt to treat these symptoms from their perspective, while failing to see the whole picture."

While much has been studied and written on the subject, the bottom line is that a fully functioning nervous system is vital. When the

limbic system's Brain Reward Cascade can function without interference, the feeling of well-being can be restored. The vertebral motor units are in intimate relationship with the Brain Reward Cascade by way of the dorsal horn of the spinal cord and the dorsal roots of the spinal nerves. The nociceptive reflex from the vertebrae therefore has a profound affect on the limbic system. If there is a vertebral subluxation, it can result in a warped perception of one's environment.

As a consequence, the Chiropractic Leadership Alliance has created the SHINE for Doctors program with world renowned expert Dr. Ed Hallowell. SHINE stands for "Special Help for Integrating Neurological Experience." More details available at shinefordoctors.com.

The Bottom Line...The Bottom Line...The Bottom Line...

One chiropractic approach that has been found effective with ADD and ADHD (though most chiropractic approaches and techniques would surely be helpful...as would diet and chemical influences from the environment) and a simple Google search using the search terms of ADHD+Chiropractic+MC2 yields a multitude of chiropractic offices that have used and are using the MC2 chiropractic technique and protocols. See for yourself and ask us about it.

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