

## of the Week...

### What You Should Know About T12...

is involved with providing the primary nerve supply from the control centers in the brain to the *Bladder* – It is an area that, when subluxated, may be related to altered bladder function and is most commonly found to be a contributing factor in both increased and decreased urination. 12T subluxation also increases the risk of bladder infection problems.

### Nutrasweet, Spoonful and Equal Toxicity

Aspartame is an artificial sweetener that is the prime ingredient in the sweeteners known as Nutrasweet, Spoonful and Equal.

Aspartame can be found in almost everything from soda to diet products or anything that has replaced sugar as the sweetening agent. It is the most common sweetener option for both diabetics and those trying to lose weight.

Diet products containing Aspartame have been shown to actually cause weight gain, and the components that make up aspartame have also been found to be toxic in themselves.

The obvious question is why, despite the numerous studies conducted on this substance finding it to have potentially harmful effects, is it still considered safe for people to consume?

Last week, we introduced Dr. Blaylock. He

has researched both MSG and Aspartame and here's the short story:

Aspartame is found in over 6,000 products and consumed by 250 million people worldwide. There has been more reported for Aspartame reactions to the FDA than all other food additives put together.

Aspartame, according to the FDA, has at least 92 side effects including:

1. Disturbed kidney function
2. Headaches and Migraines
3. Increased hunger and weight gain
4. Increased risk of pre-term delivery
5. Seizures and Convulsions
6. Cancer

Just think there are 86 other major effects!!!

### The Bottom Line...The Bottom Line...The Bottom Line...

The next time you pop open a can of diet soda, consider what you're drinking. As the aspartame gets broken down in your digestive tract, a metabolic substance called DKP appears. According to Dr. Blaylock, when your stomach processes DKP, it produces a compound that is a powerful brain tumor-causing chemical. Aspartame contains methanol, which the body breaks down into formaldehyde which is one of the main substances used during the embalming process.

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(847) 788-0880