

Rajeshwari M

Tiruppur, Tamil Nadu 641604

rajeshwarim255_8yp@indeedemail.com

+91 87549 29563

I want to pursue a challenging career wherein I can utilize my competency to the fullest while continuously seeking to learn more and implement it at every opportunity.

Work Experience

Dietician

Dr. Mohan's Diabetes Specialities Centre Pvt. Ltd - Tiruppur, Tamil Nadu

May 2022 to November 2022

- Diet review and diet counselling
- Diabetic awareness class taken
- Meal planing

Dietician

Figure in Fitness - Tamil Nadu

January 2022 to March 2022

- Diet counseling
- Providing diet chart to the clients
- Planing workouts based on the BMI and teaching to the clients

Nutritionist

Pink Fitness centre - Coimbatore, Tamil Nadu

December 2019 to March 2021

Clinical examination of the clients

Diet counseling given to them

Providing personalised diet chart to the clients

Dietician

Diet and diebetic hospital - Coimbatore, Tamil Nadu

June 2018 to December 2019

Providing diet counselling and diet charts to the patient

Planning menu for the patient

INTERNSHIP

2013 to 2013

- Internship training done at Sakthi Murugan Agro Foods Pvt. Ltd. For 15days
- Internship training done at Podaran Foods India Pvt. Ltd. For 15 days
- Internship training done at GANGA HOSPITAL for 15 days
- Internship training done at KONGUNADU HOSPITAL for 15 days

Education

Master's in Nutrition and food technology

Madurai kamarajar university - Madurai, Tamil Nadu

June 2019 to Present

Bachelor's in Nutrition and dietitics

RVS college of Arts and science - Coimbatore, Tamil Nadu

June 2015 to May 2018

Skills / IT Skills

- Knowledge about Nutrition information.
- Plan a Diet Chart. EXTRA CURRICULUR ACTIVITIES
- Completed a 3 days training programme in "Food Processing and Preservation" at RCT.
- Completed a 2 days HACCP and GMP Awareness and Implementation Training programme conducted by "INTERNATIONAL INSTITUTE FOR CERTIFICATION AND TRAINING".
- Participated in MARQFEST-17 conducted by RVS institute of Management studies& Research
- Completed Introspection certificate course in Sky Yoga.
- Good listener
- Self confident person