



P.N. BABY NAVITHA

CONTACT



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Thiruvananthapuram, India 695011

ACADEMIC PROFILE

- BACHELOR OF PHYSIOTHERAPY CALICUT UNIVERSITY JANUARY 2001
 - Professional development completed in manual therapy in a clinical reasoning perspective.
- ATTENDED WORKSHOP ON
 - Stroke rehabilitation
 - Myofacial pain syndrome
 - Proprioceptive Neuromuscular facilitation technique
 - Flexor tendon injury of palm
 - Physiotherapy in traumatology
 - Motor neuron disease
 - Symposium on spinal cord lesions

LANGUAGE

- English
- Hindi
- Malayalam
- Tamil

PROFESSIONAL SUMMARY

Have an experience of 20 years in the field of health science. Have a good experience in assessment, treatment, teaching and management. Flexible and able to work effectively in a team environment or as an individual contributor.

WORK EXPERIENCE

- **CONSULTANT PHYSIOTHERAPIST**
October 2022 - Current
Anadyil Hospital, Thiruvananthapuram
- **CONSULTANT PHYSIOTHERAPIST**
01.05.2016 – 20.10.2022
Saritha clinic, Pazhaya road
Thiruvananthapuram
- **MANAGER (BACKEND)**
01.04.2013 to 31.03.2016
Rashtriya Swastha Bhima Yojana
(RSBY Project) Govt. of India
Limrah health connection Pvt. India
- **LECTURER, CLINICAL PHYSIOTHERAPIST**
01.12.2007 to 31.08.2010
JDT College of Physiotherapy
IQRAA International Hospital And research centre,
Calicut
- **LECTURER, CLINICAL PHYSIOTHERAPIST**
07.07.2003 to 01.07.2007
College of Physiotherapy
Kerala Cooperative Hospital federation
Thalassery, Kerala
- **LECTURE**
01.11.2002 to 30.04.2003
Department of Physiotherapy
AWH Special College, Calicut
- **CLINICAL PHYSIOTHERAPIST**
01.03.2002 to 01.11.2002
Tellicherry cooperative Hospital, Thalassery

SKILLS

- Verbal Communication
- Inter-personal communication
- Time Management
- Decision Making
- Keep up with the newest techniques and interventions available
- Teamwork and Collaboration
- Self- Motivated