```html
<!-- PRACTICAL-14: Write a JavaScript to perform form validation using regular expression.

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<!-- CODE -->

<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<title>PRACTICAL14</title>
<style>
    .error {
        color: red;
    }
    body {
        font-family: 'Trebuchet MS', 'Lucida Sans Unicode', 'Lucida Grande', 'Lucida Sans', Arial, sans-serif;
    }
    #myForm {
        max-width: 300px;
        margin: 50px auto;
        padding: 20px;
        border: 1px solid #ccc;
        border-radius: 5px;
        background-color: #f9f9f9;
    }
    input[type="text"] {
        width: 100%;
        padding: 8px;
        margin: 5px 0;
        box-sizing: border-box;
    }
    input[type="password"] {
        width: 100%;
        padding: 8px;
        box-sizing: border-box;
        margin: 5px 0;
    }
    button {
        width: 100%;
        padding: 10px;
        margin-top: 10px;
        background-color: #5E4DE0;
        color: white;
        border: none;
        border-radius: 20px;
        cursor: pointer;
    }
</style>
</head>
<body>
<form id="myForm">
    <h2>VALIDATION</h2>
    <label for="email">Email:</label><br>
    <input type="text" id="email" name="email" placeholder="ENTER YOUR EMAIL-ID"><br>
```

```html
    <span id="emailError" class="error"></span><br><br>

    <label for="password">Password:</label><br>
    <input type="password" id="password" name="password" placeholder="ENTER YOUR PASSWORD"><br>
    <span id="passwordError" class="error"></span><br><br>

    <button type="submit">Submit</button>
</form>
<script>
    document.getElementById("myForm").addEventListener("submit", function(event) {
    event.preventDefault();

    var email = document.getElementById("email").value;
    var password = document.getElementById("password").value;

    var emailRegex = /^[^\s@]+@[^\s@]+\.[^\s@]+$/;
    var passwordRegex = /^(?=.*\d)(?=.*[a-z])(?=.*[A-Z]).{8,}$/;

    if (!emailRegex.test(email)) {
      document.getElementById("emailError").textContent = "Invalid email address";
      return;
    } else {
      document.getElementById("emailError").textContent = "";
    }

    if (!passwordRegex.test(password)) {
      document.getElementById("passwordError").textContent = "Password must be at least 8 characters long and
  contain at least one digit, one lowercase letter, and one uppercase letter";
      return;
    } else {
      document.getElementById("passwordError").textContent = "";
    }

    alert("FORM SUBMIT SUCCESSFULLY!");
  });
</script>
</body>
</html>
```