

Is my mind tricking me to work more?!

A closer look at 365 days of an economic migrant's life!

Ali

# Build your data from scratch?

- ▶ Inspired by this talk of **Albert-László Barabási** at Google
- ▶ While introducing his book, “Bursts: The Hidden Patterns Behind Everything We Do”

Albert László Barabási | Talks at Google



17:54 / 48:45

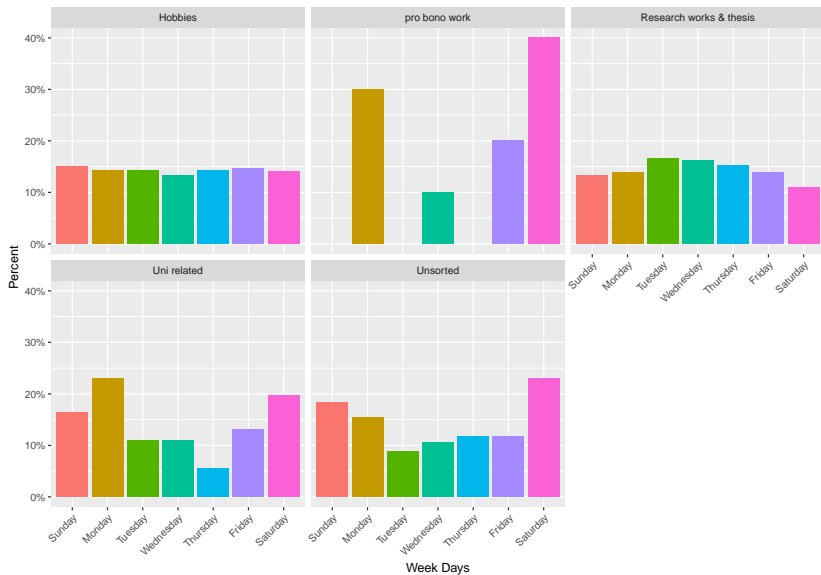


Figure 1:

And based on knowing myself and **how lazy I can be**, *I set out a goal for myself*. I have a positive experience from recording time of my activities when I face a deadline (e.g., deadlines I had for bachelor, master and PhD entrance exams that all were national level competitive exams requiring long term studies). This activity recording increases my efficiency and productivity.

## Most & least active month, week, day and hour of day

Now let's have a look at the time trends of activities. Which month, day, or week have been the most/least active ones? First I am going to add some new columns to activities table, to include day of the month, week number and month name to be used to look more into temporal trends. Then I have answered those questions in the plots bellow.



## Closing words

- ▶ Did you see how easy it is to move from RMD report to Presentation file !

## Closing words

- ▶ Did you see how easy it is to move from RMD report to Presentation file !
- ▶ Yay !