E-portfolio

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| What is an e-portfolio?  An e-portfolio is a document that you prepare over a period studying. It will include your feelings, your insights and your learning experiences. It details what you have learned, the impact of that learning, what it meant to you and how you will use that learning experience in the future. It may include a section on challenges faced how you worked through those challenges and what you would do differently.  It may also contain a section on reading or articles you read and what you learned from those or indeed theories or models that you can apply in the future.  It is about growth and development. |

Below is a template for an E-portfolio

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| Date | Unit Title |
| Main Points | 1  2  3  4  5  6 |
| Models and Theories Introduced | 1  2  3 |
| Key Learnings |  |
| Challenges Faced |  |

|  |  |
| --- | --- |
| How can I use what I learned in the future? | 1  2  3  4  5  6 |

How has this learning facilitated personal growth?

Any additional reflections-

Does this same design and content of the e-portfolio apply to each module??

Signed: Date