

Shopping List

- ☐ **Sweet Potatoes** 0.5
- ☐ **Garam Masala** 0.5 tsp
- ☐ **Garlic Cloves** 0.5
- ☐ **Ginger** to taste
- ☐ **Lime** 0.5
- ☐ **Red Cabbage** 70.0 g
- ☐ **Broccoli** 150.0 g
- ☐ **Cashews** 25.0 g
- ☐ **Sugar** 1.0 tsp
- ☐ **Red Onions** 0.5
- ☐ **Maple Syrup** 1.0 tsp
- ☐ **Plain Flour** 125.0 g
- ☐ **Sugar** 1.0 tbsp
- ☐ **Vegetable Oil**
- ☐ **Passion Fruit** 1.0
- ☐ **Cauliflower** 180.0 g
- ☐ **Olive Oil** 1.0 tbsp
- ☐ **Lentils** 50.0 g
- ☐ **Dijon Mustard** to taste
- ☐ **Carrots** 2
- ☐ **Coriander** to taste
- ☐ **Dried Cranberries** 25.0 g
- ☐ **Cider Vinegar** 40.0 ml
- ☐ **Sea Salt Flakes** to taste
- ☐ **Olive Oil** 25.0 ml
- ☐ **Lemons** 0.5
- ☐ **Baking Powder** 1.0 tsp
- ☐ **Coconut Milk** 200.0 ml
- ☐ **Bananas** 1.0