

# **Aiko's Acorn Market**

Nourishing community, one acorn at a time.

### **Your Freshness Destination**

Aiko's Acorn Market is your one-stop shop for the freshest, most vibrant produce this fall season. We're bursting with flavor and savings, so come explore the bounty!

#### **Produce Spotlight**

- Crisp Apples: Perfect for pies, cobblers, and snacking!
- Juicy Pears: Discover your favorite varieties, from sweet Bosc to buttery Anjou.
- **Vibrant Butternut Squash:** The star of your fall soups, stews, and risottos.
- Locally Grown Kale and Spinach: Bursting with nutrients and flavor.

#### Sales & Specials

- All Citrus Fruits 20% Off: Stock up on vitamin C with juicy oranges, grapefruits, and lemons.
- Buy One, Get One Free on Organic Potatoes: Perfect for mashing, roasting, and baking.
- Special Bulk Discounts on Onions and Garlic: Essential ingredients for all your fall cooking.

### Aiko's Picks: Produce of the Week

#### Star of the Week: Butternut Squash

• Fall is in full swing, and we're embracing the season's bounty with our Produce of the Week: the versatile and delicious Butternut Squash. This vibrant orange squash is not only a feast for the eyes but also a nutritional powerhouse.



#### Why We Love Butternut Squash:

- Flavor: Its sweet, nutty flavor is a perfect complement to both savory and sweet dishes.
- **Nutrition:** It's packed with Vitamin A, which is essential for eye health, immune function, and skin health. It's also a great source of fiber, keeping your digestive system happy.
- **Versatility:** Roast it, puree it, add it to soups, stews, salads, pasta dishes... the possibilities are endless!

#### **Fun Fact:**

• Did you know that butternut squash is technically a fruit? It's a member of the Cucurbitaceae family, which also includes melons and cucumbers.

#### **Get Creative in the Kitchen:**

• We encourage you to get creative with butternut squash this week. Try a new recipe, experiment with different flavors, and share your culinary creations with us on social media using the hashtag #AikosProducePicks. We can't wait to see what you come up with!

## **Quality Guarantee**

At Aiko's Acorn Market, we're committed to providing you with the highest quality produce. If you're not completely satisfied, we'll make it right.

# **Visit Us Today!**

Address: 5473 Acorn Hut. 23532 Decatur. GA

We can't wait to see you at Aiko's Acorn Market!

