

Enneagram Test Results Reflection

Enneagram Results Overview

- **Main Type:** Type 4 (Individualism) – I value creativity, authenticity, and uniqueness.
- **Influential Types:**
 - Type 6 (Security Focus) – I prioritize safety and preparation.
 - Type 8 (Aggressiveness) – I demonstrate confidence and decisiveness.
 - Type 9 (Calmness) – I strive for peace and harmony.
- **Variant Stacking:** sx/sp/so – I am assertive and focused on security while also being mindful of social dynamics.
- **Level of Health:** Average – I balance my strengths and challenges but have areas for growth.

Enneagram Test Results

The Enneagram is a personality system which divides the entire human personality into nine behavioral tendencies, this is your score on each...

Type 1	Orderliness		42%
Type 2	Helpfulness		34%
Type 3	Image Focus		70%
Type 4	Individualism		90%
Type 5	Intellectualism		62%
Type 6	Security Focus		82%
Type 7	Adventurousness		74%
Type 8	Aggressiveness		82%
Type 9	Calmness		82%

type	score	type behavior motivation
4	22	I must be unique/different to survive.
6	20	I must be secure and safe to survive.
8	20	I must be strong and in control to survive.
9	20	I must maintain peace/calm to survive.
7	18	I must be fun and entertained to survive.
3	17	I must be impressive and attractive to survive.
5	15	I must be knowledgeable to survive.
1	10	I must be orderly/planned to survive.
2	8	I must be helpful and caring to survive.

Your main type is **Type 4**
Your variant stacking is **sx/sp/so**
Your level of health is **average**

Your **main type** is which ever behavior you utilize most and/or prefer. Your **variant** reflects your scoring profile on all nine types: **so** = social variant (compliant, friendly), **sx** = sexual variant (assertive, intense), **sp** = self preservation variant (withdrawn, security seeking). For info on the flaws of the Enneagram system click [here](#).

Interview Results Overview:

Key Strengths

1. Creative and Insightful:

I bring originality and deep thought to everything I do, whether it's solving problems or working on personal projects.

2. Dependable and Reliable:

People trust me to follow through on commitments and value my consistency in both work and relationships.

3. Emotionally Intelligent:

I'm empathetic and patient, making me approachable and understanding in various situations.

4. Calm and Composed:

My ability to stay calm under pressure helps me mediate conflicts and maintain harmony in group settings.

5. Confident and Decisive:

When necessary, I can take charge and make decisions quickly and effectively.

Key Weaknesses

1. Overthinking and Sensitivity:

I tend to analyze situations deeply, which sometimes delays decision-making or leads to worry.

2. Perfectionism:

I strive for high standards, sometimes slowing progress or making tasks more stressful.

3. Avoidance of Conflict:

I occasionally avoid difficult conversations to maintain peace, leading to unresolved issues.

4. Hesitant to Delegate:

I prefer to work independently, which can limit collaboration or trust in others.

5. Difficulty Saying No:

I often take on too much because I want to help, which can result in over-commitment.

Strengths	Weaknesses
<ul style="list-style-type: none"> • Creative, insightful, and authentic. • Reliable and dependable in work and relationships. • Calm and stabilizing presence. • Empathetic and emotionally intelligent. • Confident and decisive when necessary. that you feel contribute to your success? 	<ul style="list-style-type: none"> • Overthinks, leading to delays in decisions. • Struggles with sensitivity to feedback. • Avoids conflict, leaving some issues unresolved. • Perfectionism can slow progress. • Hesitant to delegate tasks.
Opportunities	Threats
<ul style="list-style-type: none"> • Use creativity to take on leadership or innovative roles. • Develop conflict resolution skills for better collaboration. • Strengthen teamwork by building trust and delegating more. • Expand into new roles that highlight my problem-solving skills. • Embrace constructive feedback to grow professionally. 	<ul style="list-style-type: none"> • Overthinking could cause missed opportunities. • Perfectionism might lead to burnout or delays. • Avoidance of challenges could hinder growth. • Overcommitment may affect work-life balance. • Sensitivity to criticism may impact morale.