

Subject: New wholesome meals to make healthy eating easier

Hi [First name],

Healthy eating should not feel complicated. This month at XYZ, we are introducing new nutrient-focused meals and convenient sides to help you eat well even on your busiest nights.

Here is what is new:

- Two new high-fiber bowls with at least 8g of fiber per serving.
- Low-sodium soup options with the same cozy flavors you love.
- Updated nutrition labels that make it easier to see calories, protein, and key nutrients at a glance.

We know you are juggling a lot, so we handle the planning and balancing for you. You just heat, eat, and get on with your day — with one less thing to worry about.

Warm regards,

The XYZ Health Kitchen Team

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See this month's healthier choices