



Prostate Cancer Factsheet: Insights & Key Developments

Key Insights on Prostate Cancer Care and Infrastructure

Core Pillars:

- 1. Infrastructure
- 2. Treatment Access, Research Funding and Awareness Campaigns
- 3. Survival Rates, Early Detection and Palliative Care
- 4. Utilization of Biomarkers
- 5. Clinical Guidelines
- 6. Reimbursement
- 7. Prostate Cancer Screening

Prostate cancer remains one of the most prevalent cancers worldwide, affecting millions of individuals each year. Despite advancements in diagnostics, treatment, and awareness, disparities in access to care, molecular testing, and specialized centers persist.

This factsheet provides a comprehensive overview of key pillars shaping Prostate cancer care, including specialized infrastructure, treatment accessibility, research funding, early detection, and palliative care.

- Incidence share: Among the less common cancers in Indian men, but rising in rank.
- Incidence rate: Approximately 5.5 per 100,000 men per year.
- Total new cases (2022): Around 38,000 men.
- Daily diagnoses (2022): About 104 men per day.
- Deaths (2022): Approximately 17,000 men.
- 5-year survival rate: Estimated around 78% (based on meta-analyses).
- Most affected age group: Peaks around 65-75 +.
- Screening participation: Very low PSA screening uptake; mostly opportunistic and uneven across urban/rural divide.





 India has developed several oncology hubs in metro cities (e.g., AIIMS Delhi, Tata Memorial Mumbai) with highend diagnostics and robotic surgery facilities.

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• Private hospitals like Apollo, Max, and Fortis offer advanced infrastructure for prostate cancer diagnosis and treatment including laparoscopic prostatectomy and precision imaging (MRI, PET-

Opportunity

- Government programs like Ayushman Bharat Health Infrastructure Mission can enhance district-level oncology facilities.
- Public-private partnerships can help scale up high-tech diagnostics in smaller cities and state cancer institutes.

Weakness

- Tier 2 and 3 cities lack urologists, oncology infrastructure, and diagnostic facilities. Advanced equipment like MRI or nuclear medicine is rare outside metros.
- Public hospitals face overburdening, long wait times, and under-equipped pathology services, limiting biopsy turnaround and imaging access.

Threats

- High capital costs and workforce shortages may delay infrastructure upgrades in underserved regions.
- Urban-rural divide may worsen outcome disparities as disease incidence rises with life expectancy.



	Country	Specialized Centers
	South Africa	<u> </u>
	Kenya	
	Nigeria	
	Egypt	0
	Morocco	0
	Algeria	
	Ethiopia	
	India	
	Japan	
	South Korea	
	China	
	Thailand	
	Singapore	
	United Kingdom	
	Germany	
	France	
	Netherlands	
1	Sweden	
	Italy	
	Spain	
	Poland	
5. Advanced nationwide infrastructure,	Mexico	
widespread availability in public and private sectors, integration with clinical practice.	Brazil	<u> </u>
oodeord, medgracion with aminoar practice.	Argentina	<u> </u>
	Chile	0
4. Strong infrastructure in major hospitals and	Colombia	
cancer centers, some regional disparities.	United States	
	Canada	
3. Moderate infrastructure, primarily in	Australia	
private settings or research institutions.	New Zealand	0
	Greece	0
2. Limited infrastructure, available only in	Rwanda	
select centers or for high-cost private testing.	Uganda	
	Serbia	<u> </u>
1. Minimal or no infrastructure, testing	Saudi Arabia	
mostly unavailable or sent abroad.	UAE	0
	Syria	
	Indonesia	<u> </u>
	Vietnam	<u> </u>
	Philippines	<u> </u>
	Russia	

Genetic & Molecular

Testing Infrastructure

Malaysia





Treatment Access, Research Funding and Awareness Campaigns

Strengths

- Government schemes like Ayushman Bharat and CGHS provide financial coverage for surgeries, radiotherapy, and hormonal therapy in eligible populations.
- National Cancer Grid (NCG) and ICMR support multicenter research initiatives including cancer registry development and awareness campaigns.

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· Access to care is highly fragmented; rural men must travel long distances to reach cancer centers.

Weakness

• Research funding for prostate cancer is minimal compared to breast or cervical cancer. Malespecific cancer awareness remains low.

Opportunity

- Increase state-level funding for prostate-specific outreach and awareness (similar to breast cancer awareness programs).
- Strengthen public health messaging targeting older men (50+) about prostate symptoms and PSA testing.

- Without active awareness campaigns, men continue to present in advanced stages-leading to poor prognosis and resource strain.
- Societal stigma and gender health neglect may delay early reporting or diagnosis in rural communities.

	Country	Treatment Access	Research Funding	Awareness Campaigns
	South Africa	0	\bigcirc	<u> </u>
	Kenya			
	Nigeria			
	Egypt			
	Morocco			
	Algeria			
	Ethiopia			
	India	0	<u> </u>	0
	Japan			
	South Korea			
The state of the s	China	0	0	<u> </u>
	Thailand		0	
	Singapore			
Fig.	United Kingdom			
	Germany			
	France			
	Netherlands			
5	Sweden			
	Italy			0
	Spain	0		0
	Poland	0	0	0
frastructure with ent access, high research	Mexico		<u> </u>	0
de awareness campaigns.	Brazil		0	0
advanced therapies, clinical early detection programs.	Argentina		<u> </u>	0
, ,	Chile		<u> </u>	0
with good treatment h funding, and effective but	Colombia			<u> </u>
ess campaigns. Some	United States			
al areas or between public and	Canada			
private sectors.	Australia	0		
th specialized	New Zealand	<u> </u>	<u> </u>	<u> </u>
treatments available in major hospitals, research funding concentrated on specific cancers, and occasional but limited awareness efforts. Healthcare access may be restricted by cost or geography.	Greece	<u> </u>	<u> </u>	<u> </u>
	Rwanda			
	Uganda			
ancer treatment is available	Serbia		<u> </u>	<u> </u>
nly in select urban centers, research funding is minimal r sporadic, and awareness campaigns are rare or nderfunded. Patients often face long wait times or nancial barriers.	Saudi Arabia		0	
	UAE			
	Syria			
Poor infrastructure with severe barriers to eatment, little to no research funding, and lack structured awareness campaigns. Cancer care	Indonesia			
	Vietnam			<u> </u>
n many patients relying	Philippines			<u> </u>
on out-of-pocket expenses or external aid.	Russia			
	Malaysia		<u> </u>	<u> </u>





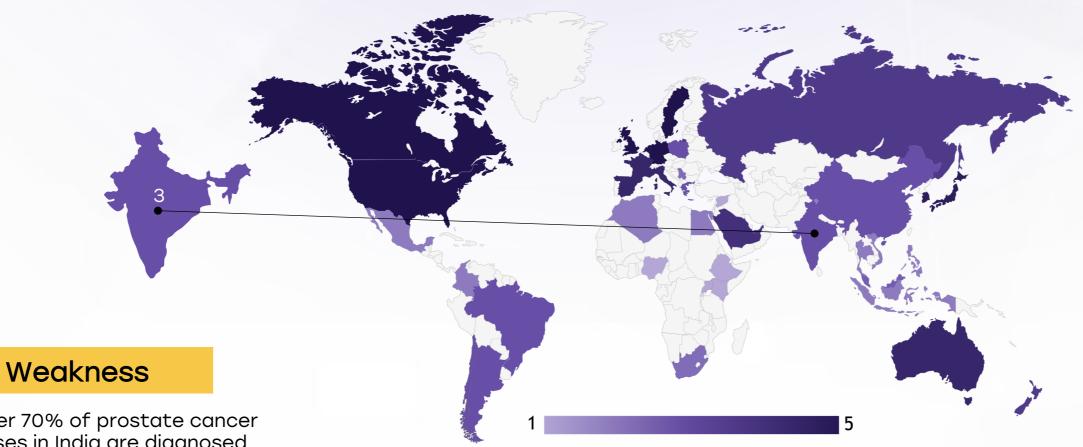
Survival Rates, Early **Detection** and Palliative Care

Strengths

- Early-stage localized prostate cancer cases treated at premier institutions (TMC, AIIMS) show survival outcomes comparable to global benchmarks (~90% 5-year survival).
- Palliative care units are expanding within major centers, with pain and symptom control services integrated in many government cancer hospitals.

Opportunity

- detection protocols via family physicians or primary health workers for men over 50.
- Integrate palliative care into district hospitals and train community health workers in basic symptom management.



- Over 70% of prostate cancer cases in India are diagnosed at stage III or IV, lowering 5year survival to ~40-50%.
- Palliative services are minimal outside urban areas; primary care providers are often not trained in end-of-life care.
 - programs, and well-established palliative care services. Patients have access to timely diagnosis, advanced treatments, and comprehensive end-oflife care.
 - 4. Good survival rates, effective early detection efforts, and accessible but regionally limited palliative care. Some disparities may exist in rural areas or for specific cancer types.

5. High survival rates, strong early detection

- 3. Moderate survival rates, early detection available but not widespread, and palliative care services mainly in urban centers. Some patients experience delays in diagnosis or limited end-of-life care.
 - 2. Low survival rates, early detection efforts are inconsistent or underfunded, and palliative care is minimal or only available in select hospitals. Cancer patients face significant access barriers.
 - 1. Very low survival rates, poor early detection infrastructure, and almost no palliative care services. Many patients are diagnosed late and lack proper support for pain management and end-of-life care.

 Introduce district-level early Late detection will continue to keep survival rates low in most parts of the country if awareness and diagnostic access remain weak.

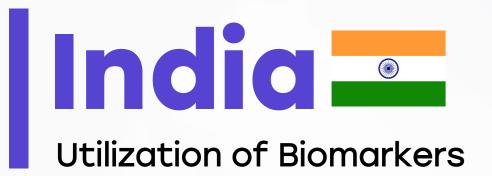
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• Without rural palliative services, end-stage patients may suffer poor quality of life and dignity in care.







- PSA testing is widely available and affordable in private labs across India (Rs. 300-800/test). It is the standard biomarker used for initial prostate evaluation.
- Select high-end institutions (AIIMS, PGIMER, TMH) perform advanced biomarker testing such as BRCA1/2 and PTEN in metastatic or aggressive prostate cancers.

Opportunity

- Include BRCA1/2 testing in high-risk, castration-resistant prostate cancer through public-private insurance schemes.
- Expand training of oncologists and urologists in interpreting genetic markers and incorporating them into therapy decisions (e.g., PARP inhibitors).

Weakness

- Biomarkers like PTEN deletion, TMPRSS2-ERG fusion, and BRCA1/2 are not part of standard diagnostic or prognostic workflow.
- Access to genetic cost urban labs; out-ofpocket expenses deter widespread adoption

Threats

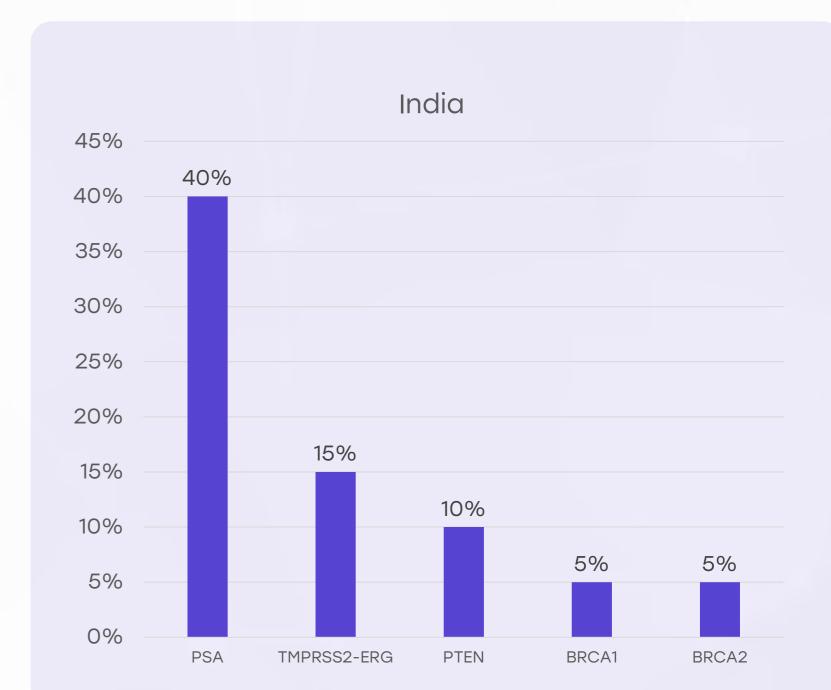
- Without national guidelines and reimbursement, biomarker testing will remain limited to elite, high-income populations.
- Reliance on PSA alone can lead to false positives, overdiagnosis, and overtreatment-especially in absence of risk stratification markers like PTEN or TMPRSS2-ERG.

Moderate utilization, often restricted to major hospitals or private healthcare settings. Some patients may not receive biomarker testing due to cost or limited availability in public healthcare systems.

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Biomarker testing is available but underutilized, with significant barriers such as high costs, lack of awareness, or limited infrastructure. Many patients may not receive recommended biomarker assessments.

Biomarker testing is rarely performed, often due to lack of infrastructure, awareness, or financial barriers. Patients typically do not receive targeted therapies based on biomarker status.

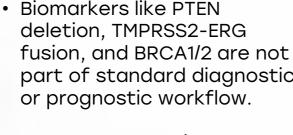


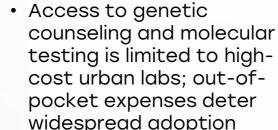


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- Indian Urological Society and ICMR have recommended risk-based PSA screening and active surveillance for low-risk localized prostate cancer.
- Treatment guidelines for androgen deprivation therapy (ADT), radiation, and surgical approaches are adapted from global protocols (e.g., NCCN, ESMO).

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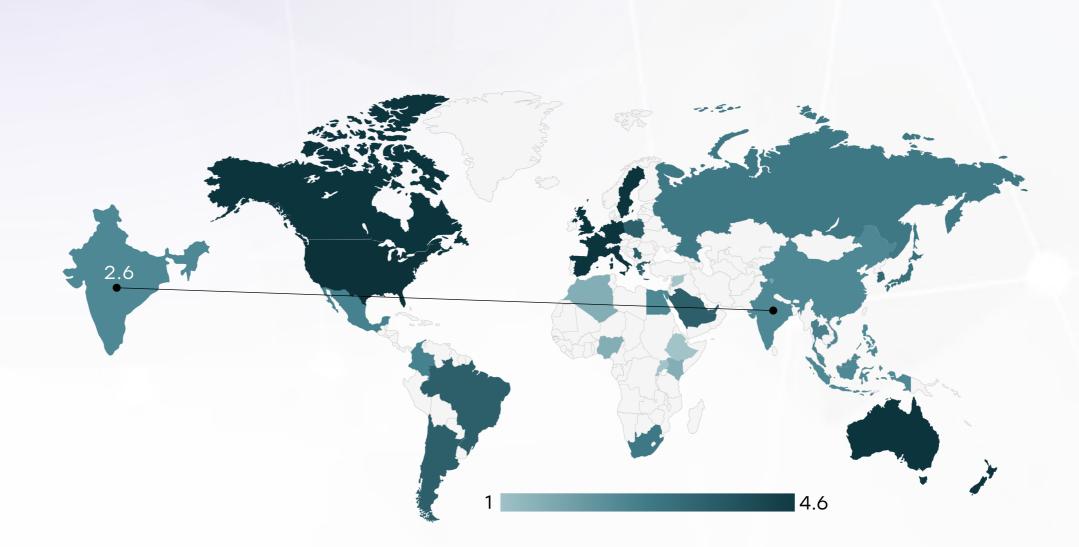
Opportunity

- Develop simplified national guidelines for primary care physicians on early detection and appropriate referral.
- Translate prostate cancer decision aids into local languages and integrate into digital health apps and hospital OPDs.

Weakness

- Guidelines are inconsistently applied in clinical practice-especially in smaller towns or by general practitioners unfamiliar with urologic oncology.
- Lack of India-specific decision aids or patient education materials limits shared decision-making.

- Treatment variability and lack of standardization across hospitals may affect quality of care and outcomes.
- Physician inertia or poor access to training may limit adoption of surveillance approaches, leading to overtreatment.



	Very High	High	Medium	Low	Very Low
Clinical Guideline Implementation	*	*	0	×	*
Feasibility of Integration	*	*	0	*	*
Adoption of International Guidelines	*	*	0	*	*
Engagement with Updates	*	*	*	0	*
ESMO Guidelines Implementation	*	*	*	0	*





- Government schemes like PM-JAY (Ayushman Bharat) cover radical prostatectomy, radiation, and chemotherapy for eligible beneficiaries.
- Many employers' and defense schemes (ESIC, CGHS) reimburse standard prostate cancer care.

• Advanced biomarker tests (BRCA1/2, TMPRSS2-ERG), PARP inhibitors, and targeted therapies are not covered by insurance and can cost ₹25,000-₹1 lakh+.

Weakness

• Reimbursement paperwork is bureaucratic and timeconsuming, delaying timely initiation of therapy for many patients.

Opportunity

- Expand insurance coverage to include genetic testing and precision medicines for advanced prostate cancer.
- Introduce co-pay subsidy models or negotiated pricing for biomarker panels via national procurement bodies.



- Without expanding reimbursement scope, inequities between private and public patients will widen-especially for precision care.
- Rising treatment costs may burden middle-class families, leading to care abandonment or incomplete therapy.



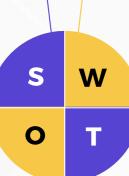
- A structured reimbursement system exists, ensuring biomarker testing is covered through national healthcare systems, insurance, or publicprivate partnerships. Patients face no direct financial burden.
- A reimbursement framework is in place, but patients may still have out-of-pocket expenses such as co-pays, limited coverage, or financial caps on testing.
- No formal reimbursement system exists, meaning patients must fully cover the cost of biomarker testing out-of-pocket.

Country	Reimbursement Framework	No-cost Access
United States		0
United Kingdom		
Canada		
Australia		
Germany		
France		
Netherlands		
Sweden		
Italy		
Spain		
Poland		
Japan		
South Korea		
China		
India	0	0
Singapore		
Thailand		
South Africa	0	0
Kenya	0	
Nigeria	0	
Egypt	0	
Morocco	0	
Algeria		
Ethiopia	0	
Mexico		
Brazil		
Argentina		
Chile		
Colombia		
New Zealand		
Greece		
Rwanda	0	
Uganda	0	
Serbia		
Saudi Arabia		
UAE		
Syria	0	
Indonesia		
Vietnam		
Philippines	0	
Russia		
Malaysia		





- Opportunistic PSA screening is common in urban private hospitals and health camps for men over 50.
- NGOs and cancer societies occasionally run free PSA screening drives in semiurban or industrial areas.



Weakness

- No national population-based prostate cancer screening program exists. PSA screening is sporadic and unregulated.
- Low health literacy and cultural taboos around male reproductive health reduce uptake of screening in rural populations.

Opportunity

- Integrate PSA screening and digital rectal exam (DRE) in NCD clinics under the NPCDCS (noncommunicable disease program).
- Run nationwide awareness campaigns on LUTS (lower urinary tract symptoms) and screening in regional languages.

- Over-screening without standardized pathways may increase unnecessary biopsies and complications.
- Persistent low screening uptake among rural men may delay diagnosis despite increased incidence trends.

Country	Prostate Cancer Screening
United States	Annual LDCT (50-80 years, high-risk smokers)
United Kingdom	LDCT for high-risk individuals (55-74 years)
Canada	LDCT for high-risk individuals (55-74 years)
Australia	No national program, high-risk groups advised LDCT
Germany	No national program, under evaluation
France	No national LDCT screening
Netherlands	Participating in European screening studies
Sweden	No national LDCT screening
Italy	Regional pilot LDCT screening
Spain	No national LDCT program
Poland	No national program
Japan	No national LDCT program
South Korea	LDCT for high-risk individuals (50-74 years)
China	No national LDCT program
India	No national LDCT program
Singapore	No national LDCT program
Saudi Arabia	No national LDCT program; some hospital-based opportunistic screening
UAE	No national LDCT program; early-stage pilot studies ongoing in select hospitals
Syria	No national LDCT program; screening not prioritized due to conflict
Malaysia	No program; high-risk CT pilots

Country	Prostate Cancer Screening
Thailand	No national LDCT program
South Africa	No national LDCT program
Kenya	No national LDCT program
Nigeria	No national LDCT program
Egypt	No national LDCT program
Morocco	No national LDCT program
Algeria	No national LDCT program
Ethiopia	No national LDCT program
Mexico	No national LDCT program
Brazil	No national LDCT program
Argentina	No national LDCT program
Chile	No national LDCT program
Colombia	No national LDCT program
New Zealand	No national LDCT program
Greece	No national LDCT program
Rwanda	No national LDCT program
Uganda	No national LDCT program
Serbia	No national LDCT program
Indonesia	No national LDCT program; opportunistic screening in private sector
Vietnam	No national LDCT program; early pilot screening studies in Hanoi and Ho Chi Minh
Philippines	No national LDCT program; feasibility and awareness programs under discussion
Russia	No formal national LDCT program; regional pilot screening programs in large cities