

Healthy Life Medical Center

123 Wellness Drive, Healthville, ST 12345

Phone: (555) 123-4567 | Fax: (555) 987-6543

Document

Patient Information:

Name: Michael Johnson

DOB: March 22, 1985

MRN: 001234567

Visit Date: October 10, 2023

Chief Complaint: Right knee pain worsening over the past two months.

History of Present Illness:

Mr. Johnson reports increased pain in his right knee, especially after physical activity. He describes the pain as sharp and localized around the kneecap. Swelling and stiffness are more pronounced in the mornings and after prolonged sitting.

Past Medical History:

- Allergic rhinitis
- No known drug allergies

Medications:

- Ibuprofen 400 mg as needed
- Loratadine 10 mg daily

Family History:

- Father: Hypertension
- Mother: Type 2 Diabetes

Social History:

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- Occupation: Software Engineer
- Exercise: Occasional jogging
- Non-smoker, consumes alcohol socially

Review of Systems:

- Musculoskeletal: Reports joint pain and stiffness.
- Cardiovascular: Denies chest pain or palpitations.
- Respiratory: No shortness of breath or cough.

Physical Examination:

- Vital Signs: BP 122/78 mmHg, HR 76 bpm, RR 16 breaths/min, Temp 98.7°F
- General: Alert and cooperative
- Right Knee Exam:
 - Swelling present
 - Tenderness on palpation of the medial joint line
 - Reduced range of motion
 - Positive McMurray test

Assessment:

- Suspected medial meniscus tear of the right knee

Plan:

1. Order MRI of the right knee
2. Continue NSAIDs for pain management
3. Refer to orthopedic specialist for further evaluation

Physician Signature:

Dr. Laura Bennett, MD