

Georgia State Arm Wrestling Championships

2013



North Hills Banquet Hall
2208 Cleveland Highway
Suite B
Dalton, GA 30721



Early Weigh-Ins
Friday
6:00 PM – 9:00 PM

Weigh-Ins
Saturday
10:00 AM till Noon

Tournament Starts
December 14th, 2013
Saturday at 1:00 PM

Come and enjoy both the State of Georgia Arm Wrestling Championships for 2013 and also the Tactical Strength Challenge. Both occurring at the same venue. There will be vendors and lots of food and prizes. Immediately following the arm wrestling tournament will be an Arm Wrestling Clinic. The Clinic will cover referee instruction, Preparation for arm wrestling tournaments, and arm wrestling table techniques. The Clinic will be presented by Bill Cox, Ron Bath, and James Retarides. The clinic is planned to last approx. 1 hour and go into a hands on after pull to practice with your friends and new techniques learned.

Weight Classes & Fees

Ladies Rt	Novice Rt	Novice Lt	Open Rt	Open Lt	Masters R/L
\$15.00	\$20.00	\$20.00	\$25.00	\$25.00	\$25.00
0 - 154	0 – 154	0 – 165	0 – 154	0 – 165	0 – 165
154+	176	198	176	198	198
	198	198+	198	220	198+
	220		220	220+	
	220+		242		
			242+		

Clinic and After Pull \$5.00 at Registration includes handouts and prize giveaways.
Free T-Shirts to first 50 Registrations; Awards or Trophies to top 3 in every class.

Awards

All Non-Novice classes, 1st Place Prize Money: over 3 = \$50.00; over 7 = \$100.00
King of Table Receives 3' High Trophy + \$300.00 + Prizes from Sponsor/s
King of Table Participation requires that you pull at least one class right handed.

IAF Co- State Directors

Al Gross
(H) 706-428-2366 or (C) 706-264-0496
algross@gtallsports.com

Seth Quinn
(C) 770-877-0330
sethquinn@americancarpetgroup.com