

Life Time

Key highlights from virtual fireside chat with CEO & CFO

Maintain Rating: BUY | PO: 24.00 USD | Price: 17.02 USD

Key highlights

We hosted a virtual fireside chat with Life Time (LTH) management including Founder, Chairman, & CEO Bahram Akradi and Executive Vice President & CFO Robert Houghton. Key takeaways include the following:

LTH seeing greater number of asset-light opportunities

LTH is seeing a greater number of asset-light opportunities than originally anticipated, which could increase the number of club openings in 2024 and LTH continues to evaluate opportunities for all club types (i.e., mall-based, club takeovers, SLB). We believe LTH is seeing favorable cap rates despite movement on the 30-year rate and we do not expect LTH will assume additional debt to finance new builds as it looks to lower its leverage ratio. We do not believe new clubs are cannibalizing older clubs, as LTH sees higher network density (e.g., opening of Miami at The Falls club drove memberships at the Coral Gables club). LTH is also starting to see moderation in construction costs.

LTH continues to focus on profitability

LTH remains focused on profitability and believes they can hit their EBITDA target at the low end of their revenue guidance range. We believe corporate "rewiring" initiatives that began in 4Q22 should help LTH leverage G&A/Marketing expense and reduce its center operations costs through 3Q. LTH's focus has now shifted from margin expansion to driving in-center revenue. LTH is seeing early benefits to the personal training business with the addition of dynamic stretch (which is expected to officially roll out to all clubs in October) but is working on "dozens of different initiatives" at all times.

LTH is not seeing signs of softness

LTH does not see signs of softness, as membership attrition rates have fallen below 2019 levels, and a slowdown in in-center revenue is not discernable. LTH is also seeing higher swipes per subscription vs. 2019 levels (11 vs. 9). We expect to see some increase in monthly dues this fall as LTH takes some legacy price increases and prevents overcrowding of clubs. However, LTH still expects a sequential decline in memberships in 3Q to reflect normal seasonality following pool season. We maintain our Buy rating and \$24 PO.

Estimates (Dec) (US\$)	2021A	2022A	2023E	2024E	2025E
EPS	(2.17)	(0.22)	0.58	0.66	0.74
GAAPEPS	(3.73)	(0.01)	0.41	0.49	0.57
EPS Change (YoY)	3.1%	89.9%	NM	13.8%	12.1%
Consensus EPS (Bloomberg)			0.46	0.67	0.92
DPS	0	0	0	0	0
Valuation (Dec)					
P/E	NM	NM	29.3x	25.8x	23.0x
GAAP P/E	NM	NM	41.5x	34.7x	29.9x
Dividend Yield	0%	0%	0%	0%	0%
EV / EBITDA*	94.2x	26.7x	14.5x	13.4x	12.3x
Free Cash Flow Yield*	-10.1%	-5.1%	-3.4%	1.5%	2.8%
* For full definitions of <i>IQ</i> method 5M measures, see page 4.					

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Refer to important disclosures on page 4 to 7. Analyst Certification on page 3. Price
Objective Basis/Risk on page 3.

05 September 2023

Equity

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Stock Data

 Price
 17.02 USD

 Price Objective
 24.00 USD

 Date Established
 25-Apr-2023

 Investment Opinion
 C-1-9

 52-Week Range
 8.75 USD - 22.41 USD

 Mrkt Val (mn) / Shares Out
 3,336 USD / 196.0

(mn)

Average Daily Value (mn)

BofA Ticker / Exchange

Bloomberg / Reuters

LTH US / LTH. NYS

ROE (2023E)

Net Dbt to Eqty (Dec-2022A)

ESGMeter™

NLA

ESGMeter is not indicative of a company's future stock price performance and is not an investment recommendation or rating. ESGMeter is independent of BofA Global Research's equity investment rating, volatility risk rating, income rating, and price objective for that company. For full details, refer to "BofA ESGMeter Methodology".

SLB: sale-leaseback

G&A: general and administrative

iQprofile[™] Life Time

(US\$ Millions)	2021A	2022A	2023E	2024E	20251
Return on Capital Employed	-6.8%	1.2%	2.8%	2.9%	3.1%
Return on Equity	-18.9%	-2.0%	5.2%	5.7%	6.0%
Operating Margin	-37.6%	6.1%	10.5%	10.7%	10.6%
Free Cash Flow	(338)	(169)	(114)	50	95
	(223)	(122)	(11.7)		
iQmethod SM - Quality of Earnings*					
(US\$ Millions)	2021A	2022A	2023E	2024E	2025
Cash Realization Ratio	NM	NM 1.5	3.2x	3.0x	2.9
Asset Replacement Ratio	1.4x	1.5x	2.0x 22.9%	1.4x	1.2
Tax Rate	19.5%	31.5%		29.0%	29.0%
Net Debt-to-Equity Ratio Interest Cover	84.5%	84.5%	82.4% 1.8x	74.5% 2.0x	66.1%
interest cover	-2.2x	1.0x	1.0X	2.UX	2.23
Income Statement Data (Dec)					
(US\$ Millions)	2021A	2022A	2023E	2024E	2025
Sales	1,318	1,823	2,235	2,509	2,757
% Change	39.0%	38.3%	22.6%	12.2%	9.9%
Gross Profit	474	754	989	1,107	1,223
% Change	64.4%	59.2%	31.1%	12.0%	10.4%
EBITDA	80	282	518	564	615
% Change	NM	252.1%	83.8%	8.9%	9.0%
Net Interest & Other Income	(224)	(113)	(130)	(132)	(131)
Net Income (Adjusted)	(338)	(43)	114	132	149
% Change	-3.8%	87.3%	NM	15.8%	13.1%
Free Cash Flow Data (Dec)					
	2021A	2022A	2023E	2024E	2025
Net Income from Cont Operations (GAAP)	2021A (579)	2022A (2)	80	2024E 98	
Net Income from Cont Operations (GAAP) Depreciation & Amortization	(579) 235	(2) 229	80 236	98 246	115 274
Net Income from Cont Operations (GAAP)	(579)	(2)	80	98	115 274
Depreciation & Amortization Change in Working Capital Deferred Taxation Charge	(579) 235 (115) NA	(2) 229 (48) NA	80 236 (3) NA	98 246 0 NA	115 274 (
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Net Income from Cont Operations (GAAP) Depreciation & Amortization Change in Working Capital Deferred Taxation Charge Other Adjustments, Net Capital Expenditure	(579) 235 (115) NA 455 (334)	(2) 229 (48) NA (10) (339)	80 236 (3) NA 51 (479)	98 246 0 NA 48 (342)	115 274 (NA 48 (342)
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Net Income from Cont Operations (GAAP) Depreciation & Amortization Change in Working Capital Deferred Taxation Charge Other Adjustments, Net Capital Expenditure Free Cash Flow % Change Balance Sheet Data (Dec) (US\$ Millions) Cash & Equivalents Trade Receivables Other Current Assets Property, Plant & Equipment Other Non-Current Assets	(579) 235 (115) NA 455 (334) -338 -82.3% 2021A 32 6 93 2,791 3,334	(2) 229 (48) NA (10) (339) -169 49.9% 2022A 26 13 92 2,901 3,593	80 236 (3) NA 51 (479) -114 32.4% 2023E 14 13 79 3,144 3,593	98 246 0 NA 48 (342) 50 NM 2024E 84 13 79 3,241 3,593	115 274 (NA 48 (342 95 91.3% 2025 178 13 79 3,309 3,593
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Company Sector

Leisure

Company Description

Life Time is a leading lifestyle brand offering premium health, fitness, & wellness experiences through its resort-like athletic centers that avg. 100K square ft.

Investment Rationale

We rate LTH Buy as we believe it should benefit from significant whitespace & pricing opportunity as well as strong network benefits as center density increases.

Stock Data	
Average Daily Volume	891,397

Quarterly Earnings Estimates

	2022	2023
Q1	-0.22A	0.12A
Q2	-0.07A	0.09A
Q3	-0.02A	0.17E
04	0.09A	0.12E



Price objective basis & risk

Life Time (LTH)

Our \$24 PO is based on an enterprise value of 11X our F24 adj. EBITDA estimate of \$564.0mn, a valuation more in line with other Best-in-Class Experience Membership Models.

Risks to the downside are: 1) Life Time operates in a highly competitive U.S. market with other luxury fitness providers including Equinox, high-end boutique fitness studios including F45 & Xponential Fitness, and other fitness/experience based membership models incl. country clubs, (2) rise in COVID-19 case counts could pressure Life Time recovery trends especially if case counts continue to pressure consumer sentiment, (3) strong momentum during the peak new member sign up period of mid-December/January is important for Centers to achieve strong results for the full new year, (4) Continued rise of at home fitness, including Peloton, could pressure demand for in-center fitness models, (5) Life Time has significant leverage with a forecasted Net Debt / Adj. EBITDA ratio of 23.8X for YE 2021, & (6) New Center construction/opening delays could push off timing of contribution from new Centers vs. current model expectations.

Analyst Certification

I, Robert F. Ohmes, CFA, hereby certify that the views expressed in this research report accurately reflect my personal views about the subject securities and issuers. I also certify that no part of my compensation was, is, or will be, directly or indirectly, related to the specific recommendations or view expressed in this research report.

US - Food Retailers & Leisure Coverage Cluster

Investment rating	Company	Bof A Ticker	Bloomberg symbol	Analyst
BUY				
	Academy Sports + Outdoors	ASO	ASO US	Robert F. Ohmes, CFA
	BJ's Wholesale Club Holdings	ВЈ	BJ US	Robert F. Ohmes, CFA
	Costco Wholesale Corporation	COST	COST US	Robert F. Ohmes, CFA
	Fox Factory Holding Corp	FOXF	FOXF US	Alexander Perry
	Grocery Outlet Holding Corp.	GO	GO US	Robert F. Ohmes, CFA
	Harley-Davidson	HOG	HOG US	Robert F. Ohmes, CFA
	Life Time	LTH	LTH US	Robert F. Ohmes, CFA
	Planet Fitness, Inc.	PLNT	PLNT US	Alexander Perry
	Solo Brands	DTC	DTC US	Robert F. Ohmes, CFA
	Sysco Corporation	SYY	SYY US	Kendall Toscano
	The Kroger Co.	KR	KR US	Robert F. Ohmes, CFA
	Topgolf Callaway Brands Corp	MODG	MODG US	Alexander Perry
	Walmart Inc	WMT	WMT US	Robert F. Ohmes, CFA
	Xponential Fitness	XPOF	XPOF US	Alexander Perry
NEUTRAL				
	Dick's Sporting Goods	DKS	DKS US	Robert F. Ohmes, CFA
	Target Corp.	TGT	TGT US	Robert F. Ohmes, CFA
	YETI Holdings, Inc.	YETI	YETI US	Robert F. Ohmes, CFA
UNDERPERFORM				
	Canada Goose Holdings Inc	YGOOS	GOOS CN	Robert F. Ohmes, CFA
	Canada Goose Holdings Inc	GOOS	GOOS US	Robert F. Ohmes, CFA
	Columbia Sportswear	COLM	COLM US	Alexander Perry
	Dollar General Corporation	DG	DG US	Robert F. Ohmes, CFA
	Dollar Tree, Inc.	DLTR	DLTR US	Robert F. Ohmes, CFA



US - Food Retailers & Leisure Coverage Cluster

Investment rating	Company	Bof A Ticker	Bloomberg symbol	Analyst
	Hibbett Sports, Inc.	HIBB	HIBB US	Alexander Perry
	National Vision	EYE	EYE US	Robert F. Ohmes, CFA
	Sprouts Farmers Market, Inc.	SFM	SFM US	Robert F. Ohmes, CFA

Pmethod ^{su} Measures Definitions

Business Performance Return On Capital Employed	Numerator NOPAT = (EBIT + Interest Income) \times (1 – Tax Rate) + Goodwill Amortization	Denominator Total Assets — Current Liabilities + ST Debt + Accumulated Goodwill Amortization
Return On Equity Operating Margin Earnings Growth Free Cash Flow	Net Income Operating Profit Expected 5 Year CAGR From Latest Actual Cash Flow From Operations — Total Capex	Shareholders' Equity Sales N/A N/A
Quality of Earnings Cash Realization Ratio Asset Replacement Ratio Tax Rate Net Debt-To-Equity Ratio Interest Cover	Numerator Cash Flow From Operations Capex Tax Charge Net Debt = Total Debt — Cash & Equivalents EBIT	Denominator Net Income Depreciation Pre-Tax Income Total Equity Interest Expense
Valuation Toolkit Price / Earnings Ratio Price / Book Value Dividend Yield Free Cash Flow Yield Enterprise Value / Sales	Numerator Current Share Price Current Share Price Annualised Declared Cash Dividend Cash Flow From Operations — Total Capex EV = Current Share Price × Current Shares + Minority Equity + Net Debt + Other LT Liabilities	Denominator Diluted Earnings Per Share (Basis As Specified) Shareholders' Equity / Current Basic Shares Current Share Price Market Cap = Current Share Price × Current Basic Shares Sales
EV / EDITO A	- · · · · · · · · · · · · · · · · · · ·	B 4 FB/F B 4 4 4 4 4

EV / EBITDA Enterprise Value Basic EBIT + Depreciation + Amortization

**Monthod Shis the set of BofA Global Research standard measures that serve to maintain global consistency under three broad headings: Business Performance, Quality of Earnings, and validations. The key features of iQmethod are: A consistently structured, detailed, and transparent methodology. Guidelines to maximize the effectiveness of the comparative valuation process, and to identify some common pitfalls.

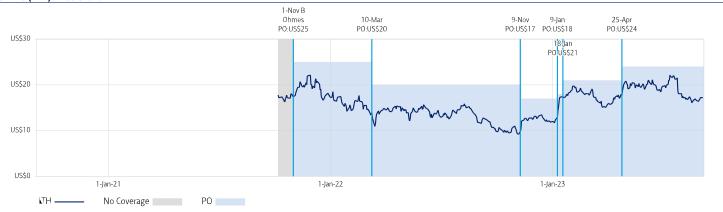
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Disclosures

Important Disclosures

Life Time (LTH) Price Chart



B: Buy, N: Neutral, U: Underperform, PO: Price Objective, NA: No longer valid, NR: No Rating

The Investment Opinion System is contained at the end of the report under the heading "Fundamental Equity Opinion Key". Dark grey shading indicates the security is restricted with the opinion suspended. Medium grey shading indicates the security is under review with the opinion withdrawn. Light grey shading indicates the security is not covered. Chart is current as of a date no more than one trading day prior to the date of the report.



Equity Investment Rating Distribution: Leisure Group (as of 30 Jun 2023)

Coverage Universe	Count	Percent	Inv. Banking Relationships R1	Count	Percent
Buy	15	51.72%	Buy	9	60.00%
Hold	9	31.03%	Hold	5	55.56%
Sell	5	17.24%	Sell	3	60.00%

Equity Investment Rating Distribution: Global Group (as of 30 Jun 2023)

Coverage Universe	Count	Percent	Inv. Banking Relationships ^{R1}	Count	Percent
Buy	1877	53.28%	Buy	1040	55.41%
Hold	815	23.13%	Hold	464	56.93%
Sell	831	23.59%	Sell	385	46.33%

RI Issuers that were investment banking dients of BofA Securities or one of its affiliates within the past 12 months. For purposes of this Investment Rating Distribution, the coverage universe includes only stocks. A stock rated Neutral is included as a Hold. and a stock rated Underperform is included as a Sell.

FUNDAMENTAL EQUITY OPINION KEY: Opinions include a Volatility Risk Rating, an Investment Rating and an Income Rating. VOLATILITY RISK RATINGS, indicators of potential price fluctuation, are: A - Low, B - Medium and C - High. INVESTMENT RATINGS reflect the analyst's assessment of both a stock's absolute total return potential as well as its attractiveness for investment relative to other stocks within its Coverage Cluster (defined below). Our investment ratings are: 1 - Buy stocks are expected to have a total return of at least 10% and are the most attractive stocks in the coverage cluster; 2 - Neutral stocks are expected to remain flat or increase in value and are less attractive than Buy rated stocks and 3 - Underperform stocks are the least attractive stocks in a coverage cluster. An investment rating of 6 (No Rating) indicates that a stock is no longer trading on the basis of fundamentals. Analysts assign investment ratings considering, among other things, the 0-12 month total return expectation for a stock and the firm's guidelines for ratings dispersions (shown in the table below). The current price objective for a stock should be referenced to better understand the total return expectation at any given time. The price objective reflects the analyst's view of the potential price appreciation (depreciation).

Investment rating Total return expectation (within 12-month period of date of initial rating) Ratings dispersion guidelines for coverage cluster^{R2}

Buy	≥ 10%	≤ 70%
Neutral	≥ 0%	≤ 30%
Underperform	N/A	≥ 20%

Ratings dispersions may vary from time to time where BofA Global Research believes it better reflects the investment prospects of stocks in a Coverage Cluster.

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