

# Teladoc Health

# Margins over growth as BetterHelp shifts to neutral

Reiterate Rating: NEUTRAL | PO: 20.50 USD | Price: 20.49 USD

# BetterHelp's 1Q guide likely creates questions

Heading into 40, we highlighted January Sensor Tower data trends pointing to reaccelerating growth, suggesting a path for Teladoc to beat the Street's revenue estimates for FY24. Teladoc's 1Q'24 guidance contemplating revenue declines for BetterHelp indicate that the Sensor Tower data was either incomplete or not correct. Teladoc's 40'23 has likely created more questions than answers, particularly around the path from here for BetterHelp. Back in July 2023, we noted that the virtual therapy market may be in the early stages of a transformation driven in part by growing awareness for virtual therapy alternatives that are covered by insurance (link to our note here). It is incredibly difficult to identify in real-time if this trend is playing out, or if a weaker consumer is the sole culprit. Importantly, BetterHelp's slower growth is not driving margin expansion as 2024's guidance contemplates flattish margins for that business. A significant cost reduction in the Integrated Care business somewhat offsets the BetterHelp slowdown and supports a nice improvement of free cash flow. Overall, our more cautious view on BetterHelp is partially offset by Teladoc's strong margin guidance for FY25. We are reducing our PO to \$20.50 from \$24 due to slower revenue growth (10x CY24E EBITDA versus 12x prior). Reiterate Neutral rating.

# Adjusting estimates following 4Q results

Following results, we are reducing our 2024 revenue estimates from \$2,768.5MM to \$2,644.0MM and reducing our 2025 revenue estimates from \$2,920.9MM to \$2,751.5MM with the decrease driven by slower growth at BetterHelp and Integrated Care. We are increasing our adj. EBITDA estimates for 2024 from \$347.8MM to \$365.7MM due to better operating expense management and adj. EBITDA for 2025 from \$369.9MM to \$425.7MM for the same reasons.

# Key catalysts: Capital structure, BetterHelp revs/margins

Teladoc's 2025 and 2027 convertible notes are becoming increasingly relevant as TDOC is capturing ~\$45-\$50MM of annualized interest income on nearly \$1Bn of cash. Any incremental clarity on the evolution of the capital structure will be in focus. On margins, TDOC is likely to announce more information on its operational review over the next few quarters which should enhance margins in 2024. Finally, incremental user data through 1Q can frame BetterHelp's growth trajectory for 2024 and beyond.

Estimates (Dec) (US\$)	2022A	2023A	2024E	2025E	2026E
EPS	(17.02)	(0.19)	0.01	0.17	0.24
GAAP EPS	(84.60)	(1.34)	(0.96)	(0.77)	(0.80)
EPS Change (YoY)	NM	98.9%	NM	NM	41.2%
Consensus EPS (Bloomberg)			(0.94)	(0.49)	(0.54)
DPS	0	0	0	0	0
Valuation (Dec)					
P/E	NM	NM	2,049.0x	120.5x	85.4x
EV / EBITDA*	14.6x	10.9x	9.8x	8.4x	7.9x
Free Cash Flow Yield*	0.5%	5.9%	6.4%	7.4%	8.1%
* For full definitions of <i>iQ</i> method <sup>sm</sup> measures, see page 10.					

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Refer to important disclosures on page 11 to 13. Analyst Certification on page 9. Price
Objective Basis/Risk on page 9.

Timestamp: 21 February 2024 06:00AM EST

### 21 February 2024

### Equity

Key Changes		
(US\$)	Previous	Current
Price Obj.	24.00	20.50
2024E EPS	-0.24	0.01
2025E EPS	-0.24	0.17
2026E EPS	-0.25	0.24
2024E EBITDA (m)	347.8	365.7
2025E EBITDA (m)	369.9	425.7
2026E EBITDA (m)	392.0	453.5

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### **Stock Data**

Price	20.49 USD
Price Objective	20.50 USD
Date Established	21-Feb-2024
Investment Opinion	C-2-9
52-Week Range	15.02 USD - 30.41 USD
Mrkt Val (mn) / Shares Out	3,278 USD / 160.0
(mn)	
Free Float	99.3%
Average Daily Value (mn)	73.16 USD
BofA Ticker / Exchange	TDOC / NYS
Bloomberg / Reuters	TDOC US / TDOC.N
ROE (2024E)	0.1%
Net Dbt to Eqty (Dec-2023A)	17.8%
ESGMeter™	High

ESGMeter is not indicative of a company's future stock price performance and is not an investment recommendation or rating. ESGMeter is independent of BofA Global Research's equity investment rating, volatility risk rating, income rating, and price objective for that company. For full details, refer to "BofA ESGMeter Methodology".

# *iQprofile*<sup>™</sup>Teladoc Health

(US\$ Millions)	2022A	2023A	2024E	2025E	2026E
Return on Capital Employed	-0.1%	0.7%	1.5%	2.2%	2.8%
Return on Equity	-29.9%	-1.4%	0.1%	1.3%	1.7%
Operating Margin	-0.5%	-0.4%	0.9%	3.4%	3.9%
Free Cash Flow	17	194	210	244	265
<i>iQ</i> method <sup>™</sup> – <b>Quality of Earnings*</b>					
iQmethod <sup>SM</sup> – Quality of Earnings* (US\$ Millions)	2022A	2023A	2024E	2025E	2026E
. , ,	<b>2022A</b> NM	<b>2023A</b> NM	<b>2024E</b> NM	<b>2025E</b> 13.5x	<b>2026E</b> 10.1x
(US\$ Millions)					10.1x
(US\$ Millions)  Cash Realization Ratio	NM	NM	NM	13.5x	

### Income Statement Data (Dec)

Interest Cover

(US\$ Millions)	2022A	2023A	2024E	2025E	2026E
Sales	2,407	2,598	2,644	2,752	2,857
% Change	18.4%	7.9%	1.8%	4.1%	3.8%
Gross Profit	1,669	1,843	1,877	1,967	2,043
% Change	20.0%	10.4%	1.9%	4.8%	3.8%
EBITDA	247	328	366	426	454
% Change	-8.0%	33.1%	11.4%	16.4%	6.5%
Net Interest & Other Income	(10)	27	18	(22)	(22)
Net Income (Adjusted)	(2,748)	(32)	2	30	43
% Change	NM	98.8%	NM	NM	42.5%

-1.2x

-0.8x

1.1x

4.2x

### Free Cash Flow Data (Dec)

(US\$ Millions)	2022A	2023A	2024E	2025E	2026E
Net Income from Cont Operations (GAAP)	(13,667)	(219)	(159)	(133)	(141)
Depreciation & Amortization	256	334	341	333	343
Change in Working Capital	(116)	10	(3)	2	2
Deferred Taxation Charge	NA	NA	NA	NA	NA
Other Adjustments, Net	13,716	225	181	204	229
Capital Expenditure	(173)	(156)	(150)	(161)	(168)
Free Cash Flow	17	194	210	244	265
% Change	-87.3%	NM	8.5%	16.0%	9.0%
Share / Issue Repurchase	13	0	0	0	0
Cost of Dividends Paid	0	0	0	0	0
Change in Debt	0	0	0	(552)	0

### **Balance Sheet Data (Dec)**

(US\$ Millions)	2022A	2023A	2024E	2025E	2026E
Cash & Equivalents	918	1,124	1,334	1,026	1,291
Trade Receivables	211	217	232	241	251
Other Current Assets	187	148	151	156	162
Property, Plant & Equipment	30	32	11	6	2
Other Non-Current Assets	3,000	2,871	2,703	2,541	2,375
Total Assets	4,345	4,392	4,430	3,971	4,081
Short-Term Debt	0	0	0	0	0
Other Current Liabilities	400	421	434	451	468
Long-Term Debt	1,535	1,539	1,539	987	987
Other Non-Current Liabilities	103	107	109	113	118
Total Liabilities	2,038	2,066	2,082	1,551	1,573
Total Equity	2,308	2,326	2,348	2,419	2,508
Total Equity & Liabilities	4,345	4,392	4,430	3,970	4,081

<sup>\*</sup> For full definitions of  $\emph{IQ}$  method  $^{\text{SM}}$  measures, see page 10.

# **Company Sector**

Healthcare Technology & Distribution

# **Company Description**

Teladoc provides virtual access to healthcare providers with a portfolio of services covering 450 medical subspecialties from non-urgent, episodic needs like flu and upper respiratory infections, to chronic, complicated medical conditions like cancer and congestive heart failure. The company has 50MM+ subscription members across 10,000+ employers and 40+ health plans, and has completed 10MM+ visits in 2020.

### **Investment Rationale**

5.0x

We have a Neutral rating on shares of TDOC. At current valuation, the shares trade at a premium on an EV/sales basis to unprofitable direct peers and a discount to higher-margin peers. We think shares are adequately priced weighing the risk to the behavioral health business and potential upside from GLP-1 related weight management solutions.

### **Stock Data**

Average Daily Volume 3,570,690

# **Quarterly Earnings Estimates**

	2023	2024
Q1	-0.13A	-0.13E
Q2	-0.06A	0.04E
Q3	-0.06A	-0.01E
Q4	0.06A	0.12E



# 4Q'23 call takeaways

# **Prepared Remarks**

- 75% of bookings were upsells or expansion of existing clients
- Expect to grow adj. EBITDA margins and cash flow
- Removing \$85MM of expenses
- Have line of sight into at least \$425MM of EBITDA in 2025
- Leader in whole-person virtual care
- 4Q'23 results:
  - Consolidated EBITDA grew 22% y/y
  - Integrated Care (IC) in line with expectations segment margins expanded 230bps to 14.6%. Driven by operating leverage
  - BetterHelp (BH) margins expanded 210 bps with 11% adj. EBITDA growth
    - Revenue and margins were below expectations given lower yields on marketing spend
    - Social media advertising spend returns below target a departure from 1H
    - Guidance considers lower return on ad-spend continues in 2024
  - Integrated care
    - 3% sequential revenue growth, FY revenue growth of 7%
    - Chronic care revenue growth biggest contributor
    - Increase of 14% members in chronic care. Biggest drivers were hypertension followed by diabetes. Diabetes compromised ~50%, hypertension by 30%, and 10% each on others
    - Avg. Rev/member decreased \$0.02 y/y in 4Q. Excluding member adds, rev/member increased \$0.06
  - BetterHelp
    - Adj. EBITDA margin of 21.2%, up 210bps y/y
    - FY revenue growth of 11%
- Long-term outlook:
  - o Integrated care:
    - Half of Integrated Care (IC) is from U.S. virtual business



- A largely a replacement market at this point. Has consistently taken share in the market, and fairly penetrated. Expect Lowsingle digit (LSD) growth moving forward.
- Other half of IC revenue is from chronic care and international.
- Only 16% of general medical client base has access to one or more chronic care products, up from 12% from a few years ago. Long runway for chronic care growth
- Chronic care revenue growth of Mid-Single Digit (MSD) growth
- Presence in Canada gives visibility into 2024 growth
- Expect this segment to drive majority of margin growth in the next 3 years

# o BetterHelp

- Overall demand for mental health continues to rise. Consumer preference for virtual a tailwind
- As a direct to consumer (D2C) business new member acquisition gated due to return on investment (ROI) on ad spend
- Increasing focus on growing outside the U.S.
- International revenue was roughly 15% of FY23 business (mostly in English speaking countries)
- Hired a new leader to drive growth outside the U.S. expect international growth particularly in 2H'24
- Expect low single digit (LSD) growth with limited margin improvement
- Continue to invest in technology and data to improve engagement.
   Expect to continue to make sizable investments in product/tech and data
- Expect \$35MM of cost savings in FY24 and \$43MM in GAAP savings including stock-based comp

# Guidance:

- o FY24
  - Revenue of \$2,635 \$2,735MM (1.5 5% growth)
  - Adjusted EBITDA of \$350 \$390MM
  - Net loss per share of (\$1.10) (\$0.80)
  - Free cash flow (FCF) of \$210 \$240MM
  - U.S. Integrated Care Members of 90 92MM

- Integrated Care:
  - Low-MSD revenue growth
  - Adj. EBITDA margin expansion of 150-250bps y/y
- BetterHelp:
  - Flat to LSD revenue growth y/y
  - Flat to +/- 50bps of adj. EBITDA margin expansion
- Delay in business to business (B2B) engagement due to technical issue in mapping a new population
- Expect cumulative effect to have an impact in FY24 revenue of \$20MM. approx. 140bps of IC segment growth – reflected in the guide
- o 1Q'24
  - Revenue of \$630 \$645MM
  - Adjusted EBITDA of \$52 \$62MM
  - Net loss per share of (\$0.55) (\$0.45)
  - U.S. Integrated Care Members of 89.5 90.5MM
  - Integrated Care:
    - 5-7% revenue growth
    - Adj. EBITDA margin 10.5-12%
  - BetterHelp:
    - (6%) (3%) revenue growth
    - 5.5-6.5% adj. EBITDA margin
- Three-year outlook
  - Low to MSD consolidate revenue growth w/ MSD IC and LSD BH revenue
  - 50-100bps of annual margin expansion and at least \$425MM in EBITDA by 2025
- Capital allocation priorities
  - Tuck-in M&A large base of clients gives unique ability to bring new products to clients
  - Debt paydown convert due in 2025, allows flexibility to retire issue
  - Share buybacks flexibility to do strategic buybacks



- Integrate care are bundled programs the reason growth is lower? Can 100% of base have access to chronic care?
  - Will continue progress in converting clients
  - Had a temporary mapping issued caused to pause marketing for 3 weeks. \$20MM or 140bps of IC growth impact. Centered in chronic care program.
  - As booked business last year, meaningful amount came through of inyear revenue last year. Some starting not in January, but in late 1<sup>st</sup> beginning of 2<sup>nd</sup> quarter
  - Chronic care revenue will be driver of growth in IC
  - More bundled programs been sold. Higher revenue, but lower revenue/member
- Assumptions on BetterHelp revenue? Back-half ramp and color on yield? Macro in outlook?
  - Customer acquisition cost (CAC) trends assumed some deterioration in
     4Q, BH grew toward lower part of guidance range
  - Saw pressure in CAC in social media. Felt impact in 2H'24. Outlook for 2024 is that higher CACs persist. Will get a benefit in 2H'24 in international markets (shifting \$'s to international market). COGS slightly higher in international, while CACs lower, but nets to be same margins as U.S. business
  - Lower-end of guidance assumes some deterioration, higher-end assumes some improvement
  - New member acquisition is gated by acceptable rates of return on spend
  - Pressure on CACs in back half of 2023, 1H'24 has more challenging comp, but 2H has lower bar
- Efficiency of \$35MM benefit of EBITDA? Why benefit is 2H loaded?
  - Most of the benefit of cost efficiency is on IC side
  - IC will see more margin expansion
  - \$35MM benefit on adj. EBITDA basis. Across number of different areas, offshoring, automation, 3<sup>rd</sup> party supplier spend. See them ramp through the year
- More details on chronic care mapping issue?
  - Record client implementations in 2024. Implementations come with complexity. Had issue with mapping data in January. # of impacted users were small, but halted wider implementation. Delayed consumer engagement 3-4 weeks. Delay ripples through to \$20MM impact for FY24
  - No new issues in marketing. Caution by TDOC to halt programs, but actual scale of issue is small



- Ad-yield on Betterhelp, when did you observe deterioration? How about 2024?
  - Observed yields coming lower than expected in 2H'23. Talked about it in 3Q earnings call
  - Trends have persisted through 2H'23 and still persisting. Factored into guidance for FY24
  - Generally, see an improvement in January, so monitored closely, but CACs were stubbornly higher
- What does the sale pipeline look like for cross-sell/conversions? How often does this come up? Decision making among clients to add chronic care?
  - Pipeline really early in the year. Sell through pipeline at end-of-year and refresh pipeline.
  - Salesforce is split into new business reps (new clients) and account managers/upsellers.
  - Upselling tends to happen with health plans as enter new geographies or lines of business (Medicare Advantage)
  - Adoption for chronic care programs goes through evolution some clients have programs, so replacement. Equally as frequently, clients don't have a chronic care solution.
  - Working on solutions like bundling to accelerate penetration. Guide is based on existing trends.
- Cost savings program 50-100bps of margin expansion. Cost savings alone can give 150bps in 2024?
  - 2024 includes \$35MM of cost savings. Margins in 2024, seeing some modest pressure on gross margin line from higher clinical costs. Expected ramping up of Primary 360 (P360) volume. Added about \$30MM of P360 in 2023. Visit volumes expected to ramp up through 2024- so pressure in 2024 vs. 2023. Delta is offset by leverage from OpEx and tech/general and administrative (G&A).
- Any portfolio actions in efficiency program? Or incremental?
  - No significant portfolio changes contemplate in guidance. Anything would be incremental to that
  - Looking across business for profitability and where to place investments
  - Fine tuning- go-to-market strategy, service intensity
- Capital allocation?
  - o Expect to continue and generate Free Cash Flow (FCF) this year
  - Uses of cash prioritization 1)M&A would expect to use strength of balance sheet of right M&A, 2) pay down debt – Livongo convert due in 2025, 3) share buybacks
- Why Customer Acquisition Costs (CAC) deteriorating?



- o Not seeing significant competitor driving up the rates
- Lots of advertisers in general going after population
- When marginal dollar on ad-spend inflects, pull back spend



# Price objective basis & risk

# **Teladoc Health (TDOC)**

We have a \$20.50 price objective on shares of TDOC, based on approximately 10x our CY2024E EBITDA estimate (1.4x EV/sales). This represents a modest premium to its unprofitable peer group on an EV/sales basis (1.0x-2.0x), which we believe is warranted given TDOC's positive FCF. On an EV/EBITDA basis, this represents a discount to higher-margin peers. The most significant long-term risk factor, in our view, is growing competition across core virtual therapy/telemedicine/chronic care management and the ability to drive paid membership growth in line with consensus expectations.

Risks to our price objective are a) slower-than-expected utilization growth, b) execution risk around the behavioral health business, c) the competitive landscape/pricing, and d) failure to adequately integrate new acquisitions to the platform.

# **Analyst Certification**

I, Allen Lutz, CFA, hereby certify that the views expressed in this research report accurately reflect my personal views about the subject securities and issuers. I also certify that no part of my compensation was, is, or will be, directly or indirectly, related to the specific recommendations or view expressed in this research report.

### US - Healthcare Technology & Distribution Coverage Cluster

Investment rating	Company	BofA Ticker	Bloomberg symbol	Analyst
BUY				
	Accolade	ACCD	ACCD US	Allen Lutz, CFA
	American Well Corp	AMWL	AMWL US	Allen Lutz, CFA
	Cencora Inc	COR	COR US	Allen Lutz, CFA
	CVS Health	CVS	CVS US	Allen Lutz, CFA
	Definitive Healthcare Corp	DH	DH US	Allen Lutz, CFA
	dentalcorp	YDNTL	DNTL CN	Allen Lutz, CFA
	Envista	NVST	NVST US	Allen Lutz, CFA
	HealthEquity Inc	HQY	HQY US	Allen Lutz, CFA
	Hims & Hers	HIMS	HIMS US	Allen Lutz, CFA
	McKesson	MCK	MCK US	Allen Lutz, CFA
	Omnicell Inc.	OMCL	OMCL US	Allen Lutz, CFA
	Patterson Companies	PDCO	PDCO US	Allen Lutz, CFA
	Progyny	PGNY	PGNY US	Allen Lutz, CFA
	R1 RCM	RCM	RCM US	Allen Lutz, CFA
NEUTRAL				
	Cardinal Health	CAH	CAH US	Allen Lutz, CFA
	Dentsply Sirona, Inc.	XRAY	XRAY US	Allen Lutz, CFA
	Doximity Inc	DOCS	DOCS US	Allen Lutz, CFA
	Teladoc Health	TDOC	TDOC US	Allen Lutz, CFA
UNDERPERFORM				
	GoodRx	GDRX	GDRX US	Allen Lutz, CFA
	Henry Schein	HSIC	HSIC US	Allen Lutz, CFA
	Owens & Minor	OMI	OMI US	Allen Lutz, CFA
	Premier, Inc.	PINC	PINC US	Allen Lutz, CFA
	Walgreens Boots Alliance	WBA	WBA US	Allen Lutz, CFA



# *IQ*method<sup>™</sup> Measures Definitions

<b>Business Performance</b>	Numerator	Denominator
Return On Capital Employed	NOPAT = (EBIT + Interest Income) $\times$ (1 $-$ Tax Rate) + Goodwill Amortization	
Datum On Fauitu	Net Income	Amortization
Return On Equity		Shareholders' Equity
Operating Margin	Operating Profit	Sales
Earnings Growth	Expected 5 Year CAGR From Latest Actual	N/A
Free Cash Flow	Cash Flow From Operations – Total Capex	N/A
Quality of Earnings	Numerator	Denominator
Cash Realization Ratio	Cash Flow From Operations	Net Income
Asset Replacement Ratio	Capex	Depreciation
Tax Rate	Tax Charge	Pre-Tax Income
Net Debt-To-Equity Ratio	Net Debt = Total Debt — Cash & Equivalents	Total Equity
Interest Cover	EBIT	Interest Expense
		'
Valuation Toolkit	Numerator	Denominator
Price / Earnings Ratio	Current Share Price	Diluted Earnings Per Share (Basis As Specified)
Price / Book Value	Current Share Price	Shareholders' Equity / Current Basic Shares
Dividend Yield	Annualised Declared Cash Dividend	Current Share Price
Free Cash Flow Yield	Cash Flow From Operations – Total Capex	Market Cap = Current Share Price × Current Basic Shares
Enterprise Value / Sales	EV = Current Share Price × Current Shares + Minority Equity + Net Debt +	Sales
z.r.c.p.ise raide / saies	Other LT Liabilities	54.65

EV / EBITDA Enterprise Value Basic EBIT + Depreciation + Amortization

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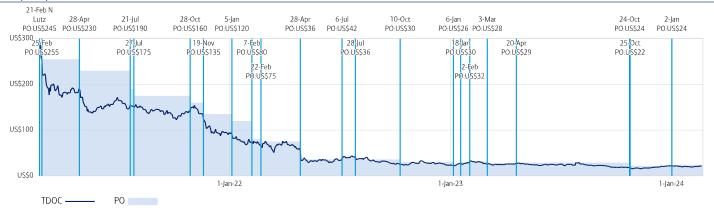
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# **Disclosures**

# **Important Disclosures**

### **Teladoc (TDOC) Price Chart**



B: Buy, N: Neutral, U: Underperform, PO: Price Objective, NA: No longer valid, NR: No Rating

The Investment Opinion System is contained at the end of the report under the heading "Fundamental Equity Opinion Key". Dark grey shading indicates the security is restricted with the opinion suspended. Medium grey shading indicates the security is under review with the opinion withdrawn. Light grey shading indicates the security is not covered. Chart is current as of a date no more than one trading day prior to the date of the report.

#### Equity Investment Rating Distribution: Health Care Group (as of 31 Dec 2023)

Coverage Universe	Count	Percent	Inv. Banking Relationships R1	Count	Percent
Buy	234	60.94%	Buy	115	49.15%
Hold	80	20.83%	Hold	36	45.00%
Sell	70	18.23%	Sell	29	41.43%

### Equity Investment Rating Distribution: Global Group (as of 31 Dec 2023)

Coverage Universe	Count	Percent	Inv. Banking Relationships R1	Count	Percent
Buy	1895	53.62%	Buy	1083	57.15%
Hold	832	23.54%	Hold	454	54.57%
Sell	807	22.84%	Sell	383	47.46%

R1 Issuers that were investment banking clients of BofA Securities or one of its affiliates within the past 12 months. For purposes of this Investment Rating Distribution, the coverage universe includes only stocks. A stock rated Neutral is included as a Hold, and a stock rated Underperform is included as a Sell.

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# Investment rating Total return expectation (within 12-month period of date of initial rating) Ratings dispersion guidelines for coverage cluster<sup>R2</sup>

Buy	≥ 10%	≤ 70%
Neutral	≥ 0%	≤ 30%
Inderperform	N/A	≥ 20%

R2Ratings dispersions may vary from time to time where BofA Global Research believes it better reflects the investment prospects of stocks in a Coverage Cluster.

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